



INSPIRED SENIOR LIVING

March 2026

Hazelton Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Sit & Stretch (MR) 1</p> <p>10:30 Guided Meditation. (MT)</p> <p>2:00 Java Music Club (MT)</p> <p>2:30 Movie Matinee- Cancelled Due To Staff Training (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Brain Games and Charades (MR)</p> <p>5:00 Resident Directed Pool Club (GAM)</p> <p>7:00 Movie Night- Rental Family (2025) (MT)</p>	<p>9:30 Flexibility Class. (MR) 2</p> <p>10:15 Strength Class (MR)</p> <p>11:00 Balance Class (MR)</p> <p>11:30 Spiritual Guided Meditation (MT)</p> <p>1:00 Falls Prevention (MR)</p> <p>2:00 Poetry Club (AS)</p> <p>2:30 Movie Matinee- Guys And Dolls (1955) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:15 Brain Games and Anagrams. (MR)</p> <p>4:00 Spring Go4Life Walking Club to Ramsden Park Outing (SU)</p> <p>7:00 Movie Night- Guys And Dolls (1955) (MT)</p>	<p>10:00 Sit and Stretch with the LE Team. (MR) 3</p> <p>10:30 Rhythmic Dance and Movement Class (MR)</p> <p>11:00 Residents Council General Meeting (MT)</p> <p>1:30 Mongolia's Nomad Doctor: Medicine on the Steppe FULL DOCUMENTARY (MT)</p> <p>2:00 Artful Enrichment- Watercolors (AS)</p> <p>2:30 Movie Matinee- Cancelled Due To Staff Training (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Fit Minds- Interact (MR)</p> <p>4:00 BananaGrams (MR)</p> <p>5:00 Ted Talks (MT)</p> <p>7:00 Movie Night- A Face In The Crowd (1957) (MT)</p>	<p>9:30 Flexibility Class. (MR) 4</p> <p>10:15 Strength Class (MR)</p> <p>11:00 Balance Class (MR)</p> <p>11:30 Morning Sing Along (MT)</p> <p>1:00 Falls Prevention (MR)</p> <p>1:30 Java Music Club - Sing Along (MT)</p> <p>2:00 Drum Fit (MT)</p> <p>2:00 Artful Enrichment - Charcoal Drawing. (AS)</p> <p>2:30 Movie Matinee- Now You See Me, Now You Dont (2025) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:15 UNO Card Game (MR)</p> <p>4:00 Residents Directed Billiards Club (GAM)</p> <p>5:00 Go4Life Walking Club Outdoors (MEE)</p> <p>6:00 KARAOKE with Harlan (MT)</p> <p>7:00 Movie Night- Now You See Me; Now You Dont (2025) (MT)</p> <p>7:30 Current Events Discussion with Patrick Gossage (MR)</p>	<p>10:00 Yoga with Karusia (MR) 5</p> <p>12:30 Video Lecture: Zurvanism - The Zoroastrian Heresy? (MT)</p> <p>2:00 Falls Prevention Seminar with Somin Park of CareRX. (MT)</p> <p>2:00 Artful Enrichment: Watercolors (AS)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 BananaGrams (MR)</p> <p>3:00 2026 Verve's Caribbean Cruise Week Passports Distribution. (2LL)</p> <p>4:00 Jenga (MR)</p> <p>5:00 Go4Life Walking Club (MEE)</p> <p>5:00 Ted Talks (MT)</p> <p>7:00 Bridge with David (BR)</p> <p>7:00 Movie Night- Blazzing Saddles (1974) (MT)</p>	<p>2026 Caribbean Cruise Week Opening Day: Mexico! 6</p> <p>9:30 Flexibility Class. (MR)</p> <p>10:15 Strength Class (MR)</p> <p>11:00 Balance Class (MR)</p> <p>11:30 Drum Fit (MT)</p> <p>11:30 Salsa Music Dance and Sing Along. (MT)</p> <p>1:00 Falls Prevention (MR)</p> <p>1:30 Mexican Travelogue. (MT)</p> <p>2:00 Crafts: Decorate your own Maracas (AS)</p> <p>2:30 Movie Matinee- The Treasure Of Sierra Madre (1948) (MT)</p> <p>3:00 Cruise Week, Mexico Latin Violin Concert and Cocktails. (LL)</p> <p>4:00 Pinata with Staff and Residents. (MR)</p> <p>5:00 Go4Life Walking Club (MEE)</p> <p>7:00 Movie Night- The Treasure Of Sierra Madre (1948) (MT)</p>	<p>Open House: Cruise Jamaica (LL) 7</p> <p>10:00 Sit & Stretch: Jamaican Music Theme. (MR)</p> <p>11:00 Morning Sing Along: Jamaican Reggae (MT)</p> <p>1:00 Jamaican Still Drums Concert (LL)</p> <p>1:30 Jamaican Travelogue (MT)</p> <p>1:30 Hazelton Place Open House Photo Booth 1:30-3:30pm (MAI)</p> <p>2:00 Cruise week Open House special: Art with Lynn. (AS)</p> <p>2:00 Jamaican Concert Featuring Live Vocals (LL)</p> <p>2:30 Movie Matinee- Dr. No (1962) (MT)</p> <p>4:00 Happy Hour - Tikki Bar (AB)</p> <p>4:00 Jamaican "Patwa" Word Game. (MR)</p> <p>7:00 Movie Night- Dr. No (1962) (MT)</p>
<p>2026 Caribbean Cruise Week Day 3: Aruba. 8</p> <p>Daylight Savings: Clocks are set forward ONE hour at 2AM.</p> <p>10:00 Sit & Stretch Aruban Music Theme (MR)</p> <p>10:30 Aruba Travelogue (MT)</p> <p>1:00 Ocean View Scavenger Hunt. (LL)</p> <p>2:00 Aruban Disco (MT)</p> <p>2:30 Movie Matinee- Ship of Fools (1965) (MT)</p> <p>3:00 Aruba Special Concert. (LL)</p> <p>5:00 Resident Directed Pool Club (GAM)</p> <p>7:00 Movie Night- Ship of Fools (1965) (MT)</p>	<p>2026 Caribbean Cruise Week Day 4: Belize. 9</p> <p>9:30 Flexibility Class. (MR)</p> <p>10:15 Strength Class (MR)</p> <p>11:00 Balance Class (MR)</p> <p>11:30 Belize Travelogue (MT)</p> <p>1:00 Falls Prevention (MR)</p> <p>1:30 Belizean Disco (MT)</p> <p>2:00 Belizean Sip and Paint. (AS)</p> <p>2:30 Movie Matinee- Romance On The High Seas (1948) (MT)</p> <p>3:00 Belizean Conga, Percussion and More! (LL)</p> <p>4:00 A Story Reading by Sondra. (AS)</p> <p>6:00 Carribbean KARAOKE night with Harlan (MT)</p> <p>7:00 Movie Night- Romance On The High Seas (1948) (MT)</p>	<p>2026 Caribbean Cruise Week Day 5: Barbados. 10</p> <p>10:00 Sit and Stretch with Barbados music (MR)</p> <p>10:45 Strength and Balance Class with the LE Team. (MR)</p> <p>11:30 Beach Relaxation Session (MT)</p> <p>1:30 Barbados Travelogue. (MT)</p> <p>2:00 Artful Enrichment- Watercolors- Barbados Palm Beach Paradise (AS)</p> <p>2:30 Movie Matinee- Monkey Business (1952) (MT)</p> <p>3:00 Saxophone and Caribbean Guitar: Barbados Paradise Party. (LL)</p> <p>4:00 Banana Grams (MR)</p> <p>5:00 Go4Life Walking Club (MEE)</p> <p>5:00 Barbados Documentary (MT)</p> <p>7:00 Movie Night- Monkey Business (1952) (MT)</p>	<p>2026 Caribbean Cruise Week Day 6: Bahamas. 11</p> <p>9:30 Flexibility Class. (MR)</p> <p>10:15 Strength Class (MR)</p> <p>11:00 Balance Class (MR)</p> <p>11:30 Bahamas Disco (MT)</p> <p>1:00 Falls Prevention (MR)</p> <p>1:30 Bahamas Travelogue (MT)</p> <p>2:00 Bahamas Special: Art with Lynn. (AS)</p> <p>2:00 Drum Fit- Bahamas Music (MT)</p> <p>2:30 Movie Matinee- Casino Royale (2006) (MT)</p> <p>3:00 Bahaman Extravaganza: Spanish Guitar Concert and Cocktails. (LL)</p> <p>3:00 Bahaman Food Demo with Chef Michael (AB)</p> <p>4:00 Bahaman Scavenger Hunt (GAM)</p> <p>7:00 Movie Night- Casino Royale (2006) (MT)</p> <p>7:30 Current Events Discussion with Patrick Gossage (MR)</p>	<p>2026 Caribbean Cruise Week Final Day: Return home to Canada. 12</p> <p>10:00 Yoga with Karusia (MR)</p> <p>11:30 Gordon Lightfoot sing along (MT)</p> <p>12:30 Wild Canada - The Wild West Full Documentary (MT)</p> <p>2:00 Paint Your Own Group of Seven Panting! (AS)</p> <p>2:30 Movie Matinee- The Shape of Water (2017) (MT)</p> <p>3:00 BananaGrams (MR)</p> <p>3:00 2026 Caribbean Cruise Week Closing Concert (LL)</p> <p>4:00 Canadian Memory Lane (MR)</p> <p>5:00 Canadian Trivia (MT)</p> <p>7:00 Bridge with David (BR)</p> <p>7:00 Movie Night- The Shape of Water (2017) (MT)</p>	<p>9:30 Flexibility Class. (MR) 13</p> <p>10:15 Strength Class (MR)</p> <p>11:00 Balance Class (MR)</p> <p>11:30 Drum Fit (MT)</p> <p>11:30 Guided Meditation. (MT)</p> <p>1:00 Falls Prevention (MR)</p> <p>2:00 Artful Enrichment- Acrylics on canvas Session with Daniel (AS)</p> <p>2:30 Movie Matinee- Play Misty For Me (1971) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Fit Minds: Stay Sharp (MR)</p> <p>4:00 Charades (MR)</p> <p>5:00 Go4Life Walking Club (MEE)</p> <p>7:00 Movie Night- Play Misty For Me (1971) (MT)</p> <p>7:00 Hazelton Choir Group with Ernesto (STG)</p>	<p>10:00 Sit & Stretch (MR) 14</p> <p>10:45 Morning Sing Along (MT)</p> <p>2:00 Name That Tune Game (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 International Woemn's Day Presentstion (MT)</p> <p>4:00 Happy Hour (AB)</p> <p>7:00 Movie Night- Kramer vs Kramer (1979) (MT)</p>
<p>10:00 Sit & Stretch (MR) 15</p> <p>10:30 Guided Meditation. (MT)</p> <p>2:00 Java Music Club (MT)</p> <p>2:30 Movie Matinee- Spy Game (2001) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Brain Games and Charades (MR)</p> <p>5:00 Resident Directed Pool Club (GAM)</p> <p>7:00 Movie Night- Spy Game (2001) (MT)</p>	<p>9:30 Flexibility Class. (MR) 16</p> <p>10:15 Strength Class (MR)</p> <p>11:00 Balance Class (MR)</p> <p>11:30 Spiritual Guided Meditation (MT)</p> <p>1:00 Falls Prevention (MR)</p> <p>2:00 Poetry Club (AS)</p> <p>2:30 Movie Matinee- Song Sung Blue (2025) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:15 Brain Games and Anagrams. (MR)</p> <p>6:00 Spring Go4Life Walking Club to Ramsden Park Outing (SU)</p> <p>7:00 Movie Night- Song Sung Blue (2025) (MT)</p>	<p>10:00 Sit and Stretch with the LE Team. (MR) 17</p> <p>10:45 Strength and Balance Class with the LE Team. (MR)</p> <p>2:00 Artful Enrichment- Watercolors (AS)</p> <p>2:00 Living, Loving , Local: Maple. (MT)</p> <p>2:30 Movie Matinee- Deconstructing Harry (1997) (MT)</p> <p>3:00 Fit Minds- Interact (MR)</p> <p>3:00 St. Patrick's Day with Jordan Klapman (LL)</p> <p>4:00 BananaGrams (MR)</p> <p>5:00 Go4Life Walking Club (MEE)</p> <p>5:00 Ted Talks (MT)</p> <p>6:00 Wine and Philosophy Club with Abtin (AB)</p> <p>7:00 Movie Night- Deconstructing Harry (1997) (MT)</p>	<p>9:30 Flexibility Class. (MR) 18</p> <p>10:15 Strength Class (MR)</p> <p>11:00 Outing to: Monet: The Immersive Experience. (Out)</p> <p>11:00 Balance Class (MR)</p> <p>11:30 Morning Sing Along (MT)</p> <p>1:00 Falls Prevention (MR)</p> <p>1:30 Java Music Club - Sing Along (MT)</p> <p>2:00 Drum Fit (MT)</p> <p>2:00 Artful Enrichment - Charcoal Drawing. (AS)</p> <p>2:30 Movie Matinee- Breakdown: 1975 (2025) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Tea Time - March Birthday Celebration with Patricia Duffy (LL)</p> <p>3:15 UNO Card Game (MR)</p> <p>4:00 Residents Directed Billiards Club (GAM)</p> <p>6:00 Spring Go4Life Walking Club to Ramsden Park Outing (SU)</p> <p>7:00 Movie Night- Breakdown: 1975 (2025) (MT)</p> <p>7:30 Current Events Discussion with Patrick Gossage (MR)</p>	<p>10:00 Yoga with Karusia (MR) 19</p> <p>1:30 MOMA Presentation: Judy Chicago. (MT)</p> <p>2:30 Movie Matinee- Wag