




INSPIRED SENIOR LIVING

June 2026

The Concorde



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Indigenous Peoples Day</p>	<p>8:30 Go4Life Walking (LOB) 1</p> <p>9:30 Chair Fitness Exercise via Video (AR)</p> <p>10:15 Movie : My Octopus Teacher (AR)</p> <p>1:30 Afternoon Games - Crokinole, Uno, Crib, Jenga, etc. (L)</p> <p>2:00 Meet me at the Moma (AR)</p> <p>6:00 Euchre (Card Game) (AR)</p>	<p>8:30 Go4Life Walking (LOB) 2</p> <p>9:00 Men's Coffee Group (L)</p> <p>9:30 Cycling Without Age - Sign up and Annual Waiver Req'd. Enjoy the sights of Skaha Lake! (OUT)</p> <p>10:30 Fit Minds (AR)</p> <p>1:30 Java Music Club – Where Songs Bring Us Together (AR)</p> <p>2:00 Yearning for Yarn Club (L)</p> <p>3:00 Afternoon Games - Resident's Choice (AR)</p>	<p>National Egg Day 3</p> <p>8:30 Go4Life Walking (LOB)</p> <p>9:30 Gentle Stretch Exercise w/ Manpreet (AR)</p> <p>10:30 Roll O' Trump (AR)</p> <p>2:00 Bingo! (AR)</p> <p>3:15 Indoor Walking & Chat w/ Colleen & Manpreet with Iced tea (AR)</p> <p>6:00 Evening Game Night (L)</p>	<p>8:30 Go4Life Walking (LOB) 4</p> <p>1:30 Bible Study (AR)</p> <p>2:00 Shuffleboard! (L)</p> <p>3:00 Puzzle Time (L)</p> <p>3:00 Gentle Chair Yoga by Manpreet (AR)</p> <p>3:30 Travel Vlog: Morocco (AR)</p>	<p>Living Loving Local featuring Strawberry 5</p> <p>8:30 Go4Life Walking (LOB)</p> <p>9:00 Shopping Shuttle *Sign Up (LOB)</p> <p>9:30 Drumfit Cardio (AR)</p> <p>10:00 Yearning for Yarn Club (L)</p> <p>10:30 Mind Games: Jeopardy (AR)</p> <p>11:30 Friday Picnic Lunch (BAC)</p> <p>2:00 Music with Candie Schmidt (L)</p> <p>3:00 Happy Hour in the Lounge (L)</p>	<p>BC Senior Week Start 6</p> <p>8:30 Go4Life Walking (LOB)</p> <p>9:30 Gentle Stretch Exercise via Video (AR)</p> <p>10:15 Nails by Bella (AR)</p> <p>10:30 Activity Booklet (Word Search & Crossword) (HWY)</p> <p>12:30 Trip for Attending Speaker Den Levitt, BC Senior Advocate (LOB)</p> <p>2:00 Bingo! (AR)</p> <p>3:30 I Love Lucy (AR)</p> <p>6:00 Evening Game Night (L)</p>
<p>Ice Cream Day 7</p> <p>8:30 Go4Life Walking (LOB)</p> <p>10:30 Roll O' Trump (AR)</p> <p>1:45 Gospel Song Recordings (AR)</p> <p>2:00 Yearning for Yarn Club (L)</p> <p>2:30 Ice Cream Social with Shawna (L)</p> <p>3:00 Sunday Funday - Shuffleboard Bowling (L)</p> <p>6:30 Sunday Night Movie : A Dog's Purpose (LOB)</p>	<p>8:30 Go4Life Walking (LOB) 8</p> <p>9:30 Chair Fitness Exercise via Video (AR)</p> <p>10:15 Documentry : Explore Sea Wolves in (Vancouver Island) in Spring (AR)</p> <p>1:30 Afternoon Games - Crokinole, Uno, Crib, Jenga, etc. (L)</p> <p>2:00 Meet me at the Moma (AR)</p> <p>6:00 Euchre (Card Game) (AR)</p>	<p>8:30 Go4Life Walking (LOB) 9</p> <p>9:00 Men's Coffee Group (L)</p> <p>9:30 Cycling Without Age - Sign up and Annual Waiver Req'd. Enjoy the sights of Skaha Lake! (OUT)</p> <p>10:30 Fit Minds (AR)</p> <p>2:00 Resident Forum & Fire Safety with Managers (AR)</p> <p>2:30 Yearning for Yarn Club (L)</p> <p>3:00 Java Music Club – Where Songs Bring Us Together (AR)</p>	<p>National Iced Tea Day 10</p> <p>8:30 Go4Life Walking (LOB)</p> <p>9:30 Gentle Stretch Exercise w/ Manpreet (AR)</p> <p>10:30 Roll O' Trump (AR)</p> <p>2:00 Bingo! (AR)</p> <p>3:15 Relaxing One-on-One Conversation with Iced Tea (AR)</p> <p>6:00 Evening Game Night (L)</p>	<p>8:30 Go4Life Walking (LOB) 11</p> <p>9:30 Outdoor Walking with Manpreet (OUR)</p> <p>1:30 Bible Study (AR)</p> <p>2:00 Shuffleboard! (L)</p> <p>3:00 Gentle Chair Yoga by Manpreet (AR)</p> <p>3:30 Travel Vlog: The Real Bali (LOB)</p>	<p>Senior's Day 12</p> <p>8:30 Go4Life Walking (LOB)</p> <p>9:30 Drumfit Cardio (AR)</p> <p>10:00 Yearning for Yarn Club (L)</p> <p>10:30 Mind Games: Jeopardy (AR)</p> <p>11:30 Friday Picnic Lunch (BAC)</p> <p>2:00 Music with Barry Beecroft Band (L)</p> <p>3:00 Happy Hour in the Lounge (L)</p>	<p>8:30 Go4Life Walking (LOB) 13</p> <p>9:00 Shopping Shuttle *Sign Up (LOB)</p> <p>9:30 Gentle Stretch Exercise w/ Video (AR)</p> <p>10:15 Nails by Bella (AR)</p> <p>10:30 Activity Booklet (Word Search & Crossword) (HWY)</p> <p>2:00 Bingo! (AR)</p> <p>3:30 I Love Lucy (AR)</p> <p>6:00 Evening Game Night (L)</p>
<p>8:30 Go4Life Walking (LOB) 14</p> <p>10:30 Roll O' Trump (AR)</p> <p>1:45 Gospel Song Recordings (AR)</p> <p>2:00 Yearning for Yarn Club (L)</p> <p>3:00 Sunday Funday - Uno Smackdown (AR)</p> <p>6:30 Sunday Night Movie : A Star is Born (with Bradley Cooper and Lady Gaga) (LOB)</p>	<p>8:30 Go4Life Walking (LOB) 15</p> <p>9:30 Chair Fitness Exercise via Video (AR)</p> <p>10:15 Documentry : Explore Sea Wolves in (Vancouver Island) in Summer (AR)</p> <p>1:30 Afternoon Games - Crokinole, Uno, Crib, Jenga, etc. (L)</p> <p>2:00 Meet me at the Moma (AR)</p> <p>6:00 Euchre (Card Game) (AR)</p>	<p>8:30 Go4Life Walking (LOB) 16</p> <p>9:00 Men's Coffee Group (L)</p> <p>9:30 Cycling Without Age - Sign up and Annual Waiver Req'd. Enjoy the sights of Skaha Lake! (OUT)</p> <p>10:30 Fit Minds (AR)</p> <p>1:30 Java Music Club – Where Songs Bring Us Together (AR)</p> <p>2:00 Yearning for Yarn Club (L)</p> <p>3:00 Afternoon Games - Resident's Choice (AR)</p>	<p>8:30 Go4Life Walking (LOB) 17</p> <p>9:30 Gentle Stretch Exercise w/ Manpreet (AR)</p> <p>10:30 Roll O' Trump (AR)</p> <p>11:00 Code Green (Full Building Evancuation Drill) (OUR)</p> <p>2:00 Bingo! (AR)</p> <p>3:15 Storytelling with Collen about Indigenous Culture Talk & Facts. (AR)</p> <p>6:00 Evening Game Night (L)</p>	<p>8:30 Go4Life Walking (LOB) 18</p> <p>1:30 Bible Study (AR)</p> <p>2:00 Shuffleboard! (L)</p> <p>3:00 Puzzle Time (L)</p> <p>3:00 Gentle Chair Yoga by Manpreet (AR)</p> <p>3:30 Travel Vlog: Dubai Aquarium & Underwater (LOB)</p>	<p>8:30 Go4Life Walking (LOB) 19</p> <p>9:30 Drumfit Cardio (AR)</p> <p>10:00 Yearning for Yarn Club (L)</p> <p>10:30 Mind Games: Jeopardy (AR)</p> <p>11:30 Father Day BBQ</p> <p>2:00 Music with Joe Crooner (L)</p> <p>3:00 Happy Hour in the Lounge (L)</p>	<p>8:30 Go4Life Walking (LOB) 20</p> <p>9:30 Gentle Stretch Exercise via Video (AR)</p> <p>10:15 Nails by Bella (AR)</p> <p>10:30 Activity Booklet (Word Search & Crossword) (HWY)</p> <p>2:00 Bingo! (AR)</p> <p>3:00 Father's Day Surprise (Only Mens) (L)</p> <p>3:30 I Love Lucy (AR)</p> <p>6:00 Evening Game Night (L)</p>





