



INSPIRED SENIOR LIVING

# June 2026

## Richmond Hill Retirement Residence



INSPIRED SENIOR LIVING WITH 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>10:00 Gentle Stretch Class (E) <b>1</b></p> <p>10:30 Bible Study - "Everyone Welcome" (C)</p> <p>1:00 Go4Life Walking - Dress For The Weather (OUT)</p> <p>1:30 Let's Play Bridge! (L)</p> <p>2:30 Loonie Bingo (MP)</p> <p>3:00 Gym Equipment Exercise (E)</p> <p>3:30 Left Right Centre Dice Game** Bring 3 Quarters** (BA)</p> <p>7:00 Action &amp; Adventure Movie: Twisters (T)</p>	<p>10:00 Morning Coffee &amp; Tea Conversations (BA) <b>2</b></p> <p>10:00 Better With Yoga for Parkinson's Program (MP)</p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>1:30 Let's Play Cribbage! (BA)</p> <p>2:00 Bill The Flagman Presents Pacific Rim (T)</p> <p>3:00 Christian Gathering &amp; Learning (C)</p> <p>3:00 Scattergories (MP)</p> <p>6:30 Poker Group (L)</p> <p>7:00 History Documentary People Profiles: JFK - The Price of Power (T)</p>	<p><b>Red Shirt Day</b> <b>3</b></p> <p>10:00 Gentle Stretch Exercise (E)</p> <p>10:30 Prayer Meeting - Bring Your Requests (C)</p> <p>10:45 Falls Prevention Class (E)</p> <p>11:00 Library Service Book Delivery**Sign up! Great Service** (LE)</p> <p>1:30 Let's Play Euchre! (L)</p> <p>1:30 Drum Fit (E)</p> <p>2:00 Knitting Nook Club (LL)</p> <p>2:00 Billiards Club (BA)</p> <p>3:00 Culinary Food Meeting with Ahmish (T)</p> <p>6:30 Classical Movie Night: East Side Of Heaven 1939 Bing Crosby &amp; Joan Blondell (T)</p>	<p>10:00 Catholic Communion (C) <b>4</b></p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>2:30 Painting and Exploring (MP)</p> <p>2:30 Play Rummikub (B)</p> <p>3:00 Netflix Documentary Special: Michael Jackson &amp; The Verdict - Inside The Courtroom (T)</p> <p>3:00 Resident Social Happy Hour (BA)</p> <p>6:30 Entertainment with Minds of Music (LL)</p>	<p>Living Loving Local Dinner Featuring Strawberries <b>5</b></p> <p>7:00 Serving Hot Breakfast (B)</p> <p>9:45 Go4Life Walking in The Neighbourhood (OUT)</p> <p>1:15 Better Your Brain - Fit Minds Package Pick Up (LL)</p> <p>1:30 Gentle Stretch Exercise (E)</p> <p>2:30 Loonie Bingo (MP)</p> <p>3:30 Entertainment with Zack (LL)</p> <p>6:30 Poker Group (L)</p> <p>7:00 Friday Night Comedy Movie: Hello, My Name is Doris (Sally Field) (T)</p>	<p>10:15 Documentary: Impossible Places: The Most Extreme Corners of Planet Earth (BA) <b>6</b></p> <p>11:00 Pick up an Activity Booklet at Reception! (REC)</p> <p>1:30 Rummikub (B)</p> <p>2:00 Billiards (BA)</p> <p>2:00 Walking Group - Meet at Front Entrance (OUT)</p> <p>3:00 Happy Hour Social! (BA)</p> <p>7:00 Biographical Movie: The Other Shore - The Diana Nyad (T)</p>
<p>10:00 Gentle Exercise (E) <b>7</b></p> <p>10:45 Fall Prevention (E)</p> <p>1:30 Scrabble (B)</p> <p>1:30 Pick Up Your 9 Letter Word Quiz at Reception. Return and Your Name Will Be Added to A Weekly Draw (REC)</p> <p>2:00 Trivia With Manager on Duty (BA)</p> <p>3:00 Sunday Happy Hour! (BA)</p> <p>6:30 Billiards Club (BA)</p> <p>7:00 Epic Explorations: Wonders of Pakistan (T)</p>	<p>10:00 Gentle Stretch Class (E) <b>8</b></p> <p>10:30 Bible Study - "Everyone Welcome" (C)</p> <p>1:00 Go4Life Walking - Dress For The Weather (OUT)</p> <p>1:30 Let's Play Bridge! (L)</p> <p>1:30 Meet Me at The Moma Discussion &amp; Painting (MP)</p> <p>2:30 Gym Equipment Exercise (E)</p> <p>2:30 Loonie Bingo (MP)</p> <p>3:30 Resident Survey Social with Strawberry Sangria's (BA)</p> <p>7:00 Action &amp; Adventure Movie: The Legend of Tarzan (T)</p>	<p>Local Community Mixer 1:30 - 3:30pm (LL) <b>9</b></p> <p>10:00 Better With Yoga for Parkinson's Program (MP)</p> <p>10:30 Food Committee Meeting with Ahmish (L)</p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>1:30 Let's Play Cribbage! (BA)</p> <p>3:00 Christian Gathering &amp; Learning (C)</p> <p>6:30 Poker Group (L)</p> <p>7:00 History Documentary People Profiles: Mozart - History's Greatest Child Prodigy (T)</p>	<p>National Ice Tea Day <b>10</b></p> <p>10:00 Gentle Stretch Exercise (E)</p> <p>10:15 Med Plus: Morning Walker Clinic and Wheel Chair Repair (LC)</p> <p>10:30 Prayer Meeting - Bring Your Requests (C)</p> <p>10:45 Falls Prevention Class (E)</p> <p>1:30 Let's Play Euchre! (L)</p> <p>1:30 Drum Fit (E)</p> <p>2:00 Knitting Nook Club (LL)</p> <p>2:00 Billiards Club (BA)</p> <p>2:45 Steep The Tea, Squeeze a Lemon - Grab Your Beverage (LL)</p> <p>3:00 Resident Town Hall Meeting (T)</p> <p>6:30 Classical Movie Night: Hi Diddle Diddle (1943) (T)</p>	<p>Vendor: Mobile Senior Shop 11:00 am - 2:00 pm (LC) <b>11</b></p> <p>10:00 Catholic Communion (C)</p> <p>10:00 Chair Yoga (E)</p> <p>1:00 Outing: Seniors Day at Shoppers Drugmart (OUT)</p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>2:00 Java Music Club (C)</p> <p>2:30 Painting and Exploring Art with Marlena (MP)</p> <p>2:30 History Presentation with Lianne Harris : The Silk Road (T)</p> <p>4:30 Dinner Outing: Moxie's (OUT)</p>	<p>9:45 Outing To 19th Avenue Farmers Market (OUT) <b>12</b></p> <p>1:15 Better Your Brain - Fit Minds (LL)</p> <p>1:30 Gentle Stretch Exercise (E)</p> <p>2:30 Loonie Bingo (MP)</p> <p>3:30 Passport to Madagascar (BA)</p> <p>6:30 Poker Group (L)</p> <p>7:00 Friday Night Comedy Movie: Letters To Juliette (T)</p>	<p>10:15 Documentary: Impossible Places: The Most Unbelievable Megaprojects in the World (BA) <b>13</b></p> <p>11:00 Pick up an Activity Booklet at Reception! (REC)</p> <p>1:30 Rummikub (B)</p> <p>2:00 Billiards (BA)</p> <p>2:00 Walking Group - Meet at Front Entrance (OUT)</p> <p>3:00 Happy Hour Social! (BA)</p> <p>7:00 Biographical Movie: Marty - Life is Short (Marty Short) (T)</p>
<p>10:00 Gentle Exercise (E) <b>14</b></p> <p>10:45 Fall Prevention (E)</p> <p>1:30 Scrabble (B)</p> <p>1:30 Pick Up Your 9 Letter Word Quiz at Reception. Return and Your Name Will Be Added to A Weekly Draw (REC)</p> <p>2:00 Trivia With Manager on Duty (BA)</p> <p>3:00 Sunday Happy Hour! (BA)</p> <p>6:30 Billiards Club (BA)</p> <p>7:00 Epic Explorations: Wonders of the Himalayas (T)</p>	<p>10:00 Gentle Stretch Class (E) <b>15</b></p> <p>10:30 Bible Study - "Everyone Welcome" (C)</p> <p>11:00 Lunch Outing to Halibut House (OUT)</p> <p>1:00 Go4Life Walking - Dress For The Weather (OUT)</p> <p>1:30 Let's Play Bridge! (L)</p> <p>1:30 Meet Me at The Moma Discussion &amp; Painting (MP)</p> <p>2:30 Gym Equipment Exercise (E)</p> <p>2:30 Loonie Bingo (MP)</p> <p>3:30 Shut The Box - Who Is Going To Win The Prize! (BA)</p> <p>7:00 Action &amp; Adventure Movie: Noah (T)</p>	<p>10:00 Morning Coffee &amp; Tea Conversations (BA) <b>16</b></p> <p>10:00 Better With Yoga for Parkinson's Program (MP)</p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>1:30 Let's Play Cribbage! (BA)</p> <p>1:30 Mobile Hearing Clinic 1:30pm-3:30pm**Sign up Outside Life Enrichment Office** (SPA)</p> <p>2:00 Strawberry Rhubarb Pie Social (GAZE)</p> <p>3:00 Christian Gathering &amp; Learning (C)</p> <p>3:00 Scattergories (MP)</p> <p>6:30 Poker Group (L)</p> <p>7:00 History Documentary People Profiles: Cleopatra - The Last Queen of Egypt (T)</p>	<p>10:00 Gentle Stretch Exercise (E) <b>17</b></p> <p>10:30 Prayer Meeting - Bring Your Requests (C)</p> <p>10:45 Falls Prevention Class (E)</p> <p>1:30 Let's Play Euchre! (L)</p> <p>1:30 Drum Fit (E)</p> <p>2:00 Knitting Nook Club (LL)</p> <p>2:00 Billiards Club (BA)</p> <p>2:30 June Birthday Bash with Brian Sheppard (LL)</p> <p>6:30 Classical Movie Night: Jumping Jacks 1952 Jerry Lewis &amp; Dean Martin (T)</p>	<p>10:00 Catholic Communion (C) <b>18</b></p> <p>10:00 Chair Yoga (E)</p> <p>10:00 Road Trip To St Jacob's (OUT)</p> <p>1:30 Afternoon Exercise With Instructor Paul (E)</p> <p>2:00 Java Music Club (C)</p> <p>2:30 Painting and Exploring Art with Marlena (MP)</p> <p>6:30 Excellent Movie!! Remarkably Bright Creatures featuring Sally Field (T)</p>	<p>9:45 Go4Life Walking at Lake Wilcox (OUT) <b>19</b></p> <p>1:15 Better Your Brain - Fit Minds (LL)</p> <p>1:30 Gentle Stretch Exercise (E)</p> <p>2:30 Loonie Bingo (MP)</p> <p>2:30 Celebrating 4th Year in a Row of Best Managed Company With an Ice Cream Truck and Cake (PL)</p> <p>3:30 Passport to Stonehenge (BA)</p> <p>6:30 Poker Group (L)</p> <p>7:00 Friday Night Comedy Movie: The Laundromat (Meryl Streep) (T)</p>	<p>10:15 Documentary: Impossible Places: The Wildest Places in the Philippines (BA) <b>20</b></p> <p>11:00 Pick up an Activity Booklet at Reception! (REC)</p> <p>1:30 Rummikub (B)</p> <p>2:00 Billiards (BA)</p> <p>2:00 Walking Group - Meet at Front Entrance (OUT)</p> <p>3:00 Happy Hour Social! (BA)</p> <p>7:00 Biographical Movie: Gifted Hands - The Ben Carson Story (T)</p>





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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>HAPPY FATHER'S DAY 21</b> 10:00 Gentle Exercise (E) 10:45 Fall Prevention (E) <b>11:00 Father's Day Brunch (D)</b> 1:30 Scrabble (B) 1:30 Pick Up Your 9 Letter Word Quiz at Reception. Return and Your Name Will Be Added to A Weekly Draw (REC) <b>2:00 Entertainment with Minds of Music (LL)</b> 3:00 Sunday Happy Hour! (BA) 6:30 Billiards Club (BA) 7:00 Epic Explorations: Wonders of Venezuela (T)	10:00 Gentle Stretch Class (E) <b>22</b> 10:30 Bible Study - "Everyone Welcome" (C) 1:00 Go4Life Walking - Dress For The Weather (OUT) 1:30 Let's Play Bridge! (L) 1:30 Meet Me at The Moma Discussion & Painting (MP) 2:30 Gym Equipment Exercise (E) 2:30 Loonie Bingo (MP) 3:30 Lotto 649**Bring Dimes** (BA) <b>6:00 After Dinner Games &amp; Social on The Patio (P)</b> 7:00 Action & Adventure Movie: Ghost Busters: Frozen Empire (T)	10:00 Morning Coffee & Tea Conversations (BA) <b>23</b> 1:30 Afternoon Exercise With Instructor Paul (E) 1:30 Let's Play Cribbage! (BA) <b>2:00 Entertainment with Martin Wall (LL)</b> 3:00 Christian Gathering & Learning (C) 3:00 Scattergories (MP) 6:30 Poker Group (L) 7:00 History Documentary People Profiles: King Henry I - England's Greatest Norman King (T)	10:00 Gentle Stretch Exercise (E) <b>24</b> 10:30 Prayer Meeting - Bring Your Requests (C) 10:45 Falls Prevention Class (E) 1:30 Let's Play Euchre! (L) 1:30 Drum Fit (E) 2:00 Knitting Nook Club (LL) 2:00 Billiards Club (BA) 3:00 Java Music Club (LL) 6:30 Classical Movie Night: The Little Princess (1939)   Shirley Temple (T)	10:00 Chair Yoga (E) <b>25</b> 10:00 Father Daniel Catholic Mass (C) 10:30 Jeopardy (T) 1:30 Afternoon Exercise With Instructor Paul (E) 2:30 Painting and Exploring Art with Marlana (MP) <b>2:30 Monthly Tea Room Featuring Strawberries (MP)</b> 6:30 Entertainment with Minds of Music (LL)	9:45 Outing to 19th Avenue Farmer's Market (OUT) <b>26</b> 1:15 Better Your Brain - Fit Minds (LL) 1:30 Gentle Stretch Exercise (E) 2:30 Loonie Bingo (MP) <b>2:30 The Peppershakers (GAZE)</b> <b>3:00 Strawberry Shortcake Social on The Patio (GAZE)</b> 6:30 Poker Group (L) 7:00 Friday Night Comedy Movie: Bride of The year (T)	10:15 Documentary: Impossible Places: The Most Extreme Homes on Earth (BA) <b>27</b> 11:00 Pick up an Activity Booklet at Reception! (REC) 1:30 Rummikub (B) <b>2:00 Walking Group - Meet at Front Entrance (OUT)</b> <b>2:00 Entertainment with Me &amp; B (GAZE)</b> 3:00 Billiards (BA) 7:00 Biographical Movie: Worth - Featuring Michael Keaton (T)
10:00 Gentle Exercise (E) <b>28</b> 10:45 Fall Prevention (E) 1:30 Scrabble (B) 1:30 Pick Up Your 9 Letter Word Quiz at Reception. Return and Your Name Will Be Added to A Weekly Draw (REC) <b>2:00 Trivia With Manager on Duty (BA)</b> 3:00 Sunday Happy Hour! (BA) 6:30 Billiards Club (BA) 7:00 Epic Explorations: Wonders of Arizona (T)	<b>9:45 Outing to Walmart (OUT) 29</b> 10:00 Gentle Stretch Class (E) 10:30 Bible Study - "Everyone Welcome" (C) 1:00 Go4Life Walking - Dress For The Weather (OUT) 1:30 Let's Play Bridge! (L) 1:30 Meet Me at The Moma Discussion & Painting (MP) 2:30 Gym Equipment Exercise (E) 2:30 Loonie Bingo (MP) 3:30 Farkle Dice Game (BA) 7:00 Action & Adventure Movie: How It Ends (T)	10:00 Morning Coffee & Tea Conversations (BA) <b>30</b> 1:30 Afternoon Exercise With Instructor Paul (E) 1:30 Let's Play Cribbage! (BA) <b>2:30 Life Enrichment Program Meeting (GAZE)</b> 3:00 Christian Gathering & Learning (C) 3:00 Scattergories (MP) 6:30 Poker Group (L) 7:00 History Documentary People Profiles: Queen Elizabeth II - Britain's Longest Reigning Monarch (T)	 <h3>Father's Day</h3>		 <h3>Men's Health (Wear Blue Day)</h3>	

**Calendar Legend**

- Outing
- Special Program
- Living, Loving, Local
- Signature Program
- Highlight

Be Among Friends

**Locations Legend**

Exercise Room (E)	Reception (REC)
Bells & Whistles Bar (BA)	Gazebo (GAZE)
Theatre (T)	Lobby Cafe (LC)
Multi Purpose Room (MP)	LE Office (LE)
Chapel (C)	Spa (SPA)
Library (L)	Parking Lot (PL)
Outing (OUT)	Dining Room (D)
Lower Lounge (LL)	Pergola (P)
Bistro (B)	