



INSPIRED SENIOR LIVING

January 2026

Independent & Assisted Living Calendar

HOLLAND GARDENS
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>Calendar Legend</p> <p>Outing</p> <p>Special Program</p> <p>Living, Loving, Local Signature Program</p>	<p>Locations Legend</p> <p>Theater (T) Country Kitchen (CK) Main Lobby (ML) 3rd Floor Lounge (3FL) Pub/Bistro (PB) Dining Room (DR) All Floors (AF) Games Room (GR) Outing (RSVP) Private Dining Room (PDR)</p>	<p>New Years Day!- No Exercise Today- (ML) 1 Wear A New Outfit To Start The Year! (ML) Special New Years Brunch (DR) 10:00 Scavenger Hunt Pick Up Sheets At Reception (T) 10:30 Morning Movie & Hot Chocolate (T) 2:00 Resident Run Ladder Toss (CK) 3:30 Afternoon Movie Matinee With Popcorn (T) 6:30 Cribbage Night (CK) 7:00 Resident Movie Pick (T)</p>	<p>National Cream Puff Day! (AF) 2 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Drum Fit IL & AL (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Horse Races! 50 Cents A Bet! (CK) 3:00 Cream Puff Cocktail Hour and Games! (PB) 7:00 Resident Movie Pick (T)</p>	<p>Puzzles & Colouring Pages Available in Mailroom (ML) 3 10:00 Morning Coffee & Chat With Sonia (T) 11:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Russ! (CK) 3:15 Java Music Sing A Long (3FL) 7:00 Resident Movie Pick (T)</p>
		<p>8:45 Non-Denominational Church Service (T) 4 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 2:00 Catholic Church Service with Deacon David (T) 3:00 Afternoon Movie Matinee & Popcorn (T) 6:30 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)</p>	<p>National Whip Cream Day! (AF) 5 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Terry! (CK) 3:30 New Resident Welcome Cocktail Hour With Shelley! (PB) 7:00 Resident Movie Pick (T)</p>	<p>*Special Living,Loving,Local Dinner Tonight! * (DR) 6 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Chair Yoga IL & AL (CK) 11:00 Lunch Outing: Chuck's Roadhouse Bar & Grill *Bradford Location* (RSVP) 1:00 Pass The Ace (PB) 2:00 Create Your Own Winter Mug (CK) 3:00 Family Feud Event Hosted By Eugenio (CK) 6:30 Card Game Night (PB) 7:00 Resident Movie Pick (T)</p>	<p>10:00 Jeopardy! (T) 7 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 12:45 Tai Chi Exercise Class At The Library (RSVP) 1:00 GO 4 Life Walking Club (ML) 1:15 Baking For Valentine Cookie Boxes! (CK) 3:00 Celing Tile Painting Workshop (CK) 4:30 Chef's Private Dinner *RSVP* (PDR) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)</p>	<p>Ladies Breakfast Today! (DR) 8 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Drum Fit IL & AL (CK) 2:15 January Birthday Celebration & Entertainment With Zack! (CK) 3:30 Ladder Toss Competiton! (T) 6:30 Cribbage Night (CK) 7:00 Resident Movie Pick (T)</p>
<p>8:45 Non-Denominational Church Service (T) 11 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 3:00 Christ Redeemed Ministry (T) 6:30 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)</p>	<p>Wear Your Slippers! (ML) 12 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Terry! (CK) 3:00 Nail Polish Change With Life Enrichment *RSVP* (GR) 7:00 Resident Movie Pick (T)</p>	<p>10:00 Jeopardy! (T) 13 10:00 Assisted Living Exercise Class (3FL) 10:30 Walmart Shopping *Shuttle Service* (RSVP) 11:00 Chair Yoga IL & AL (CK) 1:00 Pass The Ace (PB) 2:00 *Part 1* Clay Winter Bird Craft (CK) 3:00 Ceiling Tile Painting (CK) 6:30 Card Game Night (PB) 7:00 Resident Movie Pick (T)</p>	<p>Wear Your Band/Rock & Roll T-Shirts! (ML) 14 Walker & Wheelchair Clinic 10:00am-2:00pm (CK) 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 The Peppershaker Band! (CK) 3:15 Ladder Toss Competiton! (T) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)</p>	<p>10:00 Jeopardy! (T) 15 10:00 Assisted Living Exercise Class (3FL) 11:00 Drum Fit IL & AL (CK) 11:00 Upper Canada Mall Shopping Outing (RSVP) 1:15 Baking For Valentine Cookie Boxes! (CK) 3:00 *Part 2 *Painting Clay Winter Bird Craft (CK) 6:30 Cribbage Night (CK) 7:00 Resident Movie Pick (T)</p>	<p>10:00 Assisted Living Exercise Class (3FL) 16 10:00 Farewell Jeopardy With Nicholas! (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Horse Races! 50 Cents A Bet! (CK) 3:00 Farewell Cocktail Hour Party With Alannah & Renee! (PB) 7:00 Resident Movie Pick (T)</p>	<p>Puzzles & Colouring Pages Available in Mailroom (ML) 17 10:00 Morning Coffee & Chat With Sonia (T) 11:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Russ! (CK) 3:15 Java Music Sing A Long (3FL) 7:00 Resident Movie Pick (T)</p>



INSPIRED SENIOR LIVING

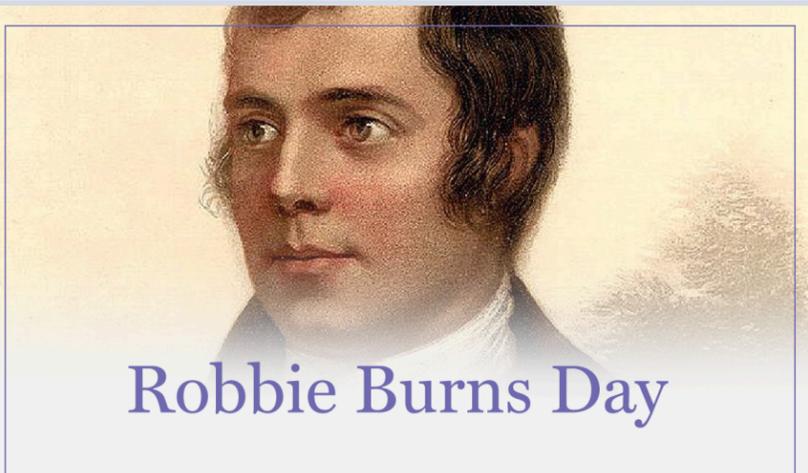
January 2026

Independent & Assisted Living Calendar

HOLLAND GARDENS
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 Sunday Brunch 11:00am-1:00pm *Guests RSVP At Reception* (DR) 8:45 Non-Denominational Church Service (T) 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 3:00 Afternoon Movie Matinee & Popcorn! (T) 6:30 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	19 National Popcorn Day! (T) 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 1:30 Create Your Own Edible Arrangement (CK) 3:00 Nail Polish Change With Life Enrichment *RSVP* (GR) 6:30 Loonie Bingo With Terry & Popcorn! (CK) 7:00 Resident Movie Pick (T)	20 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Rosary With Father John (T) 11:00 Chair Yoga IL & AL (CK) 11:00 Bradford Library Tour Outing & Showcase With Shelley (RSVP) 1:00 Pass The Ace (PB) 2:00 Artful Enrichment Workshop: Monet's Winter Cabin (T) 3:00 Resident Forum With All Department Managers Featuring Hot Chocolate! (CK) 6:30 Card Game Night (PB) 7:00 Resident Movie Pick (T)	21 Winter Warmth Dinner With Entertainment (DR) 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 12:45 Tai Chi Exercise Class At The Library (RSVP) 1:00 GO 4 Life Walking Club (ML) 2:00 Winter Sparkle Themed High Tea (CK) 3:00 Book Club With Shelley! (PB) 4:30 1940's-1960's Theme Dinner Dress Up To The Era! *Special Walk Through Saxophone Entertainment* (DR) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)	22 Men's Breakfast Today! (DR) Theme Day: Cozy Sweater Day! (ML) 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Drum Fit IL & AL (CK) 1:15 Baking For Valentine Cookie Boxes! (CK) 3:00 Meet Me At The MoMa Launch Party! (PB) 5:00 Dinner & A Movie Served By Life Enrichment *RSVP* (T) 6:30 Cribbage Night (CK) 7:00 Resident Movie Pick (T)	23 Robbie Burns Celebration! Wear Something Scottish/Plaid! (ML) 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Horse Races! 50 Cents A Bet! (CK) 3:00 Pie Cocktail Hour and Games! (PB) 4:30 Robbie Burns Dinner & Bag Piper *RSVP* (CK) 7:00 Resident Movie Pick (T)	24 Puzzles & Colouring Pages Available in Mailroom (ML) 10:00 Morning Coffee & Chat With Elise (T) 11:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Russ! (CK) 3:15 Java Music Sing A Long (3FL) 7:00 Resident Movie Pick (T)
25 Happy Robbie Burns Day! (AF) 8:45 Non-Denominational Church Service (T) 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 3:00 Afternoon Movie Matinee & Popcorn! (T) 6:30 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	26 National Green Juice Day! (AF) 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Green Juice & Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Terry! (CK) 3:00 Nail Polish Change With Life Enrichment *RSVP* (GR) 7:00 Resident Movie Pick (T)	27 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Chair Yoga IL & AL (CK) 1:00 Pass The Ace (PB) 2:00 Snowman Door Decor Craft (CK) 3:00 Ceiling Tile Painting (CK) 6:30 Card Game Night (PB) 7:00 Resident Movie Pick (T)	28 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 1:15 Baking For Valentine Cookie Boxes! (CK) 3:00 The Price Is Right! *Grocery Edition* (CK) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)	29 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 10:00 Georgian Downs Casino Outing (RSVP) 11:00 Drum Fit IL & AL (CK) 2:00 Live Entertainment with The Sparklettes! ABBA TRIBUTE! (CK) 3:00 Winter Wine & Cheese Event (PB) 6:30 Cribbage Night (CK) 7:00 Resident Movie Pick (T)	30 Theme Day: Casual Friday! (AF) National Croissant Day! (AF) 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Horse Races! 50 Cents A Bet! (CK) 3:00 Croissant Cocktail Hour and Games! (PB) 7:00 Resident Movie Pick (T)	31 Puzzles & Colouring Pages Available in Mailroom (ML) 10:00 Morning Coffee & Chat With Sonia (T) 11:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Russ! (CK) 3:15 Java Music Sing A Long (3FL) 7:00 Resident Movie Pick (T)



Locations Legend

Theater (T)	Dining Room (DR)
Country Kitchen (CK)	All Floors (AF)
Main Lobby (ML)	Games Room (GR)
3rd Floor Lounge (3FL)	Outing (RSVP)
Pub/Bistro (PB)	Private Dining Room (PDR)

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local
- Signature Program