



INSPIRED SENIOR LIVING

# January 2023

## The Richmond



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Theme of the Month: Be Inspired!</b> <b>New Years Day!</b> 2:00 Movie Matinee - Andre Rieu Live in New York (MT) 2:30 Weekend Bingo Run by You! (LL) 6:30 Movie Night - Andre Rieu Live in New York (MT)	<b>9:30 Go 4 Life Walking Club! (Ask Meagan for a Step Counter!) (LL)</b> 2:00 Movie Matinee - Marley & Me (MT) 6:30 Movie Night - Marley & Me (MT)	<b>National Trivia Day!</b> 10:30 Sit and Get Fit Exercise Class! (LL) <b>1:30 Trivia! (BB)</b> 2:00 Movie Matinee - Grace (MT) 3:00 Scrabble and other games! (2K) 6:30 Movie Matinee - Grace (MT)	10:30 Fit Minds! (LL) <b>1:30 Outing- Talize Thift Store!* (OUT)</b> 2:00 Movie Matinee - Senior Star (MT) 3:30 25 Greatest Natural Wonders of the World- Travelogue! (MT) 6:30 Card Game on 2nd Floor Lounge - Various card games and puzzles available in Lounges on the 2nd & 3rd Floor (2K) 6:30 Movie Night - Senior Star (MT)	10:30 Sit and Get Fit Exercise Class! (LL) <b>1:30 SMART Exercise Class for Seniors by VON! (LL)</b> 2:00 Movie Matinee - The Impossible Elephant! (MT) 2:15 Hot Chocolate Social before Java Music! (LL) <b>2:30 Java Music Club (LL)</b> 6:30 Movie Night - The Impossible Elephant! (MT)	<b>9:30 Go 4 Life Walking Club! (Ask Meagan for a Step Counter!) (LL)</b> 10:30 Crossword with a Twist Game! (BB) 2:00 Movie Matinee - At First Sight (MT) 2:30 Bingo! (25¢ each card) (LL) 6:30 Movie Night - At First Sight (MT)	1:30 Colouring Station In the Bistro! (BB) 2:00 Movie Matinee - The Pink Panther (MT) 6:30 Movie Night - The Pink Panther (MT)
2:00 Movie Matinee - The Love Bug (MT) 2:30 Weekend Bingo Run by You! (LL) 6:30 Movie Night - The Love Bug (MT)	<b>9:30 Go 4 Life Walking Club! (Ask Meagan for a Step Counter!) (LL)</b> 10:45 Town Hall Meeting! (BB) 2:00 Bingo! (25¢ each card) (LL) 2:00 Movie Matinee - The Wizard of Oz (MT) <b>4:00 Making Blankets for the Humane Society! (LL)</b> 6:30 Movie Night - The Wizard of Oz (MT)	10:30 Sit and Get Fit Exercise Class! (LL) 1:30 Cat Toy Craft! Artful Enrichment- Donating to the Humane Society (LL) 2:00 Movie Matinee - From Above (MT) <b>2:30 Birthday Party Celebration With Andy Forgie! (Live Music) (LL)</b> 4:00 Scrabble and other games! (2K) 6:30 Movie Matinee - From Above (MT)	10:30 Fit Minds! (LL) <b>1:30 Animal Visits from the Humane Society! (LL)</b> 2:00 Movie Matinee - The Best of Dean and His Friends (MT) 6:30 Card Game on 2nd Floor Lounge - Various card games and puzzles available in Lounges on the 2nd & 3rd Floor (2K) 6:30 Movie Night - The Best of Dean & His Friends (MT)	10:30 Sit and Get Fit Exercise Class! (LL) <b>1:30 SMART Exercise Class for Seniors by VON! (LL)</b> 2:00 Movie Matinee - Breathless (MT) <b>2:30 Musical Entertainment: Songs with Brian and Marg! (LL)</b> 6:30 Movie Night - Breathless (MT)	<b>9:30 Go 4 Life Walking Club! (Ask Meagan for a Step Counter!) (LL)</b> 10:30 Crossword with a Twist Game! (BB) 2:00 Bingo! (25¢ each card) (LL) 2:00 Movie Matinee - Back Home (MT) 6:30 Movie Night - Back Home (MT)	1:30 Colouring Station In the Bistro! (BB) 2:00 Movie Matinee - A Burlesque on Carmen (MT) 6:30 Movie Night - A Burlesque on Carmen (MT)
<b>National Hat Day: Wear Your Best Hat!</b> 2:00 Movie Matinee - Big Jim McLain (MT) 2:30 Weekend Bingo Run by You! (LL) 6:30 Movie Night - Big Jim McClain (MT)	<b>9:30 Go 4 Life Walking Club! (Ask Meagan for a Step Counter!) (LL)</b> 2:00 Movie Matinee - Under Suspicion (MT) 2:30 Classic Country Music with Jay Middleton! (live musical entertainment) (LL) <b>4:00 Making Blankets for the Humane Society! (LL)</b> 6:30 Movie Night - Under Suspicion (MT)	<b>2:00 Chapel Service (Holy Rosary) (CH)</b> 2:00 Movie Matinee - The Champ (MT) 6:30 Movie Matinee - The Champ (MT)	10:30 Fit Minds! (LL) <b>1:30 Birthday Cake in the Bistro! (BB)</b> <b>2:00 Outing- Quinte Mall!* (OUT)</b> 2:00 Movie Matinee - Exodus: Gods and Kings (MT) 6:30 Card Game on 2nd Floor Lounge - Various card games and puzzles available in Lounges on the 2nd & 3rd Floor (2K) 6:30 Movie Night - Exodus : Gods and Kings (MT)	10:30 Sit and Get Fit Exercise Class! (LL) <b>1:30 SMART Exercise Class for Seniors by VON! (LL)</b> 2:00 Movie Matinee - Leap Year (MT) 6:30 Movie Night - Leap Year (MT)	<b>9:30 Go 4 Life Walking Club! (Ask Meagan for a Step Counter!) (LL)</b> 10:30 Crossword with a Twist Game! (BB) 2:00 Bingo! (25¢ each card) (LL) 2:00 Movie Matinee - Gone with the Wind (MT) 3:45 30 Greatest Man Made Wonders of the World!- Travelogue (MT) 6:30 Movie Night - Gone with the Wind (MT)	1:30 Colouring Station In the Bistro! (BB) 2:00 Movie Matinee - Roman Holiday (MT) 6:30 Movie Night - Roman Holiday (MT)





