



Lunch

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Irish Potato	French Onion	Tortellini Soup	* Cream of Tomato	Potato Leek	* Minestrone Soup	Chefs Choice
Entrée 1	Pulled Pork on a Kaiser	* Baked Beans & Weiners	Sante Fe Chicken Salad Bowl Black Bean Corn Avocado Tomato	Grilled Cheese Sandwich	Baby Shrimp Salad on Croissant	* Egg Salad Sandwich	Creamy Macaroni and Cheese
side	Coleslaw	Toast	Dinner Roll	Caesar Salad	Garden Salad	Pineapple Coleslaw	Garden Salad
Entrée 2	Grilled Chicken on Greek Romaine	* BLT Sandwich	Pastrami on Rye with Grainy Mustard Aioli	* Beef & Lamb Gyro on Pita with Tzatziki Sauce	Chef Salad Ham Turkey Tomato Egg Cheese	Scrambled Eggs & Bacon	Sausage Link & Scrambled Eggs
Side	Pita	Sweet Potato Fries	Potato Salad	Caesar Salad	Scone	Pineapple Coleslaw	Homefried Potatoes & Fresh Fruit
Dessert	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts

Dinner

Appetizer	Red & Green Cabbage Salad	* Smoked Salmon Crostini	Shrimp with Cocktail Sauce	* Cranberry Spinach Salad	Vegetable Samosa	Caesar Salad	Tossed Salad
Entrée 1	Beef Meatloaf	* Spinach And Ricotta Cannelloni Garlic Bread	Beef Pot Pie	Lemongrass Pork Steak	Fish n' Chips Tartar Sauce	Pork Tenderloin w/Robert Sauce	Braised Boneless Beef Short Ribs
Side	Roasted Potatoes	0	Roasted Sweet Potatoes	Steamed Rice	Creamy Coleslaw	O'Brien Potatoes	Chive Mashed Potatoes
Entrée 2	Haddock with Pimento Hollandaise Sauce	Texas Slow Roast Pork Butt au Jus	Pesto Crusted Chicken Breast with Tomato Basil Sauce	Shrimp & Vegetable Stir Fry	* Swiss Steak Smoked Tomato Ragout	Creamy Dijon Chicken Breast	New Orleans Style Cajun Basa Filet with Red Cabbage Slaw
Side	Steamed Rice	Scalloped Potatoes	Roasted Sweet Potatoes	Steamed Rice		O'Brien Potatoes	Mashed Potatoes
Vegetable	Yellow Waxed Beans	Brussels Sprouts	* Spinach	Stir Fry Vegetables		Roasted Candied Carrots	* Seasoned Beets
Vegetable	* Seasoned Broccoli	*Cauliflower	* Green Beans Almondine	0	Sauteed Red & Yellow Peppers	Asparagus	Balsamic Soy Galzed Mushrooms
Dessert	* Cherry Pie	Orange Cake with Frosting	Lemon Cream Cake	Blueberry Crumble	Black Forest Cake	Red Velvet Cake	Assorted Desserts

* Menu item contains a Superfood.



Choose Superfoods more often for optimal health

Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea