

6 Reasons to Visit Lake Bonavista Village



INSPIRED SENIOR LIVING WITH



April 11th

Kaley Kalden

Tuesday, April 11th at 7:00 p.m.

Location: LBV Building and LBV Facebook Live

Join us for an evening of music presented by Kelly Kalden! Kelly is a professional singer, performer, therapeutic facilitator and recording artist! Her music is lively and engaging! Full of music from the 20's to the 60's with a little bit of western, rock, folk, gospel and more! Her melodious voice, guitar and piano abilities will be sure to set us up for an evening of fun and dance!



April 27th

Paint Night

Thursday, April 27th at 7:00 p.m.

Location: LBV Building

Let your creativity flow with our Paint Night event! As we celebrate Artful Enrichment Week, we invite you to join us for a painting session with Alex Ivanov and delicious wine to go with it. Whether you're a beginner or an experienced Artist, this evening will be sure to inspire you to paint the night away!



May 6th

Mothers Day Tea and Market

Saturday, May 6th at 1:00-3:00 p.m.

Location: LBV Building

What better way to celebrate Mother's Day than with a fancy tea party and shopping! Join us at LBV as our favourite vendors set up for a sale and we host you with some delicious teas and desserts.

See the next page for details on how to RSVP.

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May 25th

Tai Chi- National Senior Health & Fitness

Thursday, May 25th at 2:00 p.m.

Location: LBV Building and LBV Facebook Live

Tai Chi is an “internal” martial art that originated in China centuries ago. With limited equipment, participants can experience increased strength, improved mobility, better flexibility and stronger immunity. Join us for this purposeful and meditative class with Constellations Yoga to celebrate National Senior Health & Fitness Day!



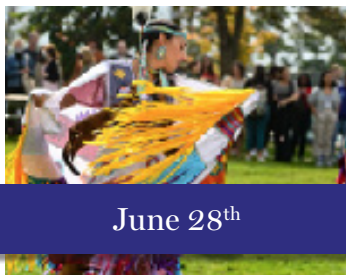
June 6th

French themed dinner

Tuesday, June 6th at 5:00 p.m.

Location: LBV Dining Room

Taste the amazing flavors of France! Our amazing Chef will take fresh, delectable ingredients and form them into wonderful haute cuisine meals. Bon Appétit!



June 28th

Fancy Shawl Dancing

Wednesday, June 28th at 2:00 p.m.

Location: LBV Building and Facebook Live

In celebration of National Indigenous Peoples Day, Shirley Hill and Luke Whiteman will bring their culture to our home with beautiful dancing and stories of their people.

RSVP to all events! Space is limited, so call soon!

Lake Bonavista Village

Call (403) 258-1849

11800 Lake Fraser Dr., S.E. Calgary, AB T2j 7g8

Visit us online at VerveSeniorLiving.com

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