



INSPIRED SENIOR LIVING

December 2023

Stouffville Creek Retirement Residence

STOUFFVILLE CREEK
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>THURSDAY DEC 7</p> <p>Hanukkah</p>		 <p>MONDAY DEC 25</p> <p>Christmas Day</p>				
<p>9:00 Cranium Crunch (FD) 3</p> <p>10:45 Go For Life Walking Group- Resident Run (MAI)</p> <p>1:00 Puzzles (2FL)</p> <p>1:15 Cards with Friends (RR) (L)</p> <p>2:00 Stouffville United Church - Virtual (T)</p> <p>3:00 Teatime (B)</p> <p>3:00 Documentary: Call Me Kate (Netflix) (T)</p> <p>7:00 Movie Night: The Intouchables (Netflix) (T)</p>	<p>9:30 Chair Yoga with Nicolas (FR) 4</p> <p>11:00 Outing: Bank Bus (Sign up Required) (MAI)</p> <p>1:00 Walking On The Second Floor (2FL)</p> <p>2:00 Meet me @ MoMA Lecture (T)</p> <p>2:30 An Old Fashioned Christmas Performance (ML)</p> <p>2:30 Christmas Tree Lighting (ML)</p> <p>3:00 Teatime (B)</p> <p>4:00 Drumfit with Lauren (FR)</p> <p>7:00 Men's Movie Night: Molly's Game (Netflix) (T)</p>	<p>9:30 Tai-Chi with Nicolas (FR) 5</p> <p>10:00 Go4Life Walking with Lauren (MAI)</p> <p>10:00 Vendor: Adrian's Family Clothing (B)</p> <p>1:00 Fit Minds: Interact Group (2FL)</p> <p>1:30 Mobile Hearing Clinic (Sign up) (DR)</p> <p>2:00 Word In A Word (ML)</p> <p>2:30 Christmas Craft: Yarn Christmas Tree (2FDR)</p> <p>3:00 Teatime & Trivia! (B)</p> <p>3:30 Programs Meeting (ML)</p> <p>4:30 Sit and Get Fit! (2FL)</p> <p>4:30 Word Search (FD)</p> <p>7:00 Bingo! (MPR)</p>	<p>9:30 Wheelchair/Walker Clinic (ML) 6</p> <p>10:00 Chair Exercise with Nicolas (FR)</p> <p>10:30 Java Music Club (ML)</p> <p>10:30 Beats and Bops (FR)</p> <p>11:30 Sit and Get Fit! (2FL)</p> <p>2:00 Crafting with Diane: Christmas Workshop (MPR)</p> <p>2:00 Quiddler (ML)</p> <p>3:00 Teatime (B)</p> <p>3:30 Giant Crosswords (ML)</p> <p>3:30 Billiards Resident Run (GR)</p> <p>7:00 Coloring Club (B)</p>	<p>Happy Hanukkah 7</p> <p>9:00 Spot The Difference (FD)</p> <p>9:30 Chair Exercise with Nicolas (FR)</p> <p>10:00 Outing: Encore Symphony Orchestra - Christmas Performance (OUTI)</p> <p>2:00 Go4Life Walking - Resident Run (MAI)</p> <p>2:00 Documentary Series "Our Great National Parks" (Netflix) (T)</p> <p>3:00 Teatime (B)</p> <p>3:00 Technology Help/ Walmart Shopping Online (LEO)</p> <p>3:30 Dog Therapy with Theresa and Mookiee (MAI)</p> <p>4:30 Gentle Seated Yoga & Stretch (2FL)</p> <p>7:00 Movie Night: Resident Choice (T)</p>	<p>Hair Dresser Appointments (SAL) 8</p> <p>9:30 Priority One Chair Exercise - Falls Prevention with Nicolas (FR)</p> <p>10:00 Vendor: 5th Ave Jewelry "Baskets & Bling" (B)</p> <p>10:00 Go4Life Walking Resident Run (MAI)</p> <p>10:30 Artful enrichment: Marbled Ornaments (MPR)</p> <p>11:30 Sit and Get Fit! (2FL)</p> <p>2:00 Fit Minds: Stay Sharp (L)</p> <p>3:00 Entertainment with Ed Smith (ML)</p> <p>3:00 Teatime: National Brownie Day (B)</p> <p>4:15 Walking On The Second Floor (2FL)</p> <p>7:00 Movie Night: I, Tonya (Netflix) (T)</p>	<p>National Pastry Day (B) 9</p> <p>9:00 Cranium Crunch (FD)</p> <p>9:30 Virtual Seated Zumba (FR)</p> <p>10:00 Go4Life Walking Resident Run (MAI)</p> <p>10:30 Gingerbread House Decorating with Karoline (B)</p> <p>2:00 Chess, Checkers & Scrabble Club with Lois (L)</p> <p>2:30 Handy Crafts: Resident Run (ML)</p> <p>3:00 Teatime: Minced Tarts (B)</p> <p>7:00 Movie Night: Resident Choice (T)</p>
<p>9:00 Cranium Crunch (FD) 10</p> <p>10:45 Go For Life Walking Group- Resident Run (MAI)</p> <p>1:00 Puzzles (2FL)</p> <p>1:15 Cards with Friends (RR) (L)</p> <p>2:00 Stouffville United Church - Virtual (T)</p> <p>3:00 Teatime (B)</p> <p>3:00 Documentary: Audrey (Netflix) (T)</p> <p>7:00 Movie Night: The Christmas Chronicles (Netflix) (T)</p>	<p>9:30 Chair Yoga with Nicolas (FR) 11</p> <p>10:00 Shuffleboard (ML)</p> <p>11:00 Outing: Health on Main/Giant Tiger Plaza (Sign up Required) (MAI)</p> <p>1:00 Walking On The Second Floor (2FL)</p> <p>2:00 Meet Me @ The MoMa Painting Session (MPR)</p> <p>3:00 Teatime (B)</p> <p>3:30 Name That Tune! (ML)</p> <p>4:00 Drumfit with Lauren (FR)</p> <p>7:00 Men's Movie Night: The Intern (Netflix) (T)</p>	<p>12 Days of Christmas Spirit Week Begins! Candy Cane Lane - Wear Red & White today! (B) 12</p> <p>9:30 Tai-Chi with Nicolas (FR)</p> <p>10:00 Go4Life Walking with Lauren (MAI)</p> <p>10:00 Vendor: Sonita Jewelry (B)</p> <p>1:00 Fit Minds: Interact Group (2FL)</p> <p>2:00 Word In A Word (ML)</p> <p>2:30 Christmas Craft: Sock Gnomes (2FDR)</p> <p>3:00 Teatime (B)</p> <p>3:00 Education Talks: Understanding Mental Health in Older Adults (ML)</p> <p>4:30 Sit and Get Fit! (2FL)</p> <p>4:30 Word Search (FD)</p> <p>7:00 Bingo! (MPR)</p>	<p>Baby It's Cold Outside - Wear a Cozy Flannel today! (B) 13</p> <p>10:00 Chair Exercise with Nicolas (FR)</p> <p>10:30 Java Music Club (ML)</p> <p>10:30 Beats and Bops (FR)</p> <p>11:30 Sit and Get Fit! (2FL)</p> <p>2:00 Crafting with Diane (MPR)</p> <p>2:00 Quiddler (ML)</p> <p>3:00 Teatime: National Cocoa Day (B)</p> <p>3:30 Giant Crosswords (ML)</p> <p>3:30 Billiards Resident Run (GR)</p> <p>6:30 Voices Alive! Christmas Concert (ML)</p>	<p>Rudolph the Red Nosed Reindeer - Dress like a Reindeer today! (B) 14</p> <p>9:00 Spot The Difference (FD)</p> <p>9:30 Chair Exercise with Nicolas (FR)</p> <p>10:00 Outing: Walmart (OUTI)</p> <p>2:00 Go4Life Walking - Resident Run (MAI)</p> <p>2:00 Documentary Series "Our Great National Parks" (Netflix) (T)</p> <p>3:00 Teatime (B)</p> <p>3:00 Technology Help/ Walmart Shopping Online (LEO)</p> <p>3:30 Dog Therapy with Theresa and Mookiee (MAI)</p> <p>4:30 Gentle Seated Yoga & Stretch (2FL)</p> <p>7:00 Movie Night: Resident Choice (T)</p>	<p>Hair Dresser Appointments (SAL) 15</p> <p>Winter Wonderland - Wear blue, sparkles and white today! (B)</p> <p>9:30 Priority One Chair Exercise - Falls Prevention with Nicolas (FR)</p> <p>10:00 Go4Life Walking Resident Run (MAI)</p> <p>10:30 Artful enrichment: Snowman Painting (MPR)</p> <p>11:30 Sit and Get Fit! (2FL)</p> <p>2:00 Fit Minds: Stay Sharp (L)</p> <p>3:00 Entertainment with Brian Larter (ML)</p> <p>3:00 Teatime (B)</p> <p>4:15 Walking On The Second Floor (2FL)</p> <p>7:00 Movie Night: Dolly Parton's Christmas in the Square (Netflix) (T)</p>	<p>Two Turtle Doves - Twin Day! (B) 16</p> <p>9:00 Cranium Crunch (FD)</p> <p>9:30 Virtual Seated Zumba (FR)</p> <p>9:30 Stouffville Guiding Festive Family Parade of Cars (O)</p> <p>10:00 Go4Life Walking Resident Run (MAI)</p> <p>2:00 Chess, Checkers & Scrabble Club with Lois (L)</p> <p>2:30 Handy Crafts: Resident Run (ML)</p> <p>3:00 Teatime (B)</p> <p>7:00 Movie Night: Resident Choice (T)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Grinch Celebration - Cindy-Lou Who Day or Wear Green today! (B) 17</p> <p>9:00 Cranium Crunch (FD)</p> <p>10:45 Go For Life Walking Group- Resident Run (MAI)</p> <p>11:30 Holiday Brunch (D)</p> <p>12:30 Entertainment by Robert Yeretch (ML)</p> <p>1:00 Puzzles (2FL)</p> <p>1:15 Cards with Friends (RR) (L)</p> <p>2:00 Stouffville United Church - Virtual (T)</p> <p>3:00 Teatime (B)</p> <p>3:00 Documentary: Inside Bill's Brain (Netflix) (T)</p> <p>7:00 Movie Night: The Christmas Shoes (DVD) (T)</p>	<p>Christmas Hat Day - Wear your favourite Christmas hat today! (B) 18</p> <p>9:30 Chair Yoga with Nicolas (FR)</p> <p>10:00 Carpet Bowling (ML)</p> <p>11:00 Outing: Dollarama (Sign up Required) (OUTI)</p> <p>1:00 Walking On The Second Floor (2FL)</p> <p>2:00 Meet me @ MoMA Lecture (T)</p> <p>3:00 Teatime (B)</p> <p>3:30 Name That Tune! (ML)</p> <p>4:00 Drumfit with Lauren (FR)</p> <p>7:00 Men's Movie Night: A Knight's Tale (Netflix) (T)</p>	<p>The Night Before Christmas - Wear your PJs today! (B) 19</p> <p>9:30 Tai-Chi with Nicolas (FR)</p> <p>10:00 Go4Life Walking with Lauren (MAI)</p> <p>1:00 Fit Minds: Interact Group (2FL)</p> <p>2:00 Word In A Word (ML)</p> <p>2:00 Gift Wrapping with Senior Helpers! (MPR)</p> <p>3:00 Teatime & Trivia! (National Oatmeal Muffin Day) (B)</p> <p>4:30 Sit and Get Fit! (2FL)</p> <p>4:30 Word Search (FD)</p> <p>7:00 Bingo! (MPR)</p>	<p>Christmas Tree Traditions - Dress like a Christmas Tree today! (B) 20</p> <p>10:00 Chair Exercise with Nicolas (FR)</p> <p>10:30 Java Music Club (ML)</p> <p>10:30 Beats and Bops (FR)</p> <p>11:30 Sit and Get Fit! (2FL)</p> <p>11:30 Bistro Special- Chef's Demo (B)</p> <p>2:00 Crafting with Diane (MPR)</p> <p>2:00 Nails with Karoline - Sign up (SAL)</p> <p>2:00 Quiddler (ML)</p> <p>3:00 Teatime: National Sangria Day (B)</p> <p>3:30 Giant Crosswords (ML)</p> <p>3:30 Billiards Resident Run (GR)</p> <p>7:00 Coloring Club (B)</p>	<p>Light Up The Night - Dress in bright colours or wear your favourite flashy light or glow necklaces! (B) 21</p> <p>9:00 Spot The Difference (FD)</p> <p>9:30 Chair Exercise with Nicolas (FR)</p> <p>10:00 Vendor: Maria Jewelry (B)</p> <p>11:00 Lunch Outing: Red Lobster (OUTI)</p> <p>2:00 Go4Life Walking - Resident Run (MAI)</p> <p>2:00 Documentary Series "Our Great National Parks" (Netflix) (T)</p> <p>3:00 Technology Help/ Walmart Shopping Online (LEO)</p> <p>3:00 Welcome Social (B)</p> <p>3:30 Dog Therapy with Theresa and Mookiee (MAI)</p> <p>4:30 Gentle Seated Yoga & Stretch (2FL)</p> <p>6:00 Outing: Uxbridge Light Tour (Sign up Required) (OUTI)</p> <p>7:00 Movie Night: Resident Choice (T)</p>	<p>Hair Dresser Appointments (SAL) 22</p> <p>Ugly Christmas Sweater Day - Wear your favourite tacky Christmas sweater! (B)</p> <p>9:30 Priority One Chair Exercise - Falls Prevention with Nicolas (FR)</p> <p>10:00 Go4Life Walking Resident Run (MAI)</p> <p>10:30 Artful enrichment: String Lights (MPR)</p> <p>11:30 Sit and Get Fit! (2FL)</p> <p>2:00 Fit Minds: Stay Sharp (L)</p> <p>3:00 Live Entertainment with Zack Wojtala (ML)</p> <p>3:00 Teatime (B)</p> <p>4:15 Walking On The Second Floor (2FL)</p> <p>7:00 Movie Night: A Christmas Story (DVD) (T)</p>	<p>Crazy Christmas Sock Day - Wear your favourite Christmas socks today! (B) 23</p> <p>9:00 Cranium Crunch (FD)</p> <p>9:30 Virtual Seated Zumba (FR)</p> <p>10:00 Go4Life Walking Resident Run (MAI)</p> <p>2:00 Chess, Checkers & Scrabble Club with Lois (L)</p> <p>2:30 Handy Crafts: Resident Run (ML)</p> <p>3:00 Teatime (B)</p> <p>7:00 Movie Night: Resident Choice (T)</p>
<p>Santa's Elves Day - Dress like an Elf today! (B) 24</p> <p>9:00 Cranium Crunch (FD)</p> <p>10:45 Go For Life Walking Group- Resident Run (MAI)</p> <p>1:00 Puzzles (2FL)</p> <p>1:15 Cards with Friends (RR) (L)</p> <p>2:00 Stouffville United Church - Virtual (T)</p> <p>3:00 Teatime: National Egnog Day (B)</p> <p>3:00 Documentary: The Light We Carry with Oprah and Michelle Obama (Netflix) (T)</p> <p>7:00 Movie Night: Charles Dickens: A Christmas Carol (DVD) (T)</p>	<p>Christmas Word Search (FD) Merry Christmas!! Dress in red, white or green today! (B) 25</p> <p>9:30 Virtual Chair Yoga (FR)</p> <p>1:00 Walking On The Second Floor (2FL)</p> <p>3:00 Teatime (B)</p> <p>4:00 Virtual - Drumfit (FR)</p> <p>7:00 Men's Movie Night: Best. Christmas. Ever! (Netflix) (T)</p>	<p>Christmas Word Scramble (FD) 26</p> <p>9:30 Virtual Tai-Chi (FR)</p> <p>10:00 Go4Life Walking Resident Run (MAI)</p> <p>1:00 Fit Minds: Interact Group- Handout (2FL)</p> <p>2:00 Word In A Word: Handout (FD)</p> <p>3:00 Teatime (B)</p> <p>4:30 Word Search (FD)</p> <p>4:30 Walking on the 2nd Floor (2FL)</p>	<p>10:00 Chair Exercise with Lauren (FR) 27</p> <p>10:30 Java Music Club (ML)</p> <p>10:30 Beats and Bops (FR)</p> <p>11:30 Sit and Get Fit! (2FL)</p> <p>2:00 Meet me @ MoMA Painting (T)</p> <p>2:00 Quiddler (ML)</p> <p>3:00 Teatime (B)</p> <p>3:30 Giant Crosswords (ML)</p> <p>3:30 Billiards Resident Run (GR)</p> <p>7:00 Coloring Club (B)</p>	<p>9:00 Spot The Difference (FD) 28</p> <p>9:30 Virtual Chair Exercise (FR)</p> <p>10:00 Outing: Chapters (OUTI)</p> <p>2:00 Go4Life Walking - Resident Run (MAI)</p> <p>2:00 Documentary Series "Our Great National Parks" (Netflix) (T)</p> <p>2:00 Technology Help/ Walmart Shopping Online (LEO)</p> <p>3:00 Happy Hour & Birthday Social (B)</p> <p>3:30 Dog Therapy with Theresa and Mookiee (MAI)</p> <p>4:30 Gentle Seated Yoga & Stretch (2FL)</p> <p>7:00 Movie Night: Resident Choice (T)</p>	<p>Hair Dresser Appointments (SAL) 29</p> <p>9:30 Priority One Chair Exercise - Virtual (FR)</p> <p>10:00 Go4Life Walking Resident Run (MAI)</p> <p>10:30 Artful enrichment: Winter Birches (MPR)</p> <p>11:30 Sit and Get Fit! (2FL)</p> <p>2:00 Fit Minds: Stay Sharp (L)</p> <p>3:00 Entertainment with J Paul Adams (ML)</p> <p>3:00 Teatime (B)</p> <p>4:15 Walking On The Second Floor (2FL)</p> <p>7:00 Movie Night: The Promise (Netflix) (T)</p>	<p>9:00 Cranium Crunch (FD) 30</p> <p>9:30 Virtual Seated Zumba (FR)</p> <p>10:00 Go4Life Walking Resident Run (MAI)</p> <p>2:00 Chess, Checkers & Scrabble Club with Lois (L)</p> <p>2:30 Handy Crafts: Resident Run (ML)</p> <p>3:00 Teatime (B)</p> <p>7:00 Movie Night: Resident Choice (T)</p>

<p>9:00 Cranium Crunch (FD) 31</p> <p>10:45 Go For Life Walking Group- Resident Run (MAI)</p> <p>1:00 Puzzles (2FL)</p> <p>1:15 Cards with Friends (RR) (L)</p> <p>2:00 Stouffville United Church - Virtual (T)</p> <p>2:00 New Years Eve Social with Entertainment by Mike Raikine (ML)</p> <p>3:00 Teatime (B)</p> <p>3:00 Documentary: Icarus (Netflix) (T)</p> <p>7:00 Movie Night: Something's Gotta Give (Netflix) (T)</p>
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Locations Legend

Bistro (B)	Outing (OUTI)
Theater (T)	Games Room (GR)
Mimosa Lounge (ML)	Life Enrichment Office (LEO)
2nd Floor Lounge (2FL)	2nd Floor Dining room (2FDR)
Fitness Room (FR)	Chapel (C)
Main Lobby (MAI)	Doctor's Office (DR)
Front Desk (FD)	Outdoors (O)
Library (L)	Dining Room (D)
Multipurpose Rm. (MPR)	
Salon (LL) (SAL)	

Calendar Legend

Outing	Living, Loving, Local Signature Program
Special Program	