



INSPIRED SENIOR LIVING

March 2026

Richmond Hill Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Gentle Exercise (E) 1</p> <p>10:00 Tabletop Challenge (BA)</p> <p>10:45 Fall Prevention (E)</p> <p>1:00 Ladder Ball (LL)</p> <p>1:30 Scrabble (B)</p> <p>1:30 Meet Me at The Moma Discussion & Painting (MP)</p> <p>2:00 Trivia With Malisa (BA)</p> <p>3:00 Sunday Game Time Happy Hour! (BA)</p> <p>4:00 Sing A Long With Friends (BA)</p> <p>6:30 Billiards Club (BA)</p> <p>7:00 Evening Movie: One Life (Drama) (T)</p>	<p>10:00 Gym Equipment Exercise (E) 2</p> <p>10:30 Bible Study - "Everyone Welcome" (C)</p> <p>1:30 Let's Play Bridge! (L)</p> <p>2:00 Loonie Bingo (MP)</p> <p>3:00 Better Your Brain - Fit Minds **Day & Time Change** (LL)</p> <p>7:00 History Documentary People Profiles: Buster Keaton - The Man Who Risked Everything for a Laugh (T)</p>	<p>10:30 Food Committee Meeting with The Chef (L) 3</p> <p>1:00 Game of UNO (LL)</p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>1:30 Let's Play Cribbage! (BA)</p> <p>3:00 Christian Gathering & Learning (C)</p> <p>3:00 Scattergories (MP)</p> <p>6:00 Go4Life Walking Club (LC)</p> <p>6:30 Poker Group (L)</p> <p>6:30 Evening Piano Sing-Alongs with Malisa (LL)</p>	<p>10:15 Artful Expedition: Exploring China (T) 4</p> <p>10:30 Prayer Meeting - Bring Your Requests (C)</p> <p>1:00 Gym Equipment Exercise (E)</p> <p>1:30 Let's Play Euchre! (L)</p> <p>1:30 Drum Fit (E)</p> <p>2:00 Knitting Nook Club (LL)</p> <p>2:00 Billiards Club (BA)</p> <p>3:00 Culinary Food Meeting with Ahmish (T)</p> <p>4:15 Dinner Outing: Mandarin**Sign up* (OUT)</p> <p>7:00 Evening Movie: Kingsmen The Secret Service (T)</p>	<p>Mobile Hearing Clinic 1:30pm-3:30pm (SPA) 5</p> <p>10:00 Catholic Communion (C)</p> <p>10:15 Group Crosswords (T)</p> <p>10:30 Chair Yoga (E)</p> <p>1:00 Word Game Boggle (LL)</p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>2:00 Go4 Life Walking Club (LC)</p> <p>2:30 Bill Anderson The Flagman - Pacific Rim (T)</p> <p>2:30 Painting and Exploring Art with Marlena (MP)</p> <p>6:30 Evening Game Night with Malisa (LC)</p> <p>7:00 Engineering Documentary: Steel Giants: Pushing the Limits of Bridge Design (T)</p>	<p>Embark The Verve-RH Cruise Ship Grab Your Hats & Sunglasses as We Sail to Mexico 6</p> <p>7:00 Serving Hot Breakfast (B)</p> <p>10:15 La Pirinola **Bring Dimes** (L)</p> <p>1:30 Loonie Loteria aka BINGO (MP)</p> <p>2:30 Challenge with Game Mar Y Tierra (LL)</p> <p>3:00 Entertainment with Mariachi Feugo (LL)</p> <p>6:30 Poker Group (L)</p> <p>7:00 Friday Night Movie: Speed2 Cruise Control (T)</p>	<p>Port of Call Jaimaca: Under The Sun with Your Floral Attire 7</p> <p>9:30 Go4Life Walking Club with Friends (LC)</p> <p>11:00 Cruise Theme Activity Package (REC)</p> <p>1:30 Verve Caribbean Cruise Theme Open House: Live Entertainment, Food & Beverages, Activities & Tours. (AAA)</p> <p>7:00 Evening Action Movie: Pirates of The Caribbean - Dead Man Tells No Tales (T)</p>
<p>Port Of Call Aruba in Bight Colours 8</p> <p>10:00 Gentle Exercise (E)</p> <p>10:00 Poker Bingo (LL)</p> <p>10:45 Fall Prevention (E)</p> <p>1:00 Palm Tree Ring Stack (BA)</p> <p>1:30 Scrabble (B)</p> <p>1:30 Meet Me at The Moma Discussion & Painting (MP)</p> <p>2:00 Taste of Aruba (BA)</p> <p>3:00 Cocktail Hour in Aruba (BA)</p> <p>6:30 Billiards Club (BA)</p> <p>7:00 Evening Movie: Just Go With It (Comedy) (T)</p>	<p>Port Of Call Beautiful Belize: Keep Yourself Cooler Wearing All White 9</p> <p>10:00 Sea Legs to Upper Canada Mall & Lunch (OUT)</p> <p>10:15 Lower Deck Games - Bocce Ball (LL)</p> <p>10:30 Bible Study - "Everyone Welcome" (C)</p> <p>1:00 Gym Equipment Exercise (E)</p> <p>1:30 Let's Play Bridge! (L)</p> <p>2:00 Beach BINGO (MP)</p> <p>3:00 Sip on A Cocktail As We Visit Belize (BA)</p> <p>7:00 History Documentary People Profiles: Blackbeard - Edward Teach-King of Pirates (T)</p>	<p>Port Of Call Antigua: Tacky Tourist 10</p> <p>10:00 Sunrise Social (BA)</p> <p>11:00 Vendor Triple 8 Clothing (LC)</p> <p>1:00 Travelogue to Antigua (LL)</p> <p>1:30 Let's Play Cribbage! (BA)</p> <p>1:30 C.C.S. aka Caribbean Cruise Scattergories (MP)</p> <p>1:30 Get Your Beach Body Ready With Instructor Paul (E)</p> <p>2:30 CRUISE CHALLENGE***** (LL)</p> <p>3:00 Christian Gathering & Learning (C)</p> <p>3:00 Steel Drums with Ken Lewis (LL)</p> <p>6:00 Sunset Stroll (LC)</p> <p>6:30 Poker Group (L)</p> <p>6:30 Sunset Art Malisa (LL)</p>	<p>Port Of Call Bahamas: Beach Day 11</p> <p>10:30 Walker Clinic and Wheel Chair Repair (LC)</p> <p>10:30 Prayer Meeting - Bring Your Requests (C)</p> <p>10:30 Beach Bag Pong (LEO)</p> <p>11:00 Marie Represents Mary Kay - Shopping and Complimentary Hand Treatment (LC)</p> <p>1:00 Gym Equipment Exercise (E)</p> <p>1:30 Let's Play Euchre! (L)</p> <p>1:30 Lower Deck Drum Fit (E)</p> <p>2:00 Knitting Nook Club (LL)</p> <p>2:00 Billiards Club (BA)</p> <p>3:00 Travel to Bahamas, Cocktail in Hand (BA)</p> <p>7:00 Evening Movie: Kingsmen The Golden Circle (T)</p>	<p>Disembarkation Day: Welcome Back to Canada 12</p> <p>10:00 Catholic Communion (C)</p> <p>10:30 Chair Yoga (E)</p> <p>1:00 Deck Game Washer Toss (LL)</p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>2:00 Go4 Life Walking Club (LC)</p> <p>2:00 Lotto 649! Bring Your Dimes. (LL)</p> <p>2:30 Java Music Club (C)</p> <p>2:30 3D Painting Beach Theme with Marlena (MP)</p> <p>3:00 Canadian Happy Hour Social! (BA)</p> <p>6:45 Entertainment with Patricia Duffy (LL)</p>	<p>10:15 Drumfit (E) 13</p> <p>1:15 Better Your Brain - Fit Minds (LL)</p> <p>2:30 Loonie Bingo (MP)</p> <p>3:30 Wonders of The Caribbean (T)</p> <p>6:30 Poker Group (L)</p> <p>7:00 Friday Night Comedy Movie: Lift (T)</p>	<p>9:30 Go4Life Walking Club with Friends (LC) 14</p> <p>11:00 Pick up an activity booklet at reception! (REC)</p> <p>1:30 Sforzanda Music Foundation Presents Classical (LL)</p> <p>2:00 Billiards (BA)</p> <p>2:00 Table Top Games (LL)</p> <p>3:00 Happy Hour Social! (BA)</p> <p>7:00 Evening Action Movie: Back in Action (T)</p>
