



INSPIRED SENIOR LIVING

May 2026

Richmond Hill Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Mother's Day</p>		 <p>National Pizza Party Day</p>				
<p>10:00 Gentle Exercise (E) 3</p> <p>10:45 Fall Prevention (E)</p> <p>1:30 Scrabble (B)</p> <p>1:30 Meet Me at The Moma Discussion & Painting (MP)</p> <p>2:00 Trivia With Manager on Duty (BA)</p> <p>3:00 Sunday Happy Hour! (BA)</p> <p>6:30 Billiards Club (BA)</p> <p>7:00 Epic Explorations: Most Amazing Places in Tanzania (T)</p>	<p>10:00 Gentle Stretch Class (E) 4</p> <p>10:30 Bible Study - "Everyone Welcome" (C)</p> <p>1:00 Go4Life Walking - Dress For The Weather (OUT)</p> <p>1:30 Let's Play Bridge! (L)</p> <p>2:00 Loonie Bingo**Time Change** (MP)</p> <p>2:30 Gym Equipment Exercise (E)</p> <p>3:00 Entertainment with Mariachi Feugo (LL)</p> <p>7:00 Action & Adventure Movie: The Outlaws (N) (T)</p>	<p>Cinco de Mayo - Mexico 5</p> <p>10:00 Morning Coffee & Tea Conversations (BA)</p> <p>10:00 Better With Yoga for Parkinson's Program (MP)</p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>1:30 Let's Play Cribbage! (BA)</p> <p>2:30 Sombrero Racing - Bring Quarters**Bidding Open 2:15** (LL)</p> <p>3:00 Christian Gathering & Learning (C)</p> <p>3:00 Mexican Scattergories (LL)</p> <p>6:30 Poker Group (L)</p> <p>7:00 History Documentary People Profiles: El Chapo - Billionaire Cartel Boss (T)</p>	<p>10:00 Gentle Stretch Exercise (E) 6</p> <p>10:30 Prayer Meeting - Bring Your Requests (C)</p> <p>10:45 Falls Prevention Class (E)</p> <p>11:00 Library Service Book Delivery**Sign up! Great Service** (LE)</p> <p>1:30 Let's Play Euchre! (L)</p> <p>1:30 Drum Fit (E)</p> <p>2:00 Entertainment with Brian Sherard (LL)</p> <p>3:00 Culinary Food Meeting with Ahmish (T)</p> <p>3:30 Go4Life Walking - Dress For The Weather (OUT)</p> <p>6:30 Classical Movie Night: Happy Go Lovely (1951)(Y) (T)</p>	<p>10:00 Catholic Communion (C) 7</p> <p>10:15 Morning Walk - Grab a Friend (OUT)</p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>2:30 Resident Social at Bells & Whistles (BA)</p> <p>3:30 Community Fundraising Committee**All Welcome!** (BA)</p> <p>6:45 Entertainment with Patricia Duffy (LL)</p>	<p>7:00 Serving Hot Breakfast (B) 1</p> <p>9:45 Go4Life Walking at Lake Wilcox (OUT)</p> <p>1:30 Gentle Stretch Exercise (E)</p> <p>1:30 Falls Prevention Presented by CareRX (T)</p> <p>1:45 Concession Stand Open! All Proceeds to Fundraising Committee (LL)</p> <p>2:30 Production Screening: Silver Screammers (T)</p> <p>6:30 Poker Group (L)</p> <p>6:30 Entertainment with Vinyl Vision - Jukebox Hits (LL)</p>	<p>10:15 Documentary: UNSEEN HIMALAYAS World's Most Impossible Places That Look Unbelievable (BA) 2</p> <p>11:00 Pick up an Activity Booklet at Reception! (REC)</p> <p>1:30 Rummikub (B)</p> <p>2:00 Billiards (BA)</p> <p>2:00 Walking Group - Meet at Front Entrance (OUT)</p> <p>3:00 Happy Hour Social! (BA)</p> <p>7:00 Evening Action Movie: Red Notice (N) (T)</p>
