




INSPIRED SENIOR LIVING

April 2024

Stouffville Creek Retirement Residence

STOUFFVILLE CREEK
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	April Fools Day! 9:00 Go4Life Walking Resident Run (MAI) 9:30 Chair Exercise with Nicolas (FR) 10:00 Wii Sports (BILL) 10:30 Outing: Bank Bus (Sign up Required) (OUTI) 1:00 Walking On The Second Floor (2FL) 2:00 Meet Me @ The MoMa Painting Session (MPR) 3:00 Teatime (B) 3:30 Name That Tune! (ML) 4:00 Drumfit with Lauren (FR) 7:00 Men's Movie Night: Robin Hood (N) (T)	9:30 Chair Exercise & Falls Prevention with Nicolas (FR) 10:00 Go4Life Indoor Walking with Lauren (MAI) 1:00 Fit Minds: Interact Group (2FL) 2:00 Word In A Word (ML) 3:00 Teatime (B) 4:00 Shuffleboard, Pool and Darts (BILL) 4:30 Sit and Get Fit! (2FL) 4:30 Word Search (FD) 6:30 Bingo! (MPR) 7:00 Movie Night: Resident Choice (T)	9:30 Chair Exercise with Nicolas (FR) 10:00 Go4Life Walking (MAI) 10:30 Java Music Club (ML) 11:30 Sit and Get Fit! (2FL) 1:00 Crafting with Diane (MPR) 1:00 Artful enrichment: Maud's Butterflies Acrylic Painting (MPR) 2:00 Quiddler (ML) 3:00 Teatime (B) 3:00 Bean Bag Toss (FR) 3:30 Giant Crosswords (ML) 3:30 Billiards (GR) 7:00 Coloring Club (B)	9:00 Spot The Difference (FD) 9:30 Chair Exercise with Nicolas (FR) 10:00 Outing: Walmart (OUTI) 10:00 Vendor: Sonita Jewelry (B) 2:00 Go4Life Walking - Resident Run (MAI) 2:00 Technology Help/ Walmart Shopping Online (LEO) 2:00 Documentary Series "Harry & Megan" (N) (T) 3:00 Teatime (B) 4:30 Gentle Seated Yoga & Stretch (2FL) 7:00 Movie Night: Resident Choice (T)	Hair Dresser Appointments (SAL) 9:30 Priority One Chair Exercise - Falls Prevention with Nicolas (FR) 10:00 Go4Life Outdoor Walking Club (MAI) 11:00 DrumFit with Lauren (FR) 11:30 Sit and Get Fit! (2FL) 2:00 Fit Minds: Stay Sharp (L) 3:00 Entertainment with Ed Smith (ML) 3:00 Teatime: Farewell for Lauren (B) 4:15 Walking On The Second Floor (2FL) 4:30 Living Loving Local Dinner Feature (D) 7:00 Movie Night: To Kill A Mockingbird (Tubi) (T)	9:00 Cranium Crunch (FD) 9:30 Virtual Seated Zumba (FR) 10:00 Go4Life Walking Resident Run (MAI) 2:00 Chess, Checkers & Scrabble Club Resident run (L) 2:30 Handy Crafts: Resident Run (ML) 3:00 Teatime & Games (B) 7:00 Movie Night: Resident Choice (T)
9:00 Cranium Crunch (FD) 10:45 Go For Life Walking Group- Resident Run (MAI) 1:00 Puzzles (2FL) 1:15 Cards with Friends (RR) (L) 2:00 Stouffville United Church - Virtual (T) 3:00 Teatime (B) 3:30 Netflix Series: The Crown (T) 7:00 Movie Night: The Devil Wears Prada (N) (T)	9:00 Go4Life Walking Resident Run (MAI) 9:30 Chair Exercise with Nicolas (FR) 10:00 Wii Sports (BILL) 1:00 Walking On The Second Floor (2FL) 2:00 Meet me @ MoMA Lecture (T) 3:00 Solar Eclipse and Popcorn (T) 3:00 Teatime (B) 3:30 Name That Tune! (ML) 7:00 Men's Movie Night: Top Gun: Maverick (N) (T)	9:30 Chair Exercise & Falls Prevention with Nicolas (FR) 10:00 Go4Life Indoor Walking - Resident Run (MAI) 1:00 Fit Minds: Interact Group (2FL) 2:00 Word In A Word (ML) 3:00 Teatime (B) 3:30 Programs Meeting (ML) 4:00 Shuffleboard, Pool and Darts (BILL) 4:30 Sit and Get Fit! (2FL) 4:30 Word Search (FD) 6:30 Bingo! (MPR) 7:00 Movie Night: Resident Choice (T)	9:30 Chair Exercise with Nicolas (FR) 10:00 Go4Life Walking (MAI) 10:30 Java Music Club (ML) 11:30 Sit and Get Fit! (2FL) 11:30 Bistro Special- Chef's Demo (B) 1:00 Crafting with Diane (MPR) 1:00 Artful enrichment: Daffodil Drawing (MPR) 2:00 Quiddler with Richard (ML) 3:00 Teatime (B) 3:30 Giant Crosswords (ML) 3:30 Billiards (GR) 7:00 Coloring Club (B)	National Poutine Day (FL) 9:00 Spot The Difference (FD) 9:30 Chair Exercise with Nicolas (FR) 10:00 Outing: Michaels (OUTI) 11:30 Bistro Special: Poutine (B) 2:00 Go4Life Walking - Resident Run (MAI) 2:00 Technology Help/ Walmart Shopping Online (LEO) 2:00 Documentary Series "Harry & Megan" (N) (T) 3:00 Teatime (B) 3:30 Dog Therapy with Theresa and Mookiee (MAI) 4:30 Gentle Seated Yoga & Stretch (2FL) 7:00 Movie Night: Resident Choice (T)	Hair Dresser Appointments (SAL) 9:30 Priority One Chair Exercise - Falls Prevention with Nicolas (FR) 10:00 Go4Life Outdoor Walking Club (MAI) 11:00 DrumFit (FR) 11:30 Sit and Get Fit! (2FL) 2:00 Fit Minds: Stay Sharp (L) 3:00 Entertainment with Joe Crone (ML) 3:00 Teatime (B) 4:15 Walking On The Second Floor (2FL) 7:00 Movie Night: The Martian (N) (T)	National Scrabble Day (L) 9:00 Cranium Crunch (FD) 9:30 Virtual Seated Zumba (FR) 10:00 Go4Life Walking Resident Run (MAI) 2:00 Chess, Checkers & Scrabble Club Resident run (L) 2:30 Handy Crafts: Resident Run (ML) 3:00 Teatime & Games (B) 7:00 Movie Night: Resident Choice (T)
9:00 Cranium Crunch (FD) 10:45 Go For Life Walking Group- Resident Run (MAI) 1:00 Puzzles (2FL) 1:15 Cards with Friends (RR) (L) 2:00 Stouffville United Church - Virtual (T) 3:00 Teatime (B) 3:30 Netflix Series: The Crown (T) 7:00 Movie Night: The Pink Panther (Tubi) (T)	9:00 Go4Life Walking Resident Run (MAI) 9:30 Chair Exercise with Nicolas (FR) 10:00 Wii Sports (BILL) 1:00 Walking On The Second Floor (2FL) 2:00 Meet Me @ The MoMa Painting Session (MPR) 3:00 Teatime (B) 3:30 Name That Tune! (ML) 7:00 Men's Movie Night: 42, The Jackie Robinson Story (N) (T)	9:30 Chair Exercise & Falls Prevention with Nicolas (FR) 10:00 Go4Life Indoor Walking - Resident Run (MAI) 1:00 Fit Minds: Interact Group (2FL) 2:00 Word In A Word (ML) 3:00 Teatime (B) 4:00 Shuffleboard, Pool and Darts (BILL) 4:30 Sit and Get Fit! (2FL) 4:30 Word Search (FD) 6:30 Bingo! (MPR) 7:00 Movie Night: Resident Choice (T)	9:30 Chair Exercise with Nicolas (FR) 10:00 Go4Life Walking (MAI) 10:30 Java Music Club (ML) 11:30 Sit and Get Fit! (2FL) 11:30 Bistro Special: Build your own Pizza (B) 1:00 Crafting with Diane (MPR) 1:00 Artful enrichment: Ink Stamped Nature Prints (MPR) 2:00 Quiddler (ML) 3:00 Bean Bag Toss (FR) 3:00 Teatime (B) 3:30 Giant Crosswords (ML) 3:30 Billiards (GR) 7:00 Coloring Club (B)	9:00 Spot The Difference (FD) 9:30 Chair Exercise with Nicolas (FR) 11:30 Lunch Outing: Swiss Chalet (OUTI) 2:00 Go4Life Walking - Resident Run (MAI) 2:00 Technology Help/ Walmart Shopping Online (LEO) 2:00 Documentary Series "Harry & Megan" (N) (T) 3:00 Teatime: Welcome Social (B) 3:00 Spring Wine & Cheese Social (B) 3:00 Teatime (B) 3:30 Dog Therapy with Theresa and Mookiee (MAI) 4:30 Gentle Seated Yoga & Stretch (2FL) 7:00 Movie Night: Resident Choice (T)	Hair Dresser Appointments (SAL) 9:30 Priority One Chair Exercise - Falls Prevention with Nicolas (FR) 10:00 Go4Life Outdoor Walking Club (MAI) 11:00 DrumFit (FR) 11:30 Sit and Get Fit! (2FL) 2:00 Fit Minds: Stay Sharp (L) 3:00 Entertainment with J. Paul Adams (ML) 3:00 Teatime (B) 4:15 Walking On The Second Floor (2FL) 7:00 Movie Night: As Good As It Gets (Tubi) (T)	9:00 Cranium Crunch (FD) 9:30 Virtual Seated Zumba (FR) 10:00 Go4Life Walking Resident Run (MAI) 1:30 LITMUS Chinese Dance Association Performance (ML) 2:00 Chess, Checkers & Scrabble Club Resident run (L) 2:30 Handy Crafts: Resident Run (ML) 3:00 Teatime & Games (B) 7:00 Movie Night: Resident Choice (T)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Artfull Enrichment Week National Tea Day 21 9:00 Cranium Crunch (FD) 10:45 Go For Life Walking Group- Resident Run (MAI) 1:00 Puzzles (2FL) 1:15 Cards with Friends (RR) (L) 2:00 Stouffville United Church - Virtual (T) 2:00 Famous Paintings in the World - 100 Great Paintings of All Time (T) 3:00 Teatime (B) 3:30 Netflix Series: The Crown (T) 7:00 Movie Night: West Side Story (Tubi) (T)	Artfull Enrichment Week Earth Day 22 9:00 Go4Life Walking Resident Run (MAI) 9:30 Chair Exercise with Nicolas (FR) 10:00 Wii Sports (BILL) 10:00 Earth Day Word Search (FR) 11:00 Quiz: Famous Art (T) 1:00 Walking On The Second Floor (2FL) 2:00 Meet me @ MoMA Lecture (T) 2:30 Earth Day Planting (MPR) 3:00 Teatime (B) 3:30 Name That Tune! (ML) 7:00 Men's Movie Night: Ford vs Ferrari (N) (T)	Artfull Enrichment Week World Book Day 23 9:30 Chair Exercise & Falls Prevention with Nicolas (FR) 10:00 Go4Life Indoor Walking - Resident Run (MAI) 12:00 Book Club Lunch and Discuss (MPR) 1:00 Fit Minds: Interact Group (2FL) 2:00 Word In A Word (ML) 3:00 Teatime (B) 4:00 Shuffleboard, Pool and Darts (BILL) 4:30 Sit and Get Fit! (2FL) 4:30 Word Search (FD) 6:30 Bingo! (MPR) 7:00 Movie Night: Resident Choice (T)	Artfull Enrichment Week 24 9:30 Chair Exercise with Nicolas (FR) 10:00 Go4Life Walking (MAI) 10:30 Java Music Club (ML) 11:30 Sit and Get Fit! (2FL) 1:00 Crafting with Diane (MPR) 1:00 Artistic Quiz (L) 1:00 Artful Minds Trivia: Plant Earth (T) 1:30 Mobile Hearing Clinic (Sign Up) (L) 2:00 Quiddler (ML) 3:00 Teatime (B) 3:30 Giant Crosswords (ML) 3:30 HomeInstead Education Talks - Parkinson's Month (ML) 3:30 Billiards (GR) 7:00 Coloring Club (B)	Artfull Enrichment Week 25 9:00 Spot The Difference (FD) 9:30 Chair Exercise with Nicolas (FR) 10:00 Outing: Markville Mall (OUTI) 10:00 Go4Life Walking - Resident Run (MAI) 2:00 Technology Help/ Walmart Shopping Online (LEO) 2:00 Education Talks - Benefits of Exercise and Fall Prevention (T) 3:00 Teatime: Birthday Social (B) 3:00 Teatime (B) 3:30 Dog Therapy with Theresa and Mookiee (MAI) 4:30 Gentle Seated Yoga & Stretch (2FL) 7:00 Movie Night: Resident Choice (T)	Artfull Enrichment Week 26 Hair Dresser Appointments (SAL) 9:30 Priority One Chair Exercise - Falls Prevention with Nicolas (FR) 10:00 Go4Life Outdoor Walking Club (MAI) 11:00 DrumFit (FR) 11:30 Sit and Get Fit! (2FL) 2:00 Fit Minds: Stay Sharp (L) 3:00 Entertainment with Alice Kim, Celloist (ML) 3:00 Teatime (B) 4:15 Walking On The Second Floor (2FL) 7:00 Movie Night: Frida (N) (T)	Artfull Enrichment Week 27 9:00 Cranium Crunch (FD) 9:30 Virtual Seated Zumba (FR) 10:00 Go4Life Walking Resident Run (MAI) 2:00 A Brief History of Art Movements Behind the Masterpiece (T) 2:00 Chess, Checkers & Scrabble Club Resident run (L) 2:30 Handy Crafts: Resident Run (ML) 3:00 Teatime & Games (B) 7:00 Movie Night: Resident Choice (T)
9:00 Cranium Crunch (FD) 28 10:45 Go For Life Walking Group- Resident Run (MAI) 1:00 Puzzles (2FL) 1:15 Cards with Friends (RR) (L) 2:30 Stouffville United Church - Virtual (T) 3:00 Teatime (B) 3:30 Netflix Series: The Crown (T) 7:00 Movie Night: Charade (Tubi) (T)	9:00 Go4Life Walking Resident Run (MAI) 29 9:30 Chair Exercise with Nicolas (FR) 10:00 Wii Sports (BILL) 1:00 Walking On The Second Floor (2FL) 2:00 Meet Me @ The MoMa Painting Session (MPR) 3:00 Teatime (B) 3:30 Name That Tune! (ML) 4:00 Drumfit (FR) 7:00 Men's Movie Night: Jurassic Park (N) (T)	9:30 Chair Exercise & Falls Prevention with Nicolas (FR) 30 10:00 Go4Life Indoor Walking - Resident Run (MAI) 11:30 Sit and Get Fit! (2FL) 1:00 Fit Minds: Interact Group (2FL) 2:00 Word In A Word (ML) 2:00 JV Music Lecture (ML) 3:00 Teatime (B) 4:00 Shuffleboard, Pool and Darts (BILL) 4:30 Word Search (FD) 6:30 Bingo! (MPR) 7:00 Movie Night: Resident Choice (T)	<p>SUNDAY APR 21 Tea Day</p>		<p>MONDAY APR 22 Earth Day</p>	

Be joyful



- Locations Legend**
- Theater (T)
 - Bistro (B)
 - Fitness Room (FR)
 - 2nd Floor Lounge (2FL)
 - Mimosa Lounge (ML)
 - Main Lobby (MAI)
 - Multipurpose Rm. (MPR)
 - Front Desk (FD)
 - Library (L)
 - Billiards (BILL)
 - Outing (OUTI)
 - Games Room (GR)
 - Life Enrichment Office (LEO)
 - Salon (LL) (SAL)
 - Chapel (C)
 - Dining Room (D)
 - All Floors (FL)

- Calendar Legend**
- Outing
 - Special Program
 - Living, Loving, Local
 - Signature Program