



INSPIRED SENIOR LIVING

September 2023

Stouffville Creek

STOUFFVILLE CREEK
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>World Alzheimer's Month</p>		<p>Grandparent's Day</p>			<p>1</p> <p>Hair Dresser Appointments (SAL) 9:30 Falls Prevention with Saya (FR) 10:00 Hair Dresser Fall Sale (B) 10:00 Shuffleboard Resident Run (FR) 11:30 Sit and Get Fit! (2FL) 2:00 Fit Minds: Stay Sharp (L) 3:00 Entertainment with Dave Toms (ML) 3:00 Teatime (B) 3:30 Happy Hour (B) 4:30 Walking On The Second Floor (2FL) 6:00 Book Club Return (FD) 7:00 Movie Night: Netflix's Flight (T)</p>	<p>2</p> <p>9:00 Cranium Crunch (FD) 9:30 Virtual Seated Zumba (FR) 2:00 Chess, Checkers & Scrabble Club with Lois (L) 2:30 Handy Crafts: Resident Run (ML) 3:00 Teatime (B) 7:00 Movie Night: Resident Choice (T)</p>
<p>3</p> <p>9:00 Cranium Crunch (FD) 10:45 Go For Life Walking Group (MAI) 1:00 Puzzles (2FL) 1:15 Cards with Friends (RR) (ML) 2:00 Stouffville United Church - Virtual (T) 3:00 Teatime (B) 3:00 Documentary: Netflix's MH370 The Plane that Disappeared (T) 7:00 Movie Night: Netflix's Happiness for Beginners (T)</p>	<p>4</p> <p>Labor Day 9:30 Virtual Chair Yoga (FR) 10:00 Labor day Activity Package (FD) 10:45 Drumfit (FR) 2:00 Go For Life Walking Group- Resident Run (MAI) 2:00 Movie Matinee: Netflix's Hysteria (T) 2:00 Artful Enrichment: Drawing activity How to draw hands (FD) 3:00 Teatime (B) 3:30 Music in the Bistro (ML) 7:00 Men's Movie Night: Disney + Dangerous Minds (T)</p>	<p>5</p> <p>9:30 Virtual Tai- Chi (FR) 10:45 Go4Life Walking - Resident Run (MAI) 1:00 Fit Minds: Interact Group (2FL) 2:00 Word In A Word (ML) 3:00 Teatime (B) 4:30 Sit and Get Fit! (2FL) 4:30 Word Search (FD) 7:00 Bingo! (MPR)</p>	<p>6</p> <p>9:30 Music and Movement with Jorge (FR) 10:30 Beats and Bops with Jorge (FR) 10:30 Java Music Club (ML) 11:30 Sit and Get Fit! (2FL) 11:30 Bistro Special: Poutine (B) 1:30 Meet Me @ The MoMa Painting Session (MPR) 2:00 Quiddler with Jorge (ML) 2:00 Crafting with Diane (MPR) 3:00 Teatime (B) 3:30 Giant Crosswords (ML) 3:30 Billiards with Jorge (GR) 6:00 Coloring Club (B)</p>	<p>7</p> <p>9:00 Spot The Difference (FD) 9:30 Chair Exercise (FR) 9:45 Outing: Encore Symphonic Concert Band Concert (OUTI) 2:00 Documentary: Disney's Growing up Animal: Baby Sea Lion's Story (T) 2:00 Go4Life Walking - Resident Run (MAI) 2:00 Pharmacy Presentation: Influenza (ML) 3:00 Teatime (B) 3:30 Technology Help/ Walmart Shopping Online (LEO) 3:30 Dog Therapy with Theresa and Mookiee (MAI) 4:30 Sit and Get Fit! (2FL) 7:00 Movie Night: Resident Choice (T)</p>	<p>8</p> <p>Hair Dresser Appointments (SAL) 9:30 Priority One Chair Exercise (FR) 10:00 Bean Bag Toss Resident Run (ML) 11:30 Sit and Get