





INSPIRED SENIOR LIVING

February 2024

Richmond Hill Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Black History Month</p>		 <p>Lunar Year Dragon</p>				
		<p>SATURDAY</p> <p>FEB 10</p>				
<p>11:00 Pick up an activity booklet at reception! (REC) 4</p> <p>1:30 Scrabble (B)</p> <p>2:00 Chinese New Year Celebration with Aurora Films and Performing Arts (LL)</p> <p>2:00 Pet Therapy with Nicole and Charlie the Golden Doodle (LC)</p> <p>3:15 Sunday Series: Live To 100: "The Journey Begins" (T)</p> <p>7:00 Evening Movie: "Overboard" (T)</p>	<p>10:00 Exercise (E) 5</p> <p>10:30 Bible Study - "Preparing For Eternity" (C)</p> <p>10:45 Go4Life Walking Club (LC)</p> <p>1:30 Let's Play Bridge! (L)</p> <p>2:00 BINGO (MP)</p> <p>2:30 Living, Loving, Local Documentary Beet: How Beets Changed the World - Seed to Harvest (T)</p> <p>3:00 Giant Cup Pong Game (LL)</p> <p>7:00 Evening Movie: "Hidden Figures" (T)</p>	<p>10:00 Morning Coffee & Tea Conversations (BA) 6</p> <p>1:30 Afternoon Exercise (E)</p> <p>1:30 Skip-Bo Cards! (B)</p> <p>2:15 Ted Talk: Black History Month "How we can start to heal the pain of racial division" (T)</p> <p>3:00 Christian Gathering & Learning (C)</p> <p>3:00 Wheel of Fortune with Rehab (MP)</p> <p>7:00 Evening Movie: "The Englishmen" (T)</p> <p>7:00 Poker Group (L)</p>	<p>10:00 Exercise (E) 7</p> <p>10:30 Prayer Group (C)</p> <p>10:45 Fall Prevention (E)</p> <p>10:45 Go4 Life Walking Club (LC)</p> <p>1:30 Let's Play Euchre! (B)</p> <p>1:30 Drum Fit (E)</p> <p>2:00 Beginners French with Grae (BA)</p> <p>2:30 Meet Me at the MoMa - Artist Lecture (T)</p> <p>3:00 Meet me at the Moma Painting (MP)</p> <p>6:45 Evening Travelogue: Malawi (T)</p>	<p>10:00 Catholic Communion (C) 8</p> <p>10:30 York Region Police Presentation: Fraud and Scam Types and Prevention (T)</p> <p>1:30 Afternoon Exercise (E)</p> <p>1:30 Rummikub (B)</p> <p>2:15 Java Music Club (MP)</p> <p>3:00 Cross Word Group Game (BA)</p> <p>3:15 Reading And Discussion Club (L)</p> <p>7:00 Virtual Concert: Elvis Presley - '68 Comeback Special (Original December 3rd, 1968 Broadcast) (T)</p>	<p>10:00 Jeopardy! (T) 9</p> <p>10:00 Food Committee Meeting with the chef * Members only * (L)</p> <p>1:15 Better Your Brain - Fit Minds (L)</p> <p>1:30 Exercise (E)</p> <p>2:30 BINGO (MP)</p> <p>3:30 Washer Toss Game (LL)</p> <p>6:45 Friday Night Movie and Popcorn: "Barbie" (T)</p>	<p>10:00 Exercise (E) 10</p> <p>10:45 Fall Prevention (E)</p> <p>10:45 Go4Life Walking Club with Friends (LC)</p> <p>1:30 Rummikub (B)</p> <p>2:00 Saturday Series: Secrets Of Great British Castles "The Tower Of London" (T)</p> <p>3:00 Weekend Happy Hour (BA)</p> <p>4:30 Chinses New Year Dinner</p> <p>7:00 Evening Movie " Queen Bees" (T)</p>
