

Cruise Week Itinerary

March 21 - 27

The Richmond Retirement Residence



INSPIRED
SENIOR LIVING



INSPIRED SENIOR LIVING WITH 

Thursday 21	Friday 22	Saturday 23	Sunday 24	Monday 25	Tuesday 26	Wednesday 27
<p>Cruise Week: Explore the Mediterranean!! Today we are stopping in Spain</p> <p>9:00 Pick up your Travel Info Sheet and daily activity itinerary at Reception (REC)</p> <p>9:30 Sit and Get Fit Exercise (LL)</p> <p>10:00 Therapy Dog visit with Pepper and Lynda (AF)</p> <p>10:15 CRUISE WEEK: Welcome Aboard Silly Safety Drill (BB)</p> <p>2:30 Spanish Flamenco Dance Performance By Lesley Daly (LL)</p> <p>3:00 Cruise Week: Red Sangria Cocktail Hour (LL)</p> <p>6:30 Armchair Travel: Spain (MT)</p>	<p>Cruise Week: Explore the Mediterranean!! Today we are stopping in Italy</p> <p>9:00 Pick up your Travel Info Sheet and daily activity itinerary at Reception (REC)</p> <p>9:30 Go 4 Life Walking Club! with Erica (REC)</p> <p>10:30 Pack a suitcase competition Residents and Staff (BB)</p> <p>11:00 Name that pasta Shape (BB)</p> <p>2:00 Bingo! (25¢ each card) in Italy (LL)</p> <p>3:30 Leaning tower games while enjoying Prosecco and peach juice (BB)</p> <p>6:30 Armchair Travel: Italy (MT)</p>	<p>Cruise Week: Explore the Mediterranean!! Cruising the Mediterranean Open House Stopping in Morocco</p> <p>9:00 Pick up your Travel Info Sheet and daily activity itinerary at Reception (REC)</p> <p>10:00 Therapy Dog visit with Cindy and Sully (AF)</p> <p>10:00 Mint tea and Moroccan pancakes (BB)</p> <p>1:00 Make your own Moroccan Glass (2K)</p> <p>1:00 City Walk: Marrakesh Market (MT)</p> <p>2:00 Performance by the Firelight Belly Dancers (DR)</p> <p>2:00 Mojito Bar (DR)</p> <p>6:30 Armchair Travel: Morocco (MT)</p>	<p>Cruise Week: Explore the Mediterranean!! Today we are stopping in Turkiye</p> <p>9:00 Pick up your Travel Info Sheet and daily activity itinerary at Reception (REC)</p> <p>10:00 Turkish Coffee bar and Strukil (BB)</p> <p>10:00 A "Wishing Tree" or "Nahil", is an old Turkish tradition associated with the ritual of making wishes. These "trees" were believed to bring joy and prosperity (REC)</p> <p>1:00 Creations by Kathleen: Jewelry and Clothing (BB)</p> <p>1:00 Evil eye craft kit (REC)</p> <p>3:00 City walk: Hot air Balloons (MT)</p> <p>7:00 Armchair Travel: Turkiye (MT)</p>	<p>Cruise Week: Explore the Mediterranean!! Today we are stopping in Greece</p> <p>9:00 Pick up your Travel Info Sheet and daily activity itinerary at Reception (REC)</p> <p>9:30 Go 4 Life Walking Club! with Erica (REC)</p> <p>10:00 Ancient Greece Olympic games (LL)</p> <p>2:00 Bingo! (25¢ each card) in Greece (LL)</p> <p>3:30 Greek mythology trivia social (BB)</p> <p>3:30 Mulled wine tasting (BB)</p> <p>6:30 Movie Night: My big Fat Greek Wedding (MT)</p>	<p>Cruise Week: Explore the Mediterranean!! Today we are stopping in Croatia</p> <p>9:00 Pick up your Travel Info Sheet and daily activity itinerary at Reception (REC)</p> <p>9:30 Sit and Get Fit Exercise (LL)</p> <p>10:00 Meditation (LL)</p> <p>10:30 Artful Enrichment: Painting and Stringing clay Beads (LL)</p> <p>11:15 Breath and Stretch before Lunch (BB)</p> <p>2:30 Indoor Beach Party! Pretend we are on the Beautiful beaches of Croatia (LL)</p> <p>3:00 Cruise Week: Staff vs Residents Beach Balloon Volleyball (LL)</p> <p>6:30 Armchair Travel: Croatia (MT)</p>	<p>Cruise Week: Explore the Mediterranean!! Last day of travel. Today we visit France</p> <p>9:00 Pick up your Travel Info Sheet and daily activity itinerary at Reception (REC)</p> <p>9:30 Go 4 Life Walking Club! with Erica (REC)</p> <p>10:30 Chef Demo Crepes Suzette (BB)</p> <p>1:00 Tuck Cart Open (BB)</p> <p>1:30 Get Your Caricature Drawn (BB)</p> <p>2:00 Tour of the Eiffel Tower and South of France (MT)</p> <p>2:30 Come and sit at a French bistro. Enjoy a glass of wine and finger sandwiches (BB)</p> <p>6:30 Armchair Travel: France (MT)</p>