

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Location Keys</p> <p>Bistro B Bus Outing BO Country Kitchen CK Dining Room DR Gym G Library L Pool P Private Dining Room PDR The Lounge TL Theatre T</p>	<p>New Year's Day 1</p> <p>1:00 ☺ Women's Al-Anon Meeting [T]</p> <p>2:00 🎨 Meet Me At The MOMA Art Program - paint (resident run today) [CK]</p> <p>4:30 🍷 New Year's "Surf & Turf" Dinner - families invited (please sign up at reception) [DR]</p>	<p>8:00 🎨 The Heritage Art Group 8 am - 1 pm [CK]</p> <p>1:00 🎨 Food & Recreation Meeting [T]</p> <p>2:00 🎮 \$"Quarter Bingo" [CK]</p> <p>2:00 🚶 Go4Life Pool Walking [P]</p> <p>6:15 🎨 Bridge Club [L]</p> <p>6:30 ☺ Planet Earth Series: Disk 1 From Pole to Pole, Mountains, Fresh Water [T]</p>	<p>9:30 🎨 Sign Up for January's Activities [T]</p> <p>10:00 🎨 Christmas Take Down Party! (throughout the building)</p> <p>10:00 🎨 Spanish Lessons [PDR]</p> <p>1:00 🚶 Osteofit [T]</p> <p>2:30 🍷 Happy Hour with The Valley Gentlemen [B]</p> <p>6:30 🎮 Roll-O-Trump Game [TL]</p>	<p>8:00 🎨 Painting Group 8 - 1 pm [CK]</p> <p>9:30 🚶 Advanced Aquafit [P]</p> <p>10:00 🎨 Christmas take down continued! [TL]</p> <p>10:30 🚶 Fire Fighting Friday - see poster for details</p> <p>2:00 🚶 Go4Life Pool Walking [P]</p>	<p>9:30 🚶 Go4Life Walking Club - Resident Run [B]</p> <p>10:30 🍷 Men's Brunch *sign up* [CK]</p> <p>1:00 🎨 Crib Club - everyone welcome! [B]</p> <p>1:00 🚶 Shuttle Bus to Save-On-Foods *sign up* [BO]</p> <p>1:15 🚶 Shuttle Bus to Walmart *sign up* [BO]</p> <p>6:30 ☺ Saturday Night at the Movies: The Royal Orient Express [T]</p>
		<p>11:30 ☺ Catholic Communion [L]</p> <p>2:00 🎨 Let's Play Scrabble [L]</p>	<p>9:30 🚶 Advanced Aquafit [P]</p> <p>10:30 🚶 "Back Road Wanderers" Scenic Drive *Sign Up* [BO]</p> <p>1:00 🚶 Osteofit [T]</p> <p>2:00 🚶 Go4Life Pool Walking [P]</p> <p>2:30 🎨 Tai Chi with Yvonne - a gentle form of chair exercise that has many health benefits - everyone welcome! [T]</p> <p>3:30 🎨 Beginner Ukulele Lessons with Doug (6 week series: *sign up - instrument provided for use) [CK]</p> <p>7:00 🎮 Bingo! [CK]</p>	<p>10:00 🎨 Go4Life: Chair Class [G]</p> <p>10:30 ☺ Catholic Mass [L]</p> <p>1:00 ☺ Women's Al-Anon Meeting [T]</p> <p>2:00 🎨 Meet Me At The MOMA Art Program - lecture [CK]</p> <p>3:45 🎨 Trivia: Living Loving Local [B]</p> <p>6:30 🎮 Music Concert DVD Social [T]</p>	<p>8:00 🎨 The Heritage Art Group 8 am - 1 pm [CK]</p> <p>10:00 🍷 Sing for Your Life [T]</p> <p>1:30 ☺ Java Music [PDR]</p> <p>2:00 🎮 \$"Quarter Bingo" [CK]</p> <p>2:00 🚶 Go4Life Pool Walking [P]</p> <p>6:15 🎨 Bridge Club [L]</p> <p>6:30 ☺ Planet Earth Series: Disk 2 Caves, Deserts, Ice Worlds [T]</p>	<p>10:00 🚶 Go4Life Walking Club: bus to indoor track *sign up* [BO]</p> <p>10:00 🎨 Happy Hookers Meeting [CK]</p> <p>10:00 🎨 Spanish Lessons [PDR]</p> <p>1:00 🚶 Osteofit [T]</p> <p>2:30 🍷 Happy Hour with Old Time Fiddlers [B]</p>
