

August 2020 Concorde



INSPIRED SENIOR LIVING WITH			Concorde			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Go4Life Walking Club 10:30 Roll-O-Trump - 6 participants only *sign up 2:00 Courtyard Social with Distancing	9:30 Exercises for 1st floor - first 5 residents *sign up 10:30 Java Music Club 11:30 Avon with Sharon 1:30 Monday Bingo! Please sign up 3:00 The Music Makers practice 6:30 Documentary Film -Scenic Wonder of America - *please sign up	THE ONCORDE RETIREMENT COMMUNITY INSPIRED SENIOR LIVING WITH	"Be sure you put your feet in the right place, then stand firm." — Abraham Lincoln	 ○ Emotional ② Intellectual △ Physical △ Purposeful ☑ Social ☑ Vendor 		9:30 Go4Life Walking Club 2:00 Courtyard Social with Distancing 6:30 Saturday Night Movie -"Danielle Steel's Fine Things" - First five seats only *sign up
9:30 Section Go4Life Walking Club 10:30 Roll-O-Trump - 6 participants only *sign up 2:00 Courtyard Social with Distancing	Provincial Day 9:30 Separate Go4Life Walking 3:00 Separate The Music Makers practice 6:30 Pocumentary Film - Planet Earth - Seasonal Forests & Ocean Deep- *please sign up	9:30 Go4Life Walking Club 2:00 Exercises for 1st floor - first 5 residents *sign up 3:30 Meet me at the Moma - "Rock Painting" 6:15 Wine & Cheese in the Back Courtyard	9:30 Go4Life Walking 10:30 Roll-O-Trump - 6 participants only *sign up 2:00 Rockin Robbie the DJ 3:30 Tuck Shop - Open 3:30 - 4:30pm. Please come down to shop.	9:30 Go4Life Walking Club 2:00 Exercises for 2nd floor - first 5 residents *sign up 3:30 Pokeno - first 5 residents *sign up 6:30 Thursday Night Movie - The Hours *please sign up	10:30 Go4Life Walking 2:00 Happy Hour with Gillian Russel 3:30 Chicken soup for the Soul Reading Group- 5 residents only *please sign up	9:30 Move & Mingle for 3rd floor - first 5 residents *sign up 10:30 Life Long Learning - Mysteries of the Abandon - first 5 residents *please sign up 6:30 Saturday Night Movie - Play the Game - First five seats only *sign up
9:30 So4Life Walking Club 10:30 Roll-O-Trump - 6 participants only *sign up 2:00 Courtyard Social with Distancing [AR]	9:30 Go4Life Walking 10:30 Move & Mingle for 2nd floor - first 5 residents *sign up 1:30 Bingo - First five residents *please sign up 3:00 The Music Makers practice 6:30 Documentary Film -Planet Earth - Saving Species & Into the Wilderness- *please sign up	10:30 Exercises for 1st floor - first 5 residents *sign up 2:00 Calling all Teachers!! Please sign up! 3:30 Wwould You Rather game on back patio 6:15 Bookworms	9:30 Exercises for 3rd floor - first 5 residents *sign up 10:30 Roll-O-Trump - 6 participants only *sign up 11:30 Summer BBQ Mumu's 1:30 Rockin Robbie the DJ 3:30 Tuck Shop - Open 3:00pm -3:30pm. Please come down to shop.	9:30 Go4Life Walking Club 9:30 Smoothie Demonstration and Sampling - first 5 residents *sign up 10:30 What's in the News 2:00 Ice Cream Cones- Front & Back Courtyards 3:30 Pokeno - first 5 residents *sign up 6:30 Thursday Night Movie - Dying Young *please sign up	10:30 Chicken soup for the Soul Reading Group- 5 residents only *please	9:30 Go4Life Walking 2:00 Courtyard Social with Distancing 6:30 Saturday Night Movie - The Gambler - *please sign up
9:30 Go4Life Walking Club 10:30 Roll-O-Trump - 6 participants only *sign up 2:00 Courtyard Social with Distancing	9:30 Exercises for 3rd floor - first 5 residents *sign up 10:30 Java Music Club 1:30 Monday Bingo! Please sign up 3:00 The Music Makers practice 6:30 Documentary Film -Winged Migration- *please sign up	9:30 Go4Life Walking Club 10:30 Bocce Ball *sign up first four residents 2:00 Calling all Secretaries & Book keepers!!! Please sign up! 3:30 Meet me at the Moma - "Rock Painting" 6:15 Wine & Cheese in the Back Courtyard	9:30 Exercises for 1st floor - first 5 residents *sign up 10:30 Roll-O-Trump - 6 participants only *sign up 1:30 1-1 Visit with Kathy 2:00 Rockin Robbie the DJ 3:30 Tuck Shop - Open 3:30 - 4:30pm. Please come down to shop.	9:30 Go4Life Walking Club 10:30 What's in the News 2:00 Ice Cream Sundaes - Front & Back Courtyard 3:30 Pokeno - first 5 residents *sign up 6:30 Thursday Night Movie - First Daughter *please sign up	9:30 Fit Minds - first five residents *please sign up 10:30 Chicken soup for the Soul Reading Group- 5 residents only *please sign up 2:00 Happy Hour with Mike Bugyi 3:30 1-1 Walks with Lori	9:30 Move & Mingle for 2nd floor - first 5 residents *sign up 10:30 Life Long Learning-Animal Intelligence - first 5 residents *please sign up 6:30 Saturday Night Movie - The Adventure Continues - *please sign up
9:30 So4Life Walking Club 10:30 Roll-O-Trump - 6 participants only *sign up 2:00 Courtyard Social with Distancing	9:30 Exercises for 1st floor - first 5 residents *sign up 10:30 Java Music Club 1:30 Monday Bingo! Please sign up 3:00 The Music Makers practice 6:30 Documentary Film -Across the Great Divide - *please sign up	9:30 Go4Life Walking Club 10:30 Bocce Ball * please sign up 4 spots 2:00 Calling all Nurses & Doctors!! Please sign up!! 3:30 Meet me at the Moma - "Rock Painting" 6:15 Bookworms	9:30 Exercises for 2nd floor - first 5 residents *sign up 10:30 Roll-O-Trump - 6 participants only *sign up 11:30 Lunch En Blanc - 11:30am & 12:30pm *Wear White 1:30 L1 1 visit with Kathy 2:00 Rockin Robbie the DJ 3:30 Tuck Shop - Open 3:30 - 4:30pm. Please come down to shop.	9:30 Go4Life Walking Club 9:30 Smoothie Demonstration and Sampling - first 5 residents *sign up 10:30 What's in the News 2:00 Lee Cream Floats- Front & Back Courtyards 3:30 Pokeno - first 5 residents *sign up 6:30 Thursday Night Movie - Shall We Dance *please sign up	10:30 Chicken soup for the Soul Reading Group- 5 residents only *please	9:30 Move & Mingle for 3rd floor - first 5 residents *sign up 10:30 Life Long Learning- Cutest Animals - first 5 residents *please sign up 6:30 Saturday Night Movie - The Legend Continues - *please sign up Continued at top