




INSPIRED
SENIOR LIVING

September 2025

Independent & Assisted Living

HOLLAND GARDENS
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Happy Grandparents Day (AF) 7 8:45 Non-Denominational Church Service (T) 10:00 Crosswords Available At Reception (ML) 12:00 Downton Abbey Private Movie Outing (RSVP) 2:15 Grandparent's Day Entertainment With Davis Steven! (CK) 3:00 Afternoon Movie Matinee With Popcorn (T) 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	Holiday Monday! No Exercise Today! (ML) 1 1:00 GO 4 Life Walking Club (ML) 2:15 Entertainment With Kelly Davies! (CK) 3:00 Resident Run Patio Games (PLP) 7:00 Resident Movie Pick (T)	Mobile Smile Clinic With Tina *Make Appointments At Reception* (S) 2 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Chair Yoga IL & AL (CK) 11:00 Walmart Shopping *Shuttle Service* (RSVP) 1:00 Pass The Ace (PB) 1:30 Maple Sugar Scrub Craft *RSVP* (CK) 3:00 Summer Nail Polish Change *RSVP* (CK) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick (T)	10:00 Jeopardy! (T) 3 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 1:30 Kitchen Mini Cutting Board Decor Craft *RSVP* (CK) 3:00 Balloon Volleyball Competiton! (CK) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)	10:00 Jeopardy! (T) 4 10:00 Assisted Living Exercise Class (3FL) 11:00 Drum Fit IL & AL (CK) 2:00 Back To School Dance With Ed Cotton (CK) 7:00 Resident Movie Pick (T)	BBQ Lunch Friday! (DR) 5 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Horse Races! 50 Cents A Bet! (CK) 3:00 New Resident Welcome Cocktail Hour With Shelley! (PB) 7:00 Resident Movie Pick (T)	Puzzles & Colouring Pages Available in Mailroom (ML) 6 10:00 Morning Coffee & Chat With Elise (ML) 11:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Russ! (CK) 3:15 Java Music Club! (3FL) 7:00 Resident Movie Pick (T)
8:45 Non-Denominational Church Service (T) 10:00 Crosswords Available At Reception (ML) 12:00 Downton Abbey Private Movie Outing (RSVP) 2:15 Grandparent's Day Entertainment With Davis Steven! (CK) 3:00 Afternoon Movie Matinee With Popcorn (T) 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	Sarah Ann's Foot Care Services * Make Appointment At Reception* (S) 8 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Terry! (CK) 3:15 Java Music Club! (3FL) 7:00 Resident Movie Pick (T)	Living, Loving, Local Corn Themed Dinner (CK) 9 Wear Your Comfy Sweater Day! (AF) 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 10:45 Chair Yoga IL & AL (CK) 1:00 Pass The Ace (PB) 1:30 Fall Decor Craft *RSVP* (CK) 3:00 The Friendly Debate! (T) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick (T)	10:00 Jeopardy! (T) 10 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 1:30 Summer Nail Polish Change *RSVP* (CK) 3:00 Tena Presentation With Liat (T) 4:30 Chef's Private Dinner *RSVP* (PDR) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)	Ladies Breakfast Today! (DR) 11 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Drum Fit IL & AL (CK) 1:30 Artful Enrichment Program: Painted Floral Glasses *RSVP* (CK) 3:15 Bocce Game! *Parking Lot Patio* (PLP) 7:00 Resident Movie Pick (T)	BBQ Lunch Friday! (DR) Chocolate Milkshake Day! (AF) 12 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Horse Races! 50 Cents A Bet! (CK) 3:00 Milkshake Cocktail Hour and Friendly Feud! (PB) 7:00 Resident Movie Pick (T)	Puzzles & Colouring Pages Available in Mailroom (ML) 13 Canadian Themed Open House Today 1:00pm-3:00pm! Wear Your Canada Colours! (ML) 11:00 GO 4 Life Walking Club (ML) 1:00 Afternoon Entertainment By Jeff Giles (CK) 2:00 Resident Run Patio Games (PLP) 7:00 Resident Movie Pick (T)
Sunday Brunch 11:00am-1:00pm *Guests RSVP At Reception* (DR) 14 8:45 Non-Denominational Church Service (T) 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 2:00 Living, Loving, Local Corn Themed Tea Social *RSVP* (CK) 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	Sarah Ann's Foot Care Services * Make Appointment At Reception* (S) 15 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Terry! (CK) 3:00 Manicure Monday *RSVP* (CK) 7:00 Resident Movie Pick (T)	10:00 Jeopardy! (T) 16 10:00 Assisted Living Exercise Class (3FL) 10:45 Chair Yoga IL & AL (CK) 11:00 Rosary With Father John (T) 1:00 Pass The Ace (PB) 1:30 3D Leaf Canvas Art *RSVP* (CK) 3:00 Wine & Cheese Event *RSVP* (PB) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick (T)	10:00 Jeopardy! (T) 17 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 11:30 East Side Mario's Lunch Outing *RSVP* (RSVP) 1:00 GO 4 Life Walking Club (ML) 2:15 September Resident Birthday Celebration & Entertainment With Zack! (CK) 3:30 Culinary Meeting With Jeremy (T) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)	Casual Thursday! (AF) 18 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 10:00 Muskoka Steamship 2.5 Hour Sightseeing Cruise *RSVP* (RSVP) 11:00 Drum Fit IL & AL (CK) 1:30 Artful Enrichment Program: Ceiling Tile Painting (CK) 3:00 Create Your Own Personalized Pizza! *RSVP* (CK) 4:30 Personalized Pizza Night Party For Those Who Made A Pizza! (CK) 7:00 Resident Movie Pick (T)	BBQ Lunch Friday! (DR) 19 Eraida's Seamstress Services *Alvaro's Mom* (ML) 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Horse Races! 50 Cents A Bet! (CK) 3:00 Cocktail Hour and Friendly Feud! (PB) 7:00 Resident Movie Pick (T)	Puzzles & Colouring Pages Available in Mailroom (ML) 20 10:00 Morning Coffee & Chat With Elise (ML) 11:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Russ! (CK) 3:15 Java Music Club! (3FL) 7:00 Resident Movie Pick (T)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>8:45 Non-Denominational Church Service (T) 21</div> <div>10:00 Crosswords Available At Reception (ML)</div> <div>1:00 Fit Minds Stay Sharp (CK)</div> <div>2:00 Ladder Toss Competiton With Sonia! (PLP)</div> <div>6:00 Card Game Night: Bridge (GR)</div> <div>7:00 Resident Movie Pick (T)</div>	<div>Happy 1st Day Of Fall- Wear Your Fall Colours! (ML) 22</div> <div>10:00 Jeopardy! (T)</div> <div>10:00 Assisted Living Exercise Class (3FL)</div> <div>11:00 Strength and Endurance Exercise Class (CK)</div> <div>1:00 GO 4 Life Walking Club (ML)</div> <div>2:00 Loonie Bingo With Terry! (CK)</div> <div>3:00 Manicure Monday *RSVP* (CK)</div> <div>7:00 Resident Movie Pick (T)</div>	<div>10:00 Jeopardy! (T) 23</div> <div>10:00 Assisted Living Exercise Class (3FL)</div> <div>10:45 Chair Yoga IL & AL (CK)</div> <div>1:00 Pass The Ace (PB)</div> <div>1:30 Fall Floral Arrangements *RSVP* (CK)</div> <div>3:00 Resident Forum With All Department Managers (CK)</div> <div>6:45 Card Game Night (PB)</div> <div>7:00 Resident Movie Pick (T)</div>	<div>10:00 Jeopardy! (T) 24</div> <div>10:00 Assisted Living Exercise Class (3FL)</div> <div>11:00 Strength and Endurance Exercise Class (CK)</div> <div>1:00 GO 4 Life Walking Club (ML)</div> <div>1:30 The Price Is Right! *Fall Edition* (CK)</div> <div>3:00 Life Enrichment Meeting With Julianna (CK)</div> <div>4:00 Book Club With Shelley! (CK)</div> <div>6:30 Euchre and Pepper Bid Euchre Night (CK)</div> <div>7:00 Resident Movie Pick (T)</div>	<div>Men's Breakfast Today! (DR) 25</div> <div>10:00 Jeopardy! (T)</div> <div>10:00 Assisted Living Exercise Class (3FL)</div> <div>11:00 Drum Fit IL & AL (CK)</div> <div>11:00 BINGO IN SUTTON! (RSVP)</div> <div>2:00 Balloon Volleyball Competiton! (CK)</div> <div>3:00 The Friendly Debate! (T)</div> <div>6:45 Silly Auction Evening Event *BRING YOUR ITEMS* (CK)</div> <div>7:00 Resident Movie Pick (T)</div>	<div>BBQ Lunch Friday! (DR) 26</div> <div>10:00 Jeopardy! (T)</div> <div>10:00 Assisted Living Exercise Class (3FL)</div> <div>11:00 Strength and Endurance Exercise Class (CK)</div> <div>1:00 GO 4 Life Walking Club (ML)</div> <div>2:00 Horse Races! 50 Cents A Bet! (CK)</div> <div>3:00 Cocktail Hour and Friendly Feud! (PB)</div> <div>7:00 Resident Movie Pick (T)</div>	<div>Puzzles & Colouring Pages Available in Mailroom (ML) 27</div> <div>10:00 Morning Coffee & Chat With Elise (ML)</div> <div>11:00 GO 4 Life Walking Club (ML)</div> <div>2:00 Loonie Bingo With Russ! (CK)</div> <div>3:15 Java Music Club! (3FL)</div> <div>7:00 Resident Movie Pick (T)</div>
<div>8:45 Non-Denominational Church Service (T) 28</div> <div>10:00 Crosswords Available At Reception (ML)</div> <div>1:00 Fit Minds Stay Sharp (CK)</div> <div>2:00 Catholic Church Service with Deacon David (T)</div> <div>3:00 Ladder Toss Competiton With Sonia! (PLP)</div> <div>6:00 Card Game Night: Bridge (GR)</div> <div>7:00 Resident Movie Pick (T)</div>	<div>National Coffee Day! (PB) 29</div> <div>10:00 Jeopardy! (T)</div> <div>10:00 Assisted Living Exercise Class (3FL)</div> <div>11:00 Strength and Endurance Exercise Class (CK)</div> <div>1:00 GO 4 Life Walking Club (ML)</div> <div>2:00 Loonie Bingo With Terry! (CK)</div> <div>3:00 Coffee & Cake Social *RSVP* (PB)</div> <div>7:00 Resident Movie Pick (T)</div>	<div>National Day For Truth & Reconciliation Day- Wear Your Orange Shirt (AF) 30</div> <div>9:00 Great Blue Heron Casino Outing *RSVP* (RSVP)</div> <div>10:00 Jeopardy! (T)</div> <div>10:00 Assisted Living Exercise Class (3FL)</div> <div>10:45 Chair Yoga IL & AL (CK)</div> <div>1:00 Pass The Ace (PB)</div> <div>1:30 Artful Enrichment Live Workshop: Clay Oktoberfest Pretzels *RSVP* (CK)</div> <div>3:00 Family Feud Event Hosted By Eugenio (CK)</div> <div>6:45 Card Game Night (PB)</div> <div>7:00 Resident Movie Pick (T)</div>	<div><div>TUESDAY SEPT 30</div><div>Day for Truth and Reconciliation</div></div>		<div><div>MONDAY AUG 4</div><div>Civic Holiday</div></div>	



Culinary Arts Month



Be
Bold

Locations Legend		Calendar Legend
Country Kitchen (CK)	Outing (RSVP)	Outing
Theater (T)	Parking Lot Patio (PLP)	Special Program
Main Lobby (ML)	All Floors (AF)	Vendor
3rd Floor Lounge (3FL)	Games Room (GR)	Theme Day
Pub/Bistro (PB)	Spa (S)	Living, Loving, Local
Dining Room (DR)	Private Dining Room (PDR)	Signature Program