



INSPIRED SENIOR LIVING

# March 2024

## Palermo Village Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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**SUNDAY**  
**MAR 17**  
**St. Patrick's Day**

Verve Senior Living's Majestic Mediterranean Odyssey

- 1**
- 9:00 Go4Life Walking Club (LOB)
  - 9:15 Movement Matters/Lifemark Falls Prevention Exercise Class (G)
  - 10:00 Movement Matters/Lifemark Falls Prevention Exercise Class (G)
  - 10:00 Snakes & Ladders Game! (BI)
  - 10:00 Meet Me at the MoMA (Painting) (BI)
  - 10:30 Colour Therapy with Frankie! (BI)
  - 11:00 Lifemark Tai Chi Exercise Class (G)
  - 1:30 Andre Rieu Musical (T)
  - 3:00 Daily Tea & Coffee Time (BI)
  - 3:00 Putting Club with Subash! (BI)
  - 3:30 \$3 Happy Hour! (B)
  - 4:30 LLL Theme Dinner (Regular Seating) (DIN)
  - 7:00 Prime Movie Night: And So It Goes (T)

- 2**
- 9:00 Go4Life Walking Club! (LOB)
  - 10:00 Andre Rieu Musical (Repeat from Friday) (T)
  - 10:15 Colour Therapy (Resident Run)! (BI)
  - 10:45 Fun with Mazes (Pick up at Reception)! (REC)
  - 10:45 Java Music Club! (GR)
  - 2:00 Chocolate Bar Bingo! (BI)
  - 2:00 Netflix Afternoon Movie: Just Like Heaven (T)
  - 3:00 Daily Tea & Coffee Time (BI)
  - 3:00 Scrabble Game (Resident Run)! (GR)
  - 3:00 Ring Toss Game! (BI)
  - 7:00 Netflix Movie Night: Just Like Heaven (T)

- 3**
- 9:00 Go4Life Walking Club! (LOB)
  - 10:00 Brain Puzzles (Pick up at Reception) (REC)
  - 1:30 Chess Club (Sign Up with Arielle) (GR)
  - 2:00 Rummy-O Game (Resident Run)! (GR)
  - 2:00 Prime Afternoon Movie: Are You There God? It's Me, Margaret (T)
  - 2:00 Netflix Movie: Fool's Gold (T)
  - 3:00 Daily Tea & Coffee Time (BI)
  - 3:00 Canadian Trivia! (BI)
  - 3:30 Jenga Game! (GR)
  - 7:00 Netflix Movie Night: Fool's Gold (T)

- 4**
- 9:00 Go4Life Walking Club (LOB)
  - 10:00 DrumFit Exercise Class (G)
  - 10:30 Dart Toss Game! (BI)
  - 11:00 Fit Minds Program! (GR)
  - 11:00 Palermo Shuttle Bus Outings Sign-Up (In-Person) (REC)
  - 1:30 Palermo Tech Club with Arielle! (BI)
  - 2:00 Farkle Fun Game! (GR)
  - 2:00 Artful Enrichment Crafts with Frankie (Sign Up Required) (G)
  - 2:00 Prime Movie: Woman in Gold (T)
  - 3:00 Daily Tea & Coffee Time (BI)
  - 4:00 Motivational TED Talks & Discussion (T)
  - 7:00 Prime Movie Night: Woman in Gold (T)

- 5**
- 9:00 Go4Life Walking Club! (LOB)
  - 9:30 Stay-Fit-Feet Exercise Class (G)
  - 10:00 Palermo Shuttle Bus Outing: Dollarama & HomeSense (Sign up Required) (REC)
  - 2:00 \$2 Bistro Bingo (BI)
  - 3:00 Daily Tea & Coffee Time (BI)
  - 3:00 True/False Trivia Game! (BI)
  - 3:00 Pet Therapy Visits with David & Buster! (L)
  - 4:00 Basketball Toss Game! (BI)
  - 4:15 Tai Chi Exercise Class! (G)

- 6**
- Glowmax Hair Salon & Esthetic Services (S)
  - 9:00 Go4Life Walking Club (LOB)
  - 10:00 Yoga Exercise Class! (G)
  - 10:00 Vendor: Cathy's Scarves, Jewelry and Gifts 10-2 (BI)
  - 10:30 Putting Club! (BI)
  - 1:30 Bridge Club! (L)
  - 2:00 Rosary Club! (T)
  - 3:00 Daily Tea & Coffee Time (BI)
  - 3:00 Dart Toss Game! (BI)
  - 4:00 Meet Me at the MoMA (Lecture) (T)
  - 7:00 Prime Movie Night: Beyond the Sea (T)

- 7**
- 9:00 Go4Life Walking Club! (LOB)
  - 9:30 Stay-Fit-Feet Exercise Class (G)
  - 10:00 Palermo Shuttle Bus Outing to Walmart/Fortinos/Dollarama (Sign Up Required) (REC)
  - 10:15 Colour Therapy! (BI)
  - 10:30 Billiards Club! (GR)
  - 1:00 Lifemark Movement Matters Exercise Class 1-2 pm (G)
  - 1:00 Tuck Shop Open 1:00-2:00 pm (TUC)
  - 2:00 Christian Connections (T)
  - 2:00 Lifemark Movement Matters Exercise Class 2-3 pm (G)
  - 3:00 Daily Tea & Coffee Time (BI)
  - 3:00 Lifemark Tai Chi Exercise Class 3-4 pm (G)
  - 3:00 Rummy-O Game with Arielle! (GR)
  - 3:00 Euchre Club (Sign up with at partner at Reception) (GR)

- 8**
- 9:00 Go4Life Walking Club (LOB)
  - 9:15 Movement Matters/Lifemark Falls Prevention Exercise Class (G)
  - 10:00 Movement Matters/Lifemark Falls Prevention Exercise Class (G)
  - 10:00 Baking Club! (BI)
  - 10:30 Colour Therapy with Frankie! (BI)
  - 10:30 Chess Club! (GR)
  - 11:00 Lifemark Tai Chi Exercise Class (G)
  - 1:30 Andre Rieu Musical (T)
  - 3:00 Celebrating International Woman's Day with Pianist Matthew Bacik! (BI)
  - 3:30 \$3 Happy Hour! (B)
  - 7:00 Netflix Movie Night: In the Line of Fire (T)

- 9**
- 9:00 Go4Life Walking Club! (LOB)
  - 10:00 Andre Rieu Musical (Repeat from Friday) (T)
  - 10:15 Colour Therapy (Resident Run)! (BI)
  - 10:45 Fun with Mazes (Pick up at Reception)! (REC)
  - 10:45 Java Music Club! (GR)
  - 2:00 Chocolate Bar Bingo! (BI)
  - 2:00 Prime Movie: Love Blossoms (T)
  - 3:00 Daily Tea & Coffee Time (BI)
  - 3:00 Scrabble Game (Resident Run)! (GR)
  - 3:00 Ring Toss Game! (BI)
  - 7:00 Prime Movie Night: Love Blossoms (T)

- 10**
- 9:00 Go4Life Walking Club! (LOB)
  - 10:00 Brain Puzzles (Pick up at Reception) (REC)
  - 1:30 Chess Club (Sign Up with Arielle) (GR)
  - 2:00 Rummy-O Game (Resident Run)! (GR)
  - 2:00 Disney + Movie: Ever After (T)
  - 3:00 Daily Tea & Coffee Time (BI)
  - 3:00 I Spy Game! (BI)
  - 3:30 Jenga Game! (GR)
  - 7:00 Disney + Night: Ever After (T)

- 11**
- 9:00 Go4Life Walking Club (LOB)
  - 10:00 DrumFit Exercise Class (G)
  - 10:30 Dart Toss Game! (BI)
  - 11:00 Fit Minds Program! (GR)
  - 1:30 Palermo Tech Club with Arielle! (BI)
  - 2:00 Artful Enrichment Crafts with Frankie (Sign Up Required) (G)
  - 2:00 Disney + Movie: Casanova (T)
  - 3:00 Daily Tea & Coffee Time (BI)
  - 3:00 Maple Social with Music by Pianist Wayne Houston & Guitarist Randy! (BI)
  - 4:00 Motivational TED Talks & Discussion (T)
  - 7:00 Disney +Movie Night: Casanova (T)

