




INSPIRED
SENIOR LIVING

March 2022

HOLLAND GARDENS
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Independent & Assisted Living Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 Holland Steppers Walking Challenge *Record your laps at Reception (AF) 10:30 Strength and Endurance Exercise Class (CK) 11:15 Assisted Living Exercise Class (3FL) 2:15 Tea Time In The 552 (PB) 3:30 Nail Polish Change With Julianna *Make Appointments At Reception* (CK) 7:00 Resident Movie Pick (T)	1 Holland Steppers Walking Challenge *Record your laps at Reception (AF) HAPPY MARDI GRAS!! WEAR YOUR PURPLE, GREEN & GOLD! (AF) 10:30 Mobility and Balance Exercise Class (CK) 11:15 Assisted Living Exercise Class (3FL) 2:00 Mardi Gras Staff Parade! *Floor To Floor* (AF) 3:00 LOONIE BINGO! (CK) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick (T)	2 Holland Steppers Walking Challenge *Record your laps at Reception (AF) 10:30 Strength and Endurance Exercise Class (CK) 11:15 Assisted Living Exercise Class (3FL) 2:15 Java Music Club (CK) 3:30 Java Music Club (Assisted) (3FL) 6:45 Euchre Night (CK) 7:00 Resident Movie Pick (T)	3 Holland Steppers Walking Challenge *Record your laps at Reception (AF) 10:00 Library Book Drop Off Outing *GROUP 1* (RSVP) 10:30 Mobility and Balance Exercise Class (CK) 10:30 Library Book Drop Off Outing *GROUP 2* (RSVP) 11:15 Assisted Living Exercise Class (3FL) 2:15 Piano Lounge with David (PB) 3:30 SKIP-BO CARDS (Assisted) (3FL) 6:45 Shuffleboard (GR) 7:00 Resident Movie Pick (T)	4 Holland Steppers Walking Challenge *Record your laps at Reception (AF) 10:00 Nelly's Comfort Shoes Vendor (ML) 10:30 Strength and Endurance Exercise Class (CK) 11:15 Assisted Living Exercise Class (3FL) 2:15 Afternoon Craft (CK) 3:30 Balloon Bounce (Assisted) (3FL) 6:45 Billiards Game Night (GR) 7:00 Resident Movie Pick (T)	5 Holland Steppers Walking Challenge *Record your laps at Reception (AF) Therapeutic Colouring Pages Available At Reception (ML) 10:00 Resident Movie Pick (T) 2:15 LOONIE BINGO! & SIGNATURE COCKTAIL HOUR (CK) 3:30 BINGO! BINGO! (Assisted) (3FL) 7:00 Sports Game Night (T) 7:00 Scrabble Saturdays! (CK)	6 Holland Steppers Walking Challenge *Record your laps at Reception (AF) Crosswords Available At Reception (ML) 8:45 Non-Denominational Church Service (T) 10:30 Resident Knitting Nook (CK) 2:00 Arm Chair Travel: Estonia (T) 3:00 Horse Races! 25 cents a bet! (CK) 7:00 Resident Movie Pick (T)
7 Holland Steppers Walking Challenge *Record your laps at Reception (AF) 10:30 Strength and Endurance Exercise Class (CK) 11:15 Assisted Living Exercise Class (3FL) 2:15 Tea Time In The 552 (PB) 3:30 Nail Polish Change With Julianna *Make Appointments At Reception* (CK) 7:00 Resident Movie Pick (T)	8 Holland Steppers Walking Challenge *Record your laps at Reception (AF) 10:30 Mobility and Balance Exercise Class (CK) 11:15 Assisted Living Exercise Class (3FL) 2:15 LOONIE BINGO! (CK) 3:30 BINGO! BINGO! (Assisted) (CK) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick (T)	9 Holland Steppers Walking Challenge *Record your laps at Reception (AF) 10:30 Strength and Endurance Exercise Class (CK) 11:15 Assisted Living Exercise Class (3FL) 2:15 Java Music