



INSPIRED
SENIOR LIVING

November 2025

Orchard Manor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 WEDNESDAY NOV 12 National Social Hour Day		 TUESDAY NOV 11 Remembrance Day				9:00 Go 4 Life Walking Club (OM) 9:30 Chair Exercises & Stretches (OMLR) 10:00 Silly Poems and November Trivia (OMLR) 11:00 Get Moving-Active Games (OMLR) 1:00 Silly Poems and Stories (OMLR) 2:00 Table Top Board Games and Trivia! (OMLR) 3:30 "Answer This" Trivia (OM)
1:00 Central Okanagan United Church Service (LO) 2:00 Coffee Cart and Individual Visits (OMLR) 2:00 Sunday Sing-a-Long (LO) 3:15 Sing-Along - Favorite Hymns (LO) 3:45 Dice and Bean Bag Toss Game (ORC) 4:00 Sunday Movie Night (ORC) 2	9:00 Go 4 Life Walking Club (OM) 10:00 Scenic Drive (MEE) 10:30 Catholic Communion Service (T) 1:30 Laughter Hour- Jokes & Trivia (OM) 2:00 Coffee Cart and Individual Visits (OMLR) 3:00 Shooting Hoops! (OML) 3:30 Triple Toss Dice Game (OM) 3	9:00 Go 4 Life Walking Club (OM) 10:00 BINGO with Prizes! (OM) 11:00 Balloon Badminton (ORC) 1:30 Sentimental Journey Game (OMLR) 2:30 Scattagories! (ORC) 3:00 Happy Hour Social (LO) 4	9:00 Go 4 Life Walking Club (OM) 9:30 Dog Therapy with Dawn and Angel (OM) 9:30 Sit & Stretch (LO) 10:00 Soul Sounds Music Therapy (OMLR) 11:00 Morning Trivia (ORC) 1:00 Individual Visits and Exercises (OMLR) 1:00 Movie Matinee in the Theatre (T) 2:00 Tea & Game Show! (OM) 3:30 Brain Games (C) 5	9:00 Go 4 Life Walking Club (OM) 9:30 Ball Therapy! (OMLR) 10:00 Piano Music with Betty! (OMLR) 11:00 Active Game and Trivia (OMLR) 1:30 Giant Crossword Puzzle (LO) 3:00 Afternoon Social and Entertainment with Jeremy! (OMLR) 6	9:00 Go 4 Life Walking Club (OM) 9:30 Fun Fitness Friday! (OM) 10:00 Fit Minds- Brain Games (OM) 11:00 Balloon Badminton Game (OMLR) 1:00 Table Top Board Games! (OMLR) 1:00 Ladies Club! (OM) 2:00 Coffee, Tea & Me- Remember When (OM) 3:30 Scattagories & Word Games (OMLR) 7	National Cappuccino Day! Try one of our specialty coffees today to celebrate! 9:00 Go 4 Life Walking Club (OM) 9:30 Chair Exercises & Stretches (OMLR) 10:00 BC and Canada Trivia (OMLR) 11:00 Get Moving-Active Games (OMLR) 1:00 Silly Poems and Stories (OMLR) 2:00 Table Top Board Games and Trivia! (OMLR) 3:30 "Answer This" Trivia (OM) 8
9:00 Go 4 Life Walking Club (OM) 9:30 Sunday Funday: Poems, trivia, and more! (OM) 10:00 Piano Music with Beryl (OMLR) 11:00 Rollo Trump (OM) 1:30 Suzie-Q Sing-a-Long (OMLR) 2:00 Coffee Cart and Individual Visits (OMLR) 2:00 Sunday Sing-a-Long (LO) 3:30 Horse Race Game! (ORC) 4:00 Sunday Movie Night (ORC) 9	9:00 Go 4 Life Walking Club (OM) 10:00 Scenic Drive (MEE) 10:30 Catholic Communion Service (T) 1:30 Laughter Hour- Jokes & Trivia (OM) 2:00 Coffee Cart and Individual Visits (OMLR) 