



INSPIRED SENIOR LIVING

May 2026

Independent & Assisted Living Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Be Among Friends</p>	<p>Mother's Day</p>	<p>Calendar Legend</p> <p>Outing Special Program Theme Day Meet Me at the MOMA Living, Loving, Local Signature Program</p>	<p>Locations Legend</p> <p>Theater (T) Country Kitchen (CK) Main Lobby (ML) 3rd Floor Lounge (3FL) Pub/Bistro (PB) Games Room (GR) All Floors (AF) Outing (RSVP) Dining Room (DR) Private Dining Room (PDR) Reception (R)</p>	<p>Theme Day: Casual Friday! 1 (AF)</p> <p>10:00 Morning Mimosa Resident Art Show! (T) 11:15 Strength and Endurance Exercise Class (CK) 1:00 Resident Run: GO 4 Life Walking Club (ML) 2:00 Kentucky Derby Races! 50 Cents A Bet! (CK) 3:00 Alzheimer's Cocktail Hour and Games! (PB) 7:00 Resident Movie Pick (T)</p>	<p>Puzzles & Colouring Pages Available in Mailroom (ML) 2</p> <p>10:00 Tell Your Story! *Resident Life Stories* (T) 11:00 Resident Run: GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Life Enrichment! (CK) 3:15 Java Music Sing A Long (3FL) 6:30 Yahtzee Night! *Resident Run* (GR) 7:00 Resident Movie Pick (T)</p>	
<p>8:45 Non-Denominational Church Service (T) 3 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp Packages Available At Reception (CK) 2:00 Catholic Church Service with Deacon David (T) 3:00 Reception Choice Movie Matinee & Popcorn! (T) 6:30 Resident Run: Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)</p>	<p>10:00 Jeopardy! (T) 4 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 Resident Run: GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Terry! (CK) 3:00 Nail Polish Change With Life Enrichment *RSVP* (GR) 7:00 Resident Movie Pick (T)</p>	<p>Cinco De Mayo! Wear Red, White & Green! (ML) 5 Cinco De Mayo PhotoBooth Open From 1:00pm-2:00pm (ML) 10:00 Assisted Living Exercise Class (3FL) 10:30 Pass The Sombrero! (CK) 11:00 Chair Yoga IL & AL (CK) 1:00 Pass The Ace (PB) 2:15 Cinco De Mayo Singer & Dancer (CK) 3:15 Taco Tuesday Tasting! (PB) 4:00 Book Club With Shelley! (PB) 6:30 Resident Run: Card Game Night (PB) 7:00 Resident Movie Pick (T)</p>	<p>Annie's Treasure Stand Vendor (ML) 6 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 Resident Run: GO 4 Life Walking Club (ML) 1:30 Afternoon Entertainment With Kelly Davis! (CK) 3:00 Artful Enrichment Program: Make Your Own Facinator! *RSVP* (CK) 4:30 Chef's Private Dinner *RSVP With Sam* (PDR) 6:30 Resident Run: Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)</p>	<p>8:00am Ladies Breakfast Today! (DR) 7 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 10:00 Bradford Greenhouse Outing! (RSVP) 11:00 Drum Fit IL & AL (CK) 1:30 Mother's Day Fresh Flower Arrangements *RSVP* (CK) 3:00 Cake Tasting Event! (PB) 6:30 Resident Run: Cribbage Night (CK) 7:00 Resident Movie Pick (T)</p>	<p>Theme Day: Casual Friday! (AF) 8 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 Resident Run: GO 4 Life Walking Club (ML) 2:00 The Mother's Day Mad Hatter's Tea Party! (CK) 3:00 New Resident Welcome Cocktail Hour With Shelley! (PB) 7:00 Resident Movie Pick (T)</p>	<p>Puzzles & Colouring Pages Available in Mailroom (ML) 9 10:00 Tell Your Story! *Resident Life Stories* (T) 11:00 Resident Run: GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Life Enrichment! (CK) 3:15 Java Music Sing A Long (3FL) 6:30 Yahtzee Night! *Resident Run* (GR) 7:00 Resident Movie Pick (T)</p>
<p>HAPPY MOTHER'S DAY!! (AF) 10 Special Mother's Day Brunch! *Guests RSVP At Reception* (DR) 8:45 Non-Denominational Church Service (T) 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp Packages Available At Reception (CK) 2:00 Find The Spring Flowers Scavenger Hunt *Sheets At Reception* (ML) 3:00 Reception Choice Movie Matinee & Popcorn! (T) 6:30 Resident Run: Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)</p>	<p>Special Evening Guitar Sing A Long Spring Dinner With Entertainment By Zack *Regular Dinner Times* (DR) 11 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 Resident Run: GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Terry! (CK) 3:00 Nail Polish Change With Life Enrichment *RSVP* (GR) 7:00 Resident Movie Pick (T)</p>	<p>10:00 Jeopardy! (T) 12 10:00 Assisted Living Exercise Class (3FL) 11:00 Chair Yoga IL & AL (CK) 11:00 Walmart Shopping *Shuttle Service* (RSVP) 1:00 Pass The Ace (PB) 2:00 Resident Cook Off Event! (CK) 3:15 Ladder Toss Competiton! (CK) 6:30 Resident Run: Card Game Night (PB) 7:00 Resident Movie Pick (T)</p>	<p>National Apple Pie Day! Wear Your Red, Green or Yellow! (AF) 13 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 Resident Run: GO 4 Life Walking Club (ML) 1:15 Making Apple Pie's! (CK) 3:00 Apple Pie Social Tea Party! (CK) 6:30 Resident Run: Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)</p>	<p>Vendor: Maria's Jewlery (ML) 14 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 10:00 Library Drop Off (RSVP) 11:00 Drum Fit IL & AL (CK) 1:30 MOMA Presentation & Art Class: Ann Craven (T) 3:00 Create Your Own Herbal Room Spray *RSVP* (CK) 5:00 Dinner & A Movie With Life Enrichment! *RSVP* (T) 6:30 Resident Run: Cribbage Night (CK) 7:00 Resident Movie Pick (T)</p>	<p>*Special Living, Loving, Local Dinner Tonight! * (DR) 15 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 Resident Run: GO 4 Life Walking Club (ML) 2:00 Horse Races! 50 Cents A Bet! (CK) 3:00 Alzheimer's Cocktail Hour and Joker Poker! (PB) 7:00 Resident Movie Pick (T)</p>	<p>Puzzles & Colouring Pages Available in Mailroom (ML) 16 10:00 Tell Your Story! *Resident Life Stories* (T) 11:00 Resident Run: GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Life Enrichment! (CK) 3:15 Java Music Sing A Long (3FL) 6:30 Yahtzee Night! *Resident Run* (GR) 7:00 Resident Movie Pick (T)</p>



