



INSPIRED SENIOR LIVING

September 2023

Hawthorn Park



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>World Alzheimer's Month</p>		<p>Grandparent's Day</p>			<p>9:00 Go4Life Walking Club (MF) 1</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Block Party on the First Floor Puzzle Area! (FIR)</p> <p>1:30 Fit Minds (LI)</p> <p>3:00 Friday Social and Pub Afternoon (LO)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (no staff today for the walk) (MF) 2</p> <p>9:30 Coffee Time (BIST)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>7:00 Saturday Night Movie (T)</p>
<p>9:00 Go4Life Walking Club (MF) 3</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:45 Piano Music with Beryl (CH)</p> <p>1:00 Central Okanagan United Church Service (LO)</p> <p>1:30 Chair Yoga with Heather (O)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>Welcome Back From Maternity Leave Laura! 4</p> <p>9:00 Go4Life Walking Club! (no staff today for the walk) (L)</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Catholic Communion Service with Father Gabriel (T)</p> <p>1:30 Drumfit with Heather (O)</p> <p>2:15 Monday Movie Matinee (T)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (MF) 5</p> <p>9:30 Coffee Time (BIST)</p> <p>9:45 Java Music Club (O)</p> <p>1:30 Bridge in the Library (LI)</p> <p>1:30 Balance for Life (O)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>2:00 Dog Therapy with Jen and Cooper! (LO)</p> <p>3:00 Toonie Tuesday *Bar Open (LO)</p> <p>7:00 Showtime!- Resident Choice Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) 6</p> <p>9:15 Dog Therapy with Dawn and Angel (LO)</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>11:15 Lunch Bunch at The Harvest Golf Course *Sign-up (MEE)</p> <p>2:00 Horse Race Game in the Oakroom (Bring \$0.25 cents per race - we play 10 races total) (O)</p> <p>3:00 Happy Hour & Social with Rolland (LO)</p> <p>7:00 Wednesday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) 7</p> <p>9:30 Coffee Time (BIST)</p> <p>9:30 Shopping Shuttle to Walmart *Sign-up (MEE)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>1:30 Golf Putting Game (O)</p> <p>3:00 Busy Fingers Craft Circle (LO)</p> <p>3:00 Tech-Knowledge- Book help with Life Enrichment for all your technology needs. *sign up at reception (AF)</p>	<p>9:00 Go4Life Walking Club (MF) 8</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Block Party- Meet your Neighbours! Second floor Puzzle Area! (SF)</p> <p>1:30 Fit Minds (LI)</p> <p>3:00 Friday Social and Pub Afternoon (LO)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (no staff today for the walk) (MF) 9</p> <p>9:30 Coffee Time (BIST)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>7:00 Saturday Night Movie (T)</p>
<p>Grandparent's Day 10</p> <p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:45 Piano Music with Beryl (CH)</p> <p>1:30 Chair Yoga with Heather (O)</p> <p>2:30 Celebrating Grandparents- Sunday Sing-a-Long with wine & treats! (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club! (no staff today for the walk) (L) 11</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Catholic Communion Service with Father Gabriel (T)</p> <p>1:30 Drumfit with Heather at Hawthorn Park (O)</p> <p>2:15 Monday Movie Matinee (T)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (MF) 12</p> <p>9:30 Coffee Time (BIST)</p> <p>9:45 Java Music Club (O)</p> <p>11:30 BBQ hot dog luncheon *sign up \$7- see posters (O)</p> <p>1:30 Bridge in the Library (LI)</p> <p>1:30 Balance for Life (O)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>2:00 Dog Therapy with Jen and Cooper! (LO)</p> <p>3:00 Toonie Tuesday *Bar Open (LO)</p> <p>7:00 Showtime!- Resident Choice Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) 13</p> <p>9:15 Dog Therapy with Dawn and Angel (LO)</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>2:00 Horse Race Game in the Oakroom (Bring \$0.25 cents per race - we play 10 races total) (O)</p> <p>3:00 Happy Hour & Social with Jeremy! (LO)</p> <p>7:00 Wednesday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) 14</p> <p>9:30 Shopping Shuttle to Dollarama, Marshalls and Superstore * Sign up (MEE)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>1:30 Golf Putting Game (O)</p> <p>3:00 Busy Fingers Craft Circle (LO)</p> <p>3:00 Tech-Knowledge- Book help with Life Enrichment for all your technology needs. *sign up at reception (AF)</p> <p>3:00 Afternoon Bingo (O)</p>	<p>National Eat an Apple Day! 15</p> <p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Block Party- Meet your Neighbours! Third floor seating area! (TF)</p> <p>1:30 Fit Minds (LI)</p> <p>3:00 Friday Social and Pub Afternoon (LO)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (no staff today for the walk) (MF) 16</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Scenic Drive *Sign up (MEE)</p> <p>1:00 Verve Open House- See posters for details (AF)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>7:00 Saturday Night Movie (T)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Go4Life Walking Club (MF) 17</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:45 Piano Music with Beryl (CH)</p> <p>1:30 Chair Yoga with Heather (O)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club! (no staff today for the walk) (L) 18</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Catholic Communion Service with Father Gabriel (T)</p> <p>1:30 Drumfit with Heather at Hawthorn Park (O)</p> <p>2:15 Monday Movie Matinee (T)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>Day of Mourning Queen Elizabeth- See posters for details 19</p> <p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>9:45 Java Music Club (O)</p> <p>1:30 Bridge in the Library (LI)</p> <p>1:30 Balance for Life (O)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>2:00 Dog Therapy with Jen and Cooper! (LO)</p> <p>3:00 Toonie Tuesday *Bar Open (LO)</p> <p>7:00 Showtime!- Resident Choice Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) 20</p> <p>9:15 Dog Therapy with Dawn and Angel (LO)</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>11:15 Lunch Bunch at Montana's BBQ & Bar (MEE)</p> <p>2:00 Horse Race Game in the Oakroom (Bring \$0.25 cents per race - we play 10 races total) (O)</p> <p>3:00 Happy Hour and Music with "Play it Again" (LO)</p> <p>7:00 Wednesday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) 21</p> <p>9:30 Coffee Time (BIST)</p> <p>9:30 Shopping Shuttle to Walmart *Sign-up (MEE)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>1:30 Golf Putting Game (O)</p> <p>3:00 Busy Fingers Craft Circle (LO)</p> <p>3:00 Tech-Knowledge- Book help with Life Enrichment for all your technology needs. *sign up at reception (AF)</p>	<p>9:00 Go4Life Walking Club (MF) 22</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Newcomers Meet & Greet (LO)</p> <p>1:30 Fit Minds (LI)</p> <p>3:00 Friday Social and Pub Afternoon (LO)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (no staff today for the walk) (MF) 23</p> <p>9:30 Coffee Time (BIST)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>7:00 Saturday Night Movie (T)</p>
<p>9:00 Go4Life Walking Club (MF) 24</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:45 Piano Music with Beryl (CH)</p> <p>1:30 Chair Yoga with Heather (O)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club! (no staff today for the walk) (L) 25</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Catholic Communion Service with Father Gabriel (T)</p> <p>1:30 Drumfit with Heather at Hawthorn Park (O)</p> <p>2:15 Monday Movie Matinee (T)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (MF) 26</p> <p>9:30 Coffee Time (BIST)</p> <p>9:45 Java Music Club (O)</p> <p>1:30 Bridge in the Library (LI)</p> <p>1:30 Balance for Life (O)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>2:00 Dog Therapy with Jen and Cooper! (LO)</p> <p>3:00 Toonie Tuesday *Bar Open (LO)</p> <p>7:00 Showtime!- Resident Choice Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) 27</p> <p>9:15 Dog Therapy with Dawn and Angel (LO)</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>2:00 Horse Race Game in the Oakroom (Bring \$0.25 cents per race - we play 10 races total) (O)</p> <p>3:00 Birthday Party & Social with Vic & Carol! (LO)</p> <p>7:00 Wednesday Movie Night (T)</p>	<p>National Strawberry Cream Pie Day 28</p> <p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>9:45 Shopping Shuttle to Orchard Park Mall *Sign up (MEE)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>1:30 Golf Putting Game (O)</p> <p>3:00 Busy Fingers Craft Circle (LO)</p> <p>3:00 Tech-Knowledge- Book help with Life Enrichment for all your technology needs. *sign up at reception (AF)</p> <p>3:00 Afternoon Bingo (O)</p>	<p>Happy Oktoberfest! 29</p> <p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>1:30 Fit Minds (LI)</p> <p>3:00 Oktoberfest Social and Pub Afternoon wit Frieda Schwarz (LO)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>National Day for Truth and Reconciliation *Wear an Orange shirt today 30</p> <p>9:00 Go4Life Walking Club (no staff today for the walk) (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Scenic Drive *Sign up (MEE)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>3:30 National Truth and Reconciliation Day- recorded information session (LO)</p> <p>7:00 Saturday Night Movie (T)</p>



THURSDAY
SEP
28

National Strawberry Cream Pie Day

Be Social

Locations Legend

- Oakroom (O)
- Lounge (LO)
- Bistro (BIST)
- Theatre (T)
- Main Floor (MF)
- Library (LI)
- Pool (P)

- Meet by bus (MEE)
- All Floors (AF)
- Coffee House (CH)
- Lobby (L)
- First Floor (FIR)
- Second Floor (SF)
- Third Floor (TF)

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local
- Signature Program