



INSPIRED SENIOR LIVING

# February 2024 Assisted Living Calendar Hazelton Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Black History Month</b></p>		 <p><b>Lunar Year Dragon</b></p>				
		<p>SATURDAY</p> <p><b>FEB 10</b></p>				
<p>10:45 Hand Massage (2ND) <b>4</b></p> <p>11:00 Sit &amp; Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>2:45 Hymn Singing (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Artful Enrichment- Creative Watercolors (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (SUI) <b>5</b></p> <p>10:30 Guided Meditation (2ND)</p> <p>11:00 Sit &amp; Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>12:00 Pet Therapy (2ND)</p> <p>1:30 Falls Prevention (2ND)</p> <p>2:30 Word Games (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Games and Trivia (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Story Telling (2ND) <b>6</b></p> <p>10:30 Hand Massage (2ND)</p> <p>11:00 Seated Ballet (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>1:30 Go4Life Walking Club Outside (LL)</p> <p>2:00 Falls Prevention (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Sing A Long with Suzy Q (2ND)</p> <p>4:00 Fit Minds (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) <b>7</b></p> <p>10:30 Hand Massage (2ND)</p> <p>11:00 Sit &amp; Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>12:00 Indulge in love and support this Heart &amp; Stroke Month - buy our delicious homemade cookies (MAI)</p> <p>1:30 Go For Life Walking Club (2ND)</p> <p>1:30 Falls Prevention (2ND)</p> <p>2:00 Java Music Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Artful Enrichment - Mindful Colouring (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) <b>8</b></p> <p>10:30 Brain Gym (2ND)</p> <p>10:45 Hand Massage (2ND)</p> <p>11:00 Seated Ballet (2ND)</p> <p>11:00 Residents Food Meeting (MT)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:00 Falls Pervation (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Fit Minds (2ND)</p> <p>4:00 Bingo (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>7:00 Bridge with David (BR)</p>	<p>10:00 Individual Visits (SUI) <b>9</b></p> <p>11:00 Sit &amp; Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>1:30 Falls Prevention (2ND)</p> <p>2:00 Sing Along with Suzy Q (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:00 CHINESE NEW YEAR with Pingxin Xu! (LL)</p> <p>3:30 Artful Enrichment- Mindful Coloring (2ND)</p> <p>4:00 Chair Zumba (2ND)</p> <p>4:30 Documentary- Our Universe (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:45 Hand Massage (2ND) <b>10</b></p> <p>11:00 Sit &amp; Stretch (2ND)</p> <p>11:30 Brain Gym (2ND)</p> <p>1:30 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Bingo (2ND)</p> <p>4:00 Bowling Club (2ND)</p> <p>4:00 Happy Hour (AB)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>
<p>10:45 Hand Massage (2ND) <b>11</b></p> <p>11:00 Sit &amp; Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>2:45 Hymn Singing (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Artful Enrichment- Creative Watercolors (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (SUI) <b>12</b></p> <p>10:30 Guided Meditation (2ND)</p> <p>11:00 Sit &amp; Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>12:00 Pet Therapy (2ND)</p> <p>1:30 Falls Prevention (2ND)</p> <p>2:30 Word Games (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Games and Trivia (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Story Telling (2ND) <b>13</b></p> <p>10:30 Hand Massage (2ND)</p> <p>10:30 Dance Class with Yvonne (MR)</p> <p>11:00 Seated Ballet (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>1:30 Go4Life Walking Club Outside (LL)</p> <p>2:00 Falls Prevention (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Sing A Long with Suzy Q (2ND)</p> <p>4:00 Fit Minds (2ND)</p> <p>4:00 MARDI GRAS Concert (LL)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) <b>14</b></p> <p>10:30 Hand Massage (2ND)</p> <p>11:00 Sit &amp; Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>1:30 Go For Life Walking Club (2ND)</p> <p>2:00 Java Music Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Artful Enrichment - Mindful Colouring (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) <b>15</b></p> <p>10:30 Brain Gym (2ND)</p> <p>10:45 Hand Massage (2ND)</p> <p>11:00 Seated Ballet (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:00 Falls Pervation (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Fit Minds (2ND)</p> <p>4:00 Bingo (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>7:00 Bridge with David (BR)</p>	<p>10:00 Individual Visits (SUI) <b>16</b></p> <p>11:00 Sit &amp; Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>1:30 Falls Prevention (2ND)</p> <p>2:00 Sing Along with Suzy Q (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Artful Enrichment- Mindful Coloring (2ND)</p> <p>4:00 Chair Zumba (2ND)</p> <p>4:30 Documentary- Our Universe (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:45 Hand Massage (2ND) <b>17</b></p> <p>11:00 Sit &amp; Stretch (2ND)</p> <p>11:30 Brain Gym (2ND)</p> <p>1:30 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Bingo (2ND)</p> <p>4:00 Bowling Club (2ND)</p> <p>4:00 Happy Hour (AB)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>