Club (Assisted) (3FL) 3:30 Arm Chair Travel: Alaska (T) 6:45 Euchre Night (CK) 7:00 Resident Movie Pick (T)	10 Holland Steppers Walking Challenge *Record your laps at Reception (AF) 10:00 Tanger Mall Shopping Outing *GROUP 1* (RSVP) 10:00 Kristin Wilkes Vendor (ML) 10:30 Mobility and Balance Exercise Class (CK) 11:00 Tanger Mall Shopping Outing *GROUP 2* (RSVP) 11:15 Assisted Living Exercise Class (3FL) 2:15 Java Music Club (CK) 3:30 Craft Afternoon (Assisted) (3FL) 6:45 Shuffleboard (GR) 7:00 Resident Movie Pick (T)	11 Holland Steppers Walking Challenge *Record your laps at Reception (AF) 10:30 Strength and Endurance Exercise Class (CK) 11:15 Assisted Living Exercise Class (3FL) 2:15 Luck Of The Irish Craft (CK) 3:30 Balloon Volleyball (Assisted) (CK) 6:45 Billiards Game Night (GR) 7:00 Resident Movie Pick (T)	12 Holland Steppers Walking Challenge *Record your laps at Reception (AF) Therapeutic Colouring Pages Available At Reception (ML) 10:00 Resident Movie Pick (T) 2:15 LOONIE BINGO! & SIGNATURE COCKTAIL HOUR (CK) 3:30 BINGO! BINGO! (Assisted) (3FL) 7:00 Sports Game Night (T) 7:00 Scrabble Saturdays! (CK)	13 Holland Steppers Walking Challenge *Record your laps at Reception (AF) Crosswords Available At Reception (ML) 8:45 Non-Denominational Church Service (T) 10:00 Life Enrichment Meeting With Julianna (CK) 10:30 Resident Knitting Nook (CK) 1:00 MOMA: Presentation Of Monthly Artist (T) 2:00 Gangster Talk With Craig- Topic: Prohibition In New York (T) 7:00 Resident Movie Pick (T)
14 Holland Steppers Walking Challenge *Record your laps at Reception (AF) 10:30 Strength and Endurance Exercise Class (CK) 11:15 Assisted Living Exercise Class (3FL) 2:15 LOONIE BINGO! (CK) 3:30 BINGO! BINGO! (Assisted) (CK) 7:00 Resident Movie Pick (T)	15 Holland Steppers Walking Challenge *Record your laps at Reception (AF) 10:30 Mobility and Balance Exercise Class (CK) 11:15 Assisted Living Exercise Class (3FL) 2:15 Living, Loving, Local: Maple Syrup High Tea (CK) 3:30 Java Music Club (CK) 6:30 Green Beer Cocktail Hour (PB) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick (T)	16 Holland Steppers Walking Challenge *Record your laps at Reception (AF) 10:30 Strength and Endurance Exercise Class (CK) 11:15 Assisted Living Exercise Class (3FL) 2:15 Resident Forum With All Department Managers (CK) 3:30 Java Music Club (Assisted) (3FL) 5:00 Dinner & A Movie *RSVP At Reception* (T) 6:45 Euchre Night (CK) 7:00 Resident Movie Pick (T)	17 Holland Steppers Walking Challenge *Record your laps at Reception (AF) HAPPY ST. PADDY'S DAY!! (AF) 10:00 Morning Entertainment: Irish Music With Michelle (CK) 11:00 Lucky Charm Cupcakes (Assisted Living) (3FL) 2:00 Lucky Charm Cupcake Workshop (CK) 6:45 Shuffleboard (GR) 7:00 Resident Movie Pick (T)	18 Holland Steppers Walking Challenge *Record your laps at Reception (AF) 10:00 Sonita Clothing Vendor (ML) 10:30 Strength and Endurance Exercise Class (CK) 11:15 Assisted Living Exercise Class (3FL) 1:30 Arm Chair Travel (T) 3:00 Afternoon Craft (CK) 6:45 Billiards Game Night (GR) 7:00 Resident Movie Pick (T)	19 Holland Steppers Walking Challenge *Record your laps at Reception (AF) Therapeutic Colouring Pages Available At Reception (ML) NATIONAL LAUGHTER DAY! (AF) 10:00 Resident Movie Pick (T) 2:15 LOONIE BINGO! & SIGNATURE COCKTAIL HOUR (CK) 3:30 BINGO! BINGO! (Assisted) (3FL) 7:00 Sports Game Night (T) 7:00 Scrabble Saturdays! (CK)	20 Holland Steppers Walking Challenge *Record your laps at Reception (AF) Crosswords Available At Reception (ML) 8:45 Non-Denominational Church Service (T) 10:00 Wal-Mart Shopping Outing *GROUP 1* (RSVP) 10:30 Resident Knitting Nook (CK) 10:30 Wal-Mart Shopping Outing *GROUP 2* (RSVP) 2:00 Afternoon Cocktail Hour (PB) 7:00 Resident Movie Pick (T)



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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<div>Holland Steppers Walking Challenge *Record your laps at Reception (AF) 21</div> <div>10:30 Strength and Endurance Exercise Class (CK)</div> <div>11:15 Assisted Living Exercise Class (3FL)</div> <div>2:30 Resident Dining Forum With Christina (CK)</div> <div>3:15 March Resident Birthday Tea Celebration! (CK)</div> <div>7:00 Resident Movie Pick (T)</div>	<div>Holland Steppers Walking Challenge *Record your laps at Reception (AF) 22</div> <div>10:30 Mobility and Balance Exercise Class (CK)</div> <div>11:15 Assisted Living Exercise Class (3FL)</div> <div>2:00 Artful Workshop: Whale's Tail Acrylic Painting (T)</div> <div>3:30 BINGO! BINGO! (Assisted) (CK)</div> <div>3:30 LOONIE BINGO! (CK)</div> <div>6:30 Evening Cocktail Hour (PB)</div> <div>6:45 Card Game Night (PB)</div> <div>7:00 Resident Movie Pick (T)</div>	<div>Holland Steppers Walking Challenge *Record your laps at Reception (AF) 23</div> <div>10:30 Strength and Endurance Exercise Class (CK)</div> <div>11:15 Assisted Living Exercise Class (3FL)</div> <div>2:15 Musical Entertainment by Patricia Duffy (PB)</div> <div>3:15 Silly Auction Afternoon*BRING YOUR ITEMS* (CK)</div> <div>5:00 Dinner & A Movie *RSVP At Reception* (T)</div> <div>6:45 Euchre Night (CK)</div> <div>7:00 Resident Movie Pick (T)</div>	<div>Holland Steppers Walking Challenge *Record your laps at Reception (AF) 24</div> <div>NATIONAL COCKTAIL DAY! (PB)</div> <div>10:00 Georgian Downs Casino Drop Off *GROUP 1* (RSVP)</div> <div>10:30 Mobility and Balance Exercise Class (CK)</div> <div>11:00 Georgian Downs Casino Drop Off *GROUP 2* (RSVP)</div> <div>11:15 Assisted Living Exercise Class (3FL)</div> <div>2:00 MOMA: Art Class & Cocktails (CK)</div> <div>3:30 Guess Who ?? Resident & Staff Baby Photo Challenge (T)</div> <div>6:45 Shuffleboard (GR)</div> <div>7:00 Resident Movie Pick (T)</div>	<div>Holland Steppers Walking Challenge *Record your laps at Reception (AF) 25</div> <div>BON VOYAGE GALA DINNER TONIGHT! *CRUISE WEEK BEGINS* (DR)</div> <div>Cruise Port: JAMACIA (AF)</div> <div>10:30 Strength and Endurance Exercise Class (CK)</div> <div>11:15 Assisted Living Exercise Class (3FL)</div> <div>2:15 Steel Drum Caribbean Entertainment (PB)</div> <div>3:30 Arm Chair Travel : Jamaica With Jamaican Patties (T)</div> <div>6:45 Billiards Game Night (GR)</div> <div>7:00 Resident Movie Pick (T)</div>	<div>Holland Steppers Walking Challenge *Record your laps at Reception (AF) 26</div> <div>Therapeutic Colouring Pages Available At Reception (ML)</div> <div>Cruise Port: ARUBA (AF)</div> <div>10:30 