



INSPIRED SENIOR LIVING

# June 2023

## The Roxborough Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h3>Celebrating Senior's Month</h3>						
<p><b>4</b></p> <p>New Puzzles at Reception! (ML)</p> <p>9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T)</p> <p>10:00 Receive the Eucharist (T)</p> <p>2:00 Bridge (C)</p> <p>2:00 Afternoon Sports Movie - Moneyball (T)</p> <p>2:00 Patio Coffee &amp; Puzzles (P)</p> <p>3:00 Snooker (B)</p> <p>6:30 Cards &amp; Games (C)</p> <p>7:00 Summer Movies - Endless Love (2014) (T)</p>	<p><b>5</b></p> <p>9:30 Morning Meditation (MP)</p> <p>10:00 Chair Yoga with Lori (MP)</p> <p>10:30 Wii Bowling (T)</p> <p>11:00 Go4Life Walking Club (DL)</p> <p>1:30 Bridge (C)</p> <p>1:30 Knotty Knitters Group (DL)</p> <p>3:00 St. John Therapy Dog Visit with Laura and Aerial (DL)</p> <p>3:00 Lianne Harris Presents "Beijing: Secrets from a Forbidden City" (T)</p> <p>6:30 Bid Euchre Night (C)</p> <p>7:00 Toronto Blue Jays vs. Huston Astro's (T)</p>	<p><b>6</b></p> <p>10:00 Drum Fit Exercise (MP)</p> <p>10:00 Java Music: Welcome New Members! (RB)</p> <p>10:30 Patio Game: Horse Shoes and Muffins (P)</p> <p>11:00 Computer Help (ISA)</p> <p>1:30 Outing: Upper Canada Mall (ML)</p> <p>2:00 Live Artfull Workshop: Daffodil (MP)</p> <p>3:15 Toonie Bingo (MP)</p> <p>6:30 Cribbage Night (C)</p> <p>7:00 Comedy Movie Night - Sam And Kate (T)</p>	<p><b>7</b></p> <p>Tuck Shop Open: 12:30-1:30pm (TS)</p> <p>Beautiful You Hair &amp; Esthetics (HS)</p> <p>10:00 Virtual Field Trip: Native American Stories (T)</p> <p>10:45 Fitness Class with Zorina (MP)</p> <p>1:30 Go4Life Walking Club (DL)</p> <p>1:30 Bid Euchre (C)</p> <p>2:00 St. Pauls Anglican Church Service In-Person (T)</p> <p>3:00 Disco Party with Entertainment by Filipa Sousa (RB)</p> <p>7:00 Bridge Night (C)</p> <p>7:00 Sip And Paint Night With Lori (MP)</p> <p>7:00 Action Movie Night - Kangaroo Jack (T)</p>	<p><b>8</b></p> <p>9:30 Morning Meditation (MP)</p> <p>10:00 Chair Yoga with Lori (MP)</p> <p>10:30 Wii Bowling (T)</p> <p>10:30 Creative Colouring with Lori (MP)</p> <p>10:30 Patio Game: Bean Bag Toss and Coffee (P)</p> <p>1:30 Go4Life Walking Club (DL)</p> <p>2:00 Fit Minds Program (RB)</p> <p>2:00 Meet me at the MOMA Lecture - Emil Nolde (T)</p> <p>3:00 Seniors Month Wine and Cheese Social (RB)</p> <p>6:45 Poker Night- Free (MP)</p> <p>7:00 Musical Movie Night - Andre Rieu (T)</p>	<p><b>9</b></p> <p>Beautiful You Hair &amp; Esthetics (HS)</p> <p>Wear Blue for Men's Health (BW)</p> <p>10:00 Drum Fit Exercise (MP)</p> <p>10:30 Ted Talk "Healthier Men: One Moustache at A Time" (T)</p> <p>1:30 Bridge (C)</p> <p>1:30 Toonie Bingo (MP)</p> <p>3:00 Roxy Hour- 2 v 2 Shuffleboard (RB)</p> <p>6:30 Bid Euchre Night (C)</p> <p>7:00 Toronto Blue Jays vs Cincinnati Twins (T)</p>	<p><b>10</b></p> <p>10:00 Strawberry Bundt Cake Baking (MP)</p> <p>10:30 Wii Bowling (T)</p> <p>1:30 Cards &amp; Games (C)</p> <p>2:00 Ice Cream Cone Patio Party (P)</p> <p>2:00 Movie Matinee - Documentary "Gather" (T)</p> <p>3:00 Roxy Hour- Song Pictionary (RB)</p> <p>6:30 Rummikub (C)</p> <p>7:00 New Release Movie Night "Dune" (T)</p>
<p><b>11</b></p> <p>New Puzzles at Reception! (ML)</p> <p>11:00 Yorkminster Park Baptist Church Service- Live Stream (T)</p> <p>2:00 Bridge (C)</p> <p>2:00 Afternoon Sports Movie - The Blind Side (T)</p> <p>3:00 Snooker (B)</p> <p>6:30 Cards &amp; Games (C)</p> <p>7:00 Summer Movies - Soul Surfer (T)</p>	<p><b>12</b></p> <p>10:00 Fitness Class - Cardio (MP)</p> <p>10:30 Wii Bowling (T)</p> <p>11:00 Go4Life Walking Club (DL)</p> <p>1:30 Bridge (C)</p> <p>1:30 Knotty Knitters Group (DL)</p> <p>2:00 Bible Study &amp; Bible Character Drama Film with Robin May (T)</p> <p>3:00 St. John Therapy Dog Visit with Laura and Aerial (DL)</p> <p>3:00 Fit Minds Program (RB)</p> <p>6:30 Bid Euchre Night (C)</p> <p>7:00 Classic Movie Night- Good Will Hunting (T)</p>	<p><b>13</b></p> <p>10:00 Java Music (RB)</p> <p>10:00 Drum Fit Exercise (MP)</p> <p>10:30 Patio Game: Bocce (P)</p> <p>11:00 Computer Help (ISA)</p> <p>2:00 Live Artfull Workshop: Bee Bookmark Craft (MP)</p> <p>3:00 Roxy Hour- Song Pictionary (RB)</p> <p>6:30 Cribbage Night (C)</p> <p>7:00 Toronto Blue Jays vs. Baltimore Orioles (T)