



Lunch

Week 6	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Corn Chowder	Chicken Noodle	Cream of Asparagus	* Tomato Rice	Beef Vegetable	Cream of Vegetable	* Minestrone Soup
Entrée 1	Pasta Salad with Italian Sausage Tomato & Arugula	Shaved Beef on Yorkshire Pudding au Jus	Monte Cristo Sandwich	Chicken Pot Pie With Puff Pastry Crust	Filet of Fish on Bun with Lettuce, Tomato & Tartar Sauce	* Egg Salad Sandwich	Crab Salad on Croissant
side	Garlic Bread	Spring Salad	Citrus Pasta Salad	Caesar Salad	Creamy Coleslaw	Caesar Salad	* Spinach Mandarin Orange Salad
Entrée 2	* Turkey Almond Salad Sandwich	* Turkey Almond Salad Sandwich	* Grilled Apple & Cheddar on Sourdough	* Salmon Salad Sandwich	Kale Crunch Power Bowl	Perogies with Bacon & Sour Cream	Vegetable Omelet
Side	Tossed Salad	Spring Salad	Dinner Roll	Caesar Salad	Pita	Caesar Salad	Homefried Potatoes & Fresh Fruit
Dessert	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts

Dinner

Appetizer	* Bruschetta	Soup of the day	* Guacamole with Taco Chips	Soup of the day	* Beet & Onion Salad	Soup of the day	Brie Pear and Honey Crostini
Entrée 1	Veal Marsala	Maui Pork Drummies Pineapple	Smoked Duck Breast & Pulled Duck Leg, Cherry Sauce	Meat Lasagna	Pineapple & Clove Glazed Ham	Texas Style Beef Brisket	Pesto Crusted Basa Filet Topped with Bruschetta Tomatoes
Side	Parslied Boiled Potatoes	Wild Rice Pilaf	Braised White Beans	Garlic Bread	Baked Potato & Sour Cream	Baked Potato & Sour Cream	Chive Mashed Potatoes
Entrée 2	BBQ Chicken Breast	* Pan Roasted Salmon Filet with a Lemon-Dill Yogurt	Pan Fried Beef Liver Bacon Fried Onions	Fish n' Chips Tartar Sauce	Stuffed Pepper	Chicken and Vegetable Kebob	Mild Jerk Pork Tenderloin with Mango Slaw
Side	Parslied Boiled Potatoes	Wild Rice Pilaf	Chive Mashed Potatoes	Creamy Coleslaw	Baked Potato & Sour Cream	Baked Potato & Sour Cream	Mashed Potatoes
Vegetable	Baked Squash	* Cauliflower	* Seasoned Broccoli	0	Buttered Corn	Steamed Cabbage Wedges	Sauteed Bok Choy
Vegetable	French Green Beans	Seasoned Peas	Sauteed Red Peppers	Asparagus	Zucchini	Baby Carrots	Baked Squash
Dessert	Strawberry Rhubarb Pie	Plums and Custard	Lemon Buttermilk Cake	* Peach Melba	* Warm Apple Crisp	Red Velvet Cake	Lemon Meringue Pie

* Menu item contains a Superfood.



Choose Superfoods more often for optimal health



Living Loving Local

Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea