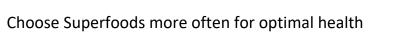
Feb 12 - Feb 18		Verve INSPIRED SENIOR LIVING		Lunch		THE LODGE  AT VALLEY RIDGE  INSPIRED SENIOR LIVING WITH  AND THE PROPERTY OF T	
Week 1	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16	Saturday 17	Sunday 18
Soup	Potato and Leek Soup	Tortellini Soup	Country Vegetable Soup	French Canadian Pea Soup	Cream Chicken and Wild Rice Soup	Borscht	Beef Barley Soup
Entrée 1	Tuna Salad on Whole Wheat	Fresh Fruit Plate	Potato Pancakes	BLT Sandwich	Reuben Sandwich on Rye	Egg Salad Sandwich	Chicken Salad Sandwich on Whole Wheat
side	Caesar Salad	Cottage Cheese and Baked Scone	Sausages	Tossed Salad		Vinaigrette Coleslaw	Mixed Green Salad
Entrée 2	Honey Garlic Chicken Wings	Black Forest Ham, Lettuce, Tomato and Maple Aioli Sandwich	Beef Skewers	Roasted Vegetable and Feta Quiche	Poutine	Crispy Filo Crusted Shrimp on Spinach and Mandarin Salad	Perogies
Side	Fried Rice	Apple Pecan Salad	Fried Rice	Tossed Salad		Dinner Roll	Bacon , Fried Onions and Sour Cream
Dessert	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts
	Dinner						
Appetizer	Heirloom Tomato Salad	Broccoli, Bacon and Cheddar Salad		Smoked Duck Citrus Salad	Chickpea Salad	Toma, Cucumber and Red Onion Salad	Shrimp and Avocado Salad
Entrée 1	Beef Meatloaf	Stir-Fry Chicken, Snow Peas and Peppers with Steamed Rice		Veal Saltimbocca	Stir-Fry Shrimp and Vegetables with Steamed Rice	Turkey Pot Pie	Sweet and Sour Pork
Side							
Entrée 2	Pan Fried Sole Filet with Tarragon Brown Butter Sauce	Slow Roast Pork Loin with Apricot and Thyme Sauce	Нарру	Pork Chop Italiano	Curried Chicken and Chickpea Stew on Rice	Teriyaki Beef and Broccoli with Steamed Rice	Roasted Chicken and Gravy
Side	Mashed Potatoes	Scalloped Potatoes	Valentine's Day	Risotto	Rice	Scalloped Potatoes	Mashed Potatoes
Vegetable	Carrot Coins	Corn, Beets and Pea Medley		Cauliflower	Sugar Snap Peas	Roasted Zucchini	Baby Carrots
Vegetable	Sauteed Bok Choy			Seasoned Broccoli	Yellow Beets	Buttered Corn	Green Beans
Dessert	Fruit Cobbler	German Chocolate Cake		Tiramisu	Black Cherry Ice Cream	Greek Style Donuts Lavender Ice Cream	Raspberry Cheesecake

<sup>\*</sup> Menu item contains a Superfood.



Living Loving Local