



INSPIRED SENIOR LIVING

March 2024 Assisted Living Calendar Hazelton Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>FRIDAY MAR 8 International Women's Day</p>	 <p>SUNDAY MAR 17 St. Patrick's Day</p>				<p>Living Loving Local Dinner (Maple) (DIN) 1</p> <p>10:00 Individual Visits (SUI) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:30 Falls Prevention (2ND) 2:00 Sing Along with Suzy Q (2ND) 2:00 Brain Games (MT) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 4:30 Documentary- Our Universe (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>Living Loving Local Dinner (DIN) 2</p> <p>10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Bowling Club (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>
<p>10:45 Hand Massage (2ND) 3 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Watercolors (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (SUI) 4 10:30 Guided Meditation (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 1:30 Falls Prevention (2ND) 2:30 Word Games (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Story Telling (2ND) 5 10:30 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:30 Pass the Ball Game (2ND) 1:30 Go4Life Walking Club Outside (LL) 2:00 Falls Prevention (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Sing A Long with Suzy Q (2ND) 4:00 Fit Minds (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) 6 10:30 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:00 Resident Food Meeting (MT) 11:30 Balloon Games (2ND) 1:30 Go For Life Walking Club (2ND) 1:30 Falls Prevention (2ND) 2:00 Java Music Club (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) 7 10:30 Brain Gym (2ND) 10:45 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 Falls Pervation (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)</p>	<p>International woman's Day (2LL) 8</p> <p>10:00 Individual Visits (SUI) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:30 Falls Prevention (2ND) 2:00 Sing Along with Suzy Q (2ND) 2:00 Brain Games (MT) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:00 Ideas Exchange International Women's Day - by Paige Souter (MT) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 4:30 Documentary- Our Universe (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:45 Hand Massage (2ND) 9 11:00 Sit & Stretch (2ND) 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Bowling Club (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>
<p>Daylight Saving Time (Out) 10</p> <p>10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Watercolors (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Oscars Ceremony (MT)</p>	<p>10:00 Individual Visits (SUI) 11 10:30 Guided Meditation (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 1:30 Falls Prevention (2ND) 2:30 Word Games (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Story Telling (2ND) 12 10:30 Hand Massage (2ND) 10:30 Dance Class with Yvonne (MR) 11:00 Seated Ballet (2ND) 11:30 Pass the Ball Game (2ND) 1:30 Go4Life Walking Club Outside (LL) 2:00 Falls Prevention (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Sing A Long with Suzy Q (2ND) 4:00 Fit Minds (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) 13 10:30 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:30 Go For Life Walking Club (2ND) 1:30 Falls Prevention (2ND) 2:00 Java Music Club (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>National Potato Chip Day (2LL) 14</p> <p>10:00 Individual Visits (2ND) 10:30 Brain Gym (2ND) 10:45 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 Falls Pervation (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 March Birthdays Party With Patricia Duffy (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)</p>	<p>10:00 Individual Visits (SUI) 15 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:30 Falls Prevention (2ND) 2:00 Sing Along with Suzy Q (2ND) 2:00 Brain Games (MT) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 4:30 Documentary- Our Universe (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>Dental Clinic-Sign Up 16</p> <p>10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Bowling Club (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 3:00 St. Patrick's Day with Jordan Klapman (LL) 4:00 Artful Enrichment- Creative Watercolors (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>17</p>	<p>10:00 Individual Visits (SUI) 10:30 Guided Meditation (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 1:30 Falls Prevention (2ND) 2:30 Word Games (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>18</p>	<p>10:00 Story Telling (2ND) 10:30 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:30 Pass the Ball Game (2ND) 1:30 Go4Life