



INSPIRED SENIOR LIVING

April 2024

Holland Gardens Retirement Residence Independent / Assisted Living

HOLLAND GARDENS
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday



8:45 Non-Denominational Church Service (T) **7**

10:00 Crosswords Available At Reception (ML)

11:00 Jeopardy / Virtual Games (T)

1:30 GO 4 Life Walking Club (ML)

2:00 Catholic Church Service with Deacon David (T)

3:00 Cafe Social! (CK)

6:00 Card Game Night: Bridge (GR)

7:00 Resident Movie Pick: (T)

8:45 Non-Denominational Church Service (T) **14**

10:00 Crosswords Available At Reception (ML)

11:00 Jeopardy / Virtual Games (T)

1:30 GO 4 Life Walking Club (ML)

2:00 Cafe Social! (CK)

6:00 Card Game Night: Bridge (GR)

7:00 Resident Movie Pick: (T)

Monday

Happy 5th Anniversary Holland Gardens! **1**

9:45 Assisted Living Exercise Class (3FL)

10:00 Jeopardy / Virtual Games (T)

11:00 Strength and Endurance Exercise Class (CK)

1:30 GO 4 Life Walking Club (ML)

1:30 Amazing Andrew Magic Show (CK)

2:15 Live Entertainment with Manvir (CK)

3:00 Welcome Cocktail Hour & 5th Anniversary Celebration (CK)

3:30 Manicure Mondays (3FL)

7:00 Resident Movie Pick: (T)

Baseball Jersey Day! **8**

9:00 Sarah Ann's Foot Care (S)

9:45 Assisted Living Exercise Class (3FL)

10:00 Jeopardy / Virtual Games (T)

11:00 Strength and Endurance Exercise Class (CK)

1:30 GO 4 Life Walking Club (ML)

2:00 Loonie Bingo (CK)

3:00 Solar Eclipse! (T)

3:30 Manicure Mondays (3FL)

7:00 Blue Jay's Home Opener (T)

National Purple Day (AF) **15**

9:45 Assisted Living Exercise Class (3FL)

10:00 Jeopardy / Virtual Games (T)

11:00 Strength and Endurance Exercise Class (CK)

1:30 GO 4 Life Walking Club (ML)

2:00 Loonie Bingo (CK)

3:30 Manicure Mondays (3FL)

7:15 York Regional Police Community Chorus Performance (CK)

Tuesday

9:45 Assisted Living Exercise (3FL) **2**

10:00 Jeopardy / Virtual Games (T)

10:00 Visit to Bradford Foodbank & Donation drop off (ML)

11:00 Chair Yoga (CK)

1:00 Learn to play "Pass the Ace" (PB)

1:30 GO 4 Life Walking Club (ML)

2:00 Learn to Play Pool/Billiards (GR)

2:00 Life Enrichment Meeting (CK)

3:00 Crafters Corner (CK)

6:45 Card Game Night (PB)

7:00 Resident Movie Pick: (T)

9:45 Assisted Living Exercise (3FL) **9**

10:00 Jeopardy / Virtual Games (T)

11:00 Chair Yoga (CK)

11:30 Lunch Outing - Resident's Choice! (RSVP)

1:00 Learn to play "Pass the Ace" (PB)

1:30 GO 4 Life Walking Club (ML)

2:00 Learn to Play Pool/Billiards (GR)

3:00 Crafters Corner (CK)

6:45 Card Game Night (PB)

7:00 Resident Movie Pick: (T)

9:45 Assisted Living Exercise (3FL) **16**

10:00 Jeopardy / Virtual Games (T)

11:00 Chair Yoga (CK)

1:00 Learn to play "Pass the Ace" (PB)

1:30 GO 4 Life Walking Club (ML)

2:00 Resident Forum & Afternoon Social (CK)

2:00 Learn to Play Pool/Billiards (GR)

3:00 Crafters Corner (CK)

6:45 Card Game Night (PB)

7:00 Resident Movie Pick: (T)

Wednesday

9:45 Assisted Living Exercise (3FL) **3**

10:00 Jeopardy / Virtual Games (T)

