

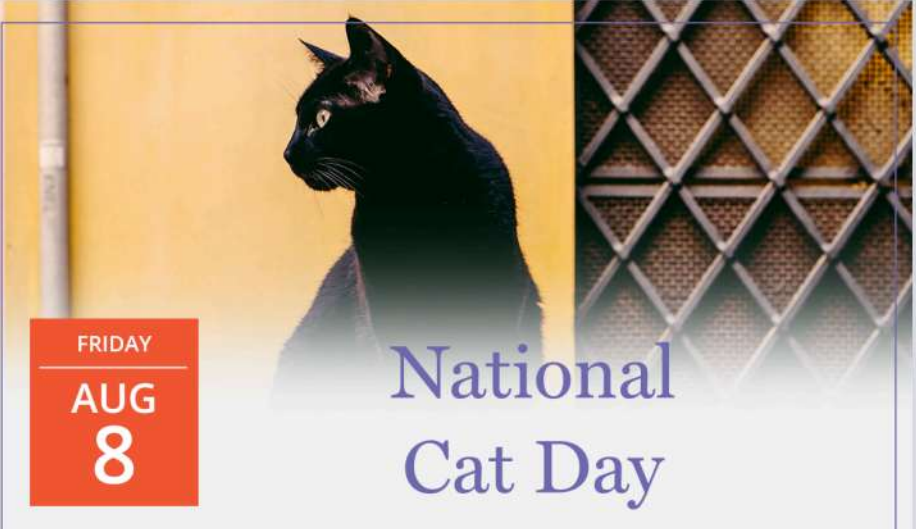


INSPIRED
SENIOR LIVING

August 2025

Hawthorn Park



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 MONDAY AUG 4 Civic Holiday		 FRIDAY AUG 8 National Cat Day		9:30 Gym Dandies- Chair Exercise (O) 9:30 Coffee Time (BIST) 10:00 Block Party on the First Floor Puzzle Area! (FIR) 1:30 Fit Minds (LI) 3:00 Friday Social and Pub Afternoon (LO) 1	9:30 Coffee Time (BIST) 10:00 Saturday Morning Matinee (T) 3:00 Saturday Afternoon Pool/Billiards Group (LI) 6:00 Shuffle Board- Resident Lead (LI) 7:00 Saturday Night Movie (T) 2
9:00 Go4Life Walking Club (No staff in today for walk) (MF) 9:30 Coffee Time (BIST) 9:30 Sunday Funday Readings (CH) 10:00 Virtual Catholic Mass on the T.V. in the Theatre (T) 1:00 Central Okanagan United Church Service (LO) 1:30 Chair Yoga (O) 2:00 Scrabble (LI) 7:00 Sunday Movie Night (T) 3	9:30 Gym Dandies- Chair Exercise (O) 9:30 Coffee Time (BIST) 10:30 Catholic Communion Service (T) 10:30 Java Music Club (O) 1:30 Drumfit! (O) 2:30 Artful Enrichment- Guided Painting (O) 3:00 Monday Movie Matinee (T) 4	9:00 Go4Life Walking Club (MF) 9:30 Coffee Time (BIST) 10:30 Picnic Lunch at Bear Creek Park! \$10 for a bagged lunch if not on the lunch program (MEE) 1:00 Bridge in the Library (LI) 1:30 Strength and Balance- Some Standing Involved (O) 2:00 Dice 10,000 Game (LO) 3:00 Tuesday Social and Pub Afternoon featuring spiked Arnold Palmers for \$2 and a mini golf competition. (LO) 7:00 Showtime!- Resident Choice 5	9:30 Gym Dandies- Chair Exercise (O) 9:30 Coffee Time (BIST) 9:30 Shopping Shuttle to Dollarama, Marshalls and Superstore * Sign up (MEE) 10:30 Rollo Trump Game (O) 1:45 Crib in the Library *New program (LI) 2:00 Horse Race Game (Bring \$0.25 cents per race - 10 races) (O) 3:00 Happy Hour & Social with Sam! (LO) 7:00 Wednesday Movie Night (T) 6	9:00 Hearing Clinic with Connect Hearing (LI) 9:00 Go4Life Walking Club (MF) 9:30 Coffee Time (BIST) 9:30 TLC pontoon boat tour with Captain Herald (MEE) 1:30 Strength and Balance- Some Standing Involved (O) 2:30 Golf Putting Game (O) 7:00 Movie Night! (T) 7	National Cat Day 9:30 Gym Dandies- Chair Exercise (O) 9:30 Coffee Time (BIST) 10:00 Block Party- Meet your Neighbours! Second floor Puzzle Area! (SF) 11:00 Lunch Bunch at Boston Pizza (MEE) 1:30 Fit Minds (LI) 3:00 Friday Social and Pub Afternoon (LO) 8	9:30 Coffee Time (BIST) 10:00 Saturday Morning Matinee (T) 3:00 Saturday Afternoon Pool/Billiards Group (LI) 6:00 Shuffle Board- Resident Lead (LI) 7:00 Saturday Night Movie (T) 9
9:00 Go4Life Walking Club (No staff in today for walk) (MF) 9:30 Coffee Time (BIST) 9:30 Sunday Funday Readings (CH) 10:00 Virtual Catholic Mass on the T.V. in the Theatre (T) 1:30 Chair Yoga (O) 2:00 Scrabble (LI) 7:00 Sunday Movie Night (T) 10	9:30 Gym Dandies- Chair Exercise (O) 9:30 Coffee Time (BIST) 10:30 Catholic Communion Service (T) 10:30 Java Music Club (O) 1:30 Drumfit! (O) 2:30 Artful Enrichment- Guided Painting (O) 3:00 Monday Movie Matinee (T) 11	9:00 Go4Life Walking Club (MF) 9:30 Coffee Time (BIST) 10:00 Scenic Drive to Gatzke Market- Fruit & Ice Cream available for purchase (MEE) 1:00 Bridge in the Library (LI) 1:30 Strength and Balance- Some Standing Involved (O) 2:00 Dice 10,000 Game (LO) 3:00 Tuesday Social and Pub Afternoon \$5 / drink (LO) 7:00 Showtime!- Resident Choice Movie Night (T) 12	9:30 Gym Dandies- Chair Exercise (O) 9:30 Coffee Time (BIST) 10:30 Rollo Trump Game (O) 1:45 Crib in the Library *New program (LI) 2:00 Horse Race Game (Bring \$0.25 cents per race - 10 races) (O) 3:00 Happy Hour with Rolland Quesseth (LO) 7:00 Wednesday Movie Night (T) 13	9:00 Go4Life Walking Club (MF) 9:30 Shopping Shuttle to Walmart *Sign up (MEE) 9:30 Coffee Time (BIST) 1:30 Strength and Balance- Some Standing Involved (O) 2:30 Golf Putting Game (O) 7:00 Movie Night! (T) 14	9:30 Gym Dandies- Chair Exercise (O) 9:30 Coffee Time (BIST) 10:00 Block Party- Meet your Neighbours! Third floor seating area! (TF) 10:15 Visit to KLO Fruit Market for fresh produce (5 min drive from here) (MEE) 1:30 Fit Minds (LI) 3:00 Friday Social and Pub Afternoon (LO) 15	9:30 Coffee Time (BIST) 10:00 Saturday Morning Matinee (T) 3:00 Saturday Afternoon Pool/Billiards Group (LI) 6:00 Shuffle Board- Resident Lead (LI) 7:00 Saturday Night Movie (T) 16



