

July 2023

Independent Living Calendar Hazelton Place



7:00 Movie Night-The Cider

House Rules (1999) (MT)



		Н	lazelton Plac	ce marked service with the control of the control o		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SATURDAY JUL 1	nada Day	National Arts N				10:00 Sit & Stretch (MR) 10:45 Spiritual Guided Meditation (MT) 2:00 Interactive Trivia Game (MT) 2:30 Movie Matinee- Erin Brockovich (2000) (MT) 3:00 Brain Games and Charades (MR) 3:00 Canada Day Concert with Patricia Duffy (LL) 4:00 Happy Hour (AB) 5:00 Ted Talks- Older People Are Happier (MT) 7:00 Movie Night- Erin Brockovich (2000) (MT)
10:00 Sit & Stretch (MR) 10:45 Spiritual Guided Meditation (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- Women Talking (2022) (MT) 3:00 Tea Time (LL) 3:30 Bowling Club (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- Women Talking (2022) (MT)	10:00 Individual Visits (SUI) 10:00 Sit & Stretch (MR) 10:30 Balance Class (MR) 11:00 Spiritual Guided Meditation (MT) 2:00 Poetry Club (AS) 2:30 Movie Matinee- Primal Fear (1996) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row (MR) 4:00 Word Games (MR) 5:00 Memory Game (MT) 7:00 Movie Night- Primal Fear (1996) (MT)	10:00 Energizing Exercises (MR) 10:30 Energizing Exercises #2 (MR) 11:00 Balance Class (MR) 11:00 Spiritual Guided Meditation (MT) 1:30 Go4Life Walking Club Outside (LL) 1:30 Falls Prevention (MR) 1:30 Documentary - The Fit Generation (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:00 Living Loving Local Presentation: Cherry (MT) 2:30 Fit Minds- Interact (MR) 2:30 Movie Matinee- Jersey Boys (2014) (MT) 3:00 Tea Time (LL) 3:00 Arts and Crafts: Cherry (AS) 4:00 Current Events Discussion Group (MR) 5:00 Digital Education & Literacy (LIB) 7:00 Movie Night- Jersey Boys (2014) (MT)	9:30 Novo Health Exercises (MR) 10:00 Go4Life Walking Club (Out) 10:30 Hand Therapy (AS) 11:00 Go For Life Walking Club (SU) 11:00 Residents' General Meeting (MT) 12:00 Ramsden Park Picnic (SU) 1:00 Falls Prevention (MR) 1:30 Java Music Club - Sing Along (MT) 2:00 Memory Game (MT) 2:00 Arts & Crafts- Collage Making (AS) 2:30 Movie Matinee- The Dream Seller (2016) (MT) 3:00 Tea Time (LL) 3:30 Mini Golf Club (MR) 4:00 Go4Life Walking Club Outdoors (Out) 4:00 Residents Directed Billiards Club (GAM) 4:30 Digital Entertainment (MT) 6:00 Karaoke Night with Harlan (MT) 7:00 Movie Night-The Dream Seller (2016) (MT)	10:00 Yoga with Karusia (MR) 10:30 Morning Sing Along (MT) 11:00 Spiritual Guided Meditation (MT) 12:30 Documentary- The Big Secret (MT) 1:30 Falls Prevention (MR) 2:00 Drum Fit (MT) 2:00 MOMA Artist Presentation: Vic Muniz (MT) 2:30 Movie Matinee- The King Of Comedy (1982) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Riddles (MR) 4:00 Bowling Club (MR) 5:00 Ted Talks (MT) 7:00 Bridge with David (BR) 7:00 Go For Life Walking Club Winners Outing (SU) 7:00 Movie Night- The King Of Comedy (1982) (MT)	9:30 Novo Health Exercises (MR) 10:00 Individual Visits (SUI) 10:30 Go4Life Walking Club (Out) 11:00 Spiritual Guided Meditation (MT) 1:00 Falls Prevention (MR) 1:30 How Technology Works: Q&A Session with Andrei (MT) 2:00 Art with Lynn (AS) 2:30 Fit Minds (MR) 2:30 Movie Matinee-The Great Debaters (2007) (MT) 3:00 Tea Time (LL) 3:30 Challenge Trivia (MR) 4:00 Morals and Ethics Discussion Club (MR) 6:30 Sing Along Karaoke (AB) 7:00 Movie Night-The Great Debaters (2007) (MT)	10:00 Sit & Stretch (MR) 10:45 Spiritual Guided Meditation (MT) 2:00 Interactive Trivia Game (MT) 2:30 Movie Matinee- The Intern (2015) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 5:00 Ted Talks (MT) 7:00 Movie Night- The Intern (2015) (MT)
10:00 Sit & Stretch (MR) 10:45 Spiritual Guided Meditation (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- Freedom Writers (2007) (MT) 3:00 Tea Time (LL) 3:30 Bowling Club (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- Freedom Writers (2007) (MT)	9:30 Novo Health Exercises (MR) 10:00 Individual Visits (SUI) 10:00 Go4Life Walking Club (Out) 11:00 Spiritual Guided Meditation (MT) 1:00 Falls Prevention (MR) 2:00 Poetry Club (AS) 2:30 Movie Matinee- Apollo 13 (1995) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row (MR) 4:00 Word Games (MR) 5:00 Memory Game (MT) 6:00 Spiritual Talks Discussion (MT) 7:00 Movie Night- Apollo 13 (1995)	10:00 Energizing Exercises (MR) 10:30 Energizing Exercises #2 (MR) 11:00 Balance Class (MR) 11:00 Spiritual Guided Meditation (MT) 1:30 Go4Life Walking Club Outside (LL) 1:30 Falls Prevention (MR) 1:30 Documentary - Older Than Ireland (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Fit Minds- Interact (MR) 2:30 Movie Matinee- The Debt (2010) (MT) 3:00 Tea Time (LL) 4:00 Current Events Discussion Group (MR)	9:30 Novo Health Exercises (MR) 10:00 Go4Life Walking Club (Out) 10:30 Hand Therapy (AS) 11:00 Go For Life Walking Club (SU) 11:00 Storytelling (MT) 1:00 Falls Prevention (MR) 1:00 Art Gallery of Ontario Outing (SU) 1:30 Java Music Club - Sing Along (MT) 2:00 Memory Game (MT) 2:00 Arts & Crafts- Collage Making (AS) 2:30 Movie Matinee- She Wore A Yellow Ribbon (1949) (MT) 3:00 Tea Time (LL) 3:30 Mini Golf Club (MR) 4:00 Go4Life Walking Club Outdoors	10:00 Yoga with Karusia (MR) 10:30 Morning Sing Along (MT) 11:00 Spiritual Guided Meditation (MT) 12:30 Documentary- The Amazing Bond Between Old Dogs And Humans (MT) 1:30 Falls Prevention (MR) 2:00 Drum Fit (MT) 2:00 MOMA - Art Session (Vic Muniz) (AS) 2:30 Movie Matinee- 20th Century Women (2016) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Riddles (MR)	World's Chocolate Day 9:30 Novo Health Exercises (MR) 10:00 Individual Visits (SUI) 10:30 Go4Life Walking Club (Out) 11:00 Spiritual Guided Meditation (MT) 11:30 Managers' Charity Bake Sale (MAI) 1:00 Falls Prevention (MR) 1:30 How Technology Works: Q&A Session with Andrei (MT) 2:00 Artful Enrichment- Acrylics on canvas Session (AS) 2:00 History of Chocolate	10:00 Sit & Stretch (MR) 10:45 Spiritual Guided Meditation (MT) 2:00 Residents' Movie Selection Meeting (MT) 2:30 Movie Matinee- The Cider House Rules (1999) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 5:00 Ted Talks (MT) 7:00 Movie Night- The Cider

4:00 Go4Life Walking Club Outdoors

4:00 Residents Directed Billiards Club

6:00 Karaoke Night with Harlan (MT)

7:00 Movie Night-She Wore A Yellow

4:30 Digital Entertainment (MT)

Ribbon (1949) (MT)

(Out)

(GAM)

3:00 Brain Games and Riddles (MR)

4:00 Bowling Club (MR)

7:00 Bridge with David (BR)

7:00 Go For Life Walking Club

Winners Outing (SU)

7:00 Movie Night- 20th Century

5:00 Ted Talks (MT)

Presentation (MT)

Oz (1939) (MT)

3:30 Challenge Trivia (MR)

2:30 Movie Matinee-The Wizard Of

2:30 Fit Minds (MR)

3:00 Tea Time (LL)

4:00 Disco (MR)

Outing (SU)

5:00 Digital Education & Literacy (LIB)

6:00 Go For Life Walking Club Winners

7:00 Movie Night-The Debt (2010) (MT)

7:00 Movie Night- Apollo 13 (1995)

(MT)



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Independent Living Calendar Hazelton Place





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Sit & Stretch (MR) 10:45 Spiritual Guided Meditation (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- Argentina (1985) (MT) 3:00 Tea Time (LL) 3:30 Bowling Club (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- Argentina (1985) (MT)	9:30 Novo Health Exercises (MR) 10:00 Individual Visits (SUI) 10:00 Go4Life Walking Club (Out) 11:00 Spiritual Guided Meditation (MT) 1:00 Falls Prevention (MR) 2:00 Poetry Club (AS) 2:30 Movie Matinee- Official Secrets (2019) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row (MR) 4:00 Word Games (MR) 5:00 Memory Game (MT) 6:00 Spiritual Talks Discussion (MT) 7:00 Movie Night- Official Secrets (2019) (MT)	10:00 Energizing Exercises (MR) 10:30 Energizing Exercises #2 (MR) 11:00 Balance Class (MR) 11:00 Life Enrichment Meeting (MT) 1:30 Go4Life Walking Club Outside (LL) 1:30 Falls Prevention (MR) 1:30 Documentary - HERD - A Spiritual Journey (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Fit Minds- Interact (MR) 2:30 Movie Matinee- Something's Gotta Give (2003) (MT) 3:00 Tea Time (LL) 4:00 Current Events Discussion Group (MR) 5:00 Digital Education & Literacy (LIB) 7:00 Movie Night- Something's Gotta Give (2003) (MT)	9:30 Novo Health Exercises (MR) 10:00 Go4Life Walking Club (Out) 10:30 Hand Therapy (AS) 11:00 Go For Life Walking Club (SU) 11:00 Residents' General Meeting (MT) 1:00 Falls Prevention (MR) 1:30 Java Music Club - Sing Along (MT) 2:00 Memory Game (MT) 2:00 Arts & Crafts- Collage Making (AS) 2:30 Movie Matinee- A River Runs Through It (1992) (MT) 3:00 Tea Time (LL) 3:00 Communion Service (STG) 3:30 Mini Golf Club (MR) 4:00 Go4Life Walking Club Outdoors (Out) 4:00 Residents Directed Billiards Club (GAM) 4:30 Digital Entertainment (MT) 6:00 Karaoke Night with Harlan (MT) 7:00 Movie Night- A River Runs Through It (1992) (MT)	10:00 Yoga with Karusia (MR) 10:30 Morning Sing Along (MT) 11:00 Spiritual Guided Meditation (MT) 12:30 Documentary- Shakespeare - The Greatest Playwright In History (MT) 1:30 Falls Prevention (MR) 1:30 MOMA Artist Presentation: Marie Laurencin (MT) 2:00 Noah Kosta Concert (LL) 2:30 Movie Matinee- It's A Mad, Mad, Mad World (1963) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Riddles (MR) 4:00 Bowling Club (MR) 5:00 Ted Talks (MT) 7:00 Bridge with David (BR) 7:00 Go For Life Walking Club Winners Outing (SU) 7:00 Movie Night- It's A Mad, Mad, Mad World (1963) (MT)	Clothes Vendor Shop (LL) 9:30 Novo Health Exercises (MR) 10:00 Individual Visits (SUI) 10:30 Go4Life Walking Club (Out) 11:00 Spiritual Guided Meditation (MT) 1:00 Falls Prevention (MR) 1:30 How Technology Works: Q&A Session with Andrei (MT) 2:00 Art with Lynn (AS) 2:30 Fit Minds (MR) 2:30 Movie Matinee- Flight (2012) (MT) 3:00 Tea Time (LL) 3:30 Challenge Trivia (MR) 4:00 Morals and Ethics Discussion Club (MR) 6:30 Sing Along Karaoke (AB) 7:00 Movie Night- Flight (2012) (MT)	10:00 Sit & Stretch (MR) 10:45 Spiritual Guided Meditation (MT) 2:00 Interactive Trivia Game (MT) 2:30 Movie Matinee- A Beautiful Day In The Neighborhood (2019) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 5:00 Ted Talks (MT) 7:00 Movie Night- A Beautiful Day In The Neighborhood (2019) (MT)