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# February 2024 Assisted Living Calendar Hazelton Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>18</b></p> <p>10:45 Hand Massage (2ND) 11:00 Sit &amp; Stretch (2ND) 11:30 Balloon Games (2ND) <b>1:00 Go4Life Walking Club (2ND)</b> 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) <b>4:00 Artful Enrichment- Creative Watercolors (2ND)</b> 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p><b>19</b></p> <p>9:00 Dental Cleaning Clinics (Sign up at Reception) (LL) 10:00 Individual Visits (SUI) 10:30 Guided Meditation (2ND) 11:00 Sit &amp; Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 1:30 Falls Prevention (2ND) 2:30 Word Games (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p><b>20</b></p> <p>10:00 Story Telling (2ND) 10:30 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:30 Pass the Ball Game (2ND) <b>1:30 Go4Life Walking Club Outside (LL)</b> 2:00 Falls Prevention (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Sing A Long with Suzy Q (2ND) 4:00 Fit Minds (2ND) 4:00 Shaya Petrov Concert (STG) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p><b>21</b></p> <p>10:00 Individual Visits (2ND) 10:30 Hand Massage (2ND) 11:00 Sit &amp; Stretch (2ND) <b>11:30 Balloon Games (2ND)</b> 1:30 Go For Life Walking Club (2ND) 1:30 Falls Prevention (2ND) 2:00 Java Music Club (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:00 Communion Service (STG) <b>3:30 Artful Enrichment - Mindful Colouring (2ND)</b> 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p><b>22</b></p> <p>National Margarita Day (MT) 10:00 Individual Visits (2ND) 10:30 Brain Gym (2ND) 10:45 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:00 National Margarita Day (AB) 11:30 Pass the Ball Game (2ND) <b>1:00 Go4Life Walking Club (2ND)</b> 2:00 Falls Prevention (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) <b>5:00 Happy Hour (National Margarita Day) (AB)</b> 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)</p>	<p><b>23</b></p> <p>10:00 Individual Visits (SUI) 11:00 Sit &amp; Stretch (2ND) <b>11:30 Balloon Games (2ND)</b> 1:30 Falls Prevention (2ND) 2:00 Sing Along with Suzy Q (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 February Birthday Party Concert with Patricia Duffy (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 4:30 Documentary- Our Universe (2ND) 4:30 National Italian Dinner (DIN) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p><b>24</b></p> <p>10:45 Hand Massage (2ND) 11:00 Sit &amp; Stretch (2ND) 11:30 Brain Gym (2ND) <b>1:30 Go4Life Walking Club (2ND)</b> 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Bowling Club (2ND) <b>4:00 Happy Hour (AB)</b> 6:00 Movie Night- Residents' Choice Movie (2ND)</p>
<p><b>25</b></p> <p>10:45 Hand Massage (2ND) 11:00 Sit &amp; Stretch (2ND) 11:30 Balloon Games (2ND) <b>1:00 Go4Life Walking Club (2ND)</b> 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) <b>4:00 Artful Enrichment- Creative Watercolors (2ND)</b> 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p><b>26</b></p> <p>10:00 Individual Visits (SUI) 10:30 Guided Meditation (2ND) 11:00 Sit &amp; Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 1:30 Falls Prevention (2ND) 2:30 Word Games (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p><b>27</b></p> <p>10:00 Story Telling (2ND) 10:30 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:00 Resident General Meeting (MT) 11:30 Pass the Ball Game (2ND) <b>1:30 Go4Life Walking Club Outside (LL)</b> 2:00 Falls Prevention (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Sing A Long with Suzy Q (2ND) 4:00 Fit Minds (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p><b>28</b></p> <p>10:00 Individual Visits (2ND) 10:30 Hand Massage (2ND) 11:00 Sit &amp; Stretch (2ND) <b>11:30 Balloon Games (2ND)</b> 1:30 Go For Life Walking Club (2ND) 2:00 Java Music Club (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) <b>3:30 Artful Enrichment - Mindful Colouring (2ND)</b> 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p><b>29</b></p> <p>10:00 Individual Visits (2ND) 10:30 Brain Gym (2ND) 10:45 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:00 Book Club Discussion (Full Disclosure) (MT) 11:30 Pass the Ball Game (2ND) <b>1:00 Go4Life Walking Club (2ND)</b> 2:00 Falls Prevention (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)</p>	<p><b>MONDAY</b> <b>FEB 19</b> <b>Family Day</b></p>	



THURSDAY  
FEB  
22

National  
Margarita Day

Be your best self

### Locations Legend

- 2nd Floor (2ND)
- Suites (SUI)
- Lower Lobby (LL)
- Movie Theatre (MT)
- Annex Bar (AB)

- Bedford Bridge Lounge (BR)
- St. George Lounge (STG)
- Main Lobby (MAI)
- Meeting Room (MR)
- Dining Room (DIN)

### Calendar Legend

- Outing
- Special Program
- Living, Loving, Local
- Signature Program