

Weekly Menu Week 1

LUNCH							
	27-Nov	28-Nov	29-Nov	30-Nov	1-Dec	2-Dec	3-Dec
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	French Canadian Pea Soup	* Tomato Rice	* Cream of Cauliflower	Seafood Chowder	Country Vegetable	Corn Chowder	* Cream of Broccoli
Entrée one	Chicken Salad Sandwich on Whole Wheat	Turkey Burger Lettuce Tomato and Tarragon Aioli	Macaroni and Cheese	Roast Beef Sandwich with Horseradish Aioli	* Egg Salad Sandwich	Tomato Lettuce and Cheddar Sandwich	Pastrami on Rye with Grainy Mustard Aioli
side	Garden Salad	French Fries	Garden Salad	Homefried Potatoes	Creamy Coleslaw	Caesar Salad	Mixed Green Salad
Entrée two	Perogies with Bacon Fried Onion Sour Cream	Mushroom and Spinach Frittata	Black Forest Ham Sandwich Lettuce, Tomato & Dijon Mayonnaise	* Eggs Benedict with Hollandaise Sauce	Chicken Quesadilla Sour Cream and Salsa	Sweet Pepper Feta Pasta Garlic Bread	Pulled Pork on a Bun
side	Garden Salad	French Fries	Garden Salad	Homefried Potatoes	Creamy Coleslaw	Caesar Salad	Mixed Green Salad
dessert	Ice Cream Bar	Key Lime Pie	Tapioca Pudding	Pears with Chocolate Sauce	Coffee Caramel Cake	Grapes	Brownie
DINNER							
appetizer	* Orzo & Spinach Salad	House Salad	Greek Salad	House Salad	Carrot and Raisin Salad	Garden Salad	House Salad
Entrée one	Honey Hoisin Pork Chops	Spaghetti and Meat Sauce	Roast Beef au Jus with Yorkshire Pudding	Shrimp Risotto/ Garlic Bread	Honey Garlic Glazed Ham	Texas Slow Roast Pork Butt au Jus	Fish Cake Remoulade Sauce
starch	O'Brien Potatoes	Garlic Bread	Mashed Potatoes	Garlic Bread	Scalloped Potatoes	Mashed Potatoes	Roasted Potatoes
Entrée Two	Turkey Schnitzel	Pan Roasted Salmon Filet with Lemon Dill Yogurt	Greek Lemon Chicken Thighs	Mexican Chicken with Rice	Pesto Crusted Basa Filet Topped with Bruschetta Tomatoes	Chicken Divine	BBQ Chicken Breast
starch	O'Brien Potatoes	Lyonnais Potatoes	Mashed Potatoes		Scalloped Potatoes	Mashed Potatoes	Roasted Potatoes
veg 1	Roasted Asparagus, Pepper & Zucchini	Roasted Cauliflower	Buttered Corn	Baked Squash	French Green Beans	Roasted Red Pepper Zucchini & Onion	Roasted Carrots
veg 2	Roasted Beets	Seasoned Peas	* Seasoned Broccoli	Green & Gold Beans	Roasted Beets	Buttered Corn	Brussels Sprouts
Dessert	Sticky Toffee Pudding Cake	* Cherry Pie	Tiramisu	Cheesecake with Berry Compote	Pineapple Upsidedown Cake	* Warm Apple Crisp	Banana Cream Pie