INSPIRED SENIOR LIVING

May 2026

Independent & Assisted Living Calendar

HOLLAND GARDENS
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>8:45 Non-Denominational Church Service (T) 17</p> <p>10:00 Crosswords Available At Reception (ML)</p> <p>1:00 Fit Minds Stay Sharp Packages Available At Reception (CK)</p> <p>3:00 Reception Choice Movie Matinee & Popcorn! (T)</p> <p>6:30 Resident Run: Card Game Night: Bridge (GR)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>Guess The Jewels & Pearls In The Jar At Reception *Winner Announced Tuesday* (R) 18</p> <p>Happy Victoria Day! (ML)</p> <p>10:00 The Queen Scavenger Hunt *Winner Recives A Royal Basket* (ML)</p> <p>1:00 Resident Run: GO 4 Life Walking Club (ML)</p> <p>2:00 Loonie Bingo With Terry! (CK)</p> <p>3:30 Afternoon Movie Matinee & Popcorn! (T)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>10:00 Jeopardy! (T) 19</p> <p>10:00 Assisted Living Exercise Class (3FL)</p> <p>11:00 Rosary With Father John (T)</p> <p>11:00 Chair Yoga IL & AL (CK)</p> <p>11:00 Upper Canada Mall Outing *RSVP* (RSVP)</p> <p>1:00 Pass The Ace (PB)</p> <p>2:00 The Goldenaires Choir Performance (CK)</p> <p>3:00 Create Your Own Personalized Pizza *RSVP* (CK)</p> <p>4:30 Personalized Pizza Night Party For Those Who Made A Pizza! (CK)</p> <p>6:30 Resident Run: Card Game Night (PB)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>World Bee Day! Wear Your Stripes!! (AF) 20</p> <p>10:00 Jeopardy! (T)</p> <p>10:00 Assisted Living Exercise Class (3FL)</p> <p>11:00 Georgian Downs Casino Outing *RSVP* (RSVP)</p> <p>11:00 Drum Fit IL & AL (CK)</p> <p>1:00 Resident Run: GO 4 Life Walking Club (ML)</p> <p>1:15 The Busy Bakers Group! (CK)</p> <p>3:00 Design Your Own Spring Tote Bags *RSVP* (CK)</p> <p>6:30 Resident Run: Euchre and Pepper Bid Euchre Night (CK)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>8:00am Men's Breakfast Today! (DR) 21</p> <p>Theme Day: Dress Your Best! Glamour Day! (AF)</p> <p>10:00 Assisted Living Exercise Class (3FL)</p> <p>10:00 *FREE* Hair & Manicure Appointments With Holy Trinity Students *RSVP* (CK)</p> <p>1:30 Spring Fashion Show By INGA (CK)</p> <p>3:00 Resident Forum With All Department Managers (CK)</p> <p>6:30 Resident Run: Cribbage Night (CK)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>Theme Day: Wear Your Purple For Our Alzheimer's Walk! (AF) 22</p> <p>10:00 Jeopardy! (T)</p> <p>10:00 Assisted Living Exercise Class (3FL)</p> <p>11:00 Resident Alzheimer's Walk! *Meet At Reception* (ML)</p> <p>1:00 Resident Run: GO 4 Life Walking Club (ML)</p> <p>1:00 Life Enrichment Meeting With Julianna (T)</p> <p>2:00 Horse Races! 50 Cents A Bet! (CK)</p> <p>3:00 Alzheimer's Cocktail Hour and Joker Poker! (PB)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>Puzzles & Colouring Pages Available in Mailroom (ML) 23</p> <p>10:00 Tell Your Story! *Resident Life Stories* (T)</p> <p>11:00 Resident Run: GO 4 Life Walking Club (ML)</p> <p>2:00 Loonie Bingo With Life Enrichment! (CK)</p> <p>3:15 Java Music Sing A Long (3FL)</p> <p>6:30 Yahtzee Night! *Resident Run* (GR)</p> <p>7:00 Resident Movie Pick (T)</p>	
