



INSPIRED SENIOR LIVING

# November 2023

## Hawthorn Park



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>National Family Caregivers Month</b></p>						
<p>9:00 Go4Life Walking Club (MF) <b>5</b></p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>1:00 Central Okanagan United Church Service (LO)</p> <p>1:30 Chair Yoga with Heather (O)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club! (no staff today for the walk) (L) <b>6</b></p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Catholic Communion Service- Everyone Welcome (T)</p> <p>1:30 Drumfit with Heather at Hawthorn Park (O)</p> <p>2:15 Monday Movie Matinee (T)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (MF) <b>7</b></p> <p>9:30 Coffee Time (BIST)</p> <p>9:45 Java Music Club (O)</p> <p>10:00 5th Avenue Jewelry Boutique 10:00 am -3:00 pm (LO)</p> <p>1:30 Bridge in the Library (LI)</p> <p>1:30 Balance for Life (O)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>2:00 Dog Therapy with Jen and Cooper! (LO)</p> <p>3:00 Toonie Tuesday *Bar Open (LO)</p> <p>7:00 Showtime!- Resident Choice Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) <b>1</b></p> <p>9:15 Dog Therapy with Dawn and Angel (LO)</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>10:30 Lunch Bunch to the Jammery *Sign up (MEE)</p> <p>2:00 Horse Race Game in the Oakroom (Bring \$0.25 cents per race - we play 10 races total) (O)</p> <p>3:00 Wednesday Pub Afternoon (LO)</p> <p>7:00 Wednesday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) <b>2</b></p> <p>9:00 Connect Hearing Clinic (LI)</p> <p>9:30 Coffee Time (BIST)</p> <p>9:30 Shopping Shuttle to Walmart *Sign-up (MEE)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>1:30 Golf Putting Game (O)</p> <p>3:00 Busy Fingers Craft Circle (LO)</p> <p>3:00 Afternoon Scrabble</p>	<p>National Sandwich Day! <b>3</b></p> <p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>9:30 Gym Dandies (O)</p> <p>10:00 Block Party on the First Floor Puzzle Area! (FIR)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>1:30 Fit Minds (LI)</p> <p>3:00 Friday Social and Pub Afternoon (LO)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (no staff today for the walk) (MF) <b>4</b></p> <p>9:30 Coffee Time (BIST)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>7:00 Saturday Night Movie (T)</p>
<p>Diwali <b>12</b></p> <p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:00 Diwali- Televised Showcase of India's holiday (LO)</p> <p>10:45 Piano Music with Beryl (CH)</p> <p>1:30 Chair Yoga with Heather (O)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club! (no staff today for the walk) (L) <b>13</b></p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Catholic Communion Service- Everyone Welcome (T)</p> <p>1:30 Drumfit with Heather at Hawthorn Park (O)</p> <p>2:15 Monday Movie Matinee (T)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>National Happy Hour Day! <b>14</b></p> <p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>9:30 Outing to Kelowna's CAT CAFE for some kitten cuddles! *Sign up, \$12 (MEE)</p> <p>9:45 Java Music Club (O)</p> <p>1:30 Bridge in the Library (LI)</p> <p>1:30 Balance for Life (O)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>2:00 Dog Therapy with Jen and Cooper! (LO)</p> <p>3:00 Entertainment with Betty-Toonie Tuesday *Bar Open (LO)</p> <p>7:00 Showtime!- Resident Choice Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) <b>15</b></p> <p>9:15 Dog Therapy with Dawn and Angel (LO)</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>11:15 Lunch Bunch to Original Joes (MEE)</p> <p>2:00 Horse Race Game in the Oakroom (Bring \$0.25 cents per race - we play 10 races total) (O)</p> <p>7:00 Wednesday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) <b>16</b></p> <p>9:30 Coffee Time (BIST)</p> <p>9:30 Shopping Shuttle to Walmart *Sign-up (MEE)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>1:30 Golf Putting Game (O)</p> <p>3:00 Busy Fingers Craft Circle (LO)</p> <p>3:00 Afternoon Scrabble Games (LO)</p>	<p>9:00 Go4Life Walking Club (MF) <b>17</b></p> <p>9:30 Coffee Time (BIST)</p> <p>9:30 Gym Dandies (O)</p> <p>10:00 Block Party- Meet your Neighbours! Third floor seating area! (TF)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>1:30 Fit Minds (LI)</p> <p>3:00 Friday Social and Pub Afternoon (LO)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (no staff today for the walk) (MF) <b>18</b></p> <p>9:30 Coffee Time (BIST)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>7:00 Saturday Night Movie (T)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Go4Life Walking Club (MF) <b>19</b></p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>1:30 Chair Yoga with Heather (O)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>3:00 Grey Cup Party in Hawthorn Park! (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club! (no staff today for the walk) (L) <b>20</b></p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Catholic Communion Service- Everyone Welcome (T)</p> <p>1:30 Drumfit with Heather at Hawthorn Park (O)</p> <p>2:15 Monday Movie Matinee (T)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (MF) <b>21</b></p> <p>9:30 Coffee Time (BIST)</p> <p>9:45 Java Music Club (O)</p> <p>1:30 Bridge in the Library (LI)</p> <p>1:30 Balance for Life (O)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>2:00 Dog Therapy with Jen and Cooper! (LO)</p> <p>3:00 Toonie Tuesday *Bar Open (LO)</p> <p>7:00 Showtime!- Resident Choice Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) <b>22</b></p> <p>9:15 Dog Therapy with Dawn and Angel (LO)</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>2:00 Horse Race Game in the Oakroom (Bring \$0.25 cents per race - we play 10 races total) (O)</p> <p>7:00 Wednesday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) <b>23</b></p> <p>9:30 Coffee Time (BIST)</p> <p>9:45 Shopping Shuttle to Orchard Park Mall *Sign up (MEE)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>1:30 Golf Putting Game (O)</p> <p>3:00 Busy Fingers Craft Circle (LO)</p> <p>3:00 Afternoon Scrabble Games (LO)</p>	<p>9:00 Go4Life Walking Club (MF) <b>24</b></p> <p>9:30 Coffee Time (BIST)</p> <p>9:30 Gym Dandies (O)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>1:30 Fit Minds (LI)</p> <p>3:00 Friday Social and Pub Afternoon (LO)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (no staff today for the walk) (MF) <b>25</b></p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Scenic Drive *Sign up (MEE)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>7:00 Saturday Night Movie (T)</p>
<p>9:00 Go4Life Walking Club (MF) <b>26</b></p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:45 Piano Music with Beryl (CH)</p> <p>1:30 Chair Yoga with Heather (O)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club! (no staff today for the walk) (L) <b>27</b></p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Catholic Communion Service- Everyone Welcome (T)</p> <p>1:30 Drumfit with Heather at Hawthorn Park (O)</p> <p>2:15 Monday Movie Matinee (T)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>Life Enrichment Decorating for Christmas Today! (AF) <b>28</b></p> <p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Coffee Time (BIST)</p> <p>1:30 Bridge in the Library (LI)</p> <p>1:30 Balance for Life (O)</p> <p>2:00 Dog Therapy with Jen and Cooper! (LO)</p> <p>3:00 Toonie Tuesday *Bar Open (LO)</p> <p>7:00 Showtime!- Resident Choice Movie Night (T)</p>	<p>National Cake Day! <b>29</b></p> <p>9:00 Go4Life Walking Club (MF)</p> <p>9:15 Dog Therapy with Dawn and Angel (LO)</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>2:00 Horse Race Game in the Oakroom (Bring \$0.25 cents per race - we play 10 races total) (O)</p> <p>3:00 Birthday Party &amp; Social with Vic &amp; Carol! (LO)</p> <p>7:00 Wednesday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) <b>30</b></p> <p>9:30 Coffee Time (BIST)</p> <p>9:30 Shopping Shuttle to Walmart *Sign-up (MEE)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>2:00 Twisted Tasters Wine Tasting! *Sign-up (Cost \$10) (LO)</p> <p>3:00 Busy Fingers Craft Circle (LO)</p> <p>3:30 Christmas Tree Decorating on Each Floor *Meet by the tree</p>	<p>Remembrance Day</p>	

SUNDAY  
NOV 12

Diwali

Be Grateful

- Locations Legend**
- Oakroom (O)
  - Lounge (LO)
  - Bistro (BIST)
  - Theatre (T)
  - Main Floor (MF)
  - Pool (P)
  - Library (LI)
  - Meet by bus (MEE)
  - Coffee House (CH)
  - Lobby (L)
  - All Floors (AF)
  - First Floor (FIR)
  - Second Floor (SF)
  - Third Floor (TF)

- Calendar Legend**
- Outing
  - Special Program
  - Living, Loving, Local
  - Signature Program