<p>11:00 Pick up an activity booklet at reception! (REC) 11</p> <p>11:00 Monthly Brunch (D)</p> <p>1:30 Scrabble (B)</p> <p>2:00 Afternoon Entertainment with Jeff (LL)</p> <p>2:00 Pet Therapy with Nicole and Charlie the Golden Doodle (LC)</p> <p>3:15 Sunday Series: Live To 100: "An Unexpected Discovery" (T)</p> <p>7:00 Evening Movie: "A Good Person" (T)</p>	<p>10:00 Exercise (E) 12</p> <p>10:30 Bible Study - "Preparing For Eternity" (C)</p> <p>10:45 Go4Life Walking Club (LC)</p> <p>1:30 Let's Play Bridge! (L)</p> <p>2:00 BINGO (MP)</p> <p>3:00 Bocce Tournament (LL)</p> <p>7:00 Evening Movie: "Legally Blonde" (T)</p>	<p>10:00 Morning Coffee & Tea Conversations (BA) 13</p> <p>11:30 Lunch outing: "Markham Station Restaurant " (Sign Up) (OUT)</p> <p>1:30 Afternoon Exercise (E)</p> <p>1:30 Skip-Bo Cards! (B)</p> <p>2:15 Ted Talk: Black History Month "We need to talk about an injustice" (T)</p> <p>3:00 Christian Gathering & Learning (C)</p> <p>3:00 Scatagories (MP)</p> <p>7:00 Evening Movie: "Greyhound" (T)</p> <p>7:00 Poker Group (L)</p>	<p style="text-align: center;">Valentine's Day</p> <p>10:00 Exercise (E) 14</p> <p>10:30 Prayer Group (C)</p> <p>10:45 Fall Prevention (E)</p> <p>10:45 Go4 Life Walking Club (LC)</p> <p>1:30 Let's Play Euchre! (B)</p> <p>1:30 Drum Fit (E)</p> <p>2:00 Valentines Day Party With Ed Cotton (LL)</p> <p>6:45 Evening Travelogue: Nepal (T)</p>	<p>9:00 Catholic Communion (C) 15</p> <p>10:30 Strength & Balance with Grae (E)</p> <p>1:30 Afternoon Exercise (E)</p> <p>1:30 Rummikub (B)</p> <p>2:15 Activities Meeting with Life Enrichment Team (T)</p> <p>3:00 Artful Enrichment: Creative Craft with Yunjita (MP)</p> <p>3:15 Reading And Discussion Club (L)</p> <p>7:00 Virtual Concert: Andrea Bocelli - Vivere Live In Tuscany 2008 (T)</p>	<p>10:00 Jeopardy! (T) 16</p> <p>1:15 Better Your Brain - Fit Minds (L)</p> <p>1:30 Exercise (E)</p> <p>2:30 BINGO (MP)</p> <p>3:30 Bean Bag Toss Game (LL)</p> <p>6:45 Friday Night Movie and Popcorn: "Killers Of The Flower Moon" (T)</p>	<p>10:00 Exercise (E) 17</p> <p>10:45 Fall Prevention (E)</p> <p>10:45 Go4Life Walking Club with Friends (LC)</p> <p>1:30 Rummikub (B)</p> <p>2:00 Saturday Series: Secrets Of Great British Castles "Warwick Castle" (T)</p> <p>3:00 Weekend Happy Hour (BA)</p> <p>7:00 Musical Movie Matinee "The Greatest Showman" (T)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 11:00 Pick up an activity booklet at reception! (REC) 1:30 Scrabble (B) 2:00 Trivia and Hot chocolate with Manager on duty (BA) 2:00 Pet Therapy with Nicole and Charlie the Golden Doodle (LC) 3:00 Sunday Series: Live To 100: "The End Of Blue Zones?" (T) 7:00 Evening Movie: "Chitty Chitty Bang Bang" (T)	19 Happy Family Day 10:00 Virtual Exercise (T) 10:30 Bible Study - "Preparing For Eternity" (C) 10:45 Independent Go4Life Walking Club (LC) 1:30 Let's Play Bridge! (L) 2:00 Virtual Concert: Opera gala: the greatest arias from Mozart, Verdi, Rossini and others (T) 7:00 Evening Movie: "Maybe I Do" (T)	20 10:00 Morning Coffee & Tea Conversations (BA) 1:30 Afternoon Exercise (E) 1:30 Skip-Bo Cards! (B) 2:00 Monthly Birthday Party with Brian Richard (LL) 3:00 Christian Gathering & Learning (C) 3:00 Wheel of Fortune with Rehab (MP) 7:00 Evening Movie: "Hitchcock" (T) 7:00 Poker Group (L)	21 10:00 Exercise (E) 10:00 Hillcrest Mall Outing (Sign Up) (OUT) 10:30 Prayer Group (C) 10:45 Fall Prevention (E) 10:45 Go4 