



INSPIRED SENIOR LIVING

October 2023 Hawthorn Park



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>National Seniors Day</p> <p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Hot Apple Cider, Treats & Trivia Social to Celebrate National Seniors Day! (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:45 Piano Music with Beryl (CH)</p> <p>1:00 Central Okanagan United Church Service (LO)</p> <p>1:30 Chair Yoga (O)</p> <p>2:30 Celebrating YOU! Sunday Sing-a-Long with wine spritzers (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club! (no staff today for the walk) (L)</p> <p>9:30 Coffee Time (BIST)</p> <p>9:30 Shopping Shuttle to Walmart *Sign-up *Date Change this week! (MEE)</p> <p>9:30 No Gym Dandies Today (O)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Catholic Communion Service- Everyone Welcome (T)</p> <p>1:30 Drumfit with Heather at Hawthorn Park (O)</p> <p>2:15 Monday Movie Matinee (T)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>9:45 Java Music Club (O)</p> <p>1:00 Kangaroo Farm Outing: *sign up* (MEE)</p> <p>1:30 Bridge in the Library (LI)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>2:00 Dog Therapy with Jen and Cooper! (LO)</p> <p>3:00 Toonie Tuesday *Bar Open (LO)</p> <p>7:00 Showtime!- Resident Choice Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF)</p> <p>9:15 Dog Therapy with Dawn and Angel (LO)</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>2:00 Horse Race Game in the Oakroom (Bring \$0.25 cents per race - we play 10 races total) (O)</p> <p>3:00 Happy Hour & Social with Play it Again! (LO)</p> <p>7:00 Wednesday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF)</p> <p>9:00 Hearing Clinic- Connect Hearing Clinic 9:00-10:30 (LI)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>1:30 Golf Putting Game (O)</p> <p>3:00 Busy Fingers Craft Circle (LO)</p>	<p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>9:30 Gym Dandies (O)</p> <p>10:00 Block Party on the First Floor Puzzle Area! (FIR)</p> <p>1:30 Fit Minds (LI)</p> <p>3:00 Friday Social and Pub Afternoon (LO)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (no staff today for the walk) (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>7:00 Saturday Night Movie (T)</p>
<p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:45 Piano Music with Beryl (CH)</p> <p>1:30 Chair Yoga with Heather (O)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>Happy Thanksgiving</p> <p>9:00 Go4Life Walking Club! (no staff today for the walk) (L)</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Catholic Communion Service- Everyone Welcome (T)</p> <p>1:30 Drumfit with Heather at Hawthorn Park (O)</p> <p>2:15 Monday Movie Matinee (T)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>9:45 Java Music Club (O)</p> <p>1:30 Bridge in the Library (LI)</p> <p>1:30 Balance for Life (O)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>2:00 Dog Therapy with Jen and Cooper! (LO)</p> <p>3:00 Toonie Tuesday *Bar Open (LO)</p> <p>7:00 Showtime!- Resident Choice Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF)</p> <p>9:15 Dog Therapy with Dawn and Angel (LO)</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>2:00 Horse Race Game in the Oakroom (Bring \$0.25 cents per race - we play 10 races total) (O)</p> <p>3:00 Happy Hour & Social with Rolland (LO)</p> <p>7:00 Wednesday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>9:30 Shopping Shuttle to Dollarama, Marshalls and Superstore * Sign up (MEE)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>1:30 Golf Putting Game (O)</p> <p>3:00 Busy Fingers Craft Circle (LO)</p> <p>3:00 Cranium Crunches- Trivia, Word Games and More (O)</p>	<p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>9:30 Gym Dandies (O)</p> <p>10:00 Block Party- Meet your Neighbours! Second floor Puzzle Area! (SF)</p> <p>1:30 Fit Minds (LI)</p> <p>3:00 Friday Social and Pub Afternoon (LO)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>National Dessert Day! (LO)</p> <p>9:00 Go4Life Walking Club (no staff today for the walk) (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Scenic Drive *Sign up (MEE)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>7:00 Saturday Night Movie (T)</p>
<p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:45 Piano Music with Beryl (CH)</p> <p>1:30 Chair Yoga with Heather (O)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club! (no staff today for the walk) (L)</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Catholic Communion Service- Everyone Welcome (T)</p> <p>1:30 Drumfit with Heather at Hawthorn Park (O)</p> <p>2:15 Monday Movie Matinee (T)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>9:45 Java Music Club (O)</p> <p>1:30 Bridge in the Library (LI)</p> <p>1:30 Balance for Life (O)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>2:00 Dog Therapy with Jen and Cooper! (LO)</p> <p>3:00 Toonie Tuesday *Bar Open (LO)</p> <p>7:00 Showtime!- Resident Choice Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF)</p> <p>9:15 Dog Therapy with Dawn and Angel (LO)</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Tymely Mobile Fashions- Pop up shopping boutique 10:00-2:00 (LO)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>11:15 Lunch Bunch Outing to Creekside Pub (MEE)</p> <p>2:00 Horse Race Game in the Oakroom (Bring \$0.25 cents per race - we play 10 races total) (O)</p> <p>3:00 Happy Hour and Social with Coca Blanca Karaoke! (LO)</p> <p>7:00 Wednesday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>9:30 Shopping Shuttle to Walmart *Sign-up (MEE)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>1:30 Golf Putting Game (O)</p> <p>3:00 Busy Fingers Craft Circle (LO)</p> <p>3:00 Jeopardy Game (O)</p>	<p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>9:30 Gym Dandies (O)</p> <p>10:00 Block Party- Meet your Neighbours! Third floor seating area! (TF)</p> <p>1:30 Fit Minds (LI)</p> <p>3:00 Friday Social and Pub Afternoon (LO)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (no staff today for the walk) (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>7:00 Saturday Night Movie (T)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Go4Life Walking Club (MF) 22</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:45 Piano Music with Beryl (CH)</p> <p>1:30 Chair Yoga with Heather (O)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club! (no staff today for the walk) (L) 23</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Catholic Communion Service- Everyone Welcome (T)</p> <p>1:30 Drumfit with Heather at Hawthorn Park (O)</p> <p>2:15 Monday Movie Matinee (T)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (MF) 24</p> <p>9:30 Coffee Time (BIST)</p> <p>9:45 Java Music Club (O)</p> <p>1:30 Bridge in the Library (LI)</p> <p>1:30 Balance for Life (O)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>2:00 Dog Therapy with Jen and Cooper! (LO)</p> <p>3:00 Toonie Tuesday *Bar Open (LO)</p> <p>7:00 Showtime!- Resident Choice Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) 25</p> <p>9:15 Dog Therapy with Dawn and Angel (LO)</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>2:00 Horse Race Game in the Oakroom (Bring \$0.25 cents per race - we play 10 races total) (O)</p> <p>3:00 Birthday Party Happy Hour & Social with Vic Ukrainetz (LO)</p> <p>7:00 Wednesday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) 26</p> <p>9:30 Coffee Time (BIST)</p> <p>9:45 Shopping Shuttle to Orchard Park *Sign up (MEE)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>2:00 Twisted Tasters Wine Tasting! *Sign-up (Cost \$10) (LO)</p> <p>3:00 Busy Fingers Craft Circle (LO)</p> <p>3:00 Cranium Crunches- Trivia, Word Games and More (O)</p>	<p>National Smile Day! 27</p> <p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>9:30 Gym Dandies (O)</p> <p>10:00 Newcomers Meet & Greet (LO)</p> <p>1:30 Fit Minds (LI)</p> <p>3:00 Friday Social and Pub Afternoon (LO)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (no staff today for the walk) (MF) 28</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Scenic Drive *Sign up (MEE)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>7:00 Saturday Night Movie (T)</p>
<p>9:00 Go4Life Walking Club (MF) 29</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:45 Piano Music with Beryl (CH)</p> <p>1:30 Chair Yoga with Heather (O)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club! (no staff today for the walk) (L) 30</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Catholic Communion Service- Everyone Welcome (T)</p> <p>1:30 Drumfit with Heather at Hawthorn Park (O)</p> <p>2:15 Monday Movie Matinee (T)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>Happy Halloween! Wear your Costume! 31</p> <p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>9:45 Java Music Club (O)</p> <p>1:30 Bridge in the Library (LI)</p> <p>1:30 Balance for Life (O)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>2:00 Dog Therapy with Jen and Cooper! (LO)</p> <p>3:00 Spooktacular Halloween Social with Mar *Wear your costumes! Top three costumes will receive a special prize! (LO)</p> <p>7:00 Showtime!- Resident Choice Movie Night (T)</p>	<p>THANKFUL</p> <p>Happy Thanksgiving</p> <p>MONDAY OCT 9</p>		<p>Global Diversity Awareness Month</p> <p>MONDAY OCT 30</p>	



Be Grateful

Locations Legend

- Oakroom (O)
- Lounge (LO)
- Theatre (T)
- Bistro (BIST)
- Main Floor (MF)
- Library (LI)
- Pool (P)

- Meet by bus (MEE)
- Coffee House (CH)
- Lobby (L)
- First Floor (FIR)
- Second Floor (SF)
- Third Floor (TF)

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local
- Signature Program