

April 15-21



Lunch

Week 3	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20	Sunday 21
Soup	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Entrée 1	* Tuna Salad on Whole Wheat	Roast Beef Swiss Cheese Lettuce Tomato Chipotle Aioli	Reuben Sandwich on Rye with Pickle Wedge	Chicken Melt on English Muffin	Crab Salad on Croissant	*BBQ Pork Salad with Avocado & Orange	Grilled Cheese Sandwich
side	Claremont Salad	Caesar Salad	Greek Salad	Mixed Green Salad	Tomato and Cucumber Salad	Tossed Salad	Fresh Seasonal Fruit
Entrée 2	Bacon & Mushroom Gnocchi	Hawaiian Pizza	Bacon Macaroni & Cheese Garlic Bread	* Salmon Salad Sandwich on Whole Wheat	Perogies with Bacon Fried Onion Sour Cream	Italian Pasta Primavera	* Egg Salad on Croissant
Side	0	Caesar Salad	Dinner Roll	Mixed Green Salad	Tomato and Cucumber Salad	Dinner Roll	Mixed Green Salad
Dessert	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts

DINNER

Appetizer	* Waldorf Salad	* Bruschetta	* Beet & Onion Salad	Cucumber Dill Salad	House Salad	* Veggie Sticks & Hummus	* Spanakopita with Tzatziki Sauce
Entrée 1	Pork Schnitzel Gravy	Braised Beef Ravioli Marinara	Maple Orange Glazed Salmon	Braised Lamb Leg au Jus	Fettucini Pasta with Chicken, Mushroom Cream sauce	BBQ Baby Back Ribs	* Roast Turkey with Traditional Dressing Cranberry Sauce & Gravy
Side	Mashed Potatoes	Garlic Bread	Brown Rice	Mashed Potatoes	Dinner Roll	Baked Potato & Sour Cream	Mashed Potatoes
Entrée 2	Mediterranean Baked Cod Loin	Braised Chicken Leg With Cider & Apple	Beef Goulash	Thai Chicken Stir Fry	Potato & Chive Crusted Cod with Remoulade Sauce	Sweet & Sour Meatballs	Veal Cutlet with Artichoke and Mushrooms
Side	Whipped Potatoes	Lyonnais Potatoes	Brown Rice	Steamed Rice	Chive Mashed Potatoes	Steamed Rice	
Vegetable	Diced Carrots	Braised Red Cabbage	* Seasoned Broccoli	Sauteed Red & Yellow Peppers	Buttered Corn	Sauteed Swiss Chard	Baked Squash
Vegetable	Sugar Snap Peas	Brussels Sprouts	Sauteed Red & Yellow Peppers	Sauteed Red & Yellow Peppers	Zucchini	* Stuffed Tomato	Seasoned Peas
Dessert	English Trifle	Deep Dish Apple Pie	Lemon Streusel Cake	Warm Bread Pudding	Strawberry Shortcake	Chef Baked Good	Assorted Desserts

* Menu item contains a Superfood.



Choose Superfoods more often for optimal health

Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea