



INSPIRED  
SENIOR LIVING

# September 2025

## Hazelton Place Retirement Residence



INSPIRED SENIOR LIVING WITH 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div>10:00 Sit and Stretch with the LE Team. (MR)</div> <div>11:30 Spiritual Guided Meditation (MT)</div> <div>2:00 Poetry Club (AS)</div> <div>2:30 Movie Matinee- Annie Hall (1977) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:15 4 In a Row Competition (MR)</div> <div>5:00 Go4Life Walking Club (MEE)</div> <div>7:00 Movie Night- Annie Hall (1977) (MT)</div>	<div>9:30 Flexibility calss with Kaushal. (MR)</div> <div>10:15 Strength and Balance Class with Kaushal. (MR)</div> <div>10:30 Dance Class (MR)</div> <div>11:00 Balance and Falls prevention with Kaushal. (MR)</div> <div>11:30 Guided Meditation with Abtin. (MT)</div> <div>1:30 What is the secret of a good life? Lessons from the longest study on happiness (MT)</div> <div>2:00 Artful Enrichment- Watercolors (AS)</div> <div>2:30 Movie Matinee- Miss Sloane (2016) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:00 Fit Minds- Interact (MR)</div> <div>4:00 Current Events Discussion (MR)</div> <div>5:00 Go4Life Walking Club (MEE)</div> <div>7:00 Gardening Club with Margaret (P)</div> <div>7:00 Movie Night- Miss Sloane (2016) (MT)</div> <div>7:00 Artful Enrichment with Daniel. (AS)</div>	<div>9:30 Flexibility Class with Kaushal. (MR)</div> <div>10:15 Strength Class with Kaushal. (MR)</div> <div>11:00 Yorkdale Mall Outing (MEE)</div> <div>11:00 Residents Food Meeting (MT)</div> <div>11:30 Morning Sing Along (MT)</div> <div>1:30 Java Music Club - Sing Along (MT)</div> <div>2:00 Drum Fit (MT)</div> <div>2:00 Artful Enrichment - Charcoal Drawing. (AS)</div> <div>2:30 Movie Matinee- Flower Drum Song (1961) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:15 UNO Card Game (MR)</div> <div>4:00 Residents Directed Billiards Club (GAM)</div> <div>4:00 Group Card Games [Crazy Eights, Bluff, etc.] (MR)</div> <div>5:00 Go4Life Walking Club Outdoors (MEE)</div> <div>7:00 Movie Night- Flower Drum Song (1961) (MT)</div> <div>7:30 Current Events Discussion with Patrick Gossage (MR)</div>	<div>10:00 Yoga with Karusia (MR)</div> <div>11:15 Guided Meditation with Abtin. (MT)</div> <div>12:30 Masterminds: Secrets of the Octopus (Full Episode)   National Geographic (MT)</div> <div>1:30 MOMA Presentation: Edward Hopper (MT)</div> <div>2:30 Movie Matinee- The Guilty (2021) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:00 BananaGrams (MR)</div> <div>4:00 Jenga (MR)</div> <div>5:00 Go4Life Walking Club (MEE)</div> <div>7:00 Bridge with David (BR)</div> <div>7:00 Movie Night- The Guilty (2021) (MT)</div> <div>7:30 Gardening Club with Margaret (P)</div>	<div>Individual Visits (SUI)</div> <div>9:30 Flexibility Class with Kaushal. (MR)</div> <div>10:15 Strength Class with Kaushal. (MR)</div> <div>11:30 Drum Fit (MT)</div> <div>11:30 Guided Meditation. (MT)</div> <div>2:00 Artful Enrichment- Acrylics on canvas Session with Lynn (AS)</div> <div>2:30 Movie Matinee- The Power Of The Dog (2021) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:00 TIFF Festival Opening Concert by Noha (LL)</div> <div>7:00 Movie Night- The Power Of The Dog (2021) (MT)</div>	<div>10:00 Sit &amp; Stretch (MR)</div> <div>10:45 Morning Sing Along (MT)</div> <div>2:00 Name That Tune Game (MT)</div> <div>2:30 Movie Matinee- Belfast (2021) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:00 Brain Games and Charades (MR)</div> <div>4:00 Happy Hour (AB)</div> <div>7:00 Movie Night- Belfast (2021) (MT)</div>