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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>BC Indigenous Day 21</p> <p>8:30 Go4Life Walking (LOB)</p> <p>10:30 Roll O' Trump (AR)</p> <p>1:30 Shopping Shuttle *Sign Up (LOB)</p> <p>1:45 Gospel Song Recordings (AR)</p> <p>2:00 Yearning for Yarn Club (L)</p> <p>6:30 Sunday Night Movie : Fatherhood (LOB)</p>	<p>8:30 Go4Life Walking (LOB) 22</p> <p>9:30 Chair Fitness Exercise via Video (AR)</p> <p>10:15 Documentry: Explore Sea Wolves in (Vancouver Island)in Fall (AR)</p> <p>1:30 Afternoon Games - Crokinole, Uno, Crib, Jenga, etc. (L)</p> <p>2:00 Meet me at the Moma (AR)</p> <p>6:00 Euchre (Card Game) (AR)</p>	<p>8:30 Go4Life Walking (LOB) 23</p> <p>9:00 Men's Coffee Group (L)</p> <p>9:30 Cycling Without Age - Sign up and Annual Waiver Req'd. Enjoy the sights of Skaha Lake! (OUT)</p> <p>10:30 Fit Minds (AR)</p> <p>1:30 Java Music Club – Where Songs Bring Us Together (AR)</p> <p>2:00 Yearning for Yarn Club (L)</p> <p>3:00 Afternoon Games - Resident's Choice (AR)</p>	<p>8:30 Go4Life Walking (LOB) 24</p> <p>9:00 Hearing Life (BIS)</p> <p>9:30 Gentle Stretch Excercise w/ Manpreet (AR)</p> <p>10:30 Roll O' Trump (AR)</p> <p>2:00 Bingo! (AR)</p> <p>3:15 Indoor Walking & Chat w/ Colleen & Manpreet (AR)</p> <p>6:00 Evening Game Night (L)</p>	<p>8:30 Go4Life Walking (LOB) 25</p> <p>10:00 Artful Enrichment (AR)</p> <p>1:30 Bible Study (AR)</p> <p>2:00 Shuffleboard! (L)</p> <p>2:00 Coffee & Chat Session with Staff (BIS)</p> <p>3:00 Gentle Chair Yoga by Manpreet (AR)</p> <p>3:30 Travel Vlog: Inside the Wettest City on the planet (LOB)</p> <p>6:00 The 80's Ladies in Concert!! (L)</p>	<p>8:30 Go4Life Walking (LOB) 26</p> <p>9:30 Drumfit Cardio (AR)</p> <p>10:00 Yearning for Yarn Club (L)</p> <p>10:30 Mind Games: Jeopardy (AR)</p> <p>11:30 Friday Picnic Lunch (BAC)</p> <p>2:00 Entertainment with Young at Heart Singers (L)</p> <p>3:00 Happy Hour & Sunshine Smoothie Time" ☀️ (L)</p>	<p>Elvis Day 27</p> <p>8:30 Go4Life Walking (LOB)</p> <p>10:00 Elvis Movie: Blue Hawaii (AR)</p> <p>10:15 Nails by Bella (AR)</p> <p>10:30 Activity Booklet (Word Search & Crossword) (HWY)</p> <p>2:00 Bingo! (AR)</p> <p>3:15 Elvis Movie: Jailhouse Rock (AR)</p> <p>6:00 Evening Game Night (L)</p>
<p>8:30 Go4Life Walking (LOB) 28</p> <p>10:30 Roll O' Trump (AR)</p> <p>1:45 Gospel Song Recordings (AR)</p> <p>2:00 Yearning for Yarn Club (L)</p> <p>3:00 Sunday Funday - Bouncing Basket Ball (AR)</p> <p>6:30 Sunday Night Movie: A Dog's Journey (LOB)</p>	<p>8:30 Go4Life Walking (LOB) 29</p> <p>9:30 Chair Fitness Exercise via Video (AR)</p> <p>10:15 Movie : Little Women (AR)</p> <p>1:30 Afternoon Games - Crokinole, Uno, Crib, Jenga, etc. (L)</p> <p>2:00 Meet me at the Moma (AR)</p> <p>6:00 Euchre (Card Game) (AR)</p>	<p>National Camera Day 30</p> <p>8:30 Go4Life Walking (LOB)</p> <p>9:00 Men's Coffee Group (L)</p> <p>9:30 Cycling Without Age - Sign up and Annual Waiver Req'd. Enjoy the sights of Skaha Lake! (OUT)</p> <p>10:30 Fit Minds (AR)</p> <p>1:30 Java Music Club – Where Songs Bring Us Together (AR)</p> <p>2:00 Yearning for Yarn Club (L)</p> <p>3:00 Sunny Patio Snapshot Session (OUR)</p>	 <p>Father's Day</p>		 <p>Senior's Month</p>	



Be Welcomed

Calendar Legend

Outing
 Special Program
 Cruise Week
 Living, Loving, Local
 Signature Program

Locations Legend

Skaha Activity Room (AR)
 Piano Lounge (L)
 Lobby (LOB)
 Out front (OUT)

Hallway (HWY)
 Back Courtyard (BAC)
 Outside (OUR)
 Bistro (BIS)