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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>Chinese New Year! 22</b></p> <p>2:00 Movie Matinee - Father of the Bride (MT)</p> <p>2:30 Weekend Bingo Run by You! (LL)</p> <p>6:30 Movie Night - Father of The Bride (MT)</p>	<p>9:30 Go 4 Life Walking Club! (Ask Meagan for a Step Counter!) (LL) <b>23</b></p> <p>11:00 Trivia! (BB)</p> <p>2:00 Bingo! (25¢ each card) (LL)</p> <p>2:00 Movie Matinee - Runaway Bride (MT)</p> <p>4:00 Making Blankets for the Humane Society! (LL)</p> <p>6:30 Movie Night - Runaway Bride (MT)</p>	<p>10:30 Sit and Get Fit Exercise Class! (LL) <b>24</b></p> <p>2:00 Yoga With Murali! (LL)</p> <p>2:00 Movie Matinee - Little House on the Prairie Special (MT)</p> <p>3:00 Hot Chocolate Social before Java Music! (LL)</p> <p>3:15 Java Music Club (LL)</p> <p>6:30 Movie Matinee - Little House on the Prairie Special (MT)</p>	<p><b>Robbie Burns Day!</b></p> <p>10:30 Fit Minds! (LL) <b>25</b></p> <p>1:30 Outing- Donini Chocolates* (OUT)</p> <p>2:00 Movie Matinee - Groundhog Day (MT)</p> <p>3:30 Scrabble and other games! (2K)</p> <p>6:30 Card Game on 2nd Floor Lounge - Various card games and puzzles available in Lounges on the 2nd &amp; 3rd Floor (2K)</p> <p>6:30 Movie Night - Groundhog Day (MT)</p>	<p>10:30 Sit and Get Fit Exercise Class! (LL) <b>26</b></p> <p>1:30 SMART Exercise Class for Seniors by VON! (LL)</p> <p>2:00 Movie Matinee - The Beauty and the Beast (MT)</p> <p>2:30 Dance Class for all levels of mobility!- Quinte School Of Dance (LL)</p> <p>6:30 Movie Night - The Beauty and the Beast (MT)</p>	<p>National Chocolate Cake Day! <b>27</b></p> <p>9:30 Go 4 Life Walking Club! (Ask Meagan for a Step Counter!) (LL)</p> <p>10:30 Crossword with a Twist Game! (BB)</p> <p>2:00 Bingo! (25¢ each card) (LL)</p> <p>2:00 Movie Matinee - Marie Antoinette (MT)</p> <p>6:30 Movie Night - Marie Antoinette (MT)</p>	<p>1:30 Colouring Station In the Bistro! (BB) <b>28</b></p> <p>2:00 Movie Matinee - The Other Boleyn Girl (MT)</p> <p>6:30 Movie Night - The Other Boleyn Girl (MT)</p>	
<p>2:00 Movie Matinee - Out to Sea (MT) <b>29</b></p> <p>2:30 Weekend Bingo Run by You! (LL)</p> <p>6:30 Movie Night - Out to Sea (MT)</p>	<p>9:30 Go 4 Life Walking Club! (Ask Meagan for a Step Counter!) (LL) <b>30</b></p> <p>11:00 Trivia! (BB)</p> <p>2:00 Bingo! (25¢ each card) (LL)</p> <p>2:00 Movie Matinee - He's just not into you (MT)</p> <p>4:00 Making Blankets for the Humane Society! (LL)</p> <p>6:30 Movie Night - He's just not that into you (MT)</p>	<p>10:30 Sit and Get Fit Exercise Class! (LL) <b>31</b></p> <p>1:30 Artful Enrichment! (LL)</p> <p>2:00 Movie Matinee - An Affair to Remember (MT)</p> <p>3:00 Horse Race Game! (Bring your dimes and place your bets!) (LL)</p> <p>3:45 Canada Documentary- Geography, History, Attractions! (MT)</p> <p>6:30 Movie Matinee - An Affair to Remember (MT)</p>				<p><u><a href="#">Note From Meagan</a></u></p> <p><b>Happy New Year! Welcome to 2023!</b></p> <p>Looking forward to a great January and year ahead! Please keep a close eye on the calendar for any special events such as Music, Yoga, Dance Class &amp; Celebrations! We will be holding a Birthday Celebration on January 10th to celebrate all the December and January Birthdays, all are welcome to join in on the celebration!!</p> <p>As always, sign up at the front desk ahead of time for any outings! Calendar is subject to change- please check the <u><a href="#">daily calendars</a></u> posted in and outside of the elevator for changes</p>	



Calendar Legend

Outing

Special Program

Sign up Required \*

Theme Day

Signature Program

Locations Legend

Movie Theatre (2nd Floor) (MT)

Lower Level (LL)

Bar & Bistro (BB)

2nd Floor Kitchenette (2K)

Outing (OUT)

Chapel (First Floor) (CH)



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