10:00 Sit & Stretch (MR) 10:45 Spiritual Guided Meditation (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- The Curious Case Of Benjamin Button (2008) (MT) 3:00 Tea Time (LL) 3:30 Bowling Club (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- The Curious Case Of Benjamin Button (2008) (MT)	9:30 Novo Health Exercises (MR) 10:00 Individual Visits (SUI) 10:00 Go4Life Walking Club (Out) 11:00 Spiritual Guided Meditation (MT) 1:00 Falls Prevention (MR) 2:00 Poetry Club (AS) 2:30 Movie Matinee- Rocky (1976) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row (MR) 4:00 Word Games (MR) 5:00 Memory Game (MT) 6:00 Spiritual Talks Discussion (MT) 7:00 Movie Night- Rocky (1976) (MT)	10:00 Energizing Exercises (MR) 10:30 Energizing Exercises #2 (MR) 11:00 Balance Class (MR) 11:00 Spiritual Guided Meditation (MT) 1:30 Go4Life Walking Club Outside (LL) 1:30 Falls Prevention (MR) 1:30 Documentary - TESLA: Inventor Of The Modern World (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Fit Minds- Interact (MR) 2:30 Movie Matinee- The Imitation Game (2014) (MT) 3:00 Tea Time (LL) 3:00 Classical Music Piano Concert (LL) 4:00 Current Events Discussion Group (MR) 5:00 Digital Education & Literacy (LIB)	9:30 Novo Health Exercises (MR) 10:00 Go4Life Walking Club (Out) 10:30 Hand Therapy (AS) 11:00 Go For Life Walking Club (SU) 11:00 Storytelling (MT) 1:00 Falls Prevention (MR) 1:30 Java Music Club - Sing Along (MT) 2:00 Memory Game (MT) 2:00 Arts & Crafts- Collage Making (AS) 2:00 Movie Theatre Outing: Oppenheimer (SU) 2:30 Movie Matinee- Patch Adams (1998) (MT) 3:00 Tea Time (LL) 3:30 Mini Golf Club (MR) 4:00 Go4Life Walking Club Outdoors (Out) 4:00 Residents Directed Billiards Club (GAM) 4:30 Digital Entertainment (MT) 6:00 Karaoke Night with Harlan (MT) 7:00 Movie Night- Patch Adams (1998)	Vendor Shop (LL) 10:00 Yoga with Karusia (MR) 10:30 Morning Sing Along (MT) 11:00 Spiritual Guided Meditation (MT) 12:30 Documentary- The Meat Lobby: How Meat Industry Hides The Truth (MT) 1:30 Falls Prevention (MR) 2:00 Drum Fit (MT) 2:00 MOMA - Art Session (Marie Laurencin) (AS) 3:00 Tea Time (LL) 3:00 Ideas Exchange - Book publishing (Zoe Johnston) (MT) 4:00 Bowling Club (MR) 5:00 Ted Talks (MT) 7:00 Bridge with David (BR) 7:00 Go For Life Walking Club Winners Outing (SU) 7:00 Movie Night- Worth (2020) (MT)	9:30 Novo Health Exercises (MR) 10:00 Individual Visits (SUI) 10:30 Go4Life Walking Club (Out) 11:00 Spiritual Guided Meditation (MT) 1:00 Falls Prevention (MR) 1:30 How Technology Works: Q&A Session with Andrei (MT) 2:00 Artful Enrichment- Acrylics on canvas Session (AS) 2:30 Fit Minds (MR) 2:30 Movie Matinee- State Of Play (2009) (MT) 3:00 Birthday Party with Patricia Duffy (LL) 3:30 Challenge Trivia (MR) 4:00 Morals and Ethics Discussion Club (MR) 6:30 Sing Along Karaoke (AB) 7:00 Movie Night- State Of Play (2009) (MT)	10:00 Sit & Stretch (MR) 10:45 Spiritual Guided Meditation (MT) 2:00 Interactive Trivia Game (MT) 2:30 Movie Matinee- Stage Coach (1939) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 5:00 Ted Talks (MT) 7:00 Movie Night- Stage Coach (1939) (MT)
10:00 Sit & Stretch (MR) 10:45 Spiritual Guided Meditation (MT)	The Dental Clinic (SU) 9:30 Novo Health Exercises (MR) 10:00 Individual Visits (SUI)	Novo Health Ex	ercise Classes	Locations	s Legend	Calendar Legend

2:00 Java Music Club (MT)

2:30 Movie Matinee-Beginners (2010) (MT) 3:00 Tea Time (LL)

3:30 Bowling Club (MR) 5:00 Resident Directed Pool Club

(GAM)

7:00 Movie Night-Beginners (2010) (MT)

10:00 Go4Life Walking Club (Out)

11:00 Spiritual Guided Meditation (MT)

1:00 Falls Prevention (MR)

2:00 Poetry Club (AS)

2:30 Movie Matinee- The Alamo (1960)

(MT)

3:00 Tea Time (LL)

3:15 4 In a Row (MR)

4:00 Word Games (MR)

5:00 Memory Game (MT)

6:00 Spiritual Talks Discussion (MT)

7:00 Movie Night-The Alamo (1960)

Every Tuesday & Thursday: 1:30pm - Falls Prevention

Every Monday, Wednesday & Friday:

9:30am - Flexibility Class

10:15am - Strength Class

11:00am - Balance Class

11:45am - Falls Prevention #1

1:00pm- Falls Prevention #2

Movie Theatre (MT)

Meeting Room (MR) Lower Lobby (LL) 111 Art Studio (AS) Outside (Out) Sign-up (SU) Annex Bar (AB) Games Room (GAM) Suites (SUI) Library (LIB) **Bedford Bridge** Lounge (BR) Main Lobby (MAI) St. George Lounge (STG)

Outing Special Program

Meet Me at the **MOMA**

Living, Loving, Local Signature Program