



INSPIRED SENIOR LIVING

May 2026

HOLLAND GARDENS
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Memory Care Households Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Be Among Friends</p>	<p>Mother's Day</p>	<p>Calendar Legend</p> <p>Outing Special Program Vendor Theme Day Living, Loving, Local Signature Program</p>	<p>Locations Legend</p> <p>2nd Floor Living Room (2LR) 2nd Floor Kitchen (2K) 2nd Floor Multi-Purpose Room (2MP) 2nd Floor Dining Room (2DR) 2nd Floor Hallways (2FH) Outing (RSVP) 2nd Floor Patio (2FP) Theater (T) Country Kitchen (CK)</p>	<p>9:30 Drum Fit Exercise Class (2DR) 1 10:30 School Days Bingo! (2K) 11:00 Pool Noodle Balloon Volleyball (2LR) 1:00 Scenic Outing Drive (RSVP) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Spring Sing A Long! (2K) 6:30 Comedy Movie Night & Popcorn! (2LR)</p>	<p>10:00 Virtual Sing A Long (2LR) 2 11:00 Balloon Tennis (2DR) 11:00 GO 4 Life Walking Club (2FH) 2:00 Afternoon Tea & Treats! (2DR) 3:00 Movie Popcorn Matinee (2LR) 6:30 Reminiscing Group (2LR)</p>	
<p>10:00 Virtual Church Service (2LR) 3 10:30 Morning Exercise (2LR) 11:00 GO 4 Life Walking Club (2FH) 1:00 Bingo Afternoon! (2LR) 2:30 Afternoon Tea & Treats (2DR) 3:00 Afternoon Movie Matinee With Popcorn (T) 6:30 Card Game Night (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) 4 10:30 Number Bingo! (2K) 1:30 Music Monday! (2DR) 2:30 Tea Time & Trivia! (2K) 3:30 Horse Races! (2K) 6:30 Music & Therapeutic Colouring (2MP)</p>	<p>9:30 Music and Movement (2MP) 5 10:30 Cinco De Mayo Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Cinco De Mayo Singer (CK) 3:00 Cinco De Mayo Dance Party & Refreshments (2LR) 6:30 Comedy Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)</p>	<p>9:30 Morning Yoga and Stretch Exercise (2MP) 6 10:30 Musical Instrument Bingo! (2MP) 1:30 Spring Manicures! (2K) 2:30 Afternoon Entertainment With Kelly Davis! (CK) 3:30 GIANT BOWLING! (2LR) 6:00 Evening Snack Social & Trivia (2MP) 7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) 7 10:30 Household Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Spring Baking Class! (2K) 2:30 Fancy High Tea Party! (2K) 3:30 Java Music Club (2LR) 7:00 Colour By Numbers (2K)</p>	<p>9:30 Drum Fit Exercise Class (2DR) 8 10:30 School Days Bingo! (2K) 11:00 Pool Noodle Balloon Volleyball (2LR) 1:00 Scenic Outing Drive (RSVP) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Spring Sing A Long! (2K) 6:30 Comedy Movie Night & Popcorn! (2LR)</p>	<p>10:00 Virtual Sing A Long (2LR) 9 11:00 Balloon Tennis (2DR) 11:00 GO 4 Life Walking Club (2FH) 2:00 Afternoon Tea & Treats! (2DR) 3:00 Movie Popcorn Matinee (2LR) 6:30 Reminiscing Group (2LR)</p>