11:00 Strength and Endurance Exercise Class (CK)

1:00 Fun & Games, Mexican Train Dominos! (CK)

1:30 GO 4 Life Walking Club (ML)

2:00 HG Choir! (PB)

2:15 Feel Frantastic! Exercise/Dance class (3FL)

3:30 Java Music Club (3FL)

4:45 Chef's Private Dinner (PDR)

6:30 Euchre and Pepper Bid Euchre Night (CK)

7:00 Music Night with Linda (T)

9:45 Assisted Living Exercise (3FL) **10**

10:00 Jeopardy / Virtual Games (T)

10:30 Senior Safety with Elisabeth Aschwanden (T)

11:00 Strength and Endurance Exercise Class (CK)

1:00 Fun & Games, Mexican Train Dominos! (CK)

1:30 GO 4 Life Walking Club (ML)

2:00 HG Choir! (PB)

3:30 Java Music Club (3FL)

4:45 Chef's Private Dinner (PDR)

6:30 Euchre and Pepper Bid Euchre Night (CK)

7:00 Men's Night with Linda (T)

9:45 Assisted Living Exercise (3FL) **17**

10:00 Jeopardy / Virtual Games (T)

11:00 Strength and Endurance Exercise Class (CK)

1:00 Fun & Games, Mexican Train Dominos! (CK)

1:30 GO 4 Life Walking Club (ML)

2:00 Entertainment by Jay! (CK)

3:30 Java Music Club (3FL)

4:45 Chef's Private Dinner (PDR)

6:30 Euchre and Pepper Bid Euchre Night (CK)

7:00 Music Night with Linda (T)

Thursday

National Vitamin C Day - Wear Orange! **4**

9:45 Assisted Living Exercise (3FL)

10:00 Jeopardy / Virtual Games (T)

10:30 Bus Outing! Shaw's Maple Syrup Farm & Pancake House (RSVP)

11:00 Drum Fit Exercise Class (T)

1:00 "Netflix Series" - Planet Earth (T)

1:00 Fitness Equipment Instruction (E)

1:30 GO 4 Life Walking Club (ML)

2:00 Artful Enrichment (CK)

2:00 Chocolate Bar Bingo!! (3FL)

6:45 Shuffleboard (PB)

7:00 Resident Movie Pick: (T)

National Barbershop Quartet Day! **11**

9:45 Assisted Living Exercise (3FL)

10:00 Jeopardy / Virtual Games (T)

10:00 Bus Outing! Shopping - DollarTree (RSVP)

11:00 Drum Fit Exercise Class (T)

1:00 "Netflix Series" - Planet Earth (T)

1:30 GO 4 Life Walking Club (ML)

1:30 Entertainment - Prime Time Quartet (PB)

2:00 Artful Enrichment (CK)

2:00 Home Instead Information Session - Mental Health (T)

2:00 Chocolate Bar Bingo!! (3FL)

4:00 Tech Help! *Make Appointments With Reception* (CK)

6:45 Shuffleboard (PB)

7:00 Resident Movie Pick: (T)

9:45 Assisted Living Exercise (3FL) **18**

10:00 Jeopardy / Virtual Games (T)

11:00 Drum Fit Exercise Class (T)

11:00 Bingo Outing (Sutton) (RSVP)

1:00 "Netflix Series" - Planet Earth (T)

1:30 GO 4 Life Walking Club (ML)

2:00 Artful Enrichment (CK)

2:00 Live Entertainment with "Just the Two of Us" (CK)

2:00 Chocolate Bar Bingo!! (3FL)

6:45 Shuffleboard (PB)

7:00 Resident Movie Pick: (T)

Friday

8:00 Ladies' Breakfast (DR) **5**

9:45 Assisted Living Exercise (3FL)

10:00 Jeopardy / Virtual Games (T)

11:00 Strength and Endurance Exercise Class (CK)

1:30 GO 4 Life Walking Club (ML)

2:00 Horse Races (CK)

3:00 Cocktail Hour and Games! (PB)

6:45 Billiards Game Night (GR)

7:00 Resident Movie Pick: (T)

9:45 Assisted Living Exercise (3FL) **12**

10:00 Jeopardy / Virtual Games (T)

11:00 Strength and Endurance Exercise Class (CK)

1:30 GO 4 Life Walking Club (ML)

2:00 Horse Races (CK)

3:00 Cocktail Hour and Games! (PB)

6:45 Billiards Game Night (GR)

7:00 Resident Movie Pick: (T)

8:00 Men's Breakfast (DR) **19**

9:45 Assisted Living Exercise (3FL)

10:00 Jeopardy / Virtual Games (T)

11:00 Strength and Endurance Exercise Class (CK)

1:30 GO 4 Life Walking Club (ML)

2:00 Horse Races (CK)

3:00 Cocktail Hour and Games! (PB)

6:45 Billiards Game Night (GR)

7:00 Resident Movie Pick: (T)

Saturday

8:00 Puzzles & Colouring Pages Available in Mailroom (ML) **6**

10:00 Music & Movement (3FL)

11:00 Jeopardy / Virtual Games (T)

1:30 GO 4 Life Walking Club (ML)

2:00 Loonie Bingo (CK)

6:30 Game Night Saturdays! (GR)

8:00 Puzzles & Colouring Pages Available in Mailroom (ML) **13**

10:00 Music & Movement (3FL)

11:00 Jeopardy / Virtual Games (T)

1:30 GO 4 Life Walking Club (ML)

2:00 Loonie Bingo (CK)

6:30 Game Night Saturdays! (GR)

Volunteer Appreciation Day (AF) **20**

8:00 Puzzles & Colouring Pages Available in Mailroom (ML)

10:00 Music & Movement (3FL)

11:00 Jeopardy / Virtual Games (T)

1:00 "The Hallelujah Girls" Live Theatre (RSVP)

1:30 GO 4 Life Walking Club (ML)

2:00 Loonie Bingo (CK)