<p>Happy Mother's Day 10</p> <p>10:00 Gentle Exercise (E)</p> <p>10:45 Fall Prevention (E)</p> <p>11:00 Mother's Day Brunch - 2 Seatings (D)</p> <p>1:30 Scrabble (B)</p> <p>1:30 Meet Me at The Moma Discussion & Painting (MP)</p> <p>2:00 Classical Entertainment with Minds of Music (LL)</p> <p>6:30 Billiards Club (BA)</p> <p>7:00 Epic Explorations: Wonders of Malaysia (T)</p>	<p>10:00 Gentle Stretch Class (E) 11</p> <p>10:30 Bible Study - "Everyone Welcome" (C)</p> <p>1:00 Go4Life Walking - Dress For The Weather (OUT)</p> <p>1:30 Let's Play Bridge! (L)</p> <p>2:30 Loonie Bingo**Time Change** (MP)</p> <p>3:30 Gym Equipment Exercise (E)</p> <p>7:15 York Regional Police Community Chorus Performance! (LL)</p>	<p>International Nurses Day - THANK YOU! 12</p> <p>10:00 **No Yoga Today** (MP)</p> <p>10:30 Food Committee Meeting with Ahmish (L)</p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>1:30 Let's Play Cribbage! (BA)</p> <p>2:00 Movie Matinee: Notting Hill(N) (T)</p> <p>3:00 Christian Gathering & Learning (C)</p> <p>3:00 **No Scattergories Today** (MP)</p> <p>6:30 Poker Group (L)</p> <p>7:00 History Documentary People Profiles: Walt Disney - Tales of Good & Evil (T)</p>	<p>Living Loving Local Day: Asparagus 13</p> <p>10:00 Gentle Stretch Exercise (E)</p> <p>10:15 Med Plus: Morning Walker Clinic and Wheel Chair Repair (LC)</p> <p>10:30 Prayer Meeting - Bring Your Requests (C)</p> <p>10:45 Falls Prevention Class (E)</p> <p>1:30 Let's Play Euchre! (L)</p> <p>1:30 Drum Fit (E)</p> <p>2:00 Billiards Club (BA)</p> <p>2:00 Knitting Knook (LL)</p> <p>2:30 Culinary Food Demo! (B)</p> <p>3:15 Resident Town Hall Meeting (T)</p> <p>6:30 Classical Movie Night: THE LITTLE PRINCESS (Y) (T)</p>	<p>10:00 Catholic Communion (C) 14</p> <p>10:00 Chair Yoga (E)</p> <p>10:30 My Ride Program Presentation of Viva Transportation (T)</p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>2:00 Passport to Kenya (T)</p> <p>2:30 Painting and Exploring Art with Marlena (MP)</p> <p>3:00 Lotto 649**Bring 6 Dimes** (BA)</p> <p>7:00 Entertainment with Just The 2 of Us (LL)</p>	<p>National Pizza Party Day**Details in Newsletter** 15</p> <p>9:45 Go4Life Walking at Lake Wilcox (OUT)</p> <p>10:30 Choir Practice with Marcus (C)</p> <p>12:00 **Pizza Lunch \$10 - All Proceeds to Alzheimers Fundraising**Sign Up Only* (MP)</p> <p>1:30 Gentle Stretch Exercise (E)</p> <p>1:30 Better Your Brain - Fit Minds (LL)</p> <p>2:30 Loonie Bingo (MP)</p> <p>6:30 Poker Group (L)</p> <p>7:00 Friday Night Comedy Movie: Vacation (N) (T)</p>	<p>10:15 Documentary: Impossible Places, World's Most Dangerous Roads You Can't Believe Exist (BA) 16</p> <p>11:00 Pick up an Activity Booklet at Reception! (REC)</p> <p>1:30 Rummikub (B)</p> <p>2:00 Billiards (BA)</p> <p>2:00 Walking Group - Meet at Front Entrance (OUT)</p> <p>3:00 Happy Hour Social! (BA)</p> <p>7:00 Evening Action Movie: Geostorm (N) (T)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17</p> <p>10:00 Gentle Exercise (E)</p> <p>10:45 Fall Prevention (E)</p> <p>1:30 Scrabble (B)</p> <p>1:30 Meet Me at The Moma Discussion & Painting (MP)</p> <p>2:00 Trivia With Manager on Duty (BA)</p> <p>3:00 