



INSPIRED
SENIOR LIVING

October 2025

Assisted Living

Hazelton Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Breast Cancer Awareness Month			10:00 Individual Visits (2ND) 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 11:30 Morning Sing Along (MT) 11:30 Drumfit(Verve's Active Week) (2ND) 1:30 Go For Life Walking Club (2ND) 2:00 Java Music Club (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:00 Drumfit(Verve's Active Week) (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:30 Current Events Discussion with Patrick Gossage (MR) 1	Individual Visits (2ND) 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR) 2	Individual Visits (SUI) 11:00 Sit and Stretch (2ND) 11:30 Drumfit(Verve's Active Week) (2ND) 2:00 Sing-Fit (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:30 Hazelton Choir Group with Ernesto (STG) 3	11:00 Sit and Stretch (2ND) 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND) 4
11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 5	10:00 Individual Visits (2ND) 10:30 Guided Meditation(Verve's Active Week) (2ND) 11:00 Sit and Stretch(Verve's Active Week) (2ND) 11:30 Balloon Games(Verve's Active Week) (2ND) 2:00 One on One Exercise with Kaushal.(Verve's Active Week) (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit(Verve's Active Week) (2ND) 3:00 Tea Time (2ND) 4:00 Go For Life Walking Club (Verve's Active Week) (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 6:00 Pet Therapy with Alicia (2ND) 6	10:00 Individual Visits (2ND) 10:45 Go For Life Walking Club (Verve's Active Week) (2ND) 11:00 Sit and Stretch(Verve's Active Week) (2ND) 11:00 Java Music Club - Sing Along (MT) 11:00 Meeting wth the life Enrichment /Book Club meeting (MT) 11:30 Pass the Ball Game (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 4:00 Chair Zumba (Active Aging week) (2ND) 4:30 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7	10:00 Individual Visits (2ND) 10:45 Hand Massage (2ND) 11:00 Sit and Stretch(Verve's Active Week) (2ND) 11:30 Morning Sing Along (MT) 11:30 Balloon Games(Verve's Active Week) (2ND) 2:00 Java Music Club (2ND) 2:00 One on One Exercise with Kaushal.(Verve's Active Week) (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:00 Workout Your Brain! Presentation on Cognitive Health. (MT) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:30 Current Events Discussion with Patrick Gossage (MR) 8	10:00 Individual Visits (2ND) 11:00 Sit and Stretch(Verve's Active Week) (2ND) 11:30 Pass the Ball Game(Verve's Active Week) (2ND) 1:00 Go4Life Walking Club (2ND) 1:30 Meet me at the MOMA Artist Presentation: David Gardner (MT) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds(Verve's Active Week) (2ND) 4:00 Chair Zumba (Active Aging week) (2ND) 4:30 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR) 9	World Mental Health day 10:00 Individual Visits (SUI) 11:00 Sit and Stretch(Verve's Active Week) (2ND) 2:00 Sing-Fit (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 3:00 Tea Time (2ND) 3:00 Ideas Exchange - Music and Wellness with James (Verve's Active Week) (MT) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 10	11:00 Sit and Stretch(Verve's Active Week) (2ND) 11:30 Brain Gym(Active Aging week) (2ND) 1:30 Go4Life Walking Club Around Yorkville (Verve's Active Week) (SU) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND) 11
10:00 Sit and Stretch(Verve's Active Week) (2ND) 11:00 Sit and Stretch(Verve's Active Week) (2ND) 11:30 Balloon Games(Verve's Active Week) (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 12	10:30 Guided Meditation (2ND) 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea Time (2ND) 4:00 Games and Trivia (2ND) 4:00 Thanks Giving Special Concert with Shaya Petroff. (STG) 4:00 A Story Reading by Sondra. (AS) 6:00 Movie Night- Residents' Choice Movie (2ND) 6:00 Pet Therapy with Alicia (2ND) 13	4:30 Bingo (2ND) 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Pass the Ball Game (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 4:00 Chair Zumba (Active Aging week) (2ND) 4:30 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 14	10:00 Individual Visits (2ND) 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:00 Silver Birch Beach Outing (SU) 11:30 Balloon Games (2ND) 11:30 Morning Sing Along (MT) 1:30 Go For Life Walking Club (2ND) 2:00 Java Music Club (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:00 Art and Craft (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:30 Current Events Discussion with Patrick Gossage (MR) 15	10:00 Individual Visits (2ND) 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR) 16	10:00 Individual Visits (SUI) 11:00 Sit and Stretch (2ND) 2:00 Sing-Fit (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:30 Hazelton Choir Group with Ernesto (STG) 17	11:00 Sit and Stretch (2ND) 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND) 18



