



INSPIRED SENIOR LIVING

June 2023 Assisted Living Calendar Hazelton Place



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Celebrating Senior's Month</p>		<p>Father's Day</p>		<p>10:00 Individual Visits (2ND) 1</p> <p>10:30 Brain Gym (2ND)</p> <p>10:45 Hand Massage (2ND)</p> <p>11:00 Seated Ballet (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:00 Falls Pervation (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Fit Minds (2ND)</p> <p>4:00 Bingo (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>7:00 Bridge with David (BR)</p>	<p>10:00 Individual Visits (SUI) 2</p> <p>11:00 Sit & Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>1:30 Digital Memory Games (2ND)</p> <p>1:30 Falls Prevention (2ND)</p> <p>2:00 Sing Along with Suzy Q (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Artful Enrichment- Mindful Coloring (2ND)</p> <p>4:00 Drum Fit (2ND)</p> <p>4:30 Documentary- Our Universe (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:45 Hand Massage (2ND) 3</p> <p>11:00 Sit & Stretch (2ND)</p> <p>11:30 Brain Gym (2ND)</p> <p>1:30 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Bingo (2ND)</p> <p>4:00 Happy Hour (AB)</p> <p>4:00 Shaya Petroff Concert (STG)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>
<p>10:45 Hand Massage (2ND) 4</p> <p>11:00 Sit & Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>2:45 Hymn Singing (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Artful Enrichment- Creative Watercolors (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (SUI) 5</p> <p>11:00 Sit & Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>12:00 Pet Therapy (2ND)</p> <p>1:30 Guided Meditation (2ND)</p> <p>1:30 Falls Pervation (2ND)</p> <p>2:00 Group Exercise (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>2:30 Word Games (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Bingo (2ND)</p> <p>4:00 Games and Trivia (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Story Telling (2ND) 6</p> <p>10:30 Hand Massage (2ND)</p> <p>11:00 Seated Ballet (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>1:30 Go4Life Walking Club Outside (LL)</p> <p>2:00 Falls Prevention (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Sing A Long with Suzy Q (2ND)</p> <p>4:00 Fit Minds (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) 7</p> <p>10:30 Hand Massage (2ND)</p> <p>11:00 Sit & Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>12:00 Pet Therapy (2ND)</p> <p>1:30 Go For Life Walking Club (2ND)</p> <p>1:30 Falls Prevention (2ND)</p> <p>2:00 Java Music Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Artful Enrichment - Mindful Colouring (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) 8</p> <p>10:30 Brain Gym (2ND)</p> <p>10:45 Hand Massage (2ND)</p> <p>11:00 Seated Ballet (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:00 Falls Pervation (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Fit Minds (2ND)</p> <p>4:00 Bingo (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>7:00 Bridge with David (BR)</p>	<p>10:00 Individual Visits (SUI) 9</p> <p>11:00 Sit & Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>1:30 Digital Memory Games (2ND)</p> <p>1:30 Falls Prevention (2ND)</p> <p>2:00 Sing Along with Suzy Q (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Artful Enrichment- Mindful Coloring (2ND)</p> <p>4:00 Drum Fit (2ND)</p> <p>4:30 Documentary- Our Universe (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:45 Hand Massage (2ND) 10</p> <p>11:00 Sit & Stretch (2ND)</p> <p>11:30 Brain Gym (2ND)</p> <p>1:30 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Bingo (2ND)</p> <p>4:00 Happy Hour (AB)</p> <p>4:00 Bowling Club (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>
<p>10:45 Hand Massage (2ND) 11</p> <p>11:00 Sit & Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>2:45 Hymn Singing (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Artful Enrichment- Creative Watercolors (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>Eye Clinic (LL) 12</p> <p>10:00 Individual Visits (SUI)</p> <p>11:00 Sit & Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>12:00 Pet Therapy (2ND)</p> <p>1:30 Guided Meditation (2ND)</p> <p>1:30 Falls Prevention (2ND)</p> <p>2:00 Group Exercise (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>2:30 Word Games (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Bingo (2ND)</p> <p>4:00 Games and Trivia (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Story Telling (2ND) 13</p> <p>10:30 Hand Massage (2ND)</p> <p>11:00 Seated Ballet (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>1:30 Go4Life Walking Club Outside (LL)</p> <p>2:00 Falls Prevention (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Sing A Long with Suzy Q (2ND)</p> <p>4:00 Fit Minds (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) 14</p> <p>10:30 Hand Massage (2ND)</p> <p>11:00 Sit & Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>12:00 Pet Therapy (2ND)</p> <p>1:30 Go For Life Walking Club (2ND)</p> <p>1:30 Falls Prevention (2ND)</p> <p>2:00 Java Music Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Artful Enrichment - Mindful Colouring (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) 15</p> <p>10:30 Brain Gym (2ND)</p> <p>10:45 Hand Massage (2ND)</p> <p>11:00 Seated Ballet (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>11:30 Men's Health Awareness Bake Sale (MAI)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:00 Falls Pervation (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Fit Minds (2ND)</p> <p>4:00 Bingo (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>7:00 Bridge with David (BR)</p>	<p>10:00 Individual Visits (SUI) 16</p> <p>11:00 Sit & Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>1:30 Digital Memory Games (2ND)</p> <p>1:30 Falls Prevention (2ND)</p> <p>2:00 Sing Along with Suzy Q (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>2:30 June Birthday Party with Patricia Duffy (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Artful Enrichment- Mindful Coloring (2ND)</p> <p>4:00 Drum Fit (2ND)</p> <p>4:30 Documentary- Our Universe (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:45 Hand Massage (2ND) 17</p> <p>11:00 Sit & Stretch (2ND)</p> <p>11:30 Brain Gym (2ND)</p> <p>1:30 Go4Life Walking Club (2ND)</p> <p>2:00 Resident Movie Selection Meeting (MT)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Bingo (2ND)</p> <p>4:00 Happy Hour (AB)</p> <p>4:00 Bowling Club (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fathers Day 18 10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 3:00 Fathers Day Celebration with Debi Sander Walker (LL) 4:00 Artful Enrichment- Creative Watercolors (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	The Dental Clinic (SU) 19 10:00 Individual Visits (SUI) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 1:30 Guided Meditation (2ND) 1:30 Falls Prevention (2ND) 2:00 Group Exercise (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Word Games (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	Vendor Shop (LL) 20 10:00 Story Telling (2ND) 10:30 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:30 Pass the Ball Game (2ND) 1:30 Go4Life Walking Club Outside (LL) 2:00 Falls Prevention (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Sing A Long with Suzy Q (2ND) 4:00 Fit Minds (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	Canada's National Indigenous Peoples Day 21 10:00 Individual Visits (2ND) 10:30 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 1:30 Go For Life Walking Club (2ND) 1:30 Falls Prevention (2ND) 2:00 Java Music Club (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:00 Communion Service (STG) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	Vendor Shop (LL) 22 Hearing Clinic (LL) 10:00 Individual Visits (2ND) 10:30 Brain Gym (2ND) 10:45 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 Falls Prevention (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)	10:00 Individual Visits (SUI) 23 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:30 Digital Memory Games (2ND) 1:30 Falls Prevention (2ND) 1:30 Life Enrichment Meeting (MT) 2:00 Sing Along with Suzy Q (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:00 Hight Tea with Jordan Klapman (LL) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Drum Fit (2ND) 4:30 Documentary- Our Universe (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:45 Hand Massage (2ND) 24 11:00 Sit & Stretch (2ND) 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)
10:45 Hand Massage (2ND) 25 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Watercolors (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:00 Individual Visits (SUI) 26 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 1:30 Guided Meditation (2ND) 1:30 Falls Prevention (2ND) 2:00 Group Exercise (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Word Games (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:00 Story Telling (2ND) 27 10:30 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:30 Pass the Ball Game (2ND) 1:30 Go4Life Walking Club Outside (LL) 2:00 Falls Prevention (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Sing A Long with Suzy Q (2ND) 4:00 Fit Minds (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	Annual Hazelton BBQ Party (P) 28 10:00 Individual Visits (2ND) 10:30 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 1:30 Go For Life Walking Club (2ND) 2:00 Java Music Club (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:00 Individual Visits (2ND) 29 10:30 Brain Gym (2ND) 10:45 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:00 Residents' General Meeting (MT) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 Falls Prevention (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)	10:00 Individual Visits (SUI) 30 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:30 Digital Memory Games (2ND) 1:30 Falls Prevention (2ND) 2:00 Sing Along with Suzy Q (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Drum Fit (2ND) 4:30 Documentary- Our Universe (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	

Novo Health Exercise Classes

Every Monday, Wednesday & Friday:

- 9:30am– Flexibility Class
- 10:15am– Strength Class
- 11:00am– Balance Class
- 11:45am– Falls Prevention #1
- 1:00pm– Falls Prevention #2

Every Tuesday & Thursday:

- 1:30pm– Falls Prevention



Canada's National
Indigenous People's Day

Locations Legend

- 2nd Floor (2ND)
- Lower Lobby (LL)
- Suites (SUI)
- Bedford Bridge Lounge (BR)
- Annex Bar (AB)

- Movie Theatre (MT)
- St. George Lounge (STG)
- Main Lobby (MAI)
- Sign-up (SU)
- Patio (P)

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local
- Signature Program