



INSPIRED SENIOR LIVING

# November 2025

HOLLAND GARDENS  
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

## Memory Care Households Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>TUESDAY</b> <b>NOV 11</b> <b>Remembrance Day</b></p>	 <p><b>November</b></p>	<p><b>Calendar Legend</b></p> <p>Outing Special Program Living, Loving, Local Signature Program</p>	<p><b>Locations Legend</b></p> <p>2nd Floor Kitchen (2K) 2nd Floor Living Room (2LR) 2nd Floor Multi-Purpose Room (2MP) 2nd Floor Dining Room (2DR) 2nd Floor Hallways (2FH) Theater (T) Outing (RSVP) 2nd Floor Patio (2FP)</p>	<p>10:00 Virtual Sing A Long (2LR) <b>1</b> 11:00 Balloon Tennis (2DR) 11:00 GO 4 Life Walking Club (2FH) 2:00 Afternoon Tea &amp; Treats! (2DR) 3:00 Movie Popcorn Matinee (2LR) 6:30 Reminiscing Group (2LR)</p>		
<p>10:00 Virtual Church Service (2LR) <b>2</b> 10:30 Morning Exercise (2LR) 11:00 GO 4 Life Walking Club (2FH) 1:00 Bingo Afternoon! (2LR) 2:30 Afternoon Tea &amp; Treats (2DR) 3:00 Afternoon Movie Matinee With Popcorn (T) 6:30 Card Game Night (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>3</b> 10:30 BINGO! (2K) 1:00 Hot Chocolate Outing Drive (RSVP) 2:30 Tea Time &amp; Trivia! (2K) 3:30 Horse Races! (2K) 6:30 Music &amp; Therapeutic Colouring (2MP)</p>	<p>9:30 Music and Movement (2MP) <b>4</b> 10:30 Nature Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Felt Poppie Craft (2MP) 2:30 Smoothies &amp; Story Social (2K) 3:30 Nail Polish Change (2LR) 6:30 Movie Night &amp; Popcorn! (2LR) 7:00 Hallway Strolls (2FH)</p>	<p>9:30 Morning Yoga and Stretch Exercise (2MP) <b>5</b> 10:30 Number Bingo! (2K) 1:30 Music Playlist Reminiscing (2K) 2:30 Apple Cider &amp; Fit Minds! (2K) 3:30 GIANT BOWLING! (2LR) 6:00 Evening Snack Social &amp; Trivia (2MP) 7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>6</b> 10:30 Holiday Baking Class! (2K) 11:00 GO 4 Life Walking Club (2K) 1:30 Musical Entertainment by Zack (2LR) 2:30 Fancy High Tea Party! (2K) 3:30 Java Music Club (2LR) 7:00 Colour By Numbers (2K)</p>	<p>9:30 Drum Fit Exercise Class (2DR) <b>7</b> 10:30 School Days Bingo! (2K) 11:00 Pool Noodle Balloon Volleyball (2LR) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies &amp; Mocktails! (2FP) 3:00 Music Club! (2K) 6:30 Movie Night &amp; Popcorn! (2LR)</p>	<p>10:00 Virtual Sing A Long (2LR) <b>8</b> 11:00 Balloon Tennis (2DR) 11:00 GO 4 Life Walking Club (2FH) 2:00 Afternoon Tea &amp; Treats! (2DR) 3:00 Movie Popcorn Matinee (2LR) 6:30 Reminiscing Group (2LR)</p>
<p>10:00 Virtual Church Service (2LR) <b>9</b> 10:30 Morning Exercise (2LR) 11:00 GO 4 Life Walking Club (2FH) 1:00 Bingo Afternoon! (2LR) 2:30 Afternoon Tea &amp; Treats (2DR) 3:00 Afternoon Movie Matinee With Popcorn (T) 6:30 Card Game Night (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>10</b> 10:30 BINGO! (2K) 1:00 Hot Chocolate Outing Drive (RSVP) 2:30 Tea Time &amp; Trivia! (2K) 3:30 Horse Races! (2K) 6:30 Music &amp; Therapeutic Colouring (2MP)</p>	