<p>10:00 Gentle Exercise (E) 15</p> <p>10:00 Pictionary (LC)</p> <p>10:45 Fall Prevention (E)</p> <p>1:00 Pick Up Pots and Bloom (LL)</p> <p>1:30 Scrabble (B)</p> <p>1:30 Meet Me at The Moma Discussion & Painting (MP)</p> <p>2:00 Trivia With Malisa (BA)</p> <p>3:00 Sunday Game Time Happy Hour! (BA)</p> <p>4:00 Name That Tune (BA)</p> <p>6:30 Billiards Club (BA)</p> <p>7:00 Evening Movie: Hustle (True) (T)</p>	<p>10:15 Jeopardy! (T) 16</p> <p>10:30 Bible Study - "Everyone Welcome" (C)</p> <p>11:30 Outing: Tubbies All Day Breakfast (OUT)</p> <p>1:00 Gym Equipment Exercise (E)</p> <p>1:30 Let's Play Bridge! (L)</p> <p>2:00 Loonie Bingo (MP)</p> <p>2:00 Tech Help**See Malisa** (L)</p> <p>3:00 Horse Racing! Bring Your Quarters (LL)</p> <p>7:00 History Documentary People Profiles: The Putin Family - The Hidden Fortune and Secret Lives (T)</p>	<p>10:00 Passport To Ireland (BA) 17</p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>1:30 Let's Play Cribbage! (BA)</p> <p>1:30 Luck of The Irish Coin Toss (LL)</p> <p>2:00 Celebrate St. Patty's Day with Irish Dancers from Aroon Academy (LL)</p> <p>3:00 Christian Gathering & Learning (C)</p> <p>3:00 Irish Scattergories (MP)</p> <p>6:00 Go4Life Walking Club (LC)</p> <p>6:30 Poker Group (L)</p> <p>6:30 Evening Game Night with Malisa (LC)</p>	<p>10:15 Shuffle Board (LL) 18</p> <p>10:30 Prayer Meeting - Bring Your Requests (C)</p> <p>1:00 Gym Equipment Exercise (E)</p> <p>1:30 Let's Play Euchre! (L)</p> <p>1:30 Drum Fit (E)</p> <p>2:00 Knitting Nook Club (LL)</p> <p>2:00 Billiards Club (BA)</p> <p>3:00 Resident Town Hall Meeting (T)</p> <p>7:00 Evening Movie: The Kings Man (T)</p>	<p>Vendor: Treasure Stand (LC) 19</p> <p>10:00 Father Daniel Catholic Mass (C)</p> <p>10:15 Group Crosswords (T)</p> <p>10:30 Chair Yoga (E)</p> <p>11:30 Lunch Outing: Joe's Restraunt (OUT)</p> <p>1:00 Pictionary (LL)</p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>2:00 Go4 Life Walking Club (LC)</p> <p>2:30 Java Music Club (C)</p> <p>2:30 Painting and Exploring Art with Marlena (MP)</p> <p>3:00 Happy Hour Social! (BA)</p> <p>7:00 Engineering Documentary: Mega Tanker Plane: The Boeing 707 Gas Station (T)</p>	<p>9:45 Outing to Walmart (OUT) 20</p> <p>1:15 Better Your Brain - Fit Minds (LL)</p> <p>2:30 Loonie Bingo (MP)</p> <p>3:30 Team Trivia Ring Toss Game (LL)</p> <p>6:30 Poker Group (L)</p> <p>7:00 Friday Night Comedy Movie: Back in Action (T)</p>	<p>9:30 Go4Life Walking Club with Friends (LC) 21</p> <p>11:00 Pick up an activity booklet at reception! (REC)</p> <p>1:30 Rummikub (B)</p> <p>2:00 Billiards (BA)</p> <p>2:00 Table Top Games (LL)</p> <p>2:30 Hymn Sing with Allen: A Spiritual Gathering (C)</p> <p>3:00 Happy Hour Social! (BA)</p> <p>7:00 Evening Action Movie: Top Gun (T)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22</p> <p>10:00 Gentle Exercise (E) 10:00 Go4Life Walking Club with Friends (LC) 10:45 Fall Prevention (E) 1:00 Shoot The Can (LL) 1:30 Scrabble (B) 1:30 Meet Me at The Moma Discussion & Painting (MP) 2:00 Trivia With Malisa (BA) 3:00 Sunday Game Time Happy Hour! (BA) 4:00 Guess The 60s TV Show (BA) 6:30 Billiards Club (BA) 7:00 Evening Movie: Joy, The Birth of a Nation (T)</p>	<p>23</p> <p>10:00 Spring Flowers Painting with Malisa (MP) 10:30 Bible Study - "Everyone Welcome" (C) 1:00 Gym Equipment Exercise (E) 1:30 Let's Play Bridge! (L) 2:00 Loonie Bingo (MP) 3:00 Life