INSPIRED
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August 2025

Hawthorn Park



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Go4Life Walking Club (No staff in today for walk) (MF) 17 9:30 Coffee Time (BIST) 9:30 Sunday Funday Readings (CH) 10:00 Virtual Catholic Mass on the T.V. in the Theatre (T) 1:30 Chair Yoga (O) 2:00 Scrabble (LI) 2:00 Beach Party Sing-a-Long (C) 7:00 Sunday Movie Night (T)	9:30 Gym Dandies- Chair Exercise (O) 18 9:30 Coffee Time (BIST) 10:30 Catholic Communion Service (T) 10:30 Java Music Club (O) 1:30 Drumfit! (O) 2:30 Artful Enrichment- Guided Painting (O) 3:00 Monday Movie Matinee (T)	9:00 Go4Life Walking Club (MF) 19 9:30 Coffee Time (BIST) 10:00 Scenic Drive *Sign up (MEE) 10:00 5th Avenue Jewelry Boutique 10:00 am -2:00 pm (LO) 1:00 Bridge in the Library (LI) 1:30 Strength and Balance- Some Standing Involved (O) 2:00 Dice 10,000 Game (LO) 3:00 Tuesday Social and Pub Afternoon \$5 / drink (LO) 7:00 Showtime!- Resident Choice Movie Night (T)	9:30 Gym Dandies- Chair Exercise (O) 20 9:30 Coffee Time (BIST) 10:30 Rollo Trump Game (O) 1:45 Crib in the Library *New program (LI) 2:00 Horse Race Game (Bring \$0.25 cents per race - 10 races) (O) 3:00 Happy Hour & Social with Mar! (LO) 7:00 Wednesday Movie Night (T)	9:00 Go4Life Walking Club (MF) 21 9:30 Coffee Time (BIST) 1:30 Strength and Balance- Some Standing Involved (O) 2:30 Golf Putting Game (O) 7:00 Movie Night! (T)	9:15 Shopping Shuttle to Value Village West Kelowna *Sign-up *note time (MEE) 22 9:30 Gym Dandies- Chair Exercise (O) 9:30 Coffee Time (BIST) 1:30 Fit Minds (LI) 3:00 Friday Social and Pub Afternoon (LO)	9:30 Coffee Time (BIST) 23 10:00 Saturday Morning Matinee (T) 3:00 Saturday Afternoon Pool/Billiards Group (LI) 6:00 Shuffle Board- Resident Lead (LI) 7:00 Saturday Night Movie (T)
9:00 Go4Life Walking Club (No staff in today for walk) (MF) 24 9:30 Coffee Time (BIST) 9:30 Sunday Funday Readings (CH) 10:00 Virtual Catholic Mass on the T.V. in the Theatre (T) 1:30 Chair Yoga (O) 2:00 Scrabble (LI) 7:00 Sunday Movie Night (T)	9:30 Gym Dandies- Chair Exercise (O) 25 9:30 Coffee Time (BIST) 10:30 Catholic Communion Service (T) 10:30 Catholic Mass with Father Gerald (T) 10:30 Java Music Club (O) 1:30 Drumfit! (O) 2:30 Artful Enrichment- Guided Painting (O) 3:00 Monday Movie Matinee (T)	9:00 Go4Life Walking Club (MF) 26 9:30 Coffee Time (BIST) 10:00 Scenic Drive *Sign up (MEE) 1:00 Bridge in the Library (LI) 1:30 Strength and Balance- Some Standing Involved (O) 2:00 Dice 10,000 Game (LO) 3:00 Tuesday Social and Pub Afternoon \$5 / drink (LO) 7:00 Showtime!- Resident Choice Movie Night (T)	9:30 Gym Dandies- Chair Exercise (O) 27 9:30 Coffee Time (BIST) 10:15 Bowling in the Oakroom *New Time (O) 10:30 Rollo Trump Game (O) 1:45 Crib in the Library *New program (LI) 2:00 Horse Race Game (Bring \$0.25 cents per race - 10 races) (O) 3:00 Happy Hour & Birthday Social with Vic & Carol (LO) 7:00 Wednesday Movie Night (T)	9:00 Go4Life Walking Club (MF) 28 9:30 Shopping Shuttle to Walmart *Sign up (MEE) 9:30 Coffee Time (BIST) 1:30 Strength and Balance- Some Standing Involved (O) 2:30 Golf Putting Game (O) 7:00 Movie Night! (T)	9:30 Gym Dandies- Chair Exercise (O) 29 9:30 Coffee Time (BIST) 1:30 Fit Minds (LI) 3:00 Friday Social and Pub Afternoon (LO)	9:30 Coffee Time (BIST) 30 10:00 Saturday Morning Matinee (T) 3:00 Saturday Afternoon Pool/Billiards Group (LI) 6:00 Shuffle Board- Resident Lead (LI) 7:00 Saturday Night Movie (T)
9:00 Go4Life Walking Club (No staff in today for walk) (MF) 31 9:30 Coffee Time (BIST) 9:30 Sunday Funday Readings (CH) 10:00 Virtual Catholic Mass on the T.V. in the Theatre (T) 1:30 Chair Yoga (O) 2:00 Scrabble (LI) 7:00 Sunday Movie Night (T)	Be Bold		TUESDAY AUG 26 National Dog Day		Locations Legend Oakroom (O) Theatre (T) Bistro (BIST) Library (LI) Lounge (LO) Main Floor (MF) Meet by bus (MEE) Coffee House (CH) First Floor (FIR) Second Floor (SF) Third Floor (TF) Courtyard (C)	