




INSPIRED SENIOR LIVING

July 2023 Assisted Living Calendar Hazelton Place



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>SATURDAY JUL 1 Canada Day</p>	 <p>National Culinary Arts Month</p>					<p>10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Bowling Club (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>
<p>10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Watercolors (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (SUI) 10:30 Guided Meditation (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Story Telling (2ND) 10:30 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:30 Pass the Ball Game (2ND) 1:30 Go4Life Walking Club Outside (LL) 2:00 Falls Prevention (2ND) 2:00 Living Loving Local Presentation: Cherry (MT) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:00 Arts and Crafts: Cherry (AS) 3:30 Sing A Long with Suzy Q (2ND) 4:00 Fit Minds (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) 10:30 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 12:00 Ramsden Park Picnic (SU) 1:30 Falls Prevention (2ND) 1:30 Go For Life Walking Club (2ND) 2:00 Java Music Club (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) 10:30 Brain Gym (2ND) 10:45 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 Falls Prevention (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)</p>	<p>10:00 Individual Visits (SUI) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:30 Falls Prevention (2ND) 2:00 Sing Along with Suzy Q (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Drum Fit (2ND) 4:30 Documentary- Our Universe (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Bowling Club (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>
<p>10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Watercolors (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (SUI) 10:30 Guided Meditation (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 1:30 Falls Prevention (2ND) 2:00 Group Exercise (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Word Games (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Story Telling (2ND) 10:30 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:30 Pass the Ball Game (2ND) 1:30 Go4Life Walking Club Outside (LL) 2:00 Falls Prevention (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Sing A Long with Suzy Q (2ND) 4:00 Fit Minds (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) 10:30 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 1:30 Falls Prevention (2ND) 1:30 Go For Life Walking Club (2ND) 2:00 Java Music Club (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) 10:30 Brain Gym (2ND) 10:45 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 Falls Prevention (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)</p>	<p>World's Chocolate Day 10:00 Individual Visits (SUI) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 11:30 Managers' Charity Bake Sale (MAI) 1:30 Falls Prevention (2ND) 2:00 Sing Along with Suzy Q (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Drum Fit (2ND) 4:00 Disco (MR) 4:30 Documentary- Our Universe (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Bowling Club (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p>10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Watercolors (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>17</p> <p>10:00 Individual Visits (SUI) 10:30 Guided Meditation (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 1:30 Falls Prevention (2ND) 2:00 Group Exercise (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Word Games (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>18</p> <p>10:00 Story Telling (2ND) 10:30 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:00 Life Enrichment Meeting (MT) 11:30 Pass the Ball Game (2ND) 1:30 Go4Life Walking Club Outside (LL) 2:00 Falls Prevention (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Sing A Long with Suzy Q (2ND) 4:00 Fit Minds (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>19</p> <p>10:00 Individual Visits (2ND) 10:30 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:00 Residents' General Meeting (MT) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 1:30 Falls Prevention (2ND) 1:30 Go For Life Walking Club (2ND) 2:00 Java Music Club (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:00 Communion Service (STG) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>20</p> <p>10:00 Individual Visits (2ND) 10:30 Brain Gym (2ND) 10:45 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 Falls Pervention (2ND) 2:00 Noah Kosta Concert (LL) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)</p>	<p>21</p> <p>Clothes Vendor Shop (LL) 10:00 Individual Visits (SUI) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:30 Falls Prevention (2ND) 2:00 Sing Along with Suzy Q (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Drum Fit (2ND) 4:30 Documentary- Our Universe (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>22</p> <p>10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Bowling Club (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>
<p>23</p> <p>10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Watercolors (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>24</p> <p>10:00 Individual Visits (SUI) 10:30 Guided Meditation (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 1:30 Falls Prevention (2ND) 2:00 Group Exercise (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Word Games (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>25</p> <p>10:00 Story Telling (2ND) 10:30 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:30 Pass the Ball Game (2ND) 1:30 Go4Life Walking Club Outside (LL) 2:00 Falls Prevention (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:00 Classical Music Piano Concert (LL) 3:30 Sing A Long with Suzy Q (2ND) 4:00 Fit Minds (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>26</p> <p>10:00 Individual Visits (2ND) 10:30 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 1:30 Falls Prevention (2ND) 1:30 Go For Life Walking Club (2ND) 2:00 Java Music Club (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>27</p> <p>Vendor Shop (LL) 10:00 Individual Visits (2ND) 10:30 Brain Gym (2ND) 10:45 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 Falls Pervention (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)</p>	<p>28</p> <p>10:00 Individual Visits (SUI) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:30 Falls Prevention (2ND) 2:00 Sing Along with Suzy Q (2ND) 2:15 July Birthday Party with Patricia Duffy (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Drum Fit (2ND) 4:30 Documentary- Our Universe (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>29</p> <p>10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Bowling Club (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>
<p>30</p> <p>10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Watercolors (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>31</p> <p>The Dental Clinic (SU) 10:00 Individual Visits (SUI) 10:30 Guided Meditation (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 1:30 Falls Prevention (2ND) 2:00 Group Exercise (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Word Games (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>Novo Health Exercise Classes</p> <p>Every Monday, Wednesday & Friday: 9:30am– Flexibility Class 10:15am– Strength Class 11:00am– Balance Class 11:45am– Falls Prevention #1 1:00pm– Falls Prevention #2</p> <p>Every Tuesday & Thursday: 1:30pm– Falls Prevention</p>		<p>Locations Legend</p> <p>2nd Floor (2ND) Suites (SUI) Lower Lobby (LL) Annex Bar (AB) Bedford Bridge Lounge (BR) Movie Theatre (MT)</p> <p>Sign-up (SU) 111 Art Studio (AS) Main Lobby (MAI) Meeting Room (MR) St. George Lounge (STG)</p>		<p>Calendar Legend</p> <p>Outing Special Program Living, Loving, Local Signature Program</p>