Life Walking Club (LC) 1:30 Let's Play Euchre! (B) 1:30 Drum Fit (E) 2:00 Knitting Nook Club (LL) 2:30 Tik Tok Dance (LL) 3:00 Resident Forum Meeting (T) 6:45 Evening Travelogue: Scotland (T)	22 National Margarita Day 10:00 Catholic Communion (C) 10:30 Strength & Balance with GraeL (E) 1:30 Afternoon Exercise (E) 1:30 Rummikub (B) 2:15 Java Music Club (MP) 3:00 National Margarita Day Social (BA) 3:15 Reading And Discussion Club (L) 7:00 Virtual Concert: André Rieu I Lost My Heart In Heidelberg (T)	23 10:00 Heart and Stroke Prevention Presentation By CareRX (T) 1:15 Better Your Brain - Fit Minds (L) 1:30 Exercise (E) 2:30 BINGO (MP) 3:30 Washer Toss Game (LL) 4:30 Italian Themed Dinner (D) 6:45 Friday Night Movie and Popcorn: "Are You There God? It's Me, Margaret" (T)	24 10:00 Exercise (E) 10:45 Fall Prevention (E) 10:45 Go4Life Walking Club with Friends (LC) 1:30 Rummikub (B) 2:00 Saturday Series: Secrets Of Great British Castles "Caernarfon Castle" (T) 3:00 Weekend Happy Hour (BA) 7:00 Musical Movie Matinee: "My Fair Lady" (T)
25 11:00 Pick up an activity booklet at reception! (REC) 1:30 Scrabble (B) 2:00 Cultural Dance Event by Brampton Chinese Cultural Association (LL) 2:00 Pet Therapy with Nicole and Charlie the Golden Doodle (LC) 3:15 Sunday Series: Live To 100: "The Future Of Longevity" (T) 7:00 Evening Movie: "Tolkien" (T)	26 9:30 Outing: Gateway Casinos Innisfil "Weather Permitting" (Sign Up) (OUT) 10:00 Exercise (E) 10:30 Bible Study - "Preparing For Eternity" (C) 10:45 Go4Life Walking Club (LC) 1:30 Let's Play Bridge! (L) 2:00 BINGO (MP) 3:00 Ring Toss Game (LL) 7:00 Evening Movie: "Houseboat" (T)	27 9:00 Catholic Mass (C) 10:00 Morning Coffee & Tea Conversations (BA) 1:30 Afternoon Exercise (E) 1:30 Skip-Bo Cards! (B) 2:15 Living Loving Local Cooking Demo with Chef Ahmish (B) 3:00 Christian Gathering & Learning (C) 3:00 Scattogories (MP) 7:00 Evening Movie: "Air Force One" (T) 7:00 Poker Group (L)	28 10:00 Exercise (E) 10:30 Prayer Group (C) 10:45 Fall Prevention (E) 10:45 Go4 Life Walking Club (LC) 1:30 Let's Play Euchre! (B) 1:30 Drum Fit (E) 2:00 Knitting Nook Club (LL) 2:30 Meet Me at the MoMa - Artist Lecture (T) 3:00 Meet me at the Moma Painting (MP) 6:45 Evening Travelogue: Chile (T)	29 10:00 Catholic Communion (C) 10:30 Strength & Balance with GraeL (E) 1:30 Afternoon Exercise (E) 1:30 Rummikub (B) 2:15 Java Music Club (MP) 3:00 Monthly Culinary Meeting with Chef Ahmish (T) 3:15 Reading And Discussion Club (L) 7:00 Virtual Concert: The 3 Tenors in New York 1996 (T)	<div data-bbox="2262 1306 2427 1479" data-label="Text"> <p>MONDAY FEB 19</p> </div> <div data-bbox="2548 1366 2937 1441" data-label="Text"> <p>Family Day</p> </div>	

THURSDAY
FEB
22

National Margarita Day

Be your best self

Locations Legend

Theatre (T)	Lobby Cafe (LC)
Exercise Room (E)	Lower Lounge (LL)
Bistro (B)	Bells & Whistles Bar (BA)
Multi Purpose Room (MP)	Reception (REC)
Chapel (C)	Outing (OUT)
Library (L)	Dining Room (D)

Calendar Legend

Outing

Special Program

Theme Day

Living, Loving, Local

Signature Program