- 12**
- Chiropracist Visit (Please Sign up with Reception) (LLC)
  - 9:00 Go4Life Walking Club! (LOB)
  - 9:30 Stay-Fit-Feet Exercise Class (G)
  - 10:00 Palermo Shuttle Bus Outing: Shoppers Drug Mart (Sign up Required) (LOB)
  - 10:30 St. Luke's Anglican Church Service (T)
  - 2:00 \$2 Bistro Bingo (BI)
  - 3:00 Daily Tea & Coffee Time (BI)
  - 3:00 Pet Therapy Visits with David & Buster! (L)
  - 3:00 Current Events Discussion! (BI)
  - 4:00 Basketball Toss Game! (BI)
  - 4:15 Tai Chi Exercise Class! (G)

- 13**
- Glowmax Hair Salon & Esthetic Services (S)
  - 9:00 Go4Life Walking Club (LOB)
  - 10:00 Yoga Exercise Class! (G)
  - 10:00 Aging In Place Drop-In Discussion with Sandra and Kristoffor 10 am-1:30 pm (T)
  - 10:30 Putting Club! (BI)
  - 1:30 Bridge Club! (L)
  - 2:00 Meet Me at the MoMA (Painting) (G)
  - 2:00 Rosary Club! (T)
  - 3:00 Daily Tea & Coffee Time (BI)
  - 3:00 Dart Toss Game! (BI)
  - 4:00 Fun with Mazes! (BI)
  - 7:00 Disney + Movie Night: The Last Song (T)

- 14**
- 9:00 Go4Life Walking Club! (LOB)
  - 9:30 Stay-Fit-Feet Exercise Class (G)
  - 10:00 Palermo Shuttle Bus Outing to Oakville Place Mall & Lunch in the Food Court (Sign Up Required) (LOB)
  - 10:15 Colour Therapy! (BI)
  - 10:30 Billiards Club! (GR)
  - 1:00 Lifemark Movement Matters Exercise Class 1-2 pm (G)
  - 1:00 Tuck Shop Open 1:00-2:00 pm (TUC)
  - 2:00 Christian Connections (T)
  - 2:00 Lifemark Movement Matters Exercise Class 2-3 pm (G)
  - 3:00 Daily Tea & Coffee Time (BI)
  - 3:00 Lifemark Tai Chi Exercise Class 3-4 pm (G)
  - 3:00 Euchre Club (Sign up with at partner at Reception) (GR)
  - 3:00 National Potato Chip Day Social! (BI)
  - 4:00 Uno Game! (GR)
  - 4:30 Palermo Shuttle Bus Outing: Pub Night at the Queen's Head (Sign Up Required) (REC)

- 15**
- 9:00 Go4Life Walking Club (LOB)
  - 9:15 Movement Matters/Lifemark Falls Prevention Exercise Class (G)
  - 10:00 Baking Club! (BI)
  - 10:00 Lifemark Falls Prevention Information Session with Alex (T)
  - 10:30 Colour Therapy with Frankie! (BI)
  - 10:30 Chess Club! (GR)
  - 11:00 Lifemark Tai Chi Exercise Class (G)
  - 1:30 Andre Rieu Musical (T)
  - 2:30 Celebrating St. Patty's Day with Music by Singer & Saxophonist Shannon Graham! (BI)
  - 3:00 Daily Tea & Coffee Time (BI)
  - 3:30 \$3 Happy Hour! (B)
  - 7:00 Disney + Movie Night: The Marrying Man (T)

- 16**
- 9:00 Go4Life Walking Club! (LOB)
  - 10:00 Andre Rieu Musical (Repeat from Friday) (T)
  - 10:15 Colour Therapy (Resident Run)! (BI)
  - 10:45 Fun with Mazes (Pick up at Reception)! (REC)
  - 10:45 Java Music Club! (GR)
  - 2:00 Chocolate Bar Bingo! (BI)
  - 2:00 Prime Movie: The Iron Claw (T)
  - 3:00 Daily Tea & Coffee Time (BI)
  - 3:00 Scrabble Game (Resident Run)! (GR)
  - 3:00 Ring Toss Game! (BI)
  - 7:00 Prime Movie Night: The Iron Claw (T)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Go4Life Walking Club! (LOB) <b>17</b></p> <p>10:00 Brain Puzzles (Pick up at Reception) (REC)</p> <p>1:30 Chess Club (Sign Up with Arielle) (GR)</p> <p>2:00 Rummy-O Game (Resident Run)! (GR)</p> <p>2:00 Prime Movie: Leap Year (T)</p> <p>3:00 Daily Tea &amp; Coffee Time (BI)</p> <p>3:00 LLL Wordsearches! (BI)</p> <p>3:30 Jenga Game! (GR)</p> <p>7:00 Prime Movie Night: Leap Year (T)</p>	<p>9:00 Go4Life Walking Club (LOB) <b>18</b></p> <p>10:00 DrumFit Exercise Class (G)</p> <p>10:30 Dart Toss Game! (BI)</p> <p>11:00 Fit Minds Program! (GR)</p> <p>1:30 Palermo Tech Club with Arielle! (BI)</p> <p>2:00 Farkle Fun Game! (GR)</p> <p>2:00 Artful Enrichment Crafts with Frankie (Sign Up Required) (G)</p> <p>2:00 Prime Movie: Freedom Writers (T)</p> <p>3:00 Daily Tea &amp; Coffee Time (BI)</p> <p>3:30 Meet Me at the MoMA (Lecture) (T)</p> <p>4:00 Motivational TED Talks &amp; Discussion (T)</p> <p>7:00 Presentation by Historian &amp; Guest Speaker Lianne Harris on The Luck O' the Irish (BI)</p> <p>7:00 Prime Movie Night: Freedom Writers (T)</p>	<p>Hearing Clinic (Please sign up with Reception) (LLC) <b>19</b></p> <p>9:00 Go4Life Walking Club! (LOB)</p> <p>9:30 Stay-Fit-Feet Exercise Class (G)</p> <p>10:00 Book Club Discussion with Frankie! (L)</p> <p>11:30 Palermo Shuttle Bus Lunch Outing to Cynthia's Chinese Restaurant (Sign Up Required) (LOB)</p> <p>2:00 \$2 Bistro Bingo (BI)</p> <p>3:00 Daily Tea &amp; Coffee Time (BI)</p> <p>3:00 True/False Trivia Game! (BI)</p> <p>3:00 Pet Therapy Visits with David &amp; Buster! (L)</p> <p>4:00 Basketball Toss Game! (BI)</p> <p>4:15 Tai Chi Exercise Class! (G)</p>	<p>Glowmax Hair Salon &amp; Esthetic Services (S) <b>20</b></p> <p>9:00 Go4Life Walking Club (LOB)</p> <p>10:00 Yoga Exercise Class! (G)</p> <p>10:00 Java Music Club! (GR)</p> <p>10:30 Putting Club! (BI)</p> <p>1:30 Bridge Club! (L)</p> <p>2:00 Rosary Club! (T)</p> <p>2:30 Cribbage Game! (GR)</p> <p>3:00 Daily Tea &amp; Coffee Time (BI)</p> <p>3:00 Dart Toss Game! (BI)</p> <p>7:00 Prime Movie Night: The Tender Bar (T)</p>	<p>Theme Day: Sun Hats &amp; Sundresses Day in Spain <b>21</b></p> <p>9:30 Stay-Fit-Feet Exercise Class with Flamenco Music (G)</p> <p>10:00 Palermo Shuttle Bus Outing to Walmart/Fortinos/Dollarama (Sign Up Required) (REC)</p> <p>10:30 Spanish Travelogue (T)</p> <p>10:30 Picasso Art! (G)</p> <p>1:00 Lifemark Movement Matters Exercise Class 1-2 pm (G)</p> <p>1:00 Tuck Shop Open 1:00-2:00 pm (TUC)</p> <p>1:30 Access Abilities Safety Check &amp; Walker Cleaning Clinic 1:30-2:30 pm (L)</p> <p>2:00 Christian Connections (T)</p> <p>2:00 Lifemark Movement Matters Exercise Class 2-3 pm (G)</p> <p>2:30 Welcome Aboard the Majestic Mediterranean Odyssey Social with Antonella Vizzini! (BI)</p> <p>3:00 Lifemark Tai Chi Exercise Class 3-4 pm (G)</p> <p>3:00 Spanish Sangria Cocktail Bar, Olive Oil &amp; Baguette Tasting (BI)</p> <p>3:00 Deck Game: Euchre Club (Sign up with at partner at Reception) (GR)</p> <p>4:30 Gala Dinner Featuring Spanish Cuisine (Regular Seating) (DIN)</p> <p>7:00 Prime Movie Night: Surviving Picasso (T)</p>	<p>Theme Day: Wear Cruise Ship White <b>22</b></p> <p>9:00 Go4Life Walking Club (LOB)</p> <p>9:15 Movement Matters/Lifemark Falls Prevention Exercise Class (G)</p> <p>10:00 Movement Matters/Lifemark Falls Prevention Exercise Class (G)</p> <p>10:00 Baking Club: Moroccan Coconut Cookies (BI)</p> <p>10:30 Moroccan Travelogue (T)</p> <p>10:30 Painting Seashells at the Marrakech Market (BI)</p> <p>11:00 Lifemark Tai Chi Exercise Class (G)</p> <p>1:30 Andre Rieu Musical (T)</p> <p>2:15 Step-by-Step Painting Class with Artist Karen Brioux 2:15-4:15 pm (Eiffel Tower)! (G)</p> <p>2:30 Moroccan Belly Dancing at Casablanca! (BI)</p> <p>3:00 Moroccan Mojitos Cocktail Bar with Olive Tasting (BI)</p> <p>3:45 Pack a Suitcase Contest (Residents &amp; Staff) (BI)</p> <p>4:30 Moroccan Dinner (Regular Seating) (DIN)</p> <p>7:00 Disney + Movie Night: Under the Tuscan Sun (T)</p>	<p>Theme Day: Wear bright, colorful scarves <b>23</b></p> <p>7:00 Cafe Verona Specialty Coffees &amp; Biscotti (BI)</p> <p>9:00 Go4Life Walking Club! (LOB)</p> <p>10:00 Spot the Difference: Botticelli Edition (BI)</p> <p>10:00 Prime Series: Museum Secrets "Inside the Vatican" (T)</p> <p>11:00 Writing Love Letters to Juliet (BI)</p> <p>1:00 National Majestic Mediterranean Odyssey Cruise Open House 1-4 pm</p> <p>1:30 Cruising through Italy with Music by Singer Heather Christine! (BI)</p> <p>2:00 Italian Travelogue (T)</p> <p>2:00 Cocktail Bar: Prosecco &amp; Peach &amp; Pizza (BI)</p> <p>2:00 Artful Craft: Floral Painted Wine Glass Art (G)</p> <p>4:30 Special Italian Dinner (Regular Seating) (DIN)</p> <p>7:00 Prime Movie Night: Letters to Juliet (T)</p>
<p>Theme Day: Wear your Tie Dye! <b>24</b></p> <p>Mobile Dental Cleaning Clinic (by appointment only) (S)</p> <p>9:00 Go4Life Walking Club! (LOB)</p> <p>10:00 Brain Puzzles (Pick up at Reception) (REC)</p> <p>10:00 Travelogue: Turkiye (T)</p> <p>11:00 Excursion Scavenger Hunt!</p> <p>1:30 Cruise Week Trivia! (REC)</p> <p>2:00 Rummy-O Game (Resident Run)! (GR)</p> <p>2:00 Turkish Jewelry Art (Sign up Required) (BI)</p> <p>2:00 Prime Series: Museum Secrets: "Inside the Topkapi Palace Museum" (T)</p> <p>3:00 Swinging Sultan Cocktails (Turkish Cosmopolitans) with Turkish Tabbouleh &amp; Pita Bread (BI)</p> <p>3:30 Mini Golf at the Istanbul Golf Club (BI)</p> <p>4:30 Special Turkiye Dinner (Regular Seating)</p> <p>7:00 Netflix Movie Night: Mamma Mia (T)</p>	<p>Theme Day: Beach Day in the Greek Islands-Wear your Beach Attire <b>25</b></p> <p>8:00 Greek Breakfast: Greek Yogurt &amp; Granola Bowls (BI)</p> <p>9:00 Go4Life Walking Club (LOB)</p> <p>10:00 DrumFit Exercise Class Featuring ABBA in Acropolis (G)</p> <p>10:30 Ancient Greece Olympic Dart Toss Championships! (BI)</p> <p>10:30 Greece Travelogue (T)</p> <p>11:00 Fit Minds Program! (GR)</p> <p>11:30 Captain's Lunch (Regular Seating) (DIN)</p> <p>2:00 Prime Series: Museum Secrets "Inside the National Archeological Museum of Athens" (T)</p> <p>2:30 Paraffin Hand Waxing Treatment &amp; Massage in Santorini! (BI)</p> <p>3:00 Greek Mimosa Cocktails &amp; Spanakopita Appetizers (BI)</p> <p>4:00 Colour Therapy: Colouring Mythical Creatures (BI)</p> <p>6:30 ABBA Athens Concert with Alicia Santos! (BI)</p> <p>7:00 Prime Movie Night: My Big Fat Greek Wedding (T)</p>	<p>Theme Day: Dress as a Tourist <b>26</b></p> <p>9:00 Go4Life Walking Club! (LOB)</p> <p>9:30 Stay-Fit-Feet Exercise Class with Beach Music (G)</p> <p>10:00 Palermo Shuttle Bus Bank Trip (Sign Up Required) (REC)</p> <p>10:30 St. Luke's Anglican Church Service (T)</p> <p>11:30 Special Croatian Lunch (Regular Seating) (DIN)</p> <p>1:00 Croatian Travelogue (T)</p> <p>2:00 \$5 Mediterranean Sea Bingo (BI)</p> <p>3:00 Pet Therapy Visits with David &amp; Buster! (L)</p> <p>3:00 Chef's Tasting (BI)</p> <p>3:00 Croatian Beer &amp; Traditional Pretzel Crisps (BI)</p> <p>3:30 Deck Game: Ring Toss (Staff &amp; Residents) (BI)</p> <p>4:15 Tai Chi Under the Mediterranean Sun! (G)</p> <p>7:00 Disney + Movie Night: Out to Sea (T)</p>	<p>Glowmax Hair Salon &amp; Esthetic Services (S) <b>27</b></p> <p>Theme Day: Vive La France Pink Party-Wear Pink &amp; White!</p> <p>9:00 Go4Life Walking Club (LOB)</p> <p>10:00 France Travelogue (T)</p> <p>10:00 Cruise Chair Yoga in Provence (G)</p> <p>1:30 Bridge Club! (L)</p> <p>2:00 Rosary Club! (T)</p> <p>2:30 Afternoon in Paris with Singer Filipa Sousa! (BI)</p> <p>3:00 Wine &amp; Cheese Tasting at the Louvre Gallery Featuring Eiffel Tower Art Exhibit (BI)</p> <p>4:15 Prime Series: Museum Secrets "Inside the Louvre" (T)</p> <p>4:30 Special French Dinner (Regular Seating) (DIN)</p> <p>7:00 Prime Movie Night: A Good Year (T)</p>	<p>9:00 Go4Life Walking Club! (LOB) <b>28</b></p> <p>9:15 Stay-Fit-Feet Exercise Class (G)</p> <p>9:45 Palermo Shuttle Bus Outing to Burlington Mall (Sign up Required) (LOB)</p> <p>10:15 Colour Therapy! (BI)</p> <p>11:00 Return Your Cruise Week Passports to the Reception Desk before 11 am (REC)</p> <p>1:00 Lifemark Movement Matters Exercise Class 1-2 pm (G)</p> <p>1:00 Tuck Shop Open 1:00-2:00 pm (TUC)</p> <p>2:00 Christian Connections (T)</p> <p>2:00 Lifemark Movement Matters Exercise Class 2-3 pm (G)</p> <p>3:00 Lifemark Tai Chi Exercise Class 3-4 pm (G)</p> <p>3:00 Euchre Club (Sign up with at partner at Reception) (GR)</p> <p>3:00 Daily Tea &amp; Coffee Time &amp; Announcement of Cruise Week Passport Winners (BI)</p> <p>3:30 Dart Toss Game! (BI)</p> <p>7:00 Soli Deo Gloria School of Dance &amp; the Performing Arts Production of "Crown Him" (BI)</p>	<p>9:00 Go4Life Walking Club (LOB) <b>29</b></p> <p>9:15 Movement Matters/Lifemark Falls Prevention Exercise Class (G)</p> <p>10:00 Baking Club! (BI)</p> <p>10:00 Movement Matters/Lifemark Falls Prevention Exercise Class (G)</p> <p>10:30 Colour Therapy with Frankie! (BI)</p> <p>10:30 Chess Club! (GR)</p> <p>11:00 Lifemark Tai Chi Exercise Class (G)</p> <p>1:30 Andre Rieu Musical (T)</p> <p>2:00 Meet Me at the MoMA (Painting) (G)</p> <p>3:00 Daily Tea &amp; Coffee Time (BI)</p> <p>3:00 Celebrating March Birthdays with Pianist Matthew Bacik! (BI)</p> <p>3:30 \$3 Happy Hour! (BI)</p> <p>7:00 Prime Movie Night: Little Italy (T)</p>	<p>9:00 Go4Life Walking Club! (LOB) <b>30</b></p> <p>10:00 Andre Rieu Musical (Repeat from Friday) (T)</p> <p>10:15 Colour Therapy (Resident Run)! (BI)</p> <p>10:45 Fun with Mazes (Pick up at Reception)! (REC)</p> <p>10:45 Java Music Club! (GR)</p> <p>2:00 Chocolate Bar Bingo! (BI)</p> <p>2:00 Prime Movie: Maid in Manhattan (T)</p> <p>3:00 Daily Tea &amp; Coffee Time (BI)</p> <p>3:00 Scrabble Game (Resident Run)! (GR)</p> <p>3:00 Ring Toss Game! (BI)</p> <p>7:00 Prime Movie Night: Maid in Manhattan (T)</p>
<p>9:00 Go4Life Walking Club! (LOB) <b>31</b></p> <p>10:00 Brain Puzzles (Pick up at Reception) (REC)</p> <p>1:30 Chess Club (Sign Up with Arielle) (GR)</p> <p>2:00 Rummy-O Game (Resident Run)! (GR)</p> <p>2:00 Prime Movie: The Thomas Crown Affair (T)</p> <p>3:00 Daily Tea &amp; Coffee Time (BI)</p> <p>3:00 LLL Wordsearches! (BI)</p> <p>3:30 Jenga Game! (GR)</p> <p>4:30 Easter Sunday Dinner (Regular Seating) (DIN)</p> <p>7:00 Prime Movie Night: The Thomas Crown Affair (T)</p>	<p><b>Be your best self</b></p>				<p><b>Locations Legend</b></p> <p>Bistro (BI)</p> <p>Theatre (T)</p> <p>Gym (G)</p> <p>Game Room (GR)</p> <p>Lobby (LOB)</p> <p>Reception (REC)</p> <p>Library (L)</p> <p>Bar (BI)</p> <p>Dining Room (DIN)</p> <p>Spa (S)</p> <p>Tuck Shop (TUC)</p> <p>Lower-Level Clinic (LLC)</p>	
						<p><b>Calendar Legend</b></p> <p>Outing</p> <p>Special Program</p> <p>Cruise Week</p> <p>Signature Program</p>