

January 8-14



### Lunch

Week 2	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12	Saturday 13	Sunday 14
Soup	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	New Year Buffet
Entrée 1	All Dressed Nathan's Hot Dog	* Smoked Salmon Red Onion Caper Aioli on Light Rye	Canadian Club Sandwich	Black Forest Ham Sandwich Lettuce, Tomato & Dijon Mayonnaise	Kale Crunch Power Bowl	Seafood Melt on English Muffin	Please New Year Buffet Menu
side	Caesar Salad	* Purple Cabbage & Apple Slaw	French Fries	* Beet & Onion Salad	Multigrain Bread	Potato salad	
Entrée 2	Four Cheese Ravioli Marinara Sauce	Winter Turkey Salad	Beef Burger Lettuce Tomato Onion Pickle	* Poached Eggs on Corned Beef Hash	Fish & Chips Coleslaw Tartar Sauce	French Beef Dip Sandwich	*
Side	Caesar Salad	Multigrain Bread	French Fries	* Tomato Slices		Potato salad	*
Dessert	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	*

### DINNER

Appetizer	Miniature Beef Wellington	Egg Roll with Plum Sauce	* Smoked Salmon Mousse	Please See LLL Menu	Tossed Salad	Fried Dumplings with Plum Sauce	Soup of the Day
Entrée 1	Chicken a L'Orange	Spaghetti & Meatballs	Roasted Rack of Lamb	.	Shrimps Provencale	Oven Roasted Pork Tenderloin with Caramelized Onion & Dijon Gravy	* Egg Salad Sandwich
Side	Mashed Potatoes	Garlic Bread & Caesar Salad	Roasted Sweet Potatoes	.	Risotto	O'Brien Potatoes	Tossed Salad
Entrée 2	Panko Crusted Perch Filet Topped with Dill & Shaved Cucumber	Maple Mustard Glazed Pork Loin	Haddock with Pimento Hollandaise Sauce	.	Cabbage Rolls Marinara Sauce	Shepherds Pie	Grilled Turkey on Multigrain
Side	Mashed Potatoes	Steamed Rice	Roasted Sweet Potatoes	.		O'Brien Potatoes	Tossed Salad
Vegetable	Yellow Waxed Beans	Sauteed Bok Choy	Braised Red Cabbage	.	* Broccoli	Roasted Candied Carrots	
Vegetable	* Seasoned Broccoli	Buttered Corn	* Green Beans Almondine	.	Sauteed Red & Yellow Peppers	Zucchini	
Dessert	Carrot Cake	* Pecan Pie	Orange Cake with Frosting	.	Vanilla Swirl Cake	Tuxedo Truffle Mousse Cake	Assorted Desserts

\* Menu item contains a Superfood.



Choose Superfoods more often for optimal health

Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea