

# the Inspired times

FOCUSING ON THE INSPIRING RETIREMENT JOURNEY AT YOUR VERVE RESIDENCE

INSPIRED SENIOR LIVING WITH



Fall 2023



Vibrant autumn adventures await at Stouffville Creek Retirement Residence

## Be Grateful

Each month we highlight ways we help Verve residents in any of our locations experience the fullness of life in retirement. In this edition, we're exploring the theme of **being grateful**.

## Harvest Highlights: Inside This Season's Newsletter

*A message from our General Manager, Jodi Langley*

As the leaves begin to turn brilliant shades of red, orange and gold, we welcome you to get to know us a little better. It's a season of change, and our community is buzzing with exciting updates, events, and heartwarming stories to share with you all. In this edition, we'll keep you informed and connected, ensuring that your autumn is filled with warmth and joy.

### UPCOMING DATES

**Thursday, October 12** | Movie Matinee

**Thursday, October 26** | Seminar on Estate Planning with TD Bank

**Thursday, November 30** | A 60s Themed Party

**December TBD** | Men of Note Holiday Choir

**STOUFFVILLE CREEK**  
RETIREMENT RESIDENCE



## Community Engagement

We were honored to be able to sponsor this year's Ballantrae Summer Games! The Summer Games have been one of the largest and most recognized community events in York Region since 2007. Participants had a chance to meet their neighbors, make new friends, enjoy daily live entertainment, dancing, social and competitive events, refreshments and a wide variety of food! We had a fun time mixing and mingling with everyone!



## On Our Block - Stouffville Florist

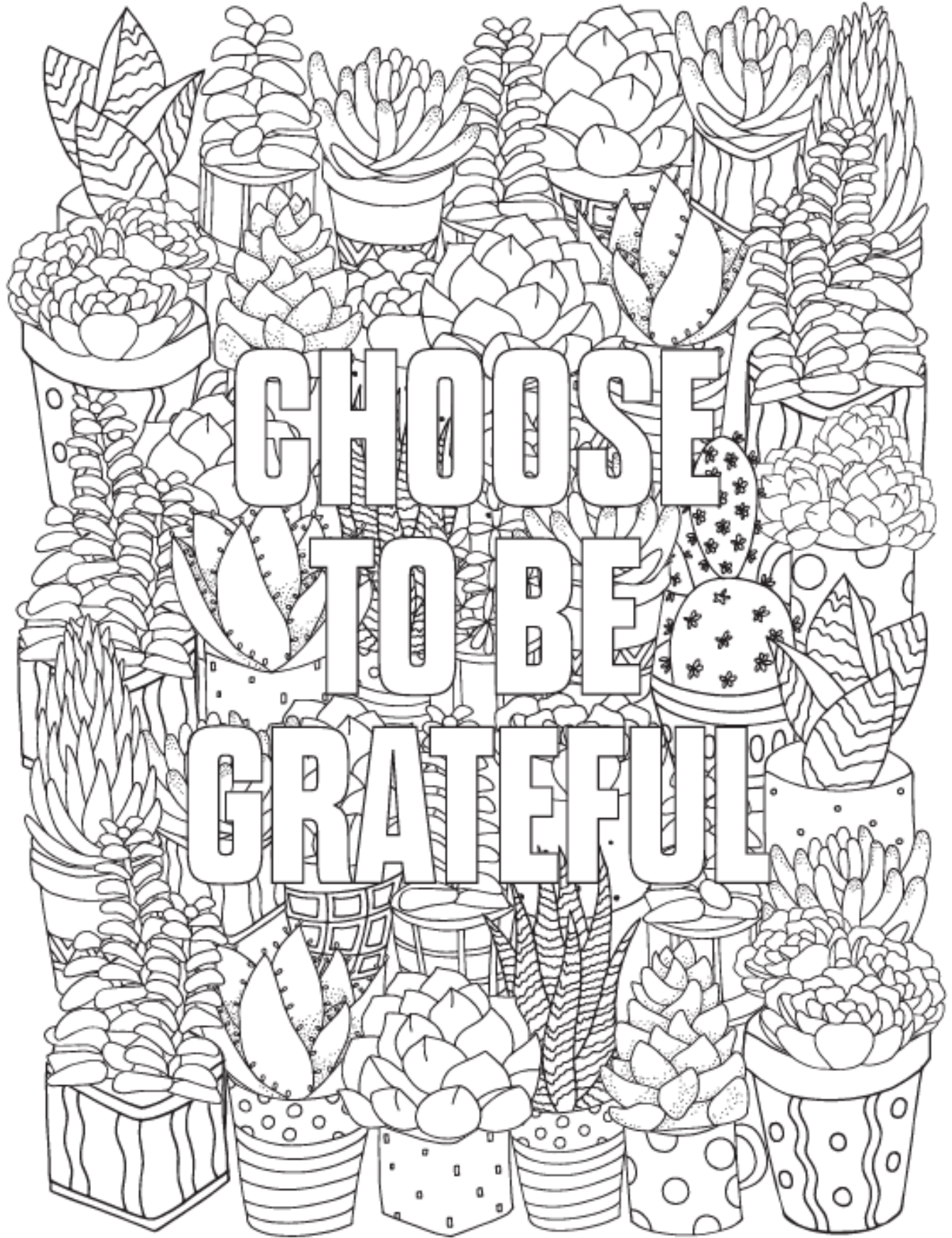
If you are seeking a show-stopping flower arrangement for your special occasion, look no further! Stouffville Florist will elevate your event with the beauty of nature's finest blooms. Their exquisite flower arrangements are meticulously crafted to bring elegance and charm to any celebration. Located in the heart of Stouffville on Main Street, they have been proudly serving Stouffville and surrounding areas since 1984.



## Smoked Duck Breast with Cherry Sauce

Are you ready to elevate your culinary skills and impress your guests with a gourmet meal? This recipe is a true showstopper. The smokiness of the duck combines beautifully with the sweet and tangy cherry sauce, creating a flavor explosion that will leave your taste buds dancing. It's perfect for special occasions or when you simply want to treat yourself to something extraordinary. Visit Inspiring Stories section on [VerveSeniorLiving.com](http://VerveSeniorLiving.com) to watch how Chef Adam Guimond prepares this delicious dish. Bon appetit!

Complete the coloring page below. First 5 readers who email in their completed piece will receive a **\$15 Tim Hortons gift card**. Email: [info@stouffvillecreekretirement.com](mailto:info@stouffvillecreekretirement.com)





## Summer Social and Celebration

We hosted a social during which our residents, guests and community partners were able to come together to celebrate Verve Senior Living being named one of Canada's Best Managed Companies for 2023, recognizing us for our industry-leading performance, exemplary business practices, and sustained growth! We were honored to have the Mayor Iain Lovatt attend the ceremony and speak to everyone at the event.



## Suite Feature

Enjoy inspired spaces for empowered living with a variety of well-appointed suite styles and sizes to suit your discerning taste.

### IL Studio Suites Starting at \$3,700/ month!

- Well-appointed kitchenettes
- Climate control of your suite
- Easy-access shower with seat and grab bars
- Pet-friendly



## Team Member Highlight - Melody, Concierge

With a warm smile and a genuine desire to assist, Melody embodies the essence of hospitality that you feel when you first step into Stouffville Creek. Melody enjoys building genuine connections with our residents and guests, and ensures that the experience they receive is nothing short of exceptional! Highlight of her summer was visiting her hometown in Montreal with her boys, seeing family and friends, and all the sites of Old Montreal!