




INSPIRED SENIOR LIVING

# April 2026

HOLLAND GARDENS  
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

## Memory Care Households Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p><b>Locations Legend</b></p> <p>2nd Floor Kitchen (2K) 2nd Floor Multi-Purpose Room (2MP) 2nd Floor Living Room (2LR) 2nd Floor Dining Room (2DR) 2nd Floor Hallways (2FH) Outing (RSVP) 2nd Floor Patio (2FP) Theater (T) All Floors (AF)</p>	<p>9:30 Morning Yoga and Stretch Exercise (2MP) <b>1</b></p> <p>10:30 Musical Instrument Bingo! (2MP)</p> <p>1:30 Music Playlist Reminiscing (2K)</p> <p>2:30 Fresh Smoothies &amp; Fit Minds! (2K)</p> <p>3:30 GIANT BOWLING! (2LR)</p> <p>6:00 Evening Snack Social &amp; Trivia (2MP)</p> <p>7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>2</b></p> <p>10:30 Household Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:00 Scenic Outing Drive (RSVP)</p> <p>1:30 Spring Baking Class! (2K)</p> <p>2:30 Easter High Tea Party! (2K)</p> <p>3:30 Java Music Club (2LR)</p> <p>7:00 Colour By Numbers (2K)</p>	<p>10:30 School Days Bingo! (2K) <b>3</b></p> <p>11:00 Pool Noodle Balloon Volleyball (2LR)</p> <p>1:30 Good Friday Entertainment With Zack (2DR)</p> <p>2:30 Munchies &amp; Mocktails! (2FP)</p> <p>3:00 Spring Sing A Long! (2K)</p> <p>6:30 Comedy Movie Night &amp; Popcorn! (2LR)</p>	<p>10:00 Virtual Sing A Long (2LR) <b>4</b></p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>11:00 Easter Egg Scavenger Hunt! (2DR)</p> <p>2:00 Afternoon Tea &amp; Treats! (2DR)</p> <p>3:00 Movie Popcorn Matinee (2LR)</p> <p>6:30 Reminiscing Group (2LR)</p>
<p>10:00 Virtual Church Service (2LR) <b>5</b></p> <p>10:30 Morning Exercise (2LR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>1:30 Easter Sunday Entertainment With Davis (2LR)</p> <p>2:30 Afternoon Tea &amp; Treats (2DR)</p> <p>3:00 Afternoon Movie Matinee With Popcorn (T)</p> <p>6:30 Card Game Night (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>6</b></p> <p>10:30 Number Bingo! (2K)</p> <p>1:30 Music Monday! (2DR)</p> <p>2:30 Tea Time &amp; Trivia! (2K)</p> <p>3:30 Horse Races! (2K)</p> <p>6:30 Music &amp; Therapeutic Colouring (2MP)</p>	<p>9:30 Music and Movement (2MP) <b>7</b></p> <p>10:30 Winter Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Crafters Corner: Floral Making! (2MP)</p> <p>3:00 Spring Themed Manicures! (2LR)</p> <p>6:30 Comedy Movie Night &amp; Popcorn! (2LR)</p> <p>7:00 Hallway Strolls (2FH)</p>	<p>9:30 Morning Yoga and Stretch Exercise (2MP) <b>8</b></p> <p>10:30 Musical Instrument Bingo! (2MP)</p> <p>1:30 Music Playlist Reminiscing (2K)</p> <p>2:30 Fresh Smoothies &amp; Fit Minds! (2K)</p> <p>3:30 GIANT BOWLING! (2LR)</p> <p>6:00 Evening Snack Social &amp; Trivia (2MP)</p> <p>7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>9</b></p> <p>10:30 Household Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Spring Baking Class! (2K)</p> <p>2:30 Fancy High Tea Party! (2K)</p> <p>3:30 Java Music Club (2LR)</p> <p>7:00 Colour By Numbers (2K)</p>	<p>9:30 Drum Fit Exercise Class (2DR) <b>10</b></p> <p>10:30 School Days Bingo! (2K)</p> <p>11:00 Pool Noodle Balloon Volleyball (2LR)</p> <p>1:00 Scenic Outing Drive (RSVP)</p> <p>1:30 Artful Enrichment Program (2DR)</p> <p>2:30 Munchies &amp; Mocktails! (2FP)</p> <p>3:00 Spring Sing A Long! (2K)</p> <p>6:30 Comedy Movie Night &amp; Popcorn! (2LR)</p>	<p>10:00 Virtual Sing A Long (2LR) <b>11</b></p> <p>11:00 Balloon Tennis (2DR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>2:00 Afternoon Tea &amp; Treats! (2DR)</p> <p>3:00 Movie Popcorn Matinee (2LR)</p> <p>6:30 Reminiscing Group (2LR)</p>
<p>10:00 Virtual Church Service (2LR) <b>12</b></p> <p>10:30 Morning Exercise (2LR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>1:00 Bingo Afternoon! (2LR)</p> <p>2:30 Afternoon Tea &amp; Treats (2DR)</p> <p>3:00 Afternoon Movie Matinee With Popcorn (T)</p> <p>6:30 Card Game Night (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>13</b></p> <p>10:30 Number Bingo! (2K)</p> <p>1:30 Music Monday! (2DR)</p> <p>2:30 Tea Time &amp; Trivia! (2K)</p> <p>3:30 Horse Races! (2K)</p> <p>6:30 Music &amp; Therapeutic Colouring (2MP)</p>	<p>9:30 Music and Movement (2MP) <b>14</b></p> <p>10:30 Winter Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Crafters Corner: Floral Making! (2MP)</p> <p>3:00 Spring Themed Manicures! (2LR)</p> <p>6:30 Comedy Movie Night &amp; Popcorn! (2LR)</p> <p>7:00 Hallway Strolls (2FH)</p>	<p>9:30 Morning Yoga and Stretch Exercise (2MP) <b>15</b></p> <p>10:30 Musical Instrument Bingo! (2MP)</p> <p>1:30 50's Bee Bop Party With Entertainment With Marcus! (2K)</p> <p>2:30 Fresh Smoothies &amp; Fit Minds! (2K)</p> <p>3:30 GIANT BOWLING! (2LR)</p> <p>6:00 Evening Snack Social &amp; Trivia (2MP)</p> <p>7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>16</b></p> <p>10:30 Household Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Spring Baking Class! (2K)</p> <p>2:30 Fancy High Tea Party! (2K)</p> <p>3:30 Java Music Club (2LR)</p> <p>7:00 Colour By Numbers (2K)</p>	<p>9:30 Drum Fit Exercise Class (2DR) <b>17</b></p> <p>10:30 School Days Bingo! (2K)</p> <p>11:00 Pool Noodle Balloon Volleyball (2LR)</p> <p>1:00 Scenic Outing Drive (RSVP)</p> <p>1:30 Artful Enrichment Program (2DR)</p> <p>2:30 Munchies &amp; Mocktails! (2FP)</p> <p>3:00 Spring Sing A Long! (2K)</p> <p>6:30 Comedy Movie Night &amp; Popcorn! (2LR)</p>	<p>10:00 Virtual Sing A Long (2LR) <b>18</b></p> <p>11:00 Balloon Tennis (2DR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>2:00 Afternoon Tea &amp; Treats! (2DR)</p> <p>3:00 Movie Popcorn Matinee (2LR)</p> <p>6:30 Reminiscing Group (2LR)</p>



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# April 2026

HOLLAND GARDENS  
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

## Memory Care Households Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Virtual Church Service (2LR) <b>19</b></p> <p>10:30 Morning Exercise (2LR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>1:00 Bingo Afternoon! (2LR)</p> <p>2:30 Afternoon Tea &amp; Treats (2DR)</p> <p>3:00 Afternoon Movie Matinee With Popcorn (T)</p> <p>6:30 Card Game Night (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>20</b></p> <p>10:30 Number Bingo! (2K)</p> <p>1:30 Music Monday! (2DR)</p> <p>2:30 Tea Time &amp; Trivia! (2K)</p> <p>3:30 Horse Races! (2K)</p> <p>6:30 Music &amp; Therapeutic Colouring (2MP)</p>	<p>9:30 Music and Movement (2MP) <b>21</b></p> <p>10:30 Winter Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Crafters Corner! (2MP)</p> <p>3:00 Spring Themed Manicures! (2LR)</p> <p>6:30 Comedy Movie Night &amp; Popcorn! (2LR)</p> <p>7:00 Hallway Strolls (2FH)</p>	<p><b>Earth Day! (AF) 22</b></p> <p>9:30 Morning Yoga and Stretch Exercise (2MP)</p> <p>10:30 Musical Instrument Bingo! (2MP)</p> <p>1:30 Earth Day Science! (2K)</p> <p>2:30 Fresh Smoothies &amp; Fit Minds! (2K)</p> <p>3:30 Earth Day Craft! (2LR)</p> <p>6:00 Evening Snack Social &amp; Trivia (2MP)</p> <p>7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) <b>23</b></p> <p>10:30 Household Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Pizza Making! (2K)</p> <p>2:30 Fancy High Tea Party! (2K)</p> <p>3:30 Java Music Club (2LR)</p> <p>7:00 Colour By Numbers (2K)</p>	<p>9:30 Drum Fit Exercise Class (2DR) <b>24</b></p> <p>10:30 School Days Bingo! (2K)</p> <p>11:00 Pool Noodle Balloon Volleyball (2LR)</p> <p>1:00 Scenic Outing Drive (RSVP)</p> <p>1:30 Artful Enrichment Program (2DR)</p> <p>2:30 Munchies &amp; Mocktails! (2FP)</p> <p>3:00 Spring Sing A Long! (2K)</p> <p>6:30 Comedy Movie Night &amp; Popcorn! (2LR)</p>	<p>10:00 Virtual Sing A Long (2LR) <b>25</b></p> <p>11:00 Balloon Tennis (2DR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>2:00 Afternoon Tea &amp; Treats! (2DR)</p> <p>3:00 Movie Popcorn Matinee (2LR)</p> <p>6:30 Reminiscing Group (2LR)</p>
<p>10:00 Virtual Church Service (2LR) <b>26</b></p> <p>10:30 Morning Exercise (2LR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>1:00 Bingo Afternoon! (2LR)</p> <p>2:30 Afternoon Tea &amp; Treats (2DR)</p> <p>3:00 Afternoon Movie Matinee With Popcorn (T)</p> <p>6:30 Card Game Night (2MP)</p>	<p>Artful Enrichment Week- Exploring Different Art All Week Long! (2K) <b>27</b></p> <p>9:30 Sing Fit *New Signature Program* (2MP)</p> <p>10:30 Number Bingo! (2K)</p> <p>1:30 Gardening Monday! Let's Plant Some Seeds! (2DR)</p> <p>2:30 Tea Time &amp; Trivia! (2K)</p> <p>3:30 Horse Races! (2K)</p> <p>6:30 Music &amp; Therapeutic Colouring (2MP)</p>	<p>Artful Enrichment Week- Exploring Different Art All Week Long! (2K) <b>28</b></p> <p>9:30 Music and Movement (2MP)</p> <p>10:30 Winter Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Crafters Corner: Recycled Bottle Flowers (2MP)</p> <p>3:00 Spring Themed Manicures! (2LR)</p> <p>6:30 Comedy Movie Night &amp; Popcorn! (2LR)</p> <p>7:00 Hallway Strolls (2FH)</p>	<p>Artful Enrichment Week- Exploring Different Art All Week Long! (2K) <b>29</b></p> <p>9:30 Morning Yoga and Stretch Exercise (2MP)</p> <p>10:30 Musical Instrument Bingo! (2MP)</p> <p>1:30 Music Playlist Reminiscing (2K)</p> <p>2:30 Fresh Smoothies &amp; Fit Minds! (2K)</p> <p>3:30 Yarn Flowers! (2LR)</p> <p>6:00 Evening Snack Social &amp; Trivia (2MP)</p> <p>7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p>Artful Enrichment Week- Exploring Different Art All Week Long! (2K) <b>30</b></p> <p>9:30 Sing Fit *New Signature Program* (2MP)</p> <p>10:30 Household Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Spring Baking Class! (2K)</p> <p>2:30 Fancy High Tea Party! (2K)</p> <p>3:30 Java Music Club (2LR)</p> <p>7:00 Colour By Numbers (2K)</p>		



Be Colourful

### Locations Legend

- 2nd Floor Kitchen (2K)
- 2nd Floor Multi-Purpose Room (2MP)
- 2nd Floor Living Room (2LR)
- 2nd Floor Dining Room (2DR)

- 2nd Floor Hallways (2FH)
- Outing (RSVP)
- 2nd Floor Patio (2FP)
- Theater (T)
- All Floors (AF)

### Calendar Legend

- Outing
- Special Program
- Vendor
- Theme Day
- Living, Loving, Local
- Signature Program