



INSPIRED SENIOR LIVING

April 2024

Independent Calendar Hazelton Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Individual Visits (SUI) 10:00 Sit and Stretch (MR) 11:00 Spiritual Guided Meditation (MT) 2:00 Poetry Club With Chealsea (AS) 3:00 Tea Time (LL) 3:30 Bingo Game (2ND) 5:00 Memory Game (MT) 7:00 Movie Night- The Big Sick (2017) (MT)	2 10:00 Sit and Stretch (MR) 10:30 Strength Class (MT) 11:00 Balance Class (MR) 11:00 Spiritual Guided Meditation (MT) 11:00 Balance Class (MR) 11:30 Brain Gym (MR) 1:30 Go4Life Walking Club Outside (LL) 1:30 Documentary - Lobster War (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Attention Game (MR) 2:30 Movie Matinee- The Martian (2015) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 Current Events Discussion (MR) 6:00 Go4Life Walking Club (Out) 7:00 Movie Night- The Martian (2015) (MT)	3 10:00 Sit and Stretch (MR) 10:30 Hand Therapy (AS) 10:30 Strength Class (MT) 11:00 Seated Zumba (MT) 11:00 Balance Class (MR) 1:30 Java Music Club - Sing Along (MT) 2:00 Arts & Crafts- Collage Making (AS) 2:00 Trivia Competition (MT) 2:30 Movie Matinee- Get Low (2009) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row Game (MR) 4:00 Residents Directed Billiards Club (GAM) 4:30 Trivia Game (MT) 5:00 Go4Life Walking Club Outdoors (Out) 6:00 Karaoke Night (MT) 7:00 Movie Night- Get Low (2009) (MT)	4 10:00 Yoga with Karusia (MR) 10:30 Morning Sing Along (MT) 11:00 Spiritual Guided Meditation (MT) 12:30 Documentary- Hawking (MT) 2:00 Drum Fit (MT) 2:00 Meet me at the MoMA Artist Presentation: Famous artist Africa. (MT) 2:00 Artful Enrichment (AS) 2:30 Movie Matinee- High Society (1956) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Riddles (MR) 5:00 Jenga (MR) 7:00 Go For Life Walking Club Winners Outing (SU) 7:00 Bridge with David (BR) 7:00 Movie Night- High Society (1956) (MT)	5 10:00 Individual Visits (SUI) 10:00 Sit and Stretch (MR) 10:30 Go4Life Walking Club (Out) 10:30 Strength Class (MT) 11:00 Spiritual Guided Meditation (MT) 11:00 Balance Class (MR) 2:00 Brain Games (MT) 2:00 Artful Enrichment- Acrylics With Lynn (AS) 2:30 Challenge Trivia (MR) 2:30 Movie Matinee- Captain Phillips (2013) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds: Stay Sharp (MR) 4:00 Hazelton's Dance Club((Abba Night)) (MR) 5:00 Bingo Game (AS) 7:00 Movie Night- Captain Phillips (2013) (MT)	6 10:00 Sit & Stretch (MR) 10:45 Spiritual Guided Meditation (MT) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- Hope Springs (2012) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 5:00 Ted Talks (MT) 7:00 Movie Night- Hope Sprinas (2012) (MT)
7 10:00 Sit & Stretch (MR) 10:45 Spiritual Guided Meditation (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- We Are Marshall (2006) (MT) 3:00 Tea Time (LL) 3:15 Bowling Club (MR) 4:00 Happy Hour National Beer Day Special (AB) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- We Are Marshall (2006) (MT)	8 10:00 Individual Visits (SUI) 10:00 Sit and Stretch (MR) 10:30 Strength Class (MT) 11:00 Spiritual Guided Meditation (MT) 11:00 Balance Class (MR) 2:00 Poetry Club (AS) 2:30 Movie Matinee- The Natural (1984) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row Competition (MR) 3:30 Bingo Game (2ND) 4:00 Word Games (MR) 5:00 Memory Game (MT) 6:00 Karaoke Night (MT) 7:00 Movie Night- The Natural (1984) (MT)	9 10:00 Sit and Stretch (MR) 10:30 Dance Class with Yvonne (MR) 11:00 Spiritual Guided Meditation (MT) 11:30 Brain Gym (MR) 11:30 Balance Class (MR) 1:30 Go4Life Walking Club Outside (LL) 1:30 Documentary - Expedition Antarctica (MT) 2:00 Living Loving Local: Arts & Crafts : Maple (AS) 2:30 Attention Game (MR) 2:30 Movie Matinee- Paterson (2016) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 Current Events Discussion (MR) 4:00 April 9th: National Gin and Tonic Day. (AB) 6:00 Go4Life Walking Club (Out) 7:00 Movie Night- Paterson (2016) (MT)	10 10:00 Sit and Stretch (MR) 10:30 Hand Therapy (AS) 10:30 Strength Class (MT) 11:00 Seated Zumba (MT) 11:00 Food Meeting (MT) 11:00 French Language Learning sessions by Rose (AS) 11:00 Balance Class (MR) 1:00 Dufferin Mall Outing (SU) 1:30 Java Music Club - Sing Along (MT) 2:00 Arts & Crafts- Collage Making (AS) 2:00 Trivia Competition (MT) 2:30 Movie Matinee- Cover Girl (1944) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row Game (MR) 4:00 Residents Directed Billiards Club (GAM) 4:30 Trivia Game (MT) 5:00 Go4Life Walking Club Outdoors (Out) 6:00 Karaoke Night (MT) 7:00 Movie Night- Cover Girl (1944) (MT)	11 10:00 Yoga with Karusia (MR) 10:30 Morning Sing Along (MT) 11:00 Spiritual Guided Meditation (MT) 12:30 Documentary- Hole Story (MT) 2:00 MOMA - Art Session (AS) 2:00 Drum Fit (MT) 2:30 Movie Matinee- Nomadland (2020) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Riddles (MR) 5:00 Jenga (MR) 7:00 Go For Life Walking Club Winners Outing (SU) 7:00 Bridge with David (BR) 7:00 Movie Night- Nomadland (2020) (MT)	12 10:00 Individual Visits (SUI) 10:00 Sit and Stretch (MR) 10:30 Go4Life Walking Club (Out) 10:30 Strength Class (MT) 11:00 Spiritual Guided Meditation (MT) 11:00 Balance Class (MR) 2:00 Artful Enrichment- Acrylics on canvas Session (AS) 2:00 Brain Games (MT) 2:30 Challenge Trivia (MR) 2:30 Movie Matinee- Tequila Sunrise (1988) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds: Stay Sharp (MR) 4:00 Morals and Ethics Discussion Club (MR) 5:00 Bingo Game (AS) 7:00 Movie Night-Tequila Sunrise (1988) (MT)	13 10:00 Sit & Stretch (MR) 10:45 Spiritual Guided Meditation (MT) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- Philadelphia (1993) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 5:00 Ted Talks (MT) 7:00 Movie Night- Philadelphia (1993) (MT)
14 10:00 Sit & Stretch (MR) 10:00 Sit and Stretch (MR) 10:45 Spiritual Guided Meditation (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- Pride And Prejudice (1940) (MT) 3:00 Tea Time (LL) 3:15 Bowling Club (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- Pride And Prejudice (1940) (MT)	15 10:00 Individual Visits (SUI) 10:00 Sit and Stretch (MR) 10:30 Strength Class (MT) 11:00 Spiritual Guided Meditation (MT) 11:00 Resident General Meeting (MT) 11:00 Balance Class (MR) 2:00 Poetry Club (AS) 2:30 Movie Matinee- Maggie's Plan (2015) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row Competition (MR) 3:30 Bingo Game (2ND) 4:00 Word Games (MR) 5:00 Memory Game (MT) 6:00 Karaoke Night (MT) 7:00 Movie Night- Maggie's Plan (2015) (MT)	16 10:00 Sit and Stretch (MR) 10:30 Strength Class (MT) 11:00 Balance Class (MR) 11:00 Spiritual Guided Meditation (MT) 11:00 Balance Class (MR) 11:30 Brain Gym (MR) 1:30 Go4Life Walking Club Outside (LL) 1:30 Documentary - Italy's Mystery Mountain (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Attention Game (MR) 2:30 Movie Matinee- News Of The World (2020) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 Current Events Discussion (MR) 6:00 Go4Life Walking Club (Out) 7:00 Movie Night- News Of The World (2020) (MT)	17 12:00 Cancer Awareness Bake Sale (MAI) 10:00 