



INSPIRED SENIOR LIVING

March 2026

Assisted Living

Hazelton Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>11:00 Sit and Stretch (2ND) 1</p> <p>11:30 Balloon Games (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>2:45 Hymn Singing (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Artful Enrichment- Creative Coloring (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:30 Guided Meditation (2ND) 2</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>2:00 One on One Exercise (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>2:30 Drumfit (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Games and Trivia (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>6:00 Pet Therapy with Alicia (2ND)</p>	<p>10:45 Hand Massage (2ND) 3</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:00 Residents Council General Meeting (MT)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>11:30 Rhythmic Dance and Movement Class (MR)</p> <p>2:00 Sing Fit (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Chair Zumba (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:45 Hand Massage (2ND) 4</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>11:30 Morning Sing Along (MT)</p> <p>1:30 Go For Life Walking Club (2ND)</p> <p>2:00 Java Music Club (2ND)</p> <p>2:00 One on One Exercise (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Artful Enrichment - Mindful Colouring (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>6:00 KARAOKE with Harlan (MT)</p> <p>7:30 Current Events Discussion with Patrick Gossage (MR)</p>	<p>10:45 Hand Massage (2ND) 5</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:00 Falls Prevention Seminar with Somin Park of CareRX. (MT)</p> <p>2:00 Artful Enrichment: Watercolors (AS)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:00 2026 Verve's Caribbean Cruise Week Passports Distribution. (2LL)</p> <p>3:30 Fit Minds (2ND)</p> <p>4:00 Bingo (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>7:00 Bridge with David (BR)</p>	<p>2026 Caribbean Cruise Week Opening Day: Mexico! 6</p> <p>11:00 Sit and Stretch (2ND)</p> <p>1:30 Mexican Travelogue. (MT)</p> <p>2:00 Sing-Fit (2ND)</p> <p>2:00 One on One Exercise (2ND)</p> <p>2:00 Crafts: Decorate your own Maracas (AS)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:00 Cruise Week, Mexico Latin Violin Concert and Cocktails. (LL)</p> <p>3:30 Artful Enrichment- Mindful Coloring (2ND)</p> <p>4:00 Chair Zumba with Mexican Cumba. (2ND)</p> <p>4:00 Pinata with Staff and Residents. (MR)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>Open House: Cruise Jamaica (LL) 7</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Brain Gym (2ND)</p> <p>1:00 Jamaican Still Drums Concert (LL)</p> <p>1:30 Go4Life Walking Club (2ND)</p> <p>1:30 Hazelton Place Open House Photo Booth 1:30-3:30pm (MAI)</p> <p>2:00 Cruise week Open House special: Art with Lynn. (AS)</p> <p>2:00 Jamaican Concert Featuring Live Vocals (LL)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Bingo (2ND)</p> <p>4:00 Happy Hour - Tikki Bar (AB)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>
<p>2026 Caribbean Cruise Week Day 3: Aruba. 8</p> <p>Daylight Savings: Clocks are set forward ONE hour at 2AM.</p> <p>10:30 Aruba Travelogue (MT)</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>1:00 Ocean View Scavenger Hunt. (LL)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>2:45 Hymn Singing (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:00 Aruba Special Concert. (LL)</p> <p>4:00 Artful Enrichment- Creative Coloring (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>2026 Caribbean Cruise Week Day 4: Belize. 9</p> <p>10:30 Guided Meditation (2ND)</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>11:30 Belize Travelogue (MT)</p> <p>1:30 Belizean Disco (MT)</p> <p>2:00 One on One Exercise (2ND)</p> <p>2:00 Belizean Sip and Paint. (AS)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>2:30 Drumfit (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:00 Belizean Conga, Percussion and More! (LL)</p> <p>4:00 Belize Trivia (2ND)</p> <p>4:00 A Story Reading by Sondra. (AS)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>6:00 Pet Therapy with Alicia (2ND)</p> <p>6:00 Caribbean KARAOKE night with Harlan (MT)</p>	<p>2026 Caribbean Cruise Week Day 5: Barbados. 10</p> <p>10:45 Hand Massage (2ND)</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>11:30 Beach Relaxation Session (MT)</p> <p>1:30 Barbados Travelogue. (MT)</p> <p>2:00 Sing Fit (2ND)</p> <p>2:00 Artful Enrichment- Watercolors- Barbados Palm Beach Paradise (AS)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:00 Saxophone and Caribbean Guitar: Barbados Paradise Party. (LL)</p> <p>5:00 Barbados Documentary (MT)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>2026 Caribbean Cruise Week Day 6: Bahamas. 11</p> <p>10:45 Hand Massage (2ND)</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>11:30 Bahamas Disco (MT)</p> <p>1:30 Go For Life Walking Club (2ND)</p> <p>1:30 Bahamas Travelogue (MT)</p> <p>2:00 Java Music Club (2ND)</p> <p>2:00 One on One Exercise (2ND)</p> <p>2:00 Bahamas Special: Art with Lynn. (AS)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:00 Bahaman Extravaganza: Spanish Guitar Concert and Cocktails. (LL)</p> <p>3:00 Bahaman Food Demo with Chef Michael (AB)</p> <p>3:30 Artful Enrichment - Mindful Colouring (2ND)</p> <p>4:00 Bahaman Scavenger Hunt (GAM)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>7:30 Current Events Discussion with Patrick Gossage (MR)</p>	<p>2026 Caribbean Cruise Week Final Day: Return home to Canada. 12</p> <p>10:45 Hand Massage (2ND)</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>11:30 Gordon Lightfoot sing along (MT)</p> <p>12:30 Wild Canada - The Wild West Full Documentary (MT)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:00 Paint Your Own Group of Seven Panting! (AS)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:00 2026 Caribbean Cruise Week Closing Concert (LL)</p> <p>4:00 Bingo (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>7:00 Bridge with David (BR)</p>	<p>11:00 Sit and Stretch (2ND) 13</p> <p>2:00 Sing-Fit (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Artful Enrichment- Mindful Coloring (2ND)</p> <p>4:00 Chair Zumba (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>7:00 Hazelton Choir Group with Ernesto (STG)</p>	<p>11:00 Sit and Stretch (2ND) 14</p> <p>11:30 Brain Gym (2ND)</p> <p>1:30 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:00 International Woemn's Day Presentstion (MT)</p> <p>4:00 Happy Hour (AB)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>
<p>11:00 Sit and Stretch (2ND) 15</p> <p>11:30 Balloon Games (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>2:45 Hymn Singing (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Artful Enrichment- Creative Coloring (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:30 Guided Meditation (2ND) 16</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>2:00 One on One Exercise (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>2:30 Drumfit (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Games and Trivia (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>6:00 Pet Therapy with Alicia (2ND)</p>	<p>10:45 Hand Massage (2ND) 17</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>2:00 Sing Fit (2ND)</p> <p>2:00 Living, Loving , Local: Maple. (MT)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:00 St. Patrick's Day with Jordan Klapman (LL)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>6:00 Wine and Philosophy Club with Abtin (AB)</p>	<p>10:45 Hand Massage (2ND) 18</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:00 Outing to: Monet: The Immersive Experience. (Out)</p> <p>11:30 Balloon Games (2ND)</p> <p>11:30 Morning Sing Along (MT)</p> <p>1:30 Go For Life Walking Club (2ND)</p> <p>2:00 Java Music Club (2ND)</p> <p>2:00 One on One Exercise (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Artful Enrichment - Mindful Colouring (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>7:30 Current Events Discussion with Patrick Gossage (MR)</p>	<p>10:45 Hand Massage (2ND) 19</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>1:30 MOMA Presentation: Judy Chicago. (MT)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:00 Hazelton Place Choir's Concert. (LL)</p> <p>4:00 Bingo (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>6:00 Brain Gym (MT)</p> <p>7:00 Bridge with David (BR)</p>	<p>11:00 Sit and Stretch (2ND) 20</p> <p>2:00 Sing-Fit (2ND)</p> <p>2:00 One on One Exercise (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:00 High Tea Concert with Noah Constant (LL)</p> <p>4:00 Chair Zumba (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>11:00 Sit and Stretch (2ND) 21</p> <p>11:30 Brain Gym (2ND)</p> <p>1:30 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Bingo (2ND)</p> <p>4:00 Happy Hour (AB)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>