<p>10:00 Virtual Church Service (2LR) 10 10:30 Morning Exercise (2LR) 11:00 GO 4 Life Walking Club (2FH) 1:00 Bingo Afternoon! (2LR) 2:30 Afternoon Tea & Treats (2DR) 3:00 Afternoon Movie Matinee With Popcorn (T) 6:30 Card Game Night (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) 11 10:30 Number Bingo! (2K) 1:30 Music Monday! (2DR) 2:30 Tea Time & Trivia! (2K) 3:30 Horse Races! (2K) 6:30 Music & Therapeutic Colouring (2MP)</p>	<p>9:30 Music and Movement (2MP) 12 10:30 Spring Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Crafters Corner! (2MP) 3:00 Spring Themed Manicures! (2LR) 6:30 Comedy Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)</p>	<p>9:30 Morning Yoga and Stretch Exercise (2MP) 13 10:30 Musical Instrument Bingo! (2MP) 1:30 Music Playlist Reminiscing (2K) 2:30 Fresh Smoothies & Fit Minds! (2K) 3:30 GIANT BOWLING! (2LR) 6:00 Evening Snack Social & Trivia (2MP) 7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) 14 10:30 Household Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Spring Baking Class! (2K) 2:30 Fancy High Tea Party! (2K) 3:30 Java Music Club (2LR) 7:00 Colour By Numbers (2K)</p>	<p>9:30 Drum Fit Exercise Class (2DR) 15 10:30 School Days Bingo! (2K) 11:00 Pool Noodle Balloon Volleyball (2LR) 1:00 Scenic Outing Drive (RSVP) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Spring Sing A Long! (2K) 6:30 Comedy Movie Night & Popcorn! (2LR)</p>	<p>10:00 Virtual Sing A Long (2LR) 16 11:00 Balloon Tennis (2DR) 11:00 GO 4 Life Walking Club (2FH) 2:00 Afternoon Tea & Treats! (2DR) 3:00 Movie Popcorn Matinee (2LR) 6:30 Reminiscing Group (2LR)</p>





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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Virtual Church Service (2LR) 17</p> <p>10:30 Morning Exercise (2LR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>1:00 Bingo Afternoon! (2LR)</p> <p>2:30 Afternoon Tea & Treats (2DR)</p> <p>3:00 Afternoon Movie Matinee With Popcorn (T)</p> <p>6:30 Card Game Night (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) 18</p> <p>10:30 Number Bingo! (2K)</p> <p>1:30 Music Monday! (2DR)</p> <p>2:30 Tea Time & Trivia! (2K)</p> <p>3:30 Horse Races! (2K)</p> <p>6:30 Music & Therapeutic Colouring (2MP)</p>	<p>9:30 Music and Movement (2MP) 19</p> <p>10:30 Spring Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Crafters Corner! (2MP)</p> <p>3:00 Spring Themed Manicures! (2LR)</p> <p>6:30 Comedy Movie Night & Popcorn! (2LR)</p> <p>7:00 Hallway Strolls (2FH)</p>	<p>9:30 Morning Yoga and Stretch Exercise (2MP) 20</p> <p>10:30 Musical Instrument Bingo! (2MP)</p> <p>1:30 Music Playlist Reminiscing (2K)</p> <p>2:30 Fresh Smoothies & Fit Minds! (2K)</p> <p>3:30 Seeds & Sun! (2LR)</p> <p>6:00 Evening Snack Social & Trivia (2MP)</p> <p>7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) 21</p> <p>10:30 Household Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Spring Baking Class! (2K)</p> <p>2:30 Fancy High Tea Party! (2K)</p> <p>3:30 Java Music Club (2LR)</p> <p>7:00 Colour By Numbers (2K)</p>	<p>9:30 Drum Fit Exercise Class (2DR) 22</p> <p>10:30 School Days Bingo! (2K)</p> <p>11:00 Pool Noodle Balloon Volleyball (2LR)</p> <p>1:00 Scenic Outing Drive (RSVP)</p> <p>1:30 Artful Enrichment Program (2DR)</p> <p>2:30 Munchies & Mocktails! (2FP)</p> <p>3:00 Spring Sing A Long! (2K)</p> <p>6:30 Comedy Movie Night & Popcorn! (2LR)</p>	<p>10:00 Virtual Sing A Long (2LR) 23</p> <p>11:00 Balloon Tennis (2DR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>2:00 Afternoon Tea & Treats! (2DR)</p> <p>3:00 Movie Popcorn Matinee (2LR)</p> <p>6:30 Reminiscing Group (2LR)</p>
<p>10:00 Virtual Church Service (2LR) 24</p> <p>10:30 Morning Exercise (2LR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>1:00 Bingo Afternoon! (2LR)</p> <p>2:30 Afternoon Tea & Treats (2DR)</p> <p>3:00 Afternoon Movie Matinee With Popcorn (T)</p> <p>6:30 Card Game Night (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) 25</p> <p>10:30 Number Bingo! (2K)</p> <p>1:30 Music Monday! (2DR)</p> <p>2:30 Tea Time & Trivia! (2K)</p> <p>3:30 Horse Races! (2K)</p> <p>6:30 Music & Therapeutic Colouring (2MP)</p>	<p>9:30 Music and Movement (2MP) 26</p> <p>10:30 Spring Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Crafters Corner! (2MP)</p> <p>3:00 Spring Themed Manicures! (2LR)</p> <p>6:30 Comedy Movie Night & Popcorn! (2LR)</p> <p>7:00 Hallway Strolls (2FH)</p>	<p>9:30 Morning Yoga and Stretch Exercise (2MP) 27</p> <p>10:30 Musical Instrument Bingo! (2MP)</p> <p>1:30 Music Playlist Reminiscing (2K)</p> <p>2:30 Fresh Smoothies & Fit Minds! (2K)</p> <p>3:30 Seeds & Sun! (2LR)</p> <p>6:00 Evening Snack Social & Trivia (2MP)</p> <p>7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p>9:30 Sing Fit *New Signature Program* (2MP) 28</p> <p>10:30 Household Bingo! (2MP)</p> <p>11:00 GO 4 Life Walking Club (2K)</p> <p>1:30 Spring Baking Class! (2K)</p> <p>2:30 Fancy High Tea Party! (2K)</p> <p>3:30 Java Music Club (2LR)</p> <p>7:00 Colour By Numbers (2K)</p>	<p>9:30 Drum Fit Exercise Class (2DR) 29</p> <p>10:30 School Days Bingo! (2K)</p> <p>11:00 Pool Noodle Balloon Volleyball (2LR)</p> <p>1:00 Scenic Outing Drive (RSVP)</p> <p>1:30 Artful Enrichment Program (2DR)</p> <p>2:30 Munchies & Mocktails! (2FP)</p> <p>3:00 Spring Sing A Long! (2K)</p> <p>6:30 Comedy Movie Night & Popcorn! (2LR)</p>	<p>10:00 Virtual Sing A Long (2LR) 30</p> <p>11:00 Balloon Tennis (2DR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>2:00 Afternoon Tea & Treats! (2DR)</p> <p>3:00 Movie Popcorn Matinee (2LR)</p> <p>6:30 Reminiscing Group (2LR)</p>
<p>10:00 Virtual Church Service (2LR) 31</p> <p>10:30 Morning Exercise (2LR)</p> <p>11:00 GO 4 Life Walking Club (2FH)</p> <p>1:00 Bingo Afternoon! (2LR)</p> <p>2:30 Afternoon Tea & Treats (2DR)</p> <p>3:00 Afternoon Movie Matinee With Popcorn (T)</p> <p>6:30 Card Game Night (2MP)</p>	 <p>Victoria Day</p>		<p>Locations Legend</p> <ul style="list-style-type: none"> 2nd Floor Living Room (2LR) 2nd Floor Kitchen (2K) 2nd Floor Multi-Purpose Room (2MP) 2nd Floor Dining Room (2DR) 2nd Floor Hallways (2FH) Outing (RSVP) 2nd Floor Patio (2FP) Theater (T) Country Kitchen (CK) 	<p>Calendar Legend</p> <ul style="list-style-type: none"> Outing Special Program Vendor Theme Day Living, Loving, Local Signature Program 	 <p>Be Among Friends</p>	