<div>Grandparents Day</div> <div>10:00 Sit &amp; Stretch (MR)</div> <div>10:30 Guided Meditation. (MT)</div> <div>2:00 Java Music Club (MT)</div> <div>2:30 Movie Matinee- Chariots Of Fire (1981) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:00 Brain Games and Charades (MR)</div> <div>4:00 Classical Piano Concert with Shaya Petroff (STG)</div> <div>5:00 Resident Directed Pool Club (GAM)</div> <div>7:00 Movie Night- Chariots Of Fire (1981) (MT)</div>	<div>10:00 Sit and Stretch with the LE Team. (MR)</div> <div>11:30 Spiritual Guided Meditation (MT)</div> <div>2:00 Poetry Club (AS)</div> <div>2:30 Movie Matinee- Places In The Heart (1984) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:15 4 In a Row Competition (MR)</div> <div>4:00 Word Games (MR)</div> <div>5:00 Go4Life Walking Club (MEE)</div> <div>7:00 Movie Night- Places in the Heart (1984) (MT)</div>	<div>9:30 Flexibility calss with Kaushal. (MR)</div> <div>10:15 Strength and Balance Class with Kaushal. (MR)</div> <div>11:00 Balance and Falls prevention with Kaushal. (MR)</div> <div>11:30 Guided Meditation with Abtin. (MT)</div> <div>1:30 Living, loving, Local: Corn (MT)</div> <div>2:00 Artful Enrichment- Watercolors (AS)</div> <div>2:30 Movie Matinee- The Forgiven (2021) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:00 Fit Minds- Interact (MR)</div> <div>4:00 Current Events Discussion (MR)</div> <div>5:00 Go4Life Walking Club (MEE)</div> <div>7:00 Gardening Club with Margaret (P)</div> <div>7:00 Movie Night- The Forgiven (2021) (MT)</div>	<div>9:30 Flexibility Class with Kaushal. (MR)</div> <div>10:15 Strength Class with Kaushal. (MR)</div> <div>11:00 Applewood Farm Apple Picking. (Out)</div> <div>11:30 Morning Sing Along (MT)</div> <div>1:30 Java Music Club - Sing Along (MT)</div> <div>2:00 Drum Fit (MT)</div> <div>2:00 Artful Enrichment - Charcoal Drawing. (AS)</div> <div>2:30 Movie Matinee- The Good House (2021) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:15 UNO Card Game (MR)</div> <div>4:00 Residents Directed Billiards Club (GAM)</div> <div>4:00 Group Card Games [Crazy Eights, Bluff, etc.] (MR)</div> <div>5:00 Go4Life Walking Club Outdoors (MEE)</div> <div>7:00 Movie Night- The Good House (2021) (MT)</div> <div>7:30 Current Events Discussion with Patrick Gossage (MR)</div>	<div>10:00 Yoga with Karusia (MR)</div> <div>11:15 Guided Meditation with Abtin. (MT)</div> <div>12:30 The Secret Lives of Hummingbirds   Narrated by David Attenborough   Nature Documentary (MT)</div> <div>2:00 MOMA - Art Session (AS)</div> <div>2:30 Movie Matinee- The Life Of Chuck (2024) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:00 BananaGrams (MR)</div> <div>4:00 Jenga (MR)</div> <div>5:00 Go4Life Walking Club (MEE)</div> <div>7:00 Bridge with David (BR)</div> <div>7:00 Movie Night- The Life Of Chuck (2024) (MT)</div> <div>7:30 Gardening Club with Margaret (P)</div>	<div>Individual Visits (SUI)</div> <div>9:30 Flexibility Class with Kaushal. (MR)</div> <div>10:15 Strength Class with Kaushal. (MR)</div> <div>11:30 Drum Fit (MT)</div> <div>11:30 Guided Meditation. (MT)</div> <div>2:00 Artful Enrichment- Acrylics on canvas Session (AS)</div> <div>2:30 Movie Matinee- Eastern Promises (2007) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:00 Fit Minds: Stay Sharp (MR)</div> <div>4:00 Charades (MR)</div> <div>5:00 Go4Life Walking Club (MEE)</div> <div>7:00 Movie Night- Eastern Promises (2007) (MT)</div> <div>7:00 Hazelton Choir Group with Ernesto (STG)</div>	<div>Hazelton Place Open House- Concert 1-3 pm (LL)</div> <div>10:00 Sit &amp; Stretch (MR)</div> <div>10:45 Morning Sing Along (MT)</div> <div>2:00 Artfull Enrichment: Buttoned-Up Maple Leaf Picture (AS)</div> <div>2:30 Movie Matinee- ROOM (2015) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:00 Brain Games and Charades (MR)</div> <div>3:00 Maple Sugar Homemade Scrub (AS)</div> <div>4:00 Happy Hour (AB)</div> <div>7:00 Movie Night- ROOM (2015) (MT)</div>
