



INSPIRED SENIOR LIVING

February 2026

The Concorde



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Go4Life Walking (LOB) 1</p> <p>10:30 Roll O' Trump (AR)</p> <p>1:45 Gospel Song Recordings (AR)</p> <p>2:00 Yearning for Yarn Club (L)</p> <p>3:00 Sunday Funday - Shuffleboard Bowling (L)</p> <p>6:30 Sunday Night Movie - What to Expect When You're Expecting (LOB)</p>	<p>Go4Life Walking (LOB) 2</p> <p>National Groundhog Day!</p> <p>9:30 Chair Fitness Exercise via Video (AR)</p> <p>1:30 Afternoon Games - Crokinole, Uno, Crib, Jenga, etc. (L)</p> <p>2:00 Meet me at the Moma (AR)</p> <p>3:00 Pet Therapy Dog Visit (HWY)</p> <p>6:00 Euchre (Card Game) (AR)</p>	<p>Go4Life Walking (LOB) 3</p> <p>National Carrot Cake Day!</p> <p>9:00 Men's Coffee Group (L)</p> <p>10:30 Fit Minds (AR)</p> <p>1:30 Java Music Club (AR)</p> <p>2:00 Yearning for Yarn Club (L)</p> <p>3:00 Afternoon Games - Resident's Choice (AR)</p>	<p>Go4Life Walking (LOB) 4</p> <p>9:30 Gentle Stretch Exercise w/ Manpreet (AR)</p> <p>10:30 Roll O' Trump (AR)</p> <p>11:00 Lunch Outing - Shades on Main (OUT!)</p> <p>2:00 Bingo! (AR)</p> <p>3:15 Story telling w/ Colleen (AR)</p> <p>6:00 Evening Game Night (L)</p>	<p>Go4Life Walking (LOB) 5</p> <p>9:00 Shopping Shuttle *Sign Up (LOB)</p> <p>1:30 Bible Study (AR)</p> <p>2:00 Shuffleboard! (L)</p> <p>2:30 Yoga via Video (AR)</p> <p>3:30 Afternoon Comedy Series: Man on the Inside! (LOB)</p>	<p>Go4Life Walking (LOB) 6</p> <p>Winter Olympics Open! (BW)</p> <p>Living Loving Local featuring Beet</p> <p>9:30 Drumfit Cardio (AR)</p> <p>10:00 Yearning for Yarn Club (L)</p> <p>10:30 Mind Games: Jeopardy (AR)</p> <p>11:00 Olympic Torch Lighting Ceremony! (AR)</p> <p>11:30 Friday Mingle Lunch (BAC)</p> <p>2:00 Music with Evan Symons (L)</p> <p>3:00 Happy Hour in the Lounge (L)</p>	<p>Go4Life Walking (LOB) 7</p> <p>9:30 Gentle Stretch Exercise w/ Manpreet (AR)</p> <p>10:15 Olympic Bowling Competition (AR)</p> <p>10:15 Nails by Bella (L)</p> <p>10:30 Activity Booklet (Word Search & Crossword) (HWY)</p> <p>2:00 Bingo! (AR)</p> <p>3:30 I Love Lucy (LOB)</p> <p>6:00 Evening Game Night (L)</p>
<p>Go4Life Walking (LOB) 8</p> <p>Super Bowl Sunday! (BW)</p> <p>10:30 Roll O' Trump (AR)</p> <p>1:45 Gospel Song Recordings (AR)</p> <p>2:00 Yearning for Yarn Club (L)</p> <p>3:00 Sunday Funday - Kings In The Corner (Card Game) (AR)</p> <p>6:30 Sunday Night Movie - The Vow (LOB)</p>	<p>Go4Life Walking (LOB) 9</p> <p>National Italian Pizza Day</p> <p>9:30 Chair Fitness Exercise via Video (AR)</p> <p>10:15 Scotties Cornish Curling! Season Kickoff (AR)</p> <p>1:30 Afternoon Games - Crokinole, Uno, Crib, Jenga, etc. (L)</p> <p>2:00 Meet me at the Moma (AR)</p> <p>3:00 Pet Therapy Dog Visit (HWY)</p> <p>6:00 Euchre (Card Game) (AR)</p>	<p>Go4Life Walking (LOB) 10</p> <p>9:00 Men's Coffee Group (L)</p> <p>10:30 Fit Minds (AR)</p> <p>2:00 Resident Forum with Managers (AR)</p> <p>2:30 Yearning for Yarn Club (L)</p> <p>3:30 Olympic Bouncing Basket Ball Competition (AR)</p>	<p>Go4Life Walking (LOB) 11</p> <p>9:30 Gentle Stretch Exercise w/ Manpreet (AR)</p> <p>10:30 Roll O' Trump (AR)</p> <p>2:00 Bingo! (AR)</p> <p>3:15 Story telling w/ Colleen (AR)</p> <p>6:00 Evening Game Night (L)</p>	<p>Go4Life Walking (LOB) 12</p> <p>9:00 Shopping Shuttle *Sign Up (LOB)</p> <p>1:30 Bible Study (AR)</p> <p>2:00 Shuffleboard! (L)</p> <p>2:30 Yoga via Video (AR)</p> <p>3:30 Afternoon Comedy Series: Man on the Inside! (LOB)</p>	<p>Go4Life Walking (LOB) 13</p> <p>Palentine's Day! A celebration of the love and appreciation for friends. (C)</p> <p>9:30 Drumfit Cardio (AR)</p> <p>10:00 Yearning for Yarn Club (L)</p> <p>10:30 Mind Games: Jeopardy (AR)</p> <p>11:30 Friday Mingle Lunch (BAC)</p> <p>2:00 Music with Kyle Anderson (L)</p> <p>3:00 Palentine's Day - Celebrate Happy Hour with a Ice Cream Soda Float (L)</p>	<p>Go4Life Walking (LOB) 14</p> <p>Valentine's Day! (C)</p> <p>Valentine Dinner at 4:30 PM (DR)</p> <p>9:30 Gentle Stretch Exercise w/ Manpreet (AR)</p> <p>10:15 Nails by Bella (L)</p> <p>10:30 Activity Booklet (Word Search & Crossword) (HWY)</p> <p>2:00 Bingo! (AR)</p> <p>3:15 Afternoon Valentine Tea (LOB)</p> <p>3:30 I Love Lucy (LOB)</p> <p>6:00 Evening Game Night (L)</p>
<p>Go4Life Walking (LOB) 15</p> <p>10:30 Roll O' Trump (AR)</p> <p>1:45 Gospel Song Recordings (AR)</p> <p>2:00 Yearning for Yarn Club (L)</p> <p>3:00 Sunday Funday - JENGA! (AR)</p> <p>6:30 Sunday Night Movie - The Bounty Hunter (LOB)</p>	<p>Go4Life Walking (LOB) 16</p> <p>Family Day !</p> <p>10:30 Family Day - No Curling Today</p> <p>1:30 Afternoon Games - Crokinole, Uno, Crib, Jenga, etc. (L)</p> <p>3:00 Pet Therapy Dog Visit (HWY)</p> <p>6:00 Euchre (Card Game) (AR)</p>	<p>Go4Life Walking (LOB) 17</p> <p>Chinese New Year!</p> <p>Chinese Dinner at 4:30 PM</p> <p>9:00 Men's Coffee Group (L)</p> <p>10:30 Fit Minds (AR)</p> <p>1:30 Java Music Club (AR)</p> <p>2:00 Yearning for Yarn Club (L)</p> <p>3:00 Chinese Green Tea Special with Fortune Game (LOB)</p> <p>3:00 Afternoon Games - Resident's Choice (AR)</p>	<p>Go4Life Walking (LOB) 18</p> <p>National Drink Wine Day!</p> <p>9:30 Gentle Stretch Exercise w/ Manpreet (AR)</p> <p>10:30 Roll O' Trump (AR)</p> <p>2:00 Bingo! (AR)</p> <p>3:00 Sangria Happy Hour (LOB)</p> <p>6:00 Evening Game Night (L)</p>	<p>Go4Life Walking (LOB) 19</p> <p>9:00 Shopping Shuttle *Sign Up (LOB)</p> <p>1:30 Bible Study (AR)</p> <p>2:00 Shuffleboard! (L)</p> <p>2:30 Yoga via Video (AR)</p> <p>3:30 Afternoon Comedy Series: Man on the Inside! (LOB)</p>	<p>Go4Life Walking (LOB) 20</p> <p>National Comfy Day! P'J Day</p> <p>National Muffin Day (CK)</p> <p>9:30 Drumfit Cardio (AR)</p> <p>10:00 Yearning for Yarn Club (L)</p> <p>10:30 Mind Games: Jeopardy (AR)</p> <p>11:30 Friday Mingle Lunch (BAC)</p> <p>2:00 Music with Sue Wolf (L)</p> <p>3:00 Happy Hour in the Lounge (L)</p>	<p>Go4Life Walking (LOB) 21</p> <p>9:30 Gentle Stretch Exercise w/ Manpreet (AR)</p> <p>10:15 Olympic Ice Hockey Competition (AR)</p> <p>10:15 Nails by Bella (L)</p> <p>10:30 Activity Booklet (Word Search & Crossword) (HWY)</p> <p>2:00 Bingo! (AR)</p> <p>3:30 I Love Lucy (LOB)</p> <p>6:00 Evening Game Night (L)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Go4Life Walking (LOB) 22</p> <p>Winter Olympics Close! (BW)</p> <p>10:30 Roll O' Trump (AR)</p> <p>1:45 Gospel Song Recordings (AR)</p> <p>2:00 Yearning for Yarn Club (L)</p> <p>3:00 Olympic Horse Racing Competition! (AR)</p> <p>6:30 Sunday Night Movie - The Greatest Showman (LOB)</p>	<p>Go4Life Walking (LOB) 23</p> <p>9:30 Chair Fitness Exercise via Video (AR)</p> <p>10:15 Scotties Cornish Curling! (AR)</p> <p>1:30 Afternoon Games - Crokinole, Uno, Crib, Jenga, etc. (L)</p> <p>2:00 Meet me at the Moma - Stemless Wine Glass Painting - Sign up required (AR)</p> <p>3:00 Pet Therapy Dog Visit (L)</p> <p>6:00 Euchre (Card Game) (AR)</p>	<p>Go4Life Walking (LOB) 24</p> <p>9:00 Men's Coffee Group (L)</p> <p>10:30 Fit Minds (AR)</p> <p>1:00 Yearning for Yarn Club (L)</p> <p>2:00 Newcomers Meet & Greet (L)</p> <p>3:00 Concorde Olympic Medal Presentations (AR)</p> <p>3:00 Afternoon Games - Resident's Choice (AR)</p>	<p>Go4Life Walking (LOB) 25</p> <p>9:00 Hearing Life (AR)</p> <p>9:00 Hearing Life Presentation - Hearing Loss & Communicating with the Hearing Impaired. (AR)</p> <p>10:30 Roll O' Trump (AR)</p> <p>11:30 Lunch Outing (C)</p> <p>2:00 Bingo! (AR)</p> <p>3:15 Story telling w/ Colleen (AR)</p> <p>6:00 Evening Game Night (L)</p>	<p>Go4Life Walking (LOB) 26</p> <p>8:00 Pink Shirt Day - Anti-Bullying Day! (BW)</p> <p>9:00 Shopping Shuttle *Sign Up (LOB)</p> <p>1:30 Bible Study (AR)</p> <p>2:00 Church Knitting Group (residents are welcome to join!) (L)</p> <p>2:00 Shuffleboard! (L)</p> <p>2:00 Coffee & Chat Session with Staff (BIS)</p> <p>2:45 Yoga via Video (AR)</p> <p>3:30 Afternoon Comedy Series: Man on the Inside! (LOB)</p>	<p>Go4Life Walking (LOB) 27</p> <p>9:30 Drumfit Cardio (AR)</p> <p>10:00 Yearning for Yarn Club (L)</p> <p>10:30 Mind Games: Jeopardy (AR)</p> <p>11:30 Friday Mingle Lunch (BAC)</p> <p>2:00 Birthday Party and Music with Berry Beecroft (L)</p> <p>3:00 Happy Hour in the Lounge (L)</p>	<p>Go4Life Walking (LOB) 28</p> <p>National Floral Design Day! (CK)</p> <p>9:30 Gentle Stretch Exercise w/ Manpreet (AR)</p> <p>10:15 Floral Design Centrepiece (AR)</p> <p>10:15 Nails by Bella (L)</p> <p>10:30 Activity Booklet (Word Search & Crossword) (HWY)</p> <p>2:00 Bingo! (AR)</p> <p>3:30 I Love Lucy (LOB)</p> <p>6:00 Evening Game Night (L)</p>



Valentine's Day



Lunar New Year (Year of the Horse)

Calendar Legend

- Outing
- Special Program
- Cruise Week
- Living, Loving, Local
- Signature Program

Locations Legend

- Skaha Activity Room (AR)
- Piano Lounge (L)
- Lobby (LOB)
- Hallway (HWY)
- Building Wide (BW)
- Back Courtyard (BAC)
- Community (C)
- Country Kitchen (CK)
- outing (OUTI)
- Dining Room (DR)
- Bistro (BIS)