Fit! (2FL) 2:00 Fit Minds: Stay Sharp (L) 3:00 Live Entertainment with Zack Wojtala (ML) 3:00 Teatime (B) 3:30 Happy Hour (B) 4:30 Walking On The Second Floor (2FL) 7:00 Movie Night: Netflix's A Million Little Pieces (T)</p>	<p>9</p> <p>9:00 Cranium Crunch (FD) 9:30 Virtual Seated Zumba (FR) 2:00 Chess, Checkers & Scrabble Club with Lois (L) 2:30 Handy Crafts: Resident Run (ML) 3:00 Teatime: Welcome Social (B) 7:00 Movie Night: Resident Choice (T)</p>
<p>10</p> <p>Grandparents Day 9:00 Cranium Crunch (FD) 10:45 Go For Life Walking Group (MAI) 1:00 Puzzles (2FL) 1:15 Cards with Friends (RR) (ML) 2:00 Stouffville United Church - Virtual (T) 3:00 Teatime (B) 3:00 Documentary: Netflix's Shania Twain Not Just a Girl (T) 7:00 Movie Night: Netflix's Dream Girls (T)</p>	<p>11</p> <p>9:30 Virtual Chair Yoga (FR) 10:45 Drumfit (FR) 1:00 Walking On The Second Floor (2FL) 1:30 Mobile Hearing Clinic (DR) 2:00 Meet me @ MoMa Lecture (T) 3:00 Teatime (B) 3:30 Name That Tune! (ML) 7:00 Men's Movie Night: Netflix's The Mask of Zorro (T)</p>	<p>12</p> <p>9:30 Virtual Tai- Chi (FR) 10:00 Go4Life Walking - Resident Run (MAI) 1:00 Fit Minds: Interact Group (2FL) 2:00 Word In A Word (ML) 3:00 Teatime: National Chocolate Milkshake Day (B) 3:30 Programs Meeting (ML) 4:30 Sit and Get Fit! (2FL) 4:30 Word Search (FD) 7:00 Bingo! (MPR)</p>	<p>13</p> <p>9:30 Music and Movement with Jorge (FR) 10:30 Beats and Bops with Jorge (FR) 10:30 Java Music Club (ML) 11:30 Sit and Get Fit! (2FL) 1:30 Artful enrichment: Blue Heron (MPR) 2:00 Quiddler with Jorge (ML) 2:00 Crafting with Diane (MPR) 3:00 Teatime (B) 3:30 Giant Crosswords (ML) 3:30 Billiards with Jorge (GR) 7:00 Coloring Club (B)</p>	<p>14</p> <p>9:00 Spot The Difference (FD) 9:30 Chair Exercise (FR) 10:00 Outing: Walmart (OUTI) 10:00 Shop at Home with Sonita (B) 2:00 Documentary: Netflix's Almost Australian Episode 3 (T) 2:00 Go4Life Walking - Resident Run (MAI) 3:00 Teatime (B) 3:30 Technology Help/ Walmart Shopping Online (LEO) 3:30 Dog Therapy with Theresa and Mookiee (MAI) 4:30 Sit and Get Fit! (2FL) 7:00 Movie Night: Resident Choice (T)</p>	<p>15</p> <p>Hair Dresser Appointments (SAL) 9:30 Priority One Chair Exercise (FR) 10:00 Ring Toss Resident Run (ML) 11:30 Sit and Get Fit! (2FL) 2:00 Fit Minds: Stay Sharp (L) 3:00 Entertainment: Brian Webb (ML) 3:00 Teatime (B) 3:30 Walking On The Second Floor (2FL) 7:00 Movie Night: Netflix's The Pursuit of Happiness (T)</p>	<p>16</p> <p>9:00 Cranium Crunch (FD) 9:30 Virtual Seated Zumba (FR) 1:00 Open House: Entertainment with Jay Vasquez (ML) 1:30 Henna Tattoos (FR) 2:00 Chess, Checkers & Scrabble Club with Lois (L) 2:00 Wreath making (MPR) 3:00 Teatime (B) 7:00 Movie Night: Resident Choice (T)</p>



INSPIRED SENIOR LIVING

September 2023

Stouffville Creek

STOUFFVILLE CREEK
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Cranium Crunch (FD) 17</p> <p>10:45 Go For Life Walking Group (MAI)</p> <p>1:00 Puzzles (2FL)</p> <p>1:15 Cards with Friends (RR) (ML)</p> <p>2:00 Book Club: The Book (MPR)</p> <p>2:00 Stouffville United Church - Virtual (T)</p> <p>3:00 Teatime (B)</p> <p>3:00 Documentary: Netflix's Studio 54 The Documentary (T)</p> <p>7:00 Movie Night: Disney + The Greatest Showman (T)</p>	<p>9:30 Virtual Chair Yoga (FR) 18</p> <p>10:45 Drumfit (FR)</p> <p>11:30 Bistro Special: Cheese Burger Day (B)</p> <p>1:00 Walking On The Second Floor (2FL)</p> <p>2:00 Meet Me @ The MoMa Painting Session (MPR)</p> <p>3:00 Teatime (B)</p> <p>3:30 Name That Tune! (ML)</p> <p>7:00 Men's Movie Night: Netflix's Batman (T)</p>	<p>9:30 Virtual Tai- Chi (FR) 19</p> <p>10:00 Go4Life Walking - Resident Run (MAI)</p> <p>1:00 Fit Minds: Interact Group (2FL)</p> <p>2:00 Word In A Word (ML)</p> <p>3:00 Teatime (B)</p> <p>4:30 Sit and Get Fit! (2FL)</p> <p>4:30 Word Search (FD)</p> <p>7:00 Bingo! (MPR)</p>	<p>9:30 Music and Movement with Jorge (FR) 20</p> <p>10:30 Beats and Bops with Jorge (FR)</p> <p>10:30 Java Music Club (ML)</p> <p>11:30 Sit and Get Fit! (2FL)</p> <p>11:30 Bistro Special: Build your own Pizza (B)</p> <p>1:30 Artful enrichment: Cloudy Telephone Wire (MPR)</p> <p>2:00 Quiddler with Jorge (ML)</p> <p>2:00 Crafting with Diane (MPR)</p> <p>3:00 Teatime (B)</p> <p>3:30 Giant Crosswords (ML)</p> <p>3:30 Billiards with Jorge (GR)</p> <p>7:00 Coloring Club (B)</p>	<p>9:00 Spot The Difference (FD) 21</p> <p>9:30 Chair Exercise (FR)</p> <p>11:00 Lunch Outing: Mandarin (OUTI)</p> <p>2:00 Go4Life Walking - Resident Run (MAI)</p> <p>2:00 Resident General Forum (ML)</p> <p>3:00 Teatime (B)</p> <p>3:30 Technology Help/ Walmart Shopping Online (LEO)</p> <p>3:30 Dog Therapy with Theresa and Mookiee (MAI)</p> <p>4:30 Sit and Get Fit! (2FL)</p> <p>7:00 Movie Night: Resident Choice (T)</p>	<p>Hair Dresser Appointments (SAL) 22</p> <p>9:30 Priority One Chair Exercise (FR)</p> <p>10:00 Bocce Ball Resident Run (FR)</p> <p>11:30 Sit and Get Fit! (2FL)</p> <p>2:00 Fit Minds: Stay Sharp (L)</p> <p>3:00 Entertainment by The Sparklettes (ML)</p> <p>3:00 Teatime (B)</p> <p>3:30 Walking On The Second Floor (2FL)</p> <p>4:30 Oktoberfest Dinner (D)</p> <p>7:00 Movie Night: Disney + JoJo Rabbit (T)</p>	<p>9:00 Cranium Crunch (FD) 23</p> <p>9:30 Virtual Seated Zumba (FR)</p> <p>2:00 Chess, Checkers & Scrabble Club with Lois (L)</p> <p>2:30 Handy Crafts: Resident Run (ML)</p> <p>3:00 Teatime: Autumn Leaf Cookies (B)</p> <p>3:00 Birthday Social (B)</p> <p>7:00 Movie Night: Resident Choice (T)</p>
<p>9:00 Cranium Crunch (FD) 24</p> <p>10:45 Go For Life Walking Group (MAI)</p> <p>1:00 Puzzles (2FL)</p> <p>1:15 Cards with Friends (RR) (ML)</p> <p>2:00 Stouffville United Church - Virtual (T)</p> <p>3:00 Teatime (B)</p> <p>3:00 Documentary: Netflix's Lewis Capaldi How I'm Feeling Now (T)</p> <p>7:00 Movie Night: Netflix's Frida (T)</p>	<p>9:30 Virtual Chair Yoga (FR) 25</p> <p>10:45 Drumfit (FR)</p> <p>1:00 Walking On The Second Floor (2FL)</p> <p>2:00 Meet me @ MoMA Lecture (T)</p> <p>3:00 Teatime (B)</p> <p>3:30 Name That Tune! (ML)</p> <p>7:00 Men's Movie Night: Netflix's Charlie's Angels (T)</p>	<p>9:30 Virtual Tai- Chi (FR) 26</p> <p>10:00 Go4Life Walking - Resident Run (MAI)</p> <p>1:00 Fit Minds: Interact Group (2FL)</p> <p>2:00 Word In A Word (ML)</p> <p>3:00 Teatime (B)</p> <p>3:30 Education Talks - C.O.P.D. (ML)</p> <p>4:30 Sit and Get Fit! (2FL)</p> <p>4:30 Word Search (FD)</p> <p>7:00 Bingo! (MPR)</p>	<p>9:30 Music and Movement with Jorge (FR) 27</p> <p>10:00 Maria Jewelry Sale (B)</p> <p>10:30 Beats and Bops with Jorge (FR)</p> <p>10:30 Java Music Club (ML)</p> <p>11:30 Sit and Get Fit! (2FL)</p> <p>1:30 Artful enrichment: Autumn & Fall Art Presentation (T)</p> <p>2:00 Quiddler with Jorge (ML)</p> <p>2:00 Crafting with Diane (MPR)</p> <p>3:00 Teatime (B)</p> <p>3:30 Giant Crosswords (ML)</p> <p>3:30 Billiards with Jorge (GR)</p> <p>7:00 Coloring Club (B)</p>	<p>9:00 Spot The Difference (FD) 28</p> <p>9:30 Chair Exercise (FR)</p> <p>10:00 Outing: White Feather Country Store (OUTI)</p> <p>2:00 Go4Life Walking - Resident Run (MAI)</p> <p>2:00 Documentary: Netflix's Into the Deep - The Submarine Murder Case (T)</p> <p>3:00 Teatime: Strawberry Cream Pie (B)</p> <p>3:30 Technology Help/ Walmart Shopping Online (LEO)</p> <p>3:30 Dog Therapy with Theresa and Mookiee (MAI)</p> <p>4:30 Sit and Get Fit! (2FL)</p> <p>7:00 Movie Night: Resident Choice (T)</p>	<p>Hair Dresser Appointments (SAL) 29</p> <p>9:30 Priority One Chair Exercise (FR)</p> <p>11:30 Sit and Get Fit! (2FL)</p> <p>2:00 Fit Minds: Stay Sharp (L)</p> <p>3:00 Entertainment with Wayne Furguson (ML)</p> <p>3:00 Teatime (B)</p> <p>3:30 Walking On The Second Floor (2FL)</p> <p>7:00 Movie Night: Disney + Free Guy (T)</p>	<p>National Truth and Reconciliation Day: Wear Orange today 30</p> <p>9:00 Cranium Crunch (FD)</p> <p>9:30 Virtual Seated Zumba (FR)</p> <p>2:00 Chess, Checkers & Scrabble Club with Lois (L)</p> <p>2:30 Handy Crafts: Resident Run (ML)</p> <p>3:00 Teatime (B)</p> <p>7:00 Movie Night: Resident Choice (T)</p>



THURSDAY
SEP
28

National Strawberry Cream Pie Day

Be Social

Locations Legend

- Bistro (B)
- Mimosa Lounge (ML)
- Fitness Room (FR)
- Theater (T)
- 2nd Floor Lounge (2FL)
- Front Desk (FD)
- Main Lobby (MAI)
- Multipurpose Rm. (MPR)

- Library (L)
- Salon (LL) (SAL)
- Games Room (GR)
- Outing (OUTI)
- Life Enrichment Office (LEO)
- Doctor's Office (DR)
- Dining Room (D)

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local
- Signature Program