<div>10:00 Sit &amp; Stretch (MR)</div> <div>10:30 Guided Meditation. (MT)</div> <div>2:00 Java Music Club (MT)</div> <div>2:30 Movie Matinee- The Big Chill (1983) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:00 Brain Games and Charades (MR)</div> <div>5:00 Resident Directed Pool Club (GAM)</div> <div>7:00 Movie Night- The Big Chill (1983) (MT)</div>	<div>360 Eye Care Clinic Visits hazelton Place-Sign up at the Fron Desk.</div> <div>10:00 Sit and Stretch with the LE Team. (MR)</div> <div>11:30 Spiritual Guided Meditation (MT)</div> <div>2:00 Poetry Club (AS)</div> <div>2:30 Movie Matinee- McCabe and Mrs. Miller (1971) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:15 4 In a Row Competition (MR)</div> <div>4:00 Word Games (MR)</div> <div>5:00 Go4Life Walking Club (MEE)</div> <div>7:00 Movie Night- McCabe and Mrs. Miller (1971) (MT)</div>	<div>9:30 Flexibility calss with Kaushal. (MR)</div> <div>10:15 Strength and Balance Class with Kaushal. (MR)</div> <div>11:00 Balance and Falls prevention with Kaushal. (MR)</div> <div>11:30 Guided Meditation with Abtin. (MT)</div> <div>1:30 Curandera   Award Winning Ayahuasca Full Documentary (2025) (MT)</div> <div>2:00 Artful Enrichment- Watercolors (AS)</div> <div>2:30 Movie Matinee- Love With The Proper Stranger (1963) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:00 Mexican Celebration – Independence Day High tea (LL)</div> <div>5:00 Go4Life Walking Club (MEE)</div> <div>7:00 Gardening Club with Margaret (P)</div> <div>7:00 Movie Night- Love With The Proper Stranger (1963) (MT)</div>	<div>9:30 Flexibility Class with Kaushal. (MR)</div> <div>10:15 Strength Class with Kaushal. (MR)</div> <div>11:30 Morning Sing Along (MT)</div> <div>1:30 Java Music Club - Sing Along (MT)</div> <div>2:00 Drum Fit (MT)</div> <div>2:00 Artful Enrichment - Charcoal Drawing. (AS)</div> <div>2:30 Movie Matinee- Two For The Road (1967) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:15 UNO Card Game (MR)</div> <div>4:00 Residents Directed Billiards Club (GAM)</div> <div>4:00 Group Card Games [Crazy Eights, Bluff, etc.] (MR)</div> <div>5:00 Go4Life Walking Club Outdoors (MEE)</div> <div>7:00 Movie Night- Two For The Road (1967) (MT)</div> <div>7:30 Current Events Discussion with Patrick Gossage (MR)</div>	<div>10:00 Yoga with Karusia (MR)</div> <div>11:00 Resident General Meeting (MT)</div> <div>12:30 Veritasium: What Everyone Gets Wrong About AI and Learning – Derek Muller Explains (MT)</div> <div>1:30 MOMA presentation: El Anatsui (MT)</div> <div>2:30 Movie Matinee- One True Thing (1998) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:00 BananaGrams (MR)</div> <div>4:00 Jenga (MR)</div> <div>5:00 Go4Life Walking Club (MEE)</div> <div>7:00 Bridge with David (BR)</div> <div>7:00 Movie Night- One True Thing (1998) (MT)</div> <div>7:30 Gardening Club with Margaret (P)</div>	<div>Individual Visits (SUI)</div> <div>9:30 Flexibility Class with Kaushal. (MR)</div> <div>10:15 Strength Class with Kaushal. (MR)</div> <div>11:30 Drum Fit (MT)</div> <div>11:30 Guided Meditation. (MT)</div> <div>2:00 Artful Enrichment- Acrylics on canvas Session with Lynn (AS)</div> <div>2:30 Movie Matinee- Wait Until Dark (1967) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:00 Fit Minds: Stay Sharp (MR)</div> <div>4:00 Charades (MR)</div> <div>5:00 Go4Life Walking Club (MEE)</div> <div>7:00 Movie Night- Wait Until Dark (1967) (MT)</div>	<div>10:00 Sit &amp; Stretch (MR)</div> <div>10:45 Morning Sing Along (MT)</div> <div>2:00 Name That Tune Game (MT)</div> <div>2:30 Movie Matinee- A New Leaf (1971) (MT)</div> <div>3:00 Tea Time (LL)</div> <div>3:00 Brain Games and Charades (MR)</div> <div>3:00 Oktoberfest Afternoon and Entertainment with Jordan Klapman (LL)</div> <div>4:00 Happy Hour (AB)</div> <div>7:00 Movie Night- A New Leaf (1971) (MT)</div>