Walking Club Outside (LL) 2:00 Falls Prevention (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Sing A Long with Suzy Q (2ND) 4:00 Fit Minds (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>19</p>	<p>10:00 Individual Visits (2ND) 10:30 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:30 Go For Life Walking Club (2ND) 1:30 Falls Prevention (2ND) 2:00 Java Music Club (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:00 Communion Service (STG) 3:00 Staff Awards 2024 (LL) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>20</p>	<p>Cruise Week Opening. (Spain) (LL) 10:00 Individual Visits (2ND) 10:30 Brain Gym (2ND) 10:45 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 Falls Pervation (2ND) 2:00 Art and Craft: Spanish Masquerade Mask Making (AS) 2:30 Travel Guide To Spain (2ND) 3:00 Tea Time (2ND) 3:00 Flamenco Dance Demonstration (LL) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)</p> <p>21</p>	<p>Cruise Week Day 2: Morocco 10:00 Individual Visits (SUI) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:30 Falls Prevention (2ND) 2:00 Sing Along with Suzy Q (2ND) 2:00 Brain Games (MT) 2:30 Morocco: A Country Of Captivating Colors And Cultures (2ND) 3:00 Tea Time (2ND) 3:00 Argan Oil Hand Massage (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>22</p>	<p>Open House: Cruise Week Day 3: Italy (LL) 10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Brain Gym (2ND) 1:00 Open House: Italian Festivities [Open to all Guests] 1-4pm (LL) 1:30 Go4Life Walking Club (2ND) 2:00 Active Aging - Drum Fit (2ND) 2:30 Wonders Of Italy (2ND) 3:00 Tea Time (2ND) 3:30 Italian Bingo (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>23</p>
<p>Cruise Week Day 4: Turkey 10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 12 Days All Around Turkey (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 3:00 Turkish Dance Performance (LL) 3:00 Artful Enrichment- Turkish Mosaic Making (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>24</p>	<p>Cruise Week Day 5: Greece 10:00 Individual Visits (SUI) 10:30 Guided Meditation (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 1:30 Falls Prevention (2ND) 2:30 Greek Islands: Santorini, Mykonos and Rhodes (2ND) 2:30 Greek Word Search (2ND) 3:00 Tea Time (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>25</p>	<p>Cruise Week Day 6: Croatia 10:00 Story Telling (2ND) 10:30 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:00 Croatian Easter Eggs Decoration (AS) 11:00 Resident General Meeting (MT) 11:30 Pass the Ball Game (2ND) 1:30 Go4Life Walking Club Outside (LL) 2:00 Falls Prevention (2ND) 2:30 Croatia Places (2ND) 3:00 Tea Time (2ND) 3:00 Paper Dollies Making (2ND) 3:30 Sing A Long with Suzy Q (2ND) 4:00 Fit Minds (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>26</p>	<p>Cruise Week Day 7: France 10:00 Individual Visits (2ND) 10:30 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:30 Go For Life Walking Club (2ND) 1:30 Falls Prevention (2ND) 1:30 Documentary about Croissants in France (MT) 2:00 Java Music Club (2ND) 2:30 18 Best Places To Visit In France (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment - Eiffel Tower Coloring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>27</p>	<p>Cruise Week Day 8: Canada Hearing Clinic (SU) 10:00 Individual Visits (2ND) 10:30 Brain Gym (2ND) 10:45 Hand Massage (2ND) 11:00 Seated Ballet (2ND) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 Falls Pervation (2ND) 2:30 A Documentary About Canada (2ND) 3:00 Tea Time (2ND) 3:30 Canadian Trivia and Word Games (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)</p> <p>28</p>	<p>10:00 Individual Visits (SUI) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:30 Falls Prevention (2ND) 2:00 Sing Along with Suzy Q (2ND) 2:00 Brain Games (MT) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:00 Good Friday Service (STG) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 4:30 Documentary- Our Universe (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>29</p>	<p>10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Bowling Club (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>30</p>
<p>10:45 Hand Massage (2ND) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Watercolors (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>31</p>				<p>Locations Legend</p> <p>2nd Floor (2ND) Movie Theatre (MT) Lower Lobby (LL) Suites (SUI) Annex Bar (AB) Bedford Bridge Lounge (BR) Dining Room (DIN)</p> <p>Lower Lobby and 2nd (2LL) St. George Lounge (STG) 111 Art Studio (AS) Outside (Out) Meeting Room (MR) Sign-up (SU)</p>		<p>Calendar Legend</p> <p>Outing Special Program Cruise Week Living, Loving, Local Signature Program</p>