3:00 Shooting Hoops! (OML) 3:30 Triple Toss Dice Game (OM) 10	Remembrance Day 9:00 Go 4 Life Walking Club (OM) 9:30 Remembrance Day Coffee Social with the televised ceremony (LO) 10:00 BINGO with Prizes! (OM) 11:00 Balloon Badminton (ORC) 1:30 Guided Painting *painting poppies (ORC) 2:30 Scattagories! (ORC) 3:00 Happy Hour Social (LO) 11	National Social Hour Day 9:00 Go 4 Life Walking Club (OM) 9:30 Dog Therapy with Dawn and Angel (OM) 9:30 Sit & Stretch (LO) 10:00 Soul Sounds Music Therapy (OMLR) 1:00 Individual Visits and Exercises (OMLR) 1:00 Movie Matinee in the Theatre (T) 2:00 Tea & Game Show! (OM) 3:30 Brain Games (C) 12	9:00 Go 4 Life Walking Club (OM) 9:30 Ball Therapy! (OMLR) 10:30 Active Game and Trivia (OMLR) 1:30 Giant Crossword puzzle (OMLR) 3:00 Afternoon Social and Entertainment with Rolland! (OMLR) 13	9:00 Go 4 Life Walking Club (OM) 9:30 Fun Fitness Friday! (OM) 10:00 Fit Minds- Brain Games (OM) 11:00 Balloon Badminton Game (OMLR) 1:00 Table Top Board Games! (OMLR) 1:00 Ladies Club! (OM) 2:00 Coffee, Tea & Me- Remember When (OM) 3:30 Scattagories & Word Games (OMLR) 14	9:00 Go 4 Life Walking Club (OM) 9:30 Chair Exercises & Stretches (OMLR) 10:00 Memory lane & Coffee Social (OMLR) 11:00 Get Moving-Active Games (OMLR) 1:00 Silly Poems and Stories (OMLR) 2:00 Table Top Board Games and Trivia! (OMLR) 3:30 "Answer This" Trivia (OM) 15



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9:00 Go 4 Life Walking Club (OM) 16 9:30 Sunday Funday: Poems, trivia, and more! (OM) 10:30 Finish The Line..... (OMLR) 11:00 Rollo Trump (OM) 1:30 Suzie-Q Sing-a-Long (OMLR) 2:00 Sunday Sing-a-Long (LO) 2:00 Coffee Cart and Individual Visits (OMLR) 3:30 Horse Race Game! (ORC) 4:00 Sunday Movie Night (ORC)	9:00 Go 4 Life Walking Club (OM) 17 10:30 Catholic Communion Service (T) 11:00 Lunch Outing to Creekside Pub (MEE) 1:30 Laughter Hour- Jokes & Trivia (OM) 2:00 Coffee Cart and Individual Visits (OMLR) 3:00 Shooting Hoops! (OML) 3:30 Triple Toss Dice Game (OM)	9:00 Go 4 Life Walking Club (OM) 18 10:00 BINGO with Prizes! (OM) 11:00 Balloon Badminton (ORC) 1:30 Sentimental Journey Game (OMLR) 1:30 Guided Painting (ORC) 2:30 Scattagories! (ORC) 3:00 Happy Hour Social (LO)	9:00 Go 4 Life Walking Club (OM) 19 9:30 Dog Therapy with Dawn and Angel (OM) 9:30 Sit & Stretch (LO) 10:00 Soul Sounds Music Therapy (OMLR) 1:00 Individual Visits and Exercises (OMLR) 1:00 Movie Matinee in the Theatre (T) 2:00 Tea & Game Show! (OM) 3:30 Brain Games (C)	9:00 Go 4 Life Walking Club (OM) 20 9:30 Ball Therapy! (OMLR) 10:30 Active Game and Trivia (OMLR) 1:30 Giant Crossword Puzzle (LO)	9:00 Go 4 Life Walking Club (OM) 21 9:30 Fun Fitness Friday! (OM) 10:00 Fit Minds- Brain Games (OM) 11:00 Balloon Badminton Game (OMLR) 1:00 Table Top Board Games! (OMLR) 1:00 Ladies Club! (OM) 2:00 Coffee, Tea & Me- Remember When (OM) 3:30 Scattagories & Word Games (OMLR)	9:00 Go 4 Life Walking Club (OM) 22 9:30 Chair Exercises & Stretches (OMLR) 10:00 BC and Canada Trivia (OMLR) 11:00 Get Moving-Active Games (OMLR) 1:00 Silly Poems and Stories (OMLR) 2:00 Table Top Board Games and Trivia! (OMLR) 3:30 "Answer This" Trivia (OM)