<p>8:45 Non-Denominational Church Service (T) 24</p> <p>10:00 Crosswords Available At Reception (ML)</p> <p>1:00 Fit Minds Stay Sharp Packages Available At Reception (CK)</p> <p>3:00 Reception Choice Movie Matinee & Popcorn! (T)</p> <p>6:30 Resident Run: Card Game Night: Bridge (GR)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>Roslyn Fashions Vendor (ML) 25</p> <p>10:00 Jeopardy! (T)</p> <p>1:00 Resident Run: GO 4 Life Walking Club (ML)</p> <p>2:00 Loonie Bingo With Terry! (CK)</p> <p>3:00 Nail Polish Change With Life Enrichment *RSVP* (GR)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>Theme Day: Spring Outfits! 26</p> <p>10:00 Jeopardy! (T)</p> <p>10:00 Assisted Living Exercise Class (3FL)</p> <p>11:00 Chair Yoga IL & AL (CK)</p> <p>1:00 Pass The Ace (PB)</p> <p>2:00 Spring Fling Dance & May Birthday Celebration With Just The Two Of Us (CK)</p> <p>6:30 Resident Run: Card Game Night (PB)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>10:00 Jeopardy! (T) 27</p> <p>10:00 Assisted Living Exercise Class (3FL)</p> <p>12:00 Life Enrichment Rebel Greek Luncheon *RSVP* (RSVP)</p> <p>1:00 Resident Run: GO 4 Life Walking Club (ML)</p> <p>2:00 Guess WHO! *GUESSING RESIDENT & STAFF PHOTOS* (PB)</p> <p>3:00 The Price Is Right! *Grocery Edition* (CK)</p> <p>6:30 Resident Run: Euchre and Pepper Bid Euchre Night (CK)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>10:00 Jeopardy! (T) 28</p> <p>10:00 Assisted Living Exercise Class (3FL)</p> <p>11:00 Drum Fit IL & AL (CK)</p> <p>11:00 BINGO IN SUTTON! *RSVP* (RSVP)</p> <p>1:30 MOMA Presentation & Art Class: Amy Sherald (T)</p> <p>3:00 Family Feud Game Event With Eugenio (CK)</p> <p>6:30 Resident Run: Cribbage Night (CK)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>Theme Day: Casual Friday! (AF) 29</p> <p>9:30 Alzheimer's Bake Sale! (ML)</p> <p>10:00 Jeopardy! (T)</p> <p>10:00 Assisted Living Exercise Class (3FL)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 Resident Run: GO 4 Life Walking Club (ML)</p> <p>2:00 Horse Races! 50 Cents A Bet! (CK)</p> <p>3:00 Alzheimer's Cocktail Hour and Joker Poker! (PB)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>Puzzles & Colouring Pages Available in Mailroom (ML) 30</p> <p>10:00 Tell Your Story! *Resident Life Stories* (T)</p> <p>11:00 Resident Run: GO 4 Life Walking Club (ML)</p> <p>2:00 Loonie Bingo With Life Enrichment! (CK)</p> <p>3:15 Java Music Sing A Long (3FL)</p> <p>6:30 Yahtzee Night! *Resident Run* (GR)</p> <p>7:00 Resident Movie Pick (T)</p>	
<p>8:45 Non-Denominational Church Service (T) 31</p> <p>10:00 Crosswords Available At Reception (ML)</p> <p>1:00 Fit Minds Stay Sharp Packages Available At Reception (CK)</p> <p>3:00 Reception Choice Movie Matinee & Popcorn! (T)</p> <p>6:30 Resident Run: Card Game Night: Bridge (GR)</p> <p>7:00 Resident Movie Pick (T)</p>	<p><u>Locations Legend</u></p> <p>Theater (T)</p> <p>Country Kitchen (CK)</p> <p>Main Lobby (ML)</p> <p>3rd Floor Lounge (3FL)</p> <p>Pub/Bistro (PB)</p> <p>Games Room (GR)</p> <p>All Floors (AF)</p> <p>Outing (RSVP)</p> <p>Dining Room (DR)</p> <p>Private Dining Room (PDR)</p> <p>Reception (R)</p>	<p><u>Calendar Legend</u></p> <p>Outing</p> <p>Special Program</p> <p>Theme Day</p> <p>Meet Me at the MOMA</p> <p>Living, Loving, Local Signature Program</p>	<p>Victoria Day</p>			<p>Be Among Friends</p>	