Sit and Stretch (MR) 10:30 Hand Therapy (AS) 10:30 Strength Class (MT) 11:00 Seated Zumba (MT) 11:00 French Language Learning sessions by Rose (AS) 11:00 Balance Class (MR) 12:00 Bata Shoe Museum outing (Sign Up) (SU) 1:30 Java Music Club - Sing Along (MT) 2:00 Arts & Crafts- Collage Making (AS) 2:00 Trivia Competition (MT) 2:30 Movie Matinee- Terms Of Endearment (1983) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row Game (MR) 4:00 Residents Directed Billiards Club (GAM) 4:30 Trivia Game (MT) 5:00 Go4Life Walking Club Outdoors (Out) 6:00 Karaoke Night (MT) 7:00 Movie Night- Terms Of Endearment (1983) (MT)	18 10:00 Yoga with Karusia (MR) 10:30 Morning Sing Along (MT) 11:00 Spiritual Guided Meditation (MT) 12:30 Documentary- Amazing Grace (MT) 2:00 Drum Fit (MT) 2:00 Meet me at the MoMA Artist Presentation: Rembrandt Van Rijn (MT) 2:30 Movie Matinee- 50/50 (2011) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Riddles (MR) 4:00 frank Sinatra (LL) 5:00 Jenga (MR) 7:00 Go For Life Walking Club Winners Outing (SU) 7:00 Bridge with David (BR) 7:00 Movie Night- 50/50 (2011) (MT)	19 10:00 Individual Visits (SUI) 10:00 Sit and Stretch (MR) 10:30 Go4Life Walking Club (Out) 10:30 Strength Class (MT) 11:00 Spiritual Guided Meditation (MT) 11:00 Balance Class (MR) 2:00 Artful Enrichment- Acrylics on canvas Session (AS) 2:00 Brain Games (MT) 2:30 Challenge Trivia (MR) 2:30 Movie Matinee- Honeyland (2023) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds: Stay Sharp (MR) 4:00 Hazelton's Dance Club-Slow Waltz Night (MR) 5:00 Bingo Game (AS) 7:00 Movie Night- Honeyland (2023) (MT)	20 10:00 Sit & Stretch (MR) 10:45 Spiritual Guided Meditation (MT) 11:00 Residents' Life Enrichment Meeting (MT) 1:30 Life Enrichment Meeting (MT) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- Waterloo Bridge (1940) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 5:00 Ted Talks (MT) 7:00 Movie Night- Waterloo Bridge (1940) (MT)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 10:00 Sit & Stretch (MR) 10:45 Spiritual Guided Meditation (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- The Boys In The Boat (2023) (MT) 3:00 Tea Time (LL) 3:00 Classical Piano Concert with Benjamin (LL) 3:15 Bowling Club (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- The Boys In The Boat (2023) (MT)	22 Passover (STG) 10:00 Individual Visits (SUI) 10:00 Sit and Stretch (MR) 10:30 Strength Class (MT) 11:00 Spiritual Guided Meditation (MT) 11:00 Balance Class (MR) 2:00 Poetry Club (AS) 2:30 Movie Matinee- Okja (2017) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row Competition (MR) 3:30 Bingo Game (2ND) 4:00 Word Games (MR) 4:00 Passover Service (STG) 5:00 Memory Game (MT) 6:00 Karaoke Night (MT) 7:00 Movie Night- Okja (2017) (MT)	23 10:00 Sit and Stretch (MR) 10:30 Strength Class (MT) 11:00 Spiritual Guided Meditation (MT) 11:00 Parkinson's awareness baking sale (MAI) 11:00 Balance Class (MR) 11:30 Brain Gym (MR) 1:30 Go4Life Walking Club Outside (LL) 1:30 Documentary - Aliens And Atlantis (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Attention Game (MR) 2:30 Movie Matinee- Shadow Of A Doubt (1943) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 Current Events Discussion (MR) 4:00 Passover Service 2nd Night (STG) 6:00 Go4Life Walking Club (Out) 7:00 Movie Night- Shadow Of A Doubt (1943) (MT)	24 10:00 Sit and Stretch (MR) 10:30 Hand Therapy (AS) 10:30 Strength Class (MT) 11:00 Seated Zumba (MT) 11:00 French Language Learning sessions by Rose (AS) 11:00 Balance Class (MR) 1:00 Outing to the Movie Theatre (MT) 1:30 Java Music Club - Sing Along (MT) 2:00 Arts & Crafts- Collage Making (AS) 2:00 Trivia Competition (MT) 2:30 Movie Matinee- Lorenzo's Oil (1993) (MT) 3:00 Tea Time (LL) 3:00 Communion Service with Rev Paige (STG) 3:15 4 In a Row Game (MR) 4:00 Residents Directed Billiards Club (GAM) 4:30 Trivia Game (MT) 5:00 Go4Life Walking Club Outdoors (Out) 6:00 Karaoke Night (MT) 7:00 Movie Night- Lorenzo's Oil (1993) (MT)	25 10:00 Yoga with Karusia (MR) 10:30 Morning Sing Along (MT) 11:00 Spiritual Guided Meditation (MT) 12:30 Documentary- Farmland (MT) 1:00 LKA Cooking Class Outing (Out) 2:00 MOMA - Art Session (AS) 2:00 Drum Fit (MT) 2:30 Movie Matinee- Cabin In The Sky (1943) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Riddles (MR) 5:00 Jenga (MR) 7:00 Go For Life Walking Club Winners Outing (SU) 7:00 Bridge with David (BR) 7:00 Movie Night- Cabin In The Sky (1943) (MT)	26 10:00 Individual Visits (SUI) 10:00 Sit and Stretch (MR) 10:30 Go4Life Walking Club (Out) 10:30 Strength Class (MT) 11:00 Spiritual Guided Meditation (MT) 11:00 Balance Class (MR) 2:00 Brain Games (MT) 2:00 Artful Enrichment- Acrylics With Lynn (AS) 2:30 Challenge Trivia (MR) 2:30 Movie Matinee- The Meddler (2015) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds: Stay Sharp (MR) 3:15 April Birthday Party with Patricia Duffy (LL) 4:00 Morals and Ethics Discussion Club (MR) 5:00 Bingo Game (AS) 7:00 Movie Night- The Meddler (2015) (MT)	27 10:00 Sit & Stretch (MR) 10:45 Spiritual Guided Meditation (MT) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- Saturday Night Fever (1977) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 5:00 Ted Talks (MT) 7:00 Movie Night- Saturday Night Fever (1977) (MT)
28 10:00 Sit & Stretch (MR) 10:45 Spiritual Guided Meditation (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- The Hours (2002) (MT) 3:00 Tea Time (LL) 3:15 Bowling Club (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- The Hours (2002) (MT)	29 10:00 Individual Visits (SUI) 10:00 Sit and Stretch (MR) 10:30 Strength Class (MT) 11:00 Spiritual Guided Meditation (MT) 11:00 Book Club Discussion : The Mistress Of Nothing by Kate Pullinger (MT) 11:00 Balance Class (MR) 2:00 Poetry Club (AS) 2:00 Living Loving Local Table Presentation (MT) 2:00 Living, Loving, Local Presentation-Lamb (MT) 2:30 Movie Matinee- Julie and Julia (2009) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row Competition (MR) 3:30 Bingo Game (2ND) 4:00 Word Games (MR) 5:00 Memory Game (MT) 6:00 Karaoke Night (MT) 7:00 Movie Night- Julie and Julia (2009) (MT)	30 10:00 Sit and Stretch (MR) 10:30 Strength Class (MT) 11:00 Spiritual Guided Meditation (MT) 11:00 Balance Class (MR) 11:30 Brain Gym (MR) 1:30 Go4Life Walking Club Outside (LL) 1:30 Documentary - The Earthing Movie (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Attention Game (MR) 2:30 Movie Matinee- Cold Mountain (2003) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 Current Events Discussion (MR) 6:00 Go4Life Walking Club (Out) 7:00 Movie Night- Cold Mountain (2003) (MT)	 Parkinson's Awareness Month		 Tea Day	

MONDAY
APR 29
Dance Day

Be Proud

Locations Legend

- Movie Theatre (MT)
- Meeting Room (MR)
- Lower Lobby (LL)
- 111 Art Studio (AS)
- Outside (Out)
- Suites (SUI)
- Games Room (GAM)
- Sign-up (SU)
- Annex Bar (AB)
- 2nd Floor (2ND)
- Bedford Bridge Lounge (BR)
- St. George Lounge (STG)
- Main Lobby (MAI)

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local
- Signature Program