



INSPIRED SENIOR LIVING

# December 2025

HOLLAND GARDENS  
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

## Memory Care Households Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>1</b></p> <p>10:30 Christmas Bingo! (2K)</p> <p>1:30 Christmas Themed Manicures! (2LR)</p> <p>2:30 Christmas Tree Lighting &amp; Carols (2MP)</p> <p>3:30 Reindeer Races! (2K)</p> <p>6:30 Music &amp; Therapeutic Colouring (2MP)</p>	<p>9:30 Music and Movement (2MP) <b>2</b></p> <p>10:30 12 Days Of Christmas Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 The Christmas Crafters! (2MP)</p> <p>3:00 Smoothies &amp; Story Social (2K)</p> <p>6:30 Christmas Movie Night &amp; Popcorn! (2LR)</p> <p>7:00 Hallway Strolls (2FH)</p>	<p>9:30 Morning Yoga and Stretch Exercise (2MP) <b>3</b></p> <p>10:30 Nativity Bingo! (2K)</p> <p>1:30 Music Playlist Reminiscing (2K)</p> <p>2:30 Apple Cider &amp; Fit Minds! (2K)</p> <p>3:30 GIANT BOWLING! (2LR)</p> <p>6:00 Evening Snack Social &amp; Trivia (2MP)</p> <p>7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>4</b></p> <p>10:30 Musical Instrument Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Holiday Baking Class! (2K)</p> <p>2:30 Holiday High Tea Party! (2K)</p> <p>3:30 Java Music Club (2LR)</p> <p>7:00 Colour By Numbers (2K)</p>	<p>9:30 Drum Fit Exercise Class (2DR) <b>5</b></p> <p>10:30 School Days Bingo! (2K)</p> <p>11:00 Pool Noodle Balloon Volleyball (2LR)</p> <p>1:00 Hot Chocolate Outing Drive (RSVP)</p> <p>1:30 Artful Enrichment Program (2DR)</p> <p>2:30 Munchies &amp; Mocktails! (2FP)</p> <p>3:00 Christmas Carol Sing A Long! (2K)</p> <p>6:30 Christmas Movie Night &amp; Popcorn! (2LR)</p>	<p>10:00 Virtual Sing A Long (2LR) <b>6</b></p> <p>11:00 Balloon Tennis (2DR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>2:00 Afternoon Tea &amp; Treats! (2DR)</p> <p>3:00 Christmas Movie Popcorn Matinee (2LR)</p> <p>6:30 Reminiscing Group (2LR)</p>
<p>10:00 Virtual Church Service (2LR) <b>7</b></p> <p>10:30 Morning Exercise (2LR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>1:00 Bingo Afternoon! (2LR)</p> <p>2:30 Afternoon Tea &amp; Treats (2DR)</p> <p>3:00 Afternoon Movie Matinee With Popcorn (T)</p> <p>6:30 Card Game Night (2MP)</p>	<p>9:30 Spa Morning With Holy Trinity Students (2MP) <b>8</b></p> <p>10:30 Exercise (2K)</p> <p>1:30 Entertainment with Marcus (2K)</p> <p>2:30 Tea Time &amp; Trivia! (2K)</p> <p>3:30 Reindeer Races! (2K)</p> <p>6:30 Music &amp; Therapeutic Colouring (2MP)</p>	<p>9:30 Music and Movement (2MP) <b>9</b></p> <p>10:30 12 Days Of Christmas Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 The Christmas Crafters! (2MP)</p> <p>3:00 Christmas Themed Manicures! (2LR)</p> <p>6:30 Christmas Movie Night &amp; Popcorn! (2LR)</p> <p>7:00 Hallway Strolls (2FH)</p>	<p>9:30 Morning Yoga and Stretch Exercise (2MP) <b>10</b></p> <p>10:30 Nativity Bingo! (2K)</p> <p>1:30 Music Playlist Reminiscing (2K)</p> <p>2:30 Apple Cider &amp; Fit Minds! (2K)</p> <p>3:30 GIANT BOWLING! (2LR)</p> <p>6:00 Evening Snack Social &amp; Trivia (2MP)</p> <p>7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>11</b></p> <p>10:30 Musical Instrument Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Holiday Baking Class! (2K)</p> <p>2:30 Holiday High Tea Party! (2K)</p> <p>3:30 Java Music Club (2LR)</p> <p>7:00 Colour By Numbers (2K)</p>	<p>9:30 Drum Fit Exercise Class (2DR) <b>12</b></p> <p>10:30 School Days Bingo! (2K)</p> <p>11:00 Pool Noodle Balloon Volleyball (2LR)</p> <p>1:00 Hot Chocolate Outing Drive (RSVP)</p> <p>1:30 Artful Enrichment Program (2DR)</p> <p>2:30 Munchies &amp; Mocktails! (2FP)</p> <p>3:00 Christmas Carol Sing A Long! (2K)</p> <p>6:30 Christmas Movie Night &amp; Popcorn! (2LR)</p>	<p>10:00 Virtual Sing A Long (2LR) <b>13</b></p> <p>11:00 Balloon Tennis (2DR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>2:00 Afternoon Tea &amp; Treats! (2DR)</p> <p>3:00 Christmas Movie Popcorn Matinee (2LR)</p> <p>6:30 Reminiscing Group (2LR)</p>
<p>10:00 Virtual Church Service (2LR) <b>14</b></p> <p>10:30 Morning Exercise (2LR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>1:00 Bingo Afternoon! (2LR)</p> <p>2:30 Afternoon Tea &amp; Treats (2DR)</p> <p>3:00 Afternoon Movie Matinee With Popcorn (T)</p> <p>6:30 Card Game Night (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>15</b></p> <p>10:30 Christmas Bingo! (2K)</p> <p>1:30 Hot Chocolate &amp; Marshmallow Sing A Long (2DR)</p> <p>2:30 Tea Time &amp; Trivia! (2K)</p> <p>3:30 Reindeer Races! (2K)</p> <p>6:30 Music &amp; Therapeutic Colouring (2MP)</p>	<p>9:30 Music and Movement (2MP) <b>16</b></p> <p>10:30 12 Days Of Christmas Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 The Christmas Crafters! (2MP)</p> <p>3:00 Christmas Themed Manicures! (2LR)</p> <p>6:30 Christmas Movie Night &amp; Popcorn! (2LR)</p> <p>7:00 Hallway Strolls (2FH)</p>	<p>9:30 Morning Yoga and Stretch Exercise (2MP) <b>17</b></p> <p>10:30 Nativity Bingo! (2K)</p> <p>1:30 Music Playlist Reminiscing (2K)</p> <p>2:30 Apple Cider &amp; Fit Minds! (2K)</p> <p>3:30 Gingerbread House Decorating! (2K)</p> <p>6:00 Evening Snack Social &amp; Trivia (2MP)</p> <p>7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>18</b></p> <p>10:30 Musical Instrument Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Holiday Baking Class! (2K)</p> <p>2:30 Christmas Party! (2K)</p> <p>3:30 Java Music Club (2LR)</p> <p>7:00 Colour By Numbers (2K)</p>	<p>9:30 Drum Fit Exercise Class (2DR) <b>19</b></p> <p>10:30 School Days Bingo! (2K)</p> <p>11:00 Pool Noodle Balloon Volleyball (2LR)</p> <p>1:00 Hot Chocolate Outing Drive (RSVP)</p> <p>1:30 Artful Enrichment Program (2DR)</p> <p>2:30 Munchies &amp; Mocktails! (2FP)</p> <p>3:00 Christmas Carol Sing A Long! (2K)</p> <p>6:30 Christmas Movie Night &amp; Popcorn! (2LR)</p>	<p>10:00 Virtual Sing A Long (2LR) <b>20</b></p> <p>11:00 Balloon Tennis (2DR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>2:00 Afternoon Tea &amp; Treats! (2DR)</p> <p>3:00 Christmas Movie Popcorn Matinee (2LR)</p> <p>6:30 Reminiscing Group (2LR)</p>



INSPIRED SENIOR LIVING

# December 2025

## Memory Care Households Calendar

HOLLAND GARDENS  
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>21</b></p> <p>10:00 Virtual Church Service (2LR)</p> <p>10:30 Morning Exercise (2LR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>1:00 Bingo Afternoon! (2LR)</p> <p>2:30 Afternoon Tea &amp; Treats (2DR)</p> <p>3:00 Afternoon Movie Matinee With Popcorn (T)</p> <p>6:30 Card Game Night (2MP)</p>	<p><b>22</b></p> <p>9:30 Sing Fit *New Signature Program* (2MP)</p> <p>10:30 Christmas Bingo! (2K)</p> <p>1:30 Hot Chocolate &amp; Marshmallow Sing A Long (2DR)</p> <p>2:30 Tea Time &amp; Trivia! (2K)</p> <p>3:30 Reindeer Races! (2K)</p> <p>6:30 Music &amp; Therapeutic Colouring (2MP)</p>	<p><b>23</b></p> <p>9:30 Music and Movement (2MP)</p> <p>10:30 12 Days Of Christmas Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 The Christmas Crafters! (2MP)</p> <p>3:00 Christmas Themed Manicures! (2LR)</p> <p>6:30 Christmas Movie Night &amp; Popcorn! (2LR)</p> <p>7:00 Hallway Strolls (2FH)</p>	<p><b>24</b></p> <p>9:30 Morning Yoga and Stretch Exercise (2MP)</p> <p>10:30 Nativity Bingo! (2K)</p> <p>1:30 Christmas Eve Entertainment With Alicia &amp; EggNog (2K)</p> <p>2:30 Christmas Stories &amp; Riddles (2K)</p> <p>3:30 GIANT BOWLING! (2LR)</p> <p>6:00 Evening Snack Social &amp; Trivia (2MP)</p> <p>7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p><b>25</b></p> <p>9:30 Sing Fit *New Signature Program* (2MP)</p> <p>10:30 Musical Instrument Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Christmas Day Movie! (2K)</p> <p>2:30 Holiday High Tea Party! (2K)</p> <p>3:30 Java Music Club (2LR)</p> <p>7:00 Colour By Numbers (2K)</p>	<p><b>26</b></p> <p>9:30 Drum Fit Exercise Class (2DR)</p> <p>10:30 School Days Bingo! (2K)</p> <p>11:00 Pool Noodle Balloon Volleyball (2LR)</p> <p>1:00 Hot Chocolate Outing Drive (RSVP)</p> <p>1:30 Artful Enrichment Program (2DR)</p> <p>2:30 Munchies &amp; Mocktails! (2FP)</p> <p>3:00 Christmas Carol Sing A Long! (2K)</p> <p>6:30 Christmas Movie Night &amp; Popcorn! (2LR)</p>	<p><b>27</b></p> <p>10:00 Virtual Sing A Long (2LR)</p> <p>11:00 Balloon Tennis (2DR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>2:00 Afternoon Tea &amp; Treats! (2DR)</p> <p>3:00 Christmas Movie Popcorn Matinee (2LR)</p> <p>6:30 Reminiscing Group (2LR)</p>
<p><b>28</b></p> <p>10:00 Virtual Church Service (2LR)</p> <p>10:30 Morning Exercise (2LR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>1:00 Bingo Afternoon! (2LR)</p> <p>2:30 Afternoon Tea &amp; Treats (2DR)</p> <p>3:00 Afternoon Movie Matinee With Popcorn (T)</p> <p>6:30 Card Game Night (2MP)</p>	<p><b>29</b></p> <p>9:30 Sing Fit *New Signature Program* (2MP)</p> <p>10:30 Christmas Bingo! (2K)</p> <p>1:30 Hot Chocolate &amp; Marshmallow Sing A Long (2DR)</p> <p>2:30 Tea Time &amp; Trivia! (2K)</p> <p>3:30 Reindeer Races! (2K)</p> <p>6:30 Music &amp; Therapeutic Colouring (2MP)</p>	<p><b>30</b></p> <p>9:30 Music and Movement (2MP)</p> <p>10:30 Winter Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 The Christmas Crafters! (2MP)</p> <p>3:00 Christmas Themed Manicures! (2LR)</p> <p>6:30 Christmas Movie Night &amp; Popcorn! (2LR)</p> <p>7:00 Hallway Strolls (2FH)</p>	<p><b>31</b></p> <p>9:30 Morning Yoga and Stretch Exercise (2MP)</p> <p>10:30 Nativity Bingo! (2K)</p> <p>1:30 Music Playlist Reminiscing (2K)</p> <p>3:00 Hot Chocolate Sing A Long (2LR)</p> <p>5:00 New Years Eve Party With Entertainment (2K)</p> <p>6:00 Evening Snack Social &amp; Trivia (2MP)</p> <p>7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p>THURSDAY <b>DEC 25</b> Christmas Day</p>		

TUESDAY  
**DEC 31**  
New Years Eve

Be  
Colourful

Locations Legend

2nd Floor Kitchen (2K)	2nd Floor Dining Room (2DR)
2nd Floor Multi-Purpose Room (2MP)	2nd Floor Hallways (2FH)
2nd Floor Living Room (2LR)	Outing (RSVP)
	2nd Floor Patio (2FP)
	Theater (T)

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local
- Signature Program