6:30 Game Night Saturdays! (GR)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Tea Day! - Wear your hat or fascinator! 21</p> <p>8:45 Non-Denominational Church Service (T)</p> <p>10:00 Crosswords Available At Reception (ML)</p> <p>11:00 Jeopardy / Virtual Games (T)</p> <p>1:30 GO 4 Life Walking Club (ML)</p> <p>2:00 Cafe Social! (CK)</p> <p>6:00 Card Game Night: Bridge (GR)</p> <p>7:00 Resident Movie Pick: (T)</p>	<p>Earth Day! Wear Your Green, Blue or White! (AF) 22</p> <p>Artful Enrichment Week</p> <p>9:45 Assisted Living Exercise Class (3FL)</p> <p>10:00 Mobile Boutique (ML)</p> <p>10:30 Jeopardy / Virtual Games (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:30 GO 4 Life Walking Club (ML)</p> <p>1:30 Famous Artists - Documentaries (T)</p> <p>2:00 Loonie Bingo (CK)</p> <p>3:00 Baking - Honey Loaf (CK)</p> <p>3:30 Manicure Mondays (3FL)</p> <p>7:00 Resident Movie Pick: (T)</p>	<p>Artful Enrichment Week 23</p> <p>9:45 Assisted Living Exercise (3FL)</p> <p>10:30 Jeopardy / Virtual Games (T)</p> <p>11:00 Chair Yoga (CK)</p> <p>1:00 Learn to play "Pass the Ace" (PB)</p> <p>1:30 GO 4 Life Walking Club (ML)</p> <p>1:30 Famous Artists - Documentaries (T)</p> <p>2:00 Learn to Play Pool/Billiards (GR)</p> <p>2:00 Book Club Social (CK)</p> <p>3:00 Crafters Corner (CK)</p> <p>6:45 Card Game Night (PB)</p> <p>7:00 Resident Movie Pick: (T)</p>	<p>Artful Enrichment Week 24</p> <p>9:45 Assisted Living Exercise (3FL)</p> <p>10:30 Jeopardy / Virtual Games (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 Fun & Games, Mexican Train Dominos! (CK)</p> <p>1:30 GO 4 Life Walking Club (ML)</p> <p>1:30 Famous Artists - Documentaries (T)</p> <p>2:15 Entertainment with Kid Crooner (PB)</p> <p>3:30 Java Music Club (3FL)</p> <p>4:45 Chef's Private Dinner (PDR)</p> <p>6:30 Euchre and Pepper Bid Euchre Night (CK)</p> <p>7:00 Men's Night with Linda (T)</p>	<p>Artful Enrichment Week 25</p> <p>9:45 Assisted Living Exercise (3FL)</p> <p>10:00 Vendor: Sonita's Accessories (ML)</p> <p>10:30 Jeopardy / Virtual Games (T)</p> <p>10:30 McMicheal Art Gallery Trip (RSVP)</p> <p>11:00 Drum Fit Exercise Class (T)</p> <p>1:30 GO 4 Life Walking Club (ML)</p> <p>1:30 Famous Artists - Documentaries (T)</p> <p>2:00 Artful Enrichment (CK)</p> <p>2:00 Chocolate Bar Bingo!! (3FL)</p> <p>6:45 Shuffleboard (PB)</p> <p>7:00 Resident Movie Pick: (T)</p>	<p>Artful Enrichment Week 26</p> <p>9:45 Assisted Living Exercise (3FL)</p> <p>10:30 Jeopardy / Virtual Games (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:30 GO 4 Life Walking Club (ML)</p> <p>1:30 Famous Artists - Documentaries (T)</p> <p>2:00 Horse Races (CK)</p> <p>3:00 Cocktail Hour and Games! (PB)</p> <p>6:45 Billiards Game Night (GR)</p> <p>7:00 Resident Movie Pick: (T)</p>	<p>8:00 Puzzles & Colouring Pages Available in Mailroom (ML) 27</p> <p>10:00 Music & Movement (3FL)</p> <p>11:00 Jeopardy / Virtual Games (T)</p> <p>1:30 GO 4 Life Walking Club (ML)</p> <p>2:00 Loonie Bingo (CK)</p> <p>3:00 Art Gallery Auction (CK)</p> <p>6:30 Game Night Saturdays! (GR)</p>
<p>8:45 Non-Denominational Church Service (T) 28</p> <p>10:00 Crosswords Available At Reception (ML)</p> <p>11:00 Jeopardy / Virtual Games (T)</p> <p>1:30 GO 4 Life Walking Club (ML)</p> <p>2:00 Cafe Social! (CK)</p> <p>6:00 Card Game Night: Bridge (GR)</p> <p>7:00 Resident Movie Pick: (T)</p>	<p>9:45 Assisted Living Exercise Class (3FL) 29</p> <p>10:30 Jeopardy / Virtual Games (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:30 GO 4 Life Walking Club (ML)</p> <p>2:00 Loonie Bingo (CK)</p> <p>3:30 Manicure Mondays (3FL)</p> <p>7:00 Resident Movie Pick: (T)</p>	<p>9:45 Assisted Living Exercise (3FL) 30</p> <p>10:00 Maria - Jewellery (ML)</p> <p>10:30 Jeopardy / Virtual Games (T)</p> <p>11:00 Chair Yoga (CK)</p> <p>1:00 Learn to play "Pass the Ace" (PB)</p> <p>1:30 GO 4 Life Walking Club (ML)</p> <p>2:00 Resident and Staff Birthday Celebration (CK)</p> <p>2:00 Learn to Play Pool/Billiards (GR)</p> <p>3:00 Crafters Corner (CK)</p> <p>6:45 Card Game Night (PB)</p> <p>7:00 Resident Movie Pick: (T)</p>				



Locations Legend

- Theater (T)
- Country Kitchen (CK)
- Main Lobby (ML)
- 3rd Floor Lounge (3FL)
- Pub/Bistro (PB)
- Games Room (GR)

Calendar Legend

- Outing (RSVP)
- Private Dining Room (PDR)
- All Floors (AF)
- Dining Room (DR)
- Exercise Room (E)
- Spa (S)

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local
- Signature Program