<p>11:30 ☺ Catholic Communion [L]</p> <p>2:00 🎨 Let's Play Scrabble [L]</p>	<p>9:00 🚶 Foot Care Nurse here today by appointment 9am-3:30pm *sign up at reception*</p> <p>9:30 🚶 Advanced Aquafit [P]</p> <p>10:30 🚶 "Back Road Wanderers" Scenic Drive *Sign Up* [BO]</p> <p>1:00 🚶 Osteofit [T]</p> <p>2:00 🚶 Go4Life Pool Walking [P]</p> <p>2:30 🎨 Tai Chi with Yvonne - a gentle form of chair exercise that has many health benefits - everyone welcome! [T]</p> <p>3:30 🎨 Beginner Ukulele Lessons with Doug (6 week series: *sign up - instrument provided for use) [CK]</p> <p>3:30 🎨 Connect Hearing Clinic [B]</p> <p>7:00 🎮 Bingo! [CK]</p>	<p>10:00 🎨 Go4Life: Chair Class [G]</p> <p>10:30 ☺ Meet Me At The MOMA Art Program - paint [CK]</p> <p>1:00 ☺ Women's Al-Anon Meeting [T]</p> <p>2:30 🍷 Birthday Party with Steve J.</p>	<p>8:00 🎨 The Heritage Art Group 8 am - 1 pm [CK]</p> <p>10:00 🍷 Sing for Your Life [T]</p> <p>1:30 ☺ Java Music [PDR]</p> <p>2:00 🎮 \$"Quarter Bingo" [CK]</p> <p>2:00 🚶 Go4Life Pool Walking [P]</p> <p>6:15 🎨 Bridge Club [L]</p> <p>6:30 ☺ Planet Earth Series: Disk 3 Great Plains, Jungles, Shallow Seas [T]</p>	<p>10:00 🚶 Go4Life Walking Club: bus to indoor track *sign up* [BO]</p> <p>10:00 🎨 Spanish Lessons [PDR]</p> <p>1:00 🚶 Osteofit [T]</p> <p>2:30 🍷 Happy Hour with Tricia D. [B]</p>	<p>8:00 🎨 Painting Group 8 - 1 pm [CK]</p> <p>9:30 🚶 Advanced Aquafit [P]</p> <p>10:00 🚶 Shuttle Bus to Save-On-Foods *sign up* [BO]</p> <p>10:15 🚶 Shuttle Bus to Walmart *sign up* [BO]</p> <p>1:30 🎨 Canasta Game [T]</p> <p>2:00 🚶 Go4Life Pool Walking [P]</p>	<p>9:30 🚶 Go4Life Walking Club - Resident Run [B]</p> <p>1:00 🎨 Crib Club - everyone welcome! [B]</p> <p>6:30 ☺ Saturday Night at the Movies: Six Days & Seven Nights with Harrison Ford [T]</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>11:30 ☺ Catholic Communion [L]</p> <p>2:00 🎨 Let's Play Scrabble [L]</p>	<p>9:30 🚶 Advanced Aquafit [P]</p> <p>10:30 🚶 "Back Road Wanderers" Scenic Drive *Sign Up* [BO]</p> <p>1:00 🚶 Osteofit [T]</p> <p>2:00 🚶 Go4Life Pool Walking [P]</p> <p>2:30 🎨 Tai Chi with Yvonne - a gentle form of chair exercise that has many health benefits - everyone welcome! [T]</p> <p>3:30 🎨 Beginner Ukulele Lessons with Doug (6 week series: *sign up - instrument provided for use) [CK]</p> <p>7:00 🎮 Bingo! [CK]</p>	<p>10:00 🎨 Go4Life: Chair Class [G]</p> <p>1:00 ☺ Women's Al-Anon Meeting [T]</p> <p>2:00 🎨 Meet Me At The MOMA Art Program - lecture [CK]</p>	<p>8:00 🎨 The Heritage Art Group 8 am - 1 pm [CK]</p> <p>10:00 🍷 Sing for Your Life [T]</p> <p>1:30 ☺ Java Music [PDR]</p> <p>1:30 🎨 New Resident Welcome [T]</p> <p>2:00 🎮 \$"Quarter Bingo" [CK]</p> <p>2:00 🚶 Go4Life Pool Walking [P]</p> <p>2:30 🎨 Resident Meeting [T]</p> <p>6:15 🎨 Bridge Club [L]</p> <p>6:30 ☺ Planet Earth Series: Disk 4 