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00 Sit and Stretch (2ND) 19 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:30 Guided Meditation (2ND) 20 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea Time (2ND) 3:00 Diwali dance with Parmida (LL) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 6:00 Pet Therapy with Alicia (2ND)	10:45 Hand Massage (2ND) 21 11:00 Sit and Stretch (2ND) 11:30 Pass the Ball Game (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 4:00 Chair Zumba (Active Aging week) (2ND) 4:30 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:30 Rummy Q (AB)	10:00 Individual Visits (2ND) 22 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:00 Flower Sale Breast Cancer Awareness Month (MAI) 11:30 Balloon Games (2ND) 11:30 Morning Sing Along (MT) 1:30 Go For Life Walking Club (2ND) 2:00 Java Music Club (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:00 Art and Craft (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:30 Current Events Discussion with Patrick Gossage (MR)	10:00 Individual Visits (2ND) 23 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:00 Resident General Meeting (MT) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)	10:00 Individual Visits (SUI) 24 11:00 Sit and Stretch (2ND) 2:00 Sing-Fit (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	11:00 Sit and Stretch (2ND) 25 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)
11:00 Sit and Stretch (2ND) 26 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:30 Guided Meditation (2ND) 27 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea Time (2ND) 4:00 Games and Trivia (2ND) 4:00 A Story Reading by Sondra. (AS) 6:00 Movie Night- Residents' Choice Movie (2ND) 6:00 Pet Therapy with Alicia (2ND)	10:45 Hand Massage (2ND) 28 11:00 Sit and Stretch (2ND) 11:30 Pass the Ball Game (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 4:00 Chair Zumba (Active Aging week) (2ND) 4:30 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:30 Rummy Q (AB)	9:00 Clothes Vendor Shop Sonita (LL) 29 10:00 Individual Visits (2ND) 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 11:30 Morning Sing Along (MT) 1:30 Go For Life Walking Club (2ND) 2:00 Java Music Club (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:00 Arts and Crafts: Halloween Pumpkin Carving. (AS) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:00 Ideas Exchange - Poem by Poem, Fable by Fable book by Anna Miransky (MT) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:30 Current Events Discussion with Patrick Gossage (MR)	10:00 Individual Visits (2ND) 30 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 1:30 Meet me at the MOMA Artist Presentation: Mike Nudelman (MT) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)	10:00 Individual Visits (SUI) 31 11:00 Sit and Stretch (2ND) 2:00 Sing-Fit (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 4:00 Hallloween Concert with Noah (LL) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:30 Hazelton Choir Group with Ernesto (STG)	



Be *Bold*

Locations Legend

2nd Floor (2ND)
Movie Theatre (MT)
111 Art Studio (AS)
Annex Bar (AB)
Meeting Room (MR)
Bedford Bridge Lounge (BR)

Suites (SUI)
St. George Lounge (STG)
Lower Lobby (LL)
Sign-up (SU)
Main Lobby (MAI)

Calendar Legend

Outing
Special Program
Go 4 Life Walking
Cruise Week
Living, Loving, Local
Signature Program
Active Week