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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Sit & Stretch (MR) <b>21</b> 10:30 Guided Meditation. (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- The Sound Of Music (1961) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- The Sound Of Music (1961) (MT)	10:00 Sit and Stretch with the LE Team. (MR) <b>22</b> 11:30 Spiritual Guided Meditation (MT) 2:00 Poetry Club (AS) 2:30 Movie Matinee- Dog Day Afternoon (1975) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row Competition (MR) 4:00 Word Games (MR) 4:00 A Story Reading by Sondra. (AS) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- Dog Day Afternoon (1975) (MT)	9:30 Flexibility calss with Kaushal. (MR) <b>23</b> 10:15 Strength and Balance Class with Kaushal. (MR) 11:00 Balance and Falls prevention with Kaushal. (MR) 11:30 Guided Meditation with Abtin. (MT) 1:30 Fungi's Resilience and Intelligence (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Movie Matinee- Mrs. Harris Goes TO Paris (2022) (MT) 3:00 Rosh Hashanah Concert: Jordan Klapman (LL) 5:00 Go4Life Walking Club (MEE) 7:00 Gardening Club with Margaret (P) 7:00 Movie Night- Mrs. Harris Goes TO Paris (2022) (MT)	9:30 Flexibility Class with Kaushal. (MR) <b>24</b> 10:15 Strength Class with Kaushal. (MR) 11:00 Springeridge Farm Corn Maze. (MEE) 11:30 Morning Sing Along (MT) 1:30 Java Music Club - Sing Along (MT) 2:00 Drum Fit (MT) 2:00 Artful Enrichment - Charcoal Drawing. (AS) 2:00 Staff Training at 2PM No afternoon movie today. (MT) 3:00 Tea Time (LL) 3:15 UNO Card Game (MR) 4:00 Residents Directed Billiards Club (GAM) 4:00 Group Card Games [Crazy Eights, Bluff, etc.] (MR) 5:00 Go4Life Walking Club Outdoors (MEE) 7:00 Movie Night- Send Me No Flowers (1964) (MT) 7:30 Current Events Discussion with Patrick Gossage (MR)	Mobile Hearing Aid Clinic 1:30PM- 3:30PM <b>25</b> 10:00 Yoga with Karusia (MR) 11:15 Guided Meditation with Abtin. (MT) 12:30 Our Planet   Coastal Seas   FULL EPISODE   Netflix (MT) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Avalanche (1978) (MT) 3:00 Tea Time (LL) 3:00 BananaGrams (MR) 4:00 Jenga (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Bridge with David (BR) 7:00 Movie Night- Avalanche (1978) (MT) 7:30 Gardening Club with Margaret (P)	Individual Visits (SUI) <b>26</b> 9:30 Flexibility Class with Kaushal. (MR) 10:15 Strength Class with Kaushal. (MR) 11:30 Drum Fit (MT) 11:30 Guided Meditation. (MT) 2:00 Artful Enrichment- Acrylics on canvas Session (AS) 2:30 Movie Matinee- Emilia Perez (2024) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds: Stay Sharp (MR) 4:00 Charades (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- Emilia Perez (2024) (MT)	10:00 Sit & Stretch (MR) <b>27</b> 10:45 Morning Sing Along (MT) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- Emma (1996) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 7:00 Movie Night- Emma (1996) (MT)
10:00 Sit & Stretch (MR) <b>28</b> 10:30 Guided Meditation. (MT) 2:00 Java Music Club (MT) 2:00 Staff Training at 2PM No afternoon movie today. (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- Funeral In Berlin (1966) (MT)	10:00 Sit and Stretch with the LE Team. (MR) <b>29</b> 11:30 Spiritual Guided Meditation (MT) 2:00 Poetry Club (AS) 2:30 Movie Matinee- 45 Years (2015) (MT) 3:00 September Birthday Party with Patricia Duffy (LL) 7:00 Movie Night- 45 Years (2015) (MT)	Orange Shirt Day(Reconciliation) <b>30</b> 9:30 Flexibility calss with Kaushal. (MR) 10:15 Strength and Balance Class with Kaushal. (MR) 11:00 Balance and Falls prevention with Kaushal. (MR) 11:30 Guided Meditation with Abtin. (MT) 1:30 Searching for the Lotus-Born Master : 8 Manifestations of Quantum Energy. Directed by Laurence Brahm (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Movie Matinee- Florence Foster Jenkins (2016) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 Current Events Discussion (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Gardening Club with Margaret (P) 7:00 Movie Night- Florence Foster Jenkins (2016) (MT)	<div><div>SUNDAY SEPT 21</div>World Alzheimer's Day</div>		<div><div>SUNDAY SEPT 7</div>Grandparent's Day</div>	

TUESDAY  
SEPT  
30

Day for Truth and Reconciliation

MONDAY  
SEPT  
22

Rosh Hashanah (22-24)

Locations Legend

Movie Theatre (MT)

Meeting Room (MR)

Lower Lobby (LL)

111 Art Studio (AS)

Meet at Front Desk (MEE)

Patio (P)

Games Room (GAM)

Bedford Bridge Lounge (BR)

Suites (SUI)

Annex Bar (AB)

St. George Lounge (STG)

Outside (Out)

Calendar Legend

Outing

Special Program

Cruise Week

Living, Loving, Local

Signature Program