<p>9:30 Music and Movement (2MP) <b>11</b> 10:30 Nature Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Poppy Craft For Remembrance Day (2MP) 2:30 Poppy Themed Tea Party (2K) 3:30 Nail Polish Change (2LR) 6:30 Movie Night &amp; Popcorn! (2LR) 7:00 Hallway Strolls (2FH)</p>	<p>9:30 Morning Yoga and Stretch Exercise (2MP) <b>12</b> 10:30 Number Bingo! (2K) 1:30 Music Playlist Reminiscing (2K) 2:30 Apple Cider &amp; Fit Minds! (2K) 3:30 GIANT BOWLING! (2LR) 6:00 Evening Snack Social &amp; Trivia (2MP) 7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>13</b> 10:30 Holiday Baking Class! (2K) 11:00 GO 4 Life Walking Club (2K) 1:30 Entertainment By Judy (2K) 2:30 Fancy High Tea Party! (2K) 3:30 Java Music Club (2LR) 7:00 Colour By Numbers (2K)</p>	<p>9:30 Drum Fit Exercise Class (2DR) <b>14</b> 10:30 School Days Bingo! (2K) 11:00 Pool Noodle Balloon Volleyball (2LR) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies &amp; Mocktails! (2FP) 3:00 Music Club! (2K) 6:30 Movie Night &amp; Popcorn! (2LR)</p>	<p>10:00 Virtual Sing A Long (2LR) <b>15</b> 11:00 Balloon Tennis (2DR) 11:00 GO 4 Life Walking Club (2FH) 2:00 Afternoon Tea &amp; Treats! (2DR) 3:00 Movie Popcorn Matinee (2LR) 6:30 Reminiscing Group (2LR)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>10:00 Virtual Church Service (2LR) <b>16</b></p> <p>10:30 Morning Exercise (2LR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>1:00 Bingo Afternoon! (2LR)</p> <p>2:30 Afternoon Tea &amp; Treats (2DR)</p> <p>3:00 Afternoon Movie Matinee With Popcorn (T)</p> <p>6:30 Card Game Night (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>17</b></p> <p>10:30 BINGO! (2K)</p> <p>1:00 Hot Chocolate Outing Drive (RSVP)</p> <p>2:30 Tea Time &amp; Trivia! (2K)</p> <p>3:30 Horse Races! (2K)</p> <p>6:30 Music &amp; Therapeutic Colouring (2MP)</p>	<p>9:30 Music and Movement (2MP) <b>18</b></p> <p>10:30 Nature Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Clay Angel Craft (2MP)</p> <p>2:30 Smoothies &amp; Story Social (2K)</p> <p>3:30 Nail Polish Change (2LR)</p> <p>6:30 Movie Night &amp; Popcorn! (2LR)</p> <p>7:00 Hallway Strolls (2FH)</p>	<p>9:30 Morning Yoga and Stretch Exercise (2MP) <b>19</b></p> <p>10:30 Number Bingo! (2K)</p> <p>1:30 Music Playlist Reminiscing (2K)</p> <p>2:30 Apple Cider &amp; Fit Minds! (2K)</p> <p>3:30 GIANT BOWLING! (2LR)</p> <p>6:00 Evening Snack Social &amp; Trivia (2MP)</p> <p>7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>20</b></p> <p>10:30 Holiday Baking Class! (2K)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Live Entertainment with Common Thread (2LR)</p> <p>2:30 Fancy High Tea Party! (2K)</p> <p>3:30 Java Music Club (2LR)</p> <p>7:00 Colour By Numbers (2K)</p>	<p>9:30 Drum Fit Exercise Class (2DR) <b>21</b></p> <p>10:30 School Days Bingo! (2K)</p> <p>11:00 Pool Noodle Balloon Volleyball (2LR)</p> <p>1:30 Artful Enrichment Program (2DR)</p> <p>2:30 Munchies &amp; Mocktails! (2FP)</p> <p>3:00 Music Club! (2K)</p> <p>6:30 Movie Night &amp; Popcorn! (2LR)</p>	<p>10:00 Virtual Sing A Long (2LR) <b>22</b></p> <p>11:00 Balloon Tennis (2DR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>2:00 Afternoon Tea &amp; Treats! (2DR)</p> <p>3:00 Movie Popcorn Matinee (2LR)</p> <p>6:30 Reminiscing Group (2LR)</p>	
<p>10:00 Virtual Church Service (2LR) <b>23</b></p> <p>10:30 Morning Exercise (2LR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>1:00 Bingo Afternoon! (2LR)</p> <p>2:30 Afternoon Tea &amp; Treats (2DR)</p> <p>3:00 Afternoon Movie Matinee With Popcorn (T)</p> <p>6:30 Card Game Night (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>24</b></p> <p>10:30 BINGO! (2K)</p> <p>1:00 Hot Chocolate Outing Drive (RSVP)</p> <p>2:30 Tea Time &amp; Trivia! (2K)</p> <p>3:30 Horse Races! (2K)</p> <p>6:30 Music &amp; Therapeutic Colouring (2MP)</p>	<p>9:30 Music and Movement (2MP) <b>25</b></p> <p>10:30 Nature Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Homemade Christmas Cards! (2MP)</p> <p>2:30 Smoothies &amp; Story Social (2K)</p> <p>3:30 Nail Polish Change (2LR)</p> <p>6:30 Movie Night &amp; Popcorn! (2LR)</p> <p>7:00 Hallway Strolls (2FH)</p>	<p>9:30 Morning Yoga and Stretch Exercise (2MP) <b>26</b></p> <p>10:30 Number Bingo! (2K)</p> <p>1:30 Music Playlist Reminiscing (2K)</p> <p>2:30 Apple Cider &amp; Fit Minds! (2K)</p> <p>3:30 GIANT BOWLING! (2LR)</p> <p>6:00 Evening Snack Social &amp; Trivia (2MP)</p> <p>7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>27</b></p> <p>10:30 Musical Instrument Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Holiday Baking Class! (2K)</p> <p>2:30 Fancy High Tea Party! (2K)</p> <p>3:30 Java Music Club (2LR)</p> <p>7:00 Colour By Numbers (2K)</p>	<p>9:30 Drum Fit Exercise Class (2DR) <b>28</b></p> <p>10:30 School Days Bingo! (2K)</p> <p>11:00 Pool Noodle Balloon Volleyball (2LR)</p> <p>1:30 Artful Enrichment Program (2DR)</p> <p>2:30 Munchies &amp; Mocktails! (2FP)</p> <p>3:00 Music Club! (2K)</p> <p>6:30 Movie Night &amp; Popcorn! (2LR)</p>	<p>10:00 Virtual Sing A Long (2LR) <b>29</b></p> <p>11:00 Balloon Tennis (2DR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>2:00 Afternoon Tea &amp; Treats! (2DR)</p> <p>3:00 Movie Popcorn Matinee (2LR)</p> <p>6:30 Reminiscing Group (2LR)</p>	
<p>10:00 Virtual Church Service (2LR) <b>30</b></p> <p>10:30 Morning Exercise (2LR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>1:00 Bingo Afternoon! (2LR)</p> <p>2:30 Afternoon Tea &amp; Treats (2DR)</p> <p>3:00 Afternoon Movie Matinee With Popcorn (T)</p> <p>6:30 Card Game Night (2MP)</p>	<p><u>Locations Legend</u></p> <p>2nd Floor Kitchen (2K)</p> <p>2nd Floor Living Room (2LR)</p> <p>2nd Floor Multi-Purpose Room (2MP)</p> <p>2nd Floor Dining Room (2DR)</p> <p>2nd Floor Hallways (2FH)</p> <p>Theater (T)</p> <p>Outing (RSVP)</p> <p>2nd Floor Patio (2FP)</p>	<p><u>Calendar Legend</u></p> <p>Outing</p> <p>Special Program</p> <p>Living, Loving, Local</p> <p>Signature Program</p>	<p><b>LEST WE FORGET</b></p>				