The Dog (1997) (MT)</p> <p>3:00 Hazelton Place Choir's Concert. (LL)</p> <p>5:00 Go4Life Walking Club (MEE)</p> <p>5:00 Ted Talks (MT)</p> <p>7:00 Bridge with David (BR)</p> <p>7:00 Movie Night- Wag The Dog (1997) (MT)</p>	<p>9:30 Flexibility Class. (MR) 20</p> <p>10:15 Strength Class (MR)</p> <p>11:00 Balance Class (MR)</p> <p>11:30 Drum Fit (MT)</p> <p>11:30 Guided Meditation. (MT)</p> <p>1:00 Falls Prevention (MR)</p> <p>2:00 Artful Enrichment- Acrylics on canvas Session with Daniel (AS)</p> <p>2:30 Movie Matinee- You Hurt My Feelings (2023) (MT)</p> <p>3:00 High Tea Concert with Noah Constant (LL)</p> <p>6:00 Spring Go4Life Walking Club to Ramsden Park Outing (SU)</p> <p>7:00 Movie Night- You Hurt My Feelings (2023) (MT)</p>	<p>10:00 Sit & Stretch (MR) 21</p> <p>10:45 Morning Sing Along (MT)</p> <p>2:00 Name That Tune Game (MT)</p> <p>2:30 Movie Matinee- Tender Mercies (1983) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Brain Games and Charades (MR)</p> <p>4:00 Happy Hour (AB)</p> <p>7:00 Movie Night- Tender Mercies (1983) (MT)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22</p> <p>10:00 Sit & Stretch (MR)</p> <p>10:30 Guided Meditation. (MT)</p> <p>2:00 Java Music Club (MT)</p> <p>2:30 Movie Matinee- Crocodile Dundee (1986) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Brain Games and Charades (MR)</p> <p>5:00 Resident Directed Pool Club (GAM)</p> <p>7:00 Movie Night- Crocodile Dundee (MT)</p>	<p>23</p> <p>9:30 Flexibility Class. (MR)</p> <p>10:15 Strength Class (MR)</p> <p>11:00 Balance Class (MR)</p> <p>11:30 Spiritual Guided Meditation (MT)</p> <p>1:00 Falls Prevention (MR)</p> <p>2:00 Poetry Club (AS)</p> <p>2:30 Movie Matinee- A Quiet Place : Day One (2024) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:15 Brain Games and Anagrams. (MR)</p> <p>4:00 A Story Reading by Sondra. (AS)</p> <p>5:00 Go4Life Walking Club (MEE)</p> <p>7:00 Movie Night- A Quiet Place : Day One (2024) (MT)</p>	<p>24</p> <p>10:00 Sit and Stretch with the LE Team. (MR)</p> <p>10:45 Strength and Balance Class with the LE Team. (MR)</p> <p>1:30 Kittenhood: The Wild Instincts of Domestic Cats I FULL DOC SLICE WILD (MT)</p> <p>2:00 Artful Enrichment- Watercolors (AS)</p> <p>2:30 Movie Matinee- (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Fit Minds- Interact (MR)</p> <p>4:00 BananaGrams (MR)</p> <p>5:00 Go4Life Walking Club (MEE)</p> <p>5:00 Ted Talks (MT)</p> <p>6:00 Wine and Philosophy Club with Abtin (AB)</p> <p>7:00 Movie Night- () (MT)</p>	<p>25</p> <p>9:30 Flexibility Class. (MR)</p> <p>10:15 Strength Class (MR)</p> <p>11:00 Balance Class (MR)</p> <p>11:00 Outing to the McMichael's Canadian Art Gallery: Morrisseau Exhibition. (MEE)</p> <p>11:30 Morning Sing Along (MT)</p> <p>1:00 Falls Prevention (MR)</p> <p>1:30 Java Music Club - Sing Along (MT)</p> <p>2:00 Drum Fit (MT)</p> <p>2:00 Artful Enrichment - Charcoal Drawing. (AS)</p> <p>2:00 Movie Matinee- Cancelled Due To Staff Training (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:15 UNO Card Game (MR)</p> <p>4:00 Residents Directed Billiards Club (GAM)</p> <p>6:00 Spring Go4Life Walking Club to Ramsden Park Outing (SU)</p> <p>7:00 Movie Night- The Worst Person In The World (2022) (MT)</p> <p>7:30 Current Events Discussion with Patrick Gossage (MR)</p>	<p>26</p> <p>10:00 Yoga with Karusia (MR)</p> <p>1:30 MOMA Artist Presentation: Jim Fitzpatrick. (MT)</p> <p>2:30 Movie Matinee- Are You There God? Its Me Margaret (2023) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 BananaGrams (MR)</p> <p>4:00 Jenga (MR)</p> <p>5:00 Go4Life Walking Club (MEE)</p> <p>5:00 Ted Talks (MT)</p> <p>6:00 Evening Walk at the Brickworks. (Out)</p> <p>7:00 Bridge with David (BR)</p> <p>7:00 Movie Night- Are You There God? Its Me Margaret (2023) (MT)</p>	<p>27</p> <p>9:30 Flexibility Class. (MR)</p> <p>10:15 Strength Class (MR)</p> <p>11:00 Balance Class (MR)</p> <p>11:30 Drum Fit (MT)</p> <p>11:30 Guided Meditation. (MT)</p> <p>1:00 Falls Prevention (MR)</p> <p>2:00 Artful Enrichment- Acrylics on canvas Session with Daniel (AS)</p> <p>2:30 Movie Matinee- Ordinary Angels (2024) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Fit Minds: Stay Sharp (MR)</p> <p>4:00 Charades (MR)</p> <p>5:00 Go4Life Walking Club (MEE)</p> <p>7:00 Movie Night- Ordinary Angels (2024) (MT)</p> <p>7:00 Hazelton Choir Group with Ernesto (STG)</p>	<p>28</p> <p>10:00 Sit & Stretch (MR)</p> <p>10:45 Morning Sing Along (MT)</p> <p>2:00 Name That Tune Game (MT)</p> <p>2:30 Movie Matinee- American Made (2017) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Brain Games and Charades (MR)</p> <p>4:00 Happy Hour (AB)</p> <p>7:00 Movie Night- American Made (2017) (MT)</p>
<p>29</p> <p>10:00 Sit & Stretch (MR)</p> <p>10:30 Guided Meditation. (MT)</p> <p>2:00 Java Music Club (MT)</p> <p>2:30 Movie Matinee- Nuremberg (2025) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Brain Games and Charades (MR)</p> <p>5:00 Resident Directed Pool Club (GAM)</p> <p>7:00 Movie Night- Nuremberg (2025) (MT)</p>	<p>30</p> <p>9:30 Flexibility Class. (MR)</p> <p>10:15 Strength Class (MR)</p> <p>11:00 Balance Class (MR)</p> <p>11:30 Spiritual Guided Meditation (MT)</p> <p>1:00 Falls Prevention (MR)</p> <p>2:00 Poetry Club (AS)</p> <p>2:30 Movie Matinee- Hamnet (2025) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:15 Brain Games and Anagrams. (MR)</p> <p>5:00 Go4Life Walking Club (MEE)</p> <p>7:00 Movie Night- Hamnet (2025) (MT)</p>	<p>31</p> <p>Vendor Market in Lower Lobby.</p> <p>10:00 Sit and Stretch with the LE Team. (MR)</p> <p>10:45 Strength and Balance Class with the LE Team. (MR)</p> <p>1:30 Ultimate Istanbul Food Tour: Best Turkish Street Food Epic Food Journeys with Mark Wiens Nat Geo (MT)</p> <p>2:00 Artful Enrichment- Watercolors (AS)</p> <p>2:30 Movie Matinee- Downton Abbey : The Grand Finale (2025) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Fit Minds- Interact (MR)</p> <p>4:00 BananaGrams (MR)</p> <p>5:00 Go4Life Walking Club (MEE)</p> <p>5:00 Ted Talks (MT)</p> <p>6:00 Brain Games (MT)</p> <p>6:00 Wine and Philosophy Club with Abtin (AB)</p> <p>7:00 Movie Night- Downton Abbey : The Grand Finale (2025) (MT)</p>	<p>International Women's Day</p>		<p>Cruise Week Open House</p>	



St. Patrick's Day



National Cocktail Day

Locations Legend

- Movie Theatre (MT)
- Meeting Room (MR)
- Lower Lobby (LL)
- 111 Art Studio (AS)
- Meet at Front Desk (MEE)
- Games Room (GAM)
- Annex Bar (AB)

Calendar Legend

- Outing
- Special Program
- Cruise Week
- Living, Loving, Local
- Signature Program

- Sign-up (SU)
- Bedford Bridge Lounge (BR)
- St. George Lounge (STG)
- Outside (Out)
- Lower Lobby and 2nd (2LL)
- Main Lobby (MAI)