Seasonal Forests, Ocean Deep [T]</p>	<p>10:00 🚶 Go4Life Walking Club: bus to indoor track *sign up* [BO]</p> <p>10:00 🎨 Spanish Lessons [PDR]</p> <p>1:00 🚶 Osteofit [T]</p> <p>2:30 🍷 Happy Hour with The Scottish Dancers Celebrating Robbie Burns Day - wear your tartan! [B]</p> <p>6:30 🎨 Ladies Spa Night with Kim [CK]</p>	<p>8:00 🎨 Painting Group 8 - 1 pm [CK]</p> <p>9:00 🚶 Foot Care Nurse here today by appointment 9am-3:30pm *sign up at reception*</p> <p>9:30 🚶 Advanced Aquafit [P]</p> <p>10:00 🚶 Shuttle Bus to Save-On-Foods *sign up* [BO]</p> <p>10:15 🚶 Shuttle Bus to Walmart *sign up* [BO]</p> <p>1:15 🎨 Okanagan Symphony - Open Dress (suggested \$10 donation at the door) *sign up* [BO]</p> <p>1:30 🎨 Canasta Game [T]</p> <p>2:00 🚶 Go4Life Pool Walking [P]</p> <p>7:00 🎨 Resident Council Meeting</p>	<p>9:30 🚶 Go4Life Walking Club - Resident Run [B]</p> <p>10:00 🎨 Crib Tournament (10-11:30 am & 1:30-3 pm) *sign up* [T]</p> <p>6:30 ☺ Saturday Night at the Movies: My Big Fat Greek Wedding [T]</p>
<p>11:30 ☺ Catholic Communion [L]</p> <p>2:00 🎨 Let's Play Scrabble [L]</p>	<p>9:30 🚶 Advanced Aquafit [P]</p> <p>10:30 🚶 "Back Road Wanderers" Scenic Drive *Sign Up* [BO]</p> <p>1:00 🚶 Osteofit [T]</p> <p>2:00 🚶 Go4Life Pool Walking [P]</p> <p>2:30 🎨 Tai Chi with Yvonne - a gentle form of chair exercise that has many health benefits - everyone welcome! [T]</p> <p>3:30 🎨 Beginner Ukulele Lessons with Doug (6 week series: *sign up - instrument provided for use) [CK]</p> <p>7:00 🎮 Bingo! [CK]</p>	<p>9:45 🚶 NexGen Hearing Clinic [B]</p> <p>10:00 🎨 Go4Life: Chair Class [G]</p> <p>10:45 🎨 Sign Up for Next Month's Activities [T]</p> <p>1:00 ☺ Women's Al-Anon Meeting [T]</p> <p>2:00 🎨 Meet Me At The MOMA Art Program - lecture [CK]</p> <p>3:45 🎨 Word Games [B]</p> <p>6:30 🎮 The Masters Three Gospel Group [B]</p>	<p>8:00 🎨 The Heritage Art Group 8 am - 1 pm [CK]</p> <p>10:00 🍷 Sing for Your Life [T]</p> <p>1:30 ☺ Java Music [PDR]</p> <p>2:00 🎮 \$"Quarter Bingo" [CK]</p> <p>2:00 🚶 Go4Life Pool Walking [P]</p> <p>6:15 🎨 Bridge Club [L]</p> <p>6:30 ☺ Planet Earth Series: Disk 5 Saving Species, Into the Wilderness, Living Together [T]</p>	<p>10:00 🚶 Go4Life Walking Club: bus to indoor track *sign up* [BO]</p> <p>10:00 🎨 Spanish Lessons [PDR]</p> <p>1:00 🚶 Osteofit [T]</p> <p>2:30 🍷 Happy Hour with The Accordion Club [B]</p> <p>6:30 🎨 Trivia Game [B]</p>	<p>☺ Emotional</p> <p>🎨 Intellectual</p> <p>🚶 Outing</p> <p>🎮 Physical</p> <p>🎨 Purposeful</p> <p>🍷 Social</p> <p>🎨 Spiritual</p> <p>🍷 Vendor</p>	<p>Location Keys</p> <p>Bistro B Bus Outing BO Country Kitchen CK Dining Room DR Gym G Library L Pool P Private Dining Room PDR The Lounge TL Theatre T</p>



Join us in celebrating Carrots during the month of January. Our feature dinner will be on Friday January 11th - families are welcome to join (sign up at reception).