9:00 Go 4 Life Walking Club (OM) 23 9:30 Sunday Funday: Poems, trivia, and more! (OM) 10:00 Piano Music with Beryl (OMLR) 11:00 Rollo Trump (OM) 1:30 Suzie-Q Sing-a-Long (OMLR) 2:00 Sunday Sing-a-Long (LO) 2:00 Coffee Cart and Individual Visits (OMLR) 3:30 Horse Race Game! (ORC) 4:00 Sunday Movie Night (ORC)	9:00 Go 4 Life Walking Club (OM) 24 10:00 Scenic Drive (MEE) 10:30 Catholic Mass with Father Gerald (T) 1:30 Laughter Hour- Jokes & Trivia (OM) 2:00 Coffee Cart and Individual Visits (OMLR) 3:00 Shooting Hoops! (OML) 3:30 Triple Toss Dice Game (OM)	9:00 Go 4 Life Walking Club (OM) 25 10:00 BINGO with Prizes! (OM) 11:00 Balloon Badminton (ORC) 1:30 Sentimental Journey Game (OMLR) 1:30 Guided Painting (ORC) 2:30 Scattagories! (ORC) 3:00 Happy Hour Social (LO)	9:00 Go 4 Life Walking Club (OM) 26 9:30 Dog Therapy with Dawn and Angel (OM) 9:30 Sit & Stretch (LO) 10:00 Soul Sounds Music Therapy (OMLR) 1:00 Individual Visits and Exercises (OMLR) 1:00 Movie Matinee in the Theatre (T) 1:30 Afternoon Social & Entertainment with Vic & Carol (OMLR) 2:00 Tea & Game Show! (OM) 3:30 Brain Games (C)	9:00 Go 4 Life Walking Club (OM) 27 9:30 Ball Therapy! (OMLR) 10:30 Active Game and Trivia (OMLR) 1:30 Giant Crossword puzzle (OMLR)	9:00 Go 4 Life Walking Club (OM) 28 9:30 Fun Fitness Friday! (OM) 10:00 Fit Minds- Brain Games (OM) 11:00 Balloon Badminton Game (OMLR) 1:00 Table Top Board Games! (OMLR) 1:00 Ladies Club! (OM) 2:00 Coffee, Tea & Me- Remember When (OM) 3:30 Scattagories & Word Games (OMLR)	9:00 Go 4 Life Walking Club (OM) 29 9:30 Chair Exercises & Stretches (OMLR) 10:00 Memory lane & Coffee Social (OMLR) 11:00 Get Moving-Active Games (OMLR) 1:00 Silly Poems and Stories (OMLR) 1:30 Table Top Activities: Shake Loose A Memory (OM) 2:00 Table Top Board Games and Trivia! (OMLR) 3:30 "Answer This" Trivia (OM)
9:00 Go 4 Life Walking Club (OM) 30 9:30 Sunday Funday: Poems, trivia, and more! (OM) 10:30 Finish The Line..... (OMLR) 11:00 Rollo Trump (OM) 1:30 Suzie-Q Sing-a-Long (OMLR) 2:00 Sunday Sing-a-Long (LO) 2:00 Coffee Cart and Individual Visits (OMLR) 3:30 Horse Race Game! (ORC) 4:00 Sunday Movie Night (ORC)			Be Colourful		Locations Legend Orchard Manor (OM) Orchard Manor Living Room (OMLR) Orchard Manor Activity Room (ORC) Lounge (LO) Theatre (T) Meet by bus (MEE) Orchard Manor Lobby (OML) Courtyard (C)	