Enrichment Program Meeting...All Welcome (T) 3:30 Rebus Mind Puzzles (T) 7:00 History Documentary People Profiles: Beethoven - The Greatest Composer (T)</p>	<p>24</p> <p>10:00 Morning Coffee & Tea Conversations (BA) 1:00 Let's Play Yahtzee (LL) 1:30 Afternoon Exercise With Instructor Paul (E) 1:30 Let's Play Cribbage! (BA) 2:00 Entertainment with Martin Wall (LL) 3:00 Christian Gathering & Learning (C) 3:00 Scattergories (MP) 6:00 Go4Life Walking Club (LC) 6:30 Poker Group (L) 6:30 Evening Game Night with Malisa (LC)</p>	<p>25</p> <p>10:15 Wheel Of Fortune (T) 10:30 Prayer Meeting - Bring Your Requests (C) 1:00 Gym Equipment Exercise (E) 1:30 Let's Play Euchre! (L) 1:30 Outing: Casino at Bingo World (OUT) 1:30 Drum Fit (E) 2:00 Knitting Nook Club (LL) 2:00 Billiards Club (BA) 3:00 Shuffle Board (LL) 7:00 Evening Movie: Wild (T)</p>	<p>26</p> <p>9:30 Outing: Shoppers Drugmart**Seniors Day** (OUT) 10:00 Catholic Communion (C) 10:30 Chair Yoga (E) 1:30 Afternoon Exercise With Instructor Paul (E) 1:30 Cornhole Competition (LL) 2:00 Go4 Life Walking Club (LC) 2:30 Java Music Club (C) 2:30 Painting and Exploring Art with Marlena (MP) 3:00 Happy Hour Social! (BA) 6:30 Entertainment with Minds of Music (LC)</p>	<p>27</p> <p>10:15 Drumfit (E) 1:15 Better Your Brain - Fit Minds (LL) 2:30 Loonie Bingo (MP) 3:00 Entertainment with Zack (LL) 6:30 Poker Group (L) 7:00 Friday Night Comedy Movie: Sweet Home Alabama (T)</p>	<p>28</p> <p>9:30 Go4Life Walking Club with Friends (LC) 11:00 Pick up an activity booklet at reception! (REC) 1:30 Rummikub (B) 2:00 Billiards (BA) 2:00 Table Top Games (LL) 3:00 Happy Hour Social! (BA) 7:00 Evening Action Movie: The Great Flood (T)</p>
<p>29</p> <p>10:00 Gentle Exercise (E) 10:00 Spring Jeopardy (BA) 10:45 Fall Prevention (E) 1:00 Dice Game (LL) 1:30 Scrabble (B) 1:30 Meet Me at The Moma Discussion & Painting (MP) 2:00 Trivia With Malisa (BA) 3:00 Sunday Game Time Happy Hour! (BA) 4:00 Sing A Long With Friends (BA) 6:30 Billiards Club (BA) 7:00 Evening Movie: The Long Game (T)</p>	<p>30</p> <p>10:30 Outing: Take A Walk in the Park at Lake Wilcox (OUT) 10:30 Bible Study - "Everyone Welcome" (C) 1:00 Gym Equipment Exercise (E) 1:30 Let's Play Bridge! (L) 2:00 Entertainment with "Just The 2 Of Us" (LL) 7:00 History Documentary People Profiles: Georges Danton - Architect of the French Revolution (T)</p>	<p>31</p> <p>10:00 Morning Coffee & Tea Conversations (BA) 1:00 GAME od Dominoes (LL) 1:30 Afternoon Exercise With Instructor Paul (E) 1:30 Let's Play Cribbage! (BA) 3:00 Christian Gathering & Learning (C) 3:00 Scattergories (MP) 6:00 Go4Life Walking Club (LC) 6:30 Poker Group (L) 6:30 Evening Coloring with Malisa (LL)</p>	<p>Cruise Week Open House</p>		<p>St. Patrick's Day</p>	

Calendar Legend

- Outing
- Special Program
- Cruise Week
- Living, Loving, Local
- Signature Program
- Highlight

Be

Welcomed

Locations Legend

Bells & Whistles Bar (BA)	Library (L)
Lower Lounge (LL)	Bistro (B)
Exercise Room (E)	Outing (OUT)
Theatre (T)	Reception (REC)
Multi Purpose Room (MP)	Spa (SPA)
Lobby Cafe (LC)	All Activity Areas (AAA)
Chapel (C)	Life Enrichment Office (LEO)