



INSPIRED SENIOR LIVING

April 2024

Richmond Hill Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Triple 8 Clothing Vendor (10am - 3pm) (LC) 1 10:00 Exercise (E) 10:00 Food Committee Meeting with The Chef *Members Only* (L) 10:30 Bible Study - "Everyone Welcomed" (C) 10:45 Go4Life Walking Club (LC) 1:30 Let's Play Bridge! (L) 2:00 BINGO (MP) 3:00 Washer Toss Game (LL) 7:00 Evening Movie: Ticket To Paradise (T)	10:00 Morning Coffee & Tea Conversations (BA) 2 1:30 Afternoon Exercise (E) 1:30 Skip-Bo Cards! (B) 2:30 Ted Talk "A new strategy in the war on cancer" (T) 3:00 Christian Gathering & Learning (C) 3:00 Scattogories (MP) 7:00 Poker Group (L) 7:00 Evening Movie: The Pajama Game (T)	10:00 Exercise (E) 3 10:30 Prayer Meeting - Bring Your Requests (C) 10:45 Fall Prevention (E) 10:45 Go4 Life Walking Club (LC) 1:30 Let's Play Euchre! (B) 1:30 Drum Fit (E) 2:00 Knitting Nook Club (LL) 2:15 Balloon Tennis (E) 3:00 Activities Meeting with Life Enrichment Team (T) 6:45 Evening Travelogue: Brazil (T)	10:00 Catholic Communion (C) 4 10:30 Strength & Balance with Grael (E) 1:30 Afternoon Exercise (E) 1:30 Rummikub (B) 2:15 Java Music Club (MP) 3:15 Reading And Discussion Club (L) 3:15 Wheel of Fortune with Rehab (BA) 7:00 Virtual Concert: Mozart - Don Giovanni - Act I - Auckland Philharmonia Orchestra (T)	9:30 Outing: Walmart (Sign Up) (OUT) 5 10:00 Jeopardy! (T) 10:30 Choir Practice With Marcus (C) 1:15 Better Your Brain - Fit Minds (L) 1:30 Exercise (E) 2:30 BINGO (MP) 3:30 Bean Bag Toss Game (LL) 6:45 Friday Night Movie and Popcorn: Wonka (T)	10:00 Exercise (E) 6 10:45 Fall Prevention (E) 10:45 Go4Life Walking Club with Friends (LC) 1:30 Rummikub (B) 2:00 Gen Contact Talented Student Performance (LL) 3:00 Weekend Happy Hour (BA) 7:00 Evening Movie: Annie (T)
National Beer Day 7 11:00 Pick up an activity booklet at reception! (REC) 1:30 Scrabble (B) 2:00 Pet Therapy with Nicole and Charlie the Golden Doodle (LC) 2:00 Celebrating National Beer Day: Beer Tasting Social with Ahmish (BA) 3:00 Sunday Series: Our Great National Parks " E01 - A World of Wonder" (T) 7:00 Evening Movie: The Thomas Crown Affair (T)	Solar Eclipse 2024 8 10:00 Exercise (E) 10:30 Bible Study - "Everyone Welcomed" (C) 10:45 Go4Life Walking Club (LC) 1:30 Let's Play Bridge! (L) 1:30 Solar Eclipse Live Streaming in the Theatre (T) 2:00 BINGO (MP) 3:00 Bocce Tournament (LL) 7:00 Evening Movie: Life As We Know It (T)	10:00 Morning Coffee & Tea Conversations (BA) 9 1:30 Afternoon Exercise (E) 1:30 Skip-Bo Cards! (B) 2:30 Afternoon Entertainment with Zack (LL) 3:00 Christian Gathering & Learning (C) 3:30 Scattogories (MP) 7:00 Poker Group (L) 7:00 Evening Movie: Knives Out (T)	10:00 Exercise (E) 10 10:15 Go4 Life Walking Club at Mill Pond Park (LC) 10:30 Prayer Meeting - Bring Your Requests (C) 10:45 Fall Prevention (E) 1:30 Let's Play Euchre! (B) 1:30 Drum Fit (E) 2:00 Knitting Nook Club (LL) 2:00 Beginners French with Grael (LL) 3:00 Resident Forum Meeting (T) 6:45 Evening Travelogue: Austria (T)	10:00 Catholic Communion (C) 11 10:30 Strength & Balance with Grael (E) 1:30 Afternoon Exercise (E) 1:30 Rummikub (B) 2:15 Java Music Club (MP) 3:15 Reading And Discussion Club (L) 3:30 What are the best eggs? YouTube Video (T) 7:00 Virtual Concert: Andrea Bocelli Live From Lake Las Vegas Resort, USA (T)	10:00 Jeopardy! (T) 12 1:15 Better Your Brain - Fit Minds (L) 1:30 Exercise (E) 2:30 BINGO (MP) 3:30 Bean Bag Toss Game (LL) 7:00 Evening Entertainment with Brian Richards (LL)	10:00 Exercise (E) 13 10:45 Fall Prevention (E) 10:45 Go4Life Walking Club with Friends (LC) 1:30 Rummikub (B) 2:00 Saturday Series: Greatest Events of WWII in Colour "Episode 5, Siege of Stalingra " (T) 3:00 Weekend Happy Hour (BA) 7:00 Evening Movie: Ocean's Eleven (T)