Sunday Happy Hour! (BA)</p> <p>6:30 Billiards Club (BA)</p> <p>7:00 Epic Explorations: Wonders of Sri Lanka A Drop in the Indian Ocean (T)</p>	<p>18</p> <p>Victoria Day</p> <p>10:00 Drumfit (T)</p> <p>10:30 Bible Study - "Everyone Welcome" (C)</p> <p>1:00 Go4Life Walking - Dress For The Weather (OUT)</p> <p>1:30 Let's Play Bridge! (L)</p> <p>2:30 Loonie Bingo**Time Change** (MP)</p> <p>3:30 Gym Equipment Exercise (E)</p> <p>7:00 Action & Adventure Movie: Gemini Man (N) (T)</p>	<p>19</p> <p>Personal Support Worker Day</p> <p>10:00 Better With Yoga for Parkinson's Program (MP)</p> <p>10:00 Morning Coffee & Tea Conversations (BA)</p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>1:30 Let's Play Cribbage! (BA)</p> <p>3:00 Christian Gathering & Learning (C)</p> <p>3:00 Scattergories (MP)</p> <p>6:30 Poker Group (L)</p> <p>7:00 History Documentary People Profiles: Ferdinand Porsche - An Automotive Icon (T)</p>	<p>20</p> <p>10:00 Gentle Stretch Exercise (E)</p> <p>10:00 Outing: Blue Heron Casino: Port Perry (OUT)</p> <p>10:30 Prayer Meeting - Bring Your Requests (C)</p> <p>10:45 Falls Prevention Class (E)</p> <p>1:30 Let's Play Euchre! (L)</p> <p>1:30 Drum Fit (E)</p> <p>2:00 Knitting Nook Club (LL)</p> <p>2:00 Billiards Club (BA)</p> <p>2:00 Go4Life Walking - Dress For The Weather (OUT)</p> <p>3:00 Happy Hour Social (BA)</p> <p>6:30 Classical Movie Night: Royal Wedding (1951)(Y) (T)</p>	<p>21</p> <p>Dining Services Day</p> <p>Vendor: Jewelry by Maria (LC)</p> <p>10:00 Chair Yoga (E)</p> <p>10:00 Father Daniel Catholic Communion (C)</p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>2:00 Java Music Club (C)</p> <p>2:30 Painting and Exploring Art with Marlena (MP)</p> <p>3:00 Community Fundraising Committee**All Welcome!** (BA)</p> <p>6:45 Entertainment Duo "Rami & Gina" (LL)</p>	<p>22</p> <p>9:45 Go4Life Walking at Lake Wilcox (OUT)</p> <p>1:15 Better Your Brain - Fit Minds (LL)</p> <p>1:30 Gentle Stretch Exercise (E)</p> <p>2:30 Loonie Bingo (MP)</p> <p>3:30 Landmark Passport to Mount Rushmore (BA)</p> <p>6:30 Poker Group (L)</p> <p>7:00 Friday Night Comedy Movie: Intern (N) (T)</p>	<p>23</p> <p>10:15 Documentary: Impossible Places, Inside The Unseen Side of Africa You Didn't Know Existed (BA)</p> <p>11:00 Pick up an Activity Booklet at Reception! (REC)</p> <p>1:30 Rummikub (B)</p> <p>2:00 Billiards (BA)</p> <p>2:00 Walking Group - Meet at Front Entrance (OUT)</p> <p>3:00 Happy Hour Social! (BA)</p> <p>7:00 Evening Action Movie: True Spirit (N) (T)</p>
<p>24</p> <p>10:00 Gentle Exercise (E)</p> <p>10:45 Fall Prevention (E)</p> <p>1:30 Scrabble (B)</p> <p>1:30 Meet Me at The Moma Discussion & Painting (MP)</p> <p>2:00 Trivia With Manager on Duty (BA)</p> <p>3:00 Sunday Happy Hour! (BA)</p> <p>6:30 Billiards Club (BA)</p> <p>7:00 Epic Explorations: Wonders of Kenya Most Amazing Places in Kenya (T)</p>	<p>25</p> <p>10:00 Gentle Stretch Class (E)</p> <p>10:30 Bible Study - "Everyone Welcome" (C)</p> <p>1:00 Go4Life Walking - Dress For The Weather (OUT)</p> <p>1:30 Let's Play Bridge! (L)</p> <p>2:30 Loonie Bingo**Time Change** (MP)</p> <p>2:30 Gym Equipment Exercise (E)</p> <p>4:30 Dinner Outing: Red Lobster (OUT)</p> <p>7:00 Action & Adventure Movie: A Man From Toronto (N) (T)</p>	<p>26</p> <p>10:00 Morning Coffee & Tea Conversations (BA)</p> <p>10:00 Better With Yoga for Parkinson's Program (MP)</p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>1:30 Let's Play Cribbage! (BA)</p> <p>2:00 Entertainment with Martin Wall (LL)</p> <p>3:00 Christian Gathering & Learning (C)</p> <p>3:00 Scattergories (MP)</p> <p>6:30 Poker Group (L)</p> <p>7:00 History Documentary People Profiles: Oppenheimer - Destroyer of Worlds (T)</p>	<p>27</p> <p>10:00 Gentle Stretch Exercise (E)</p> <p>10:30 Prayer Meeting - Bring Your Requests (C)</p> <p>10:45 Falls Prevention Class (E)</p> <p>1:30 Let's Play Euchre! (L)</p> <p>1:30 Drum Fit (E)</p> <p>1:30 Outing to Garden Centre (OUT)</p> <p>2:00 Knitting Nook Club (LL)</p> <p>2:00 Billiards Club (BA)</p> <p>2:00 Go4Life Walking - Dress For The Weather (OUT)</p> <p>3:00 Life Enrichment Program Meeting (GAZE)</p> <p>6:30 Classical Movie Night: Spring Time in The Rockies(Y) (T)</p>	<p>28</p> <p>Vendor: Treasure Stand - Jewellery & Battery Change (LC)</p> <p>10:00 Catholic Communion (C)</p> <p>10:00 Chair Yoga (E)</p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>1:30 Outing: Shoppers Drugmart**Seniors Day** (OUT)</p> <p>2:30 Painting and Exploring Art with Marlena (MP)</p> <p>3:00 Cocktails & Passport to Iceland (BA)</p> <p>6:30 Minds of Music Presents Classical Music (LL)</p>	<p>29</p> <p>10:00 Outing: Walmart (OUT)</p> <p>1:15 Better Your Brain - Fit Minds (LL)</p> <p>1:30 Gentle Stretch Exercise (E)</p> <p>2:30 Loonie Bingo (MP)</p> <p>3:15 Outdoor Prize is Right! (GAZE)</p> <p>6:30 Poker Group (L)</p> <p>7:00 Friday Night Comedy Movie: My Best Friends Wedding (N) (T)</p>	<p>30</p> <p>9:30 Walk For Alzheimer's - Meet At Front Entrance (OUT)</p> <p>10:15 Documentary: Impossible Places, World's Most Dangerous Beaches You Should Not Swim (BA)</p> <p>11:00 Pick up an Activity Booklet at Reception! (REC)</p> <p>1:30 Rummikub (B)</p> <p>1:30 Outdoor Garden Planting or Watching (GAZE)</p> <p>2:00 Billiards (BA)</p> <p>3:00 Happy Hour Social! (BA)</p> <p>7:00 Evening Action Movie: San Andres (N) (T)</p>

<p>31</p> <p>10:00 Gentle Exercise (E)</p> <p>10:45 Fall Prevention (E)</p> <p>1:30 Scrabble (B)</p> <p>1:30 Meet Me at The Moma Discussion & Painting (MP)</p> <p>2:00 Backyard Games, Music & Laughter (GAZE)</p> <p>6:30 Billiards Club (BA)</p> <p>7:00 Epic Explorations: Wonders of Brazil The Paradise of Biodiversity (T)</p>
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Calendar Legend
<p>Outing</p> <p>Special Program</p> <p>Living, Loving, Local</p> <p>Signature Program</p> <p>Highlight</p>



Locations Legend	
Exercise Room (E)	Chapel (C)
Bells & Whistles Bar (BA)	Bistro (B)
Theatre (T)	Reception (REC)
Multi Purpose Room (MP)	Gazebo (GAZE)
Outing (OUT)	Lobby Cafe (LC)
Lower Lounge (LL)	LE Office (LE)
Library (L)	Dining Room (D)