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<p>11:00 Sit and Stretch (2ND) 22</p> <p>11:30 Balloon Games (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>2:45 Hymn Singing (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Artful Enrichment- Creative Coloring (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:30 Guided Meditation (2ND) 23</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>2:00 One on One Exercise (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>2:30 Drumfit (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Games and Trivia (2ND)</p> <p>4:00 A Story Reading by Sondra. (AS)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>6:00 Pet Therapy with Alicia (2ND)</p>	<p>10:45 Hand Massage (2ND) 24</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>2:00 Sing Fit (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>6:00 Wine and Philosophy Club with Abtin (AB)</p>	<p>10:45 Hand Massage (2ND) 25</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>11:30 Morning Sing Along (MT)</p> <p>1:30 Go For Life Walking Club (2ND)</p> <p>2:00 Java Music Club (2ND)</p> <p>2:00 One on One Exercise (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Artful Enrichment - Mindful Colouring (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>7:30 Current Events Discussion with Patrick Gossage (MR)</p>	<p>10:45 Hand Massage (2ND) 26</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>1:30 MOMA Artist Presentation: Jim Fitzpatrick. (MT)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Fit Minds (2ND)</p> <p>4:00 Bingo (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>7:00 Bridge with David (BR)</p>	<p>11:00 Sit and Stretch (2ND) 27</p> <p>2:00 Sing-Fit (2ND)</p> <p>2:00 One on One Exercise (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Artful Enrichment- Mindful Coloring (2ND)</p> <p>4:00 Chair Zumba (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>7:00 Hazelton Choir Group with Ernesto (STG)</p>	<p>11:00 Sit and Stretch (2ND) 28</p> <p>11:30 Brain Gym (2ND)</p> <p>1:30 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Bingo (2ND)</p> <p>4:00 Happy Hour (AB)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>
<p>11:00 Sit and Stretch (2ND) 29</p> <p>11:30 Balloon Games (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>2:45 Hymn Singing (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Artful Enrichment- Creative Coloring (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:30 Guided Meditation (2ND) 30</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>2:00 One on One Exercise (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>2:30 Drumfit (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Games and Trivia (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>6:00 Pet Therapy with Alicia (2ND)</p>	<p>Vendor Market in Lower Lobby. 31</p> <p>10:45 Hand Massage (2ND)</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>2:00 Sing Fit (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>6:00 Brain Games (MT)</p> <p>6:00 Wine and Philosophy Club with Abtin (AB)</p>	<p>International Women's Day</p>		<p>Cruise Week Open House</p>	



Locations Legend

2nd Floor (2ND)	Bedford Bridge Lounge (BR)
Movie Theatre (MT)	St. George Lounge (STG)
Lower Lobby (LL)	Lower Lobby and 2nd (2LL)
111 Art Studio (AS)	Main Lobby (MAI)
Annex Bar (AB)	Games Room (GAM)
Meeting Room (MR)	Outside (Out)

Calendar Legend

- Outing
- Special Program
- Cruise Week
- Living, Loving, Local
- Signature Program