11:00 Pick up an activity booklet at reception! (REC) 14 1:30 Scrabble (B) 2:00 Pet Therapy with Nicole and Charlie the Golden Doodle (LC) 2:00 Trivia and Hot chocolate with Manager on duty (BA) 3:00 Sunday Series: Our Great National Parks " E02 - Chilean Patagonia" (T) 7:00 Evening Movie: The Two Popes (T)	10:00 Exercise (E) 15 10:30 Bible Study - "Everyone Welcomed" (C) 10:45 Go4Life Walking Club (LC) 11:15 Lunch Outing "IL Fornello" (Sign Up) (OUT) 1:30 Let's Play Bridge! (L) 2:30 BINGO (MP) 3:30 Giant Cup Pong Game (LL) 7:00 Evening Movie: A League Of Their Own (T)	10:00 Morning Coffee & Tea Conversations (BA) 16 1:30 Afternoon Exercise (E) 1:30 Skip-Bo Cards! (B) 2:00 Monthly Birthday Party with Lilac (LL) 3:00 Christian Gathering & Learning (C) 3:00 Scattogories (MP) 7:00 Poker Group (L) 7:00 Evening Movie: My Cousin Vinny (T)	10:00 Exercise (E) 17 10:30 Prayer Meeting - Bring Your Requests (C) 10:45 Fall Prevention (E) 10:45 Go4 Life Walking Club (LC) 1:30 Let's Play Euchre! (B) 1:30 Drum Fit (E) 2:00 Knitting Nook Club (LL) 2:15 Balloon Tennis (E) 2:30 Meet Me at the MoMa - Artist Lecture (T) 3:00 Monthly Culinary Meeting with Chef Ahmish (T) 3:00 Meet me at the Moma Painting (MP) 6:45 Evening Travelogue: Canada Coast (T)	10:00 Catholic Communion (C) 18 10:30 Strength & Balance with Grael (E) 1:30 Afternoon Exercise (E) 1:30 Rummikub (B) 2:15 Java Music Club (MP) 3:00 Spring Wine & Cheese: Welcome the Spring with a glass of wine (BA) 3:15 Reading And Discussion Club (L) 7:00 Virtual Concert: John Williams & Steven Spielberg Orchestra Live (T)	10:00 Jeopardy! (T) 19 10:30 Choir Practice With Marcus (C) 1:15 Better Your Brain - Fit Minds (L) 1:30 Exercise (E) 2:30 BINGO (MP) 3:30 Bean Bag Toss Game (LL) 6:45 Friday Night Movie and Popcorn: Ford v Ferrari (T)	10:00 Exercise (E) 20 10:45 Fall Prevention (E) 10:45 Go4Life Walking Club with Friends (LC) 1:30 Rummikub (B) 2:00 Saturday Series: Greatest Events of WWII in Colour " Episode 6, Battle of the Bulge " (T) 3:00 Weekend Happy Hour (BA) 7:00 Evening Movie: Tootsie (T)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>National Tea Day 21</p> <p>11:00 Pick up an activity booklet at reception! (REC)</p> <p>1:30 Scrabble (B)</p> <p>2:00 Pet Therapy with Nicole and Charlie the Golden Doodle (LC)</p> <p>2:00 Tea Day: Trivia and Tea with Manager on duty (BA)</p> <p>3:00 Sunday Series: Our Great National Parks " E03 . Tsavo, Kenya" (T)</p> <p>7:00 Evening Movie: The Sisterhood of The Travelling Pants (T)</p>	<p>Earth Day 22</p> <p>Artful Enrichment Week Begins!</p> <p>9:30 Promenade Shopping Centre Outing (Sign Up) (OUT)</p> <p>10:00 Exercise (E)</p> <p>10:30 Bible Study - "Everyone Welcomed" (C)</p> <p>10:45 Go4Life Walking Club (LC)</p> <p>1:30 Let's Play Bridge! (L)</p> <p>1:30 David Attenborough: A Life on Our Planet Documentary (T)</p> <p>2:00 BINGO (MP)</p> <p>3:00 Team Bowling Game (LL)</p> <p>7:00 Evening Movie: The Duke (T)</p>	<p>23</p> <p>10:00 Morning Coffee & Tea Conversations (BA)</p> <p>10:00 Catholic Mass (C)</p> <p>1:30 Afternoon Exercise (E)</p> <p>1:30 Skip-Bo Cards! (B)</p> <p>2:00 Spring Formal Party with Live Music by Jeff (LL)</p> <p>3:00 Christian Gathering & Learning (C)</p> <p>3:15 The Turbulent Life Of Pablo Picasso (Art History Documentary) (T)</p> <p>7:00 Poker Group (L)</p> <p>7:00 Evening Movie: La Bamba (T)</p>	<p>24</p> <p>10:00 Exercise (E)</p> <p>10:15 Go4 Life Walking Club at Mill Pond Park (LC)</p> <p>10:30 Prayer Meeting - Bring Your Requests (C)</p> <p>10:45 Fall Prevention (E)</p> <p>1:30 Let's Play Euchre! (B)</p> <p>1:30 Drum Fit (E)</p> <p>2:00 Knitting Nook Club (LL)</p> <p>2:15 Living Loving Local Chef Demo (B)</p> <p>3:00 Flower Arrangements (Fake Flowers) Sign up required (MP)</p> <p>3:15 Balloon Tennis (E)</p> <p>6:45 Evening Travelogue: Florida (T)</p>	<p>25</p> <p>Vendor: Mobile Shop! (10:00AM - 2:00PM) (MP)</p> <p>10:30 Strength & Balance with Grael (E)</p> <p>1:30 Afternoon Exercise (E)</p> <p>1:30 Rummikub (B)</p> <p>2:15 Java Music Club (LL)</p> <p>3:15 Reading And Discussion Club (L)</p> <p>3:15 Wheel of Fortune with Rehab (BA)</p> <p>7:00 Patricia Duffy Piano Lounge (LL)</p>	<p>26</p> <p>10:00 Jeopardy! (T)</p> <p>1:15 Better Your Brain - Fit Minds (L)</p> <p>1:30 Exercise (E)</p> <p>2:30 BINGO (MP)</p> <p>3:30 Bean Bag Toss Game (LL)</p> <p>6:45 Friday Night Movie and Popcorn: Nyad (T)</p>	<p>27</p> <p>10:00 Exercise (E)</p> <p>10:45 Fall Prevention (E)</p> <p>10:45 Go4Life Walking Club with Friends (LC)</p> <p>1:15 Meet Me At The MOMA "YouTube Video: Rembrandt : Art and Life" (T)</p> <p>1:30 Rummikub (B)</p> <p>2:00 Meet me at the Moma Painting (MP)</p> <p>2:00 Saturday Series: Greatest Events of WWII in Colour " Episode 7, Crisis Ops " (T)</p> <p>3:00 Weekend Happy Hour (BA)</p> <p>7:00 Evening Movie: Throw Momma From The Train (T)</p>

<p>28</p> <p>11:00 Pick up an activity booklet at reception! (REC)</p> <p>1:30 Scrabble (B)</p> <p>2:00 Pet Therapy with Nicole and Charlie the Golden Doodle (LC)</p> <p>2:00 Trivia and Hot chocolate with Manager on duty (BA)</p> <p>3:00 Sunday Series: Our Great National Parks " E04 -Monterey Bay National Marine Sanctuary, USA " (T)</p> <p>7:00 Evening Movie: I Remember Mama (T)</p>

<p>29</p> <p>10:00 Exercise (E)</p> <p>10:30 Bible Study - "Everyone Welcomed" (C)</p> <p>10:45 Go4Life Walking Club (LC)</p> <p>1:30 Let's Play Bridge! (L)</p> <p>2:00 BINGO (MP)</p> <p>3:00 Ladder Golf Toss Game (LL)</p> <p>7:00 Evening Movie: Daddy Day Care (T)</p>

<p>30</p> <p>10:00 Morning Coffee & Tea Conversations (BA)</p> <p>10:30 Hearing Clinic With Martin (Sign Up At Reception) (SPA)</p> <p>1:30 Afternoon Exercise (E)</p> <p>1:30 Skip-Bo Cards! (B)</p> <p>2:00 Afternoon Movie "Damsel" (T)</p> <p>3:00 Christian Gathering & Learning (C)</p> <p>3:00 Scattogories (MP)</p> <p>7:00 Poker Group (L)</p> <p>7:00 Evening Movie: The Age Of Innocence (T)</p>
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Locations Legend

Theatre (T)	Library (L)
Exercise Room (E)	Lobby Cafe (LC)
Bistro (B)	Bells & Whistles Bar (BA)
Lower Lounge (LL)	Reception (REC)
Chapel (C)	Outing (OUT)
Multi Purpose Room (MP)	Spa (SPA)

Calendar Legend

- Outing
- Special Program
- Theme Day
- Living, Loving, Local
- Signature Program