Arm Chair Travel: Aruba (T)</div> <div>2:15 LOONIE BINGO! & SIGNATURE COCKTAIL HOUR (CK)</div> <div>3:30 BINGO! BINGO! (Assisted) (3FL)</div> <div>7:00 Sports Game Night (T)</div> <div>7:00 Scrabble Saturdays! (CK)</div>	<div>Holland Steppers Walking Challenge *Record your laps at Reception (AF) 27</div> <div>Crosswords Available At Reception (ML)</div> <div>CRUISE THEMED BRUNCH TODAY! (DR)</div> <div>Cruise Port: The Bahamas (AF)</div> <div>8:45 Non-Denominational Church Service (T)</div> <div>10:00 ISLAND SMOOTHIE BAR (CK)</div> <div>10:30 Resident Knitting Nook (CK)</div> <div>2:30 Mermaid's Tea Party With Julianna (PB)</div> <div>3:30 Arm Chair Travel: The Bahamas (T)</div> <div>7:00 Resident Movie Pick (T)</div>
<div>Holland Steppers Walking Challenge *Record your laps at Reception (AF) 28</div> <div>Cruise Port: Cuba (AF)</div> <div>CAPTAINS LUNCH TODAY! (DR)</div> <div>10:30 Strength and Endurance Exercise Class (CK)</div> <div>11:00 Arm Chair Travel: Cuba (T)</div> <div>11:15 Assisted Living Exercise Class (3FL)</div> <div>2:15 Latin Entertainment By Carla Gonzalez (PB)</div> <div>3:00 Artful Enrichment: Tropical Toucan Drawing Class (CK)</div> <div>7:00 Resident Movie Pick (T)</div>	<div>Holland Steppers Walking Challenge *Record your laps at Reception (AF) 29</div> <div>Cruise Port: Florida/Disney Land (AF)</div> <div>10:30 Mobility and Balance Exercise Class (CK)</div> <div>11:15 Assisted Living Exercise Class (3FL)</div> <div>2:00 Sea Shell Bingo (CK)</div> <div>3:15 Beach Volleyball Competition (CK)</div> <div>3:30 Arm Chair Travel: Florida (T)</div> <div>6:45 Card Game Night (PB)</div> <div>7:00 Resident Movie Pick (T)</div> <div>7:00 Tropical Beach Party With Ed & Lori (CK)</div>	<div>Holland Steppers Walking Challenge *Record your laps at Reception (AF) 30</div> <div>Cruise Port: Dominican Republic (AF)</div> <div>10:30 Strength and Endurance Exercise Class (CK)</div> <div>11:15 Assisted Living Exercise Class (3FL)</div> <div>2:15 Piano Lounge Afternoon With Patricia (CK)</div> <div>3:15 Hanging Terrarium Craft (CK)</div> <div>3:30 Arm Chair Travel: Dominican Republic (T)</div> <div>6:30 Evening Cocktails & Hors-d'oeuvres (PB)</div> <div>6:45 Euchre Night (CK)</div> <div>7:00 Resident Movie Pick (T)</div>	<div>Holland Steppers Walking Challenge *Record your laps at Reception (AF) 31</div> <div>FAREWELL CAPTAINS GALA DINNER TONIGHT! (DR)</div> <div>Cruise Port: Mexico (AF)</div> <div>10:00 Shoppers Drug Mart *GROUP 1* (RSVP)</div> <div>10:30 Mobility and Balance Exercise Class (CK)</div> <div>10:30 Shoppers Drug Mart *GROUP 2* (RSVP)</div> <div>11:15 Assisted Living Exercise Class (3FL)</div> <div>2:00 Fresh Fruit Arrangements (CK)</div> <div>3:00 Arm Chair Travel: Mexico (T)</div> <div>3:30 Workshop: Caribbean Towel Folding (CK)</div> <div>6:45 Shuffleboard (GR)</div> <div>7:00 Resident Movie Pick (T)</div>	<div><div>Locations Legend</div><div>Country Kitchen (CK)</div><div>Theater (T)</div><div>All Floors (AF)</div><div>3rd Floor Lounge (3FL)</div><div>Pub/Bistro (PB)</div><div>Main Lobby (ML)</div><div>Outing (RSVP)</div><div>Games Room (GR)</div><div>Dining Room (DR)</div></div>		



NEW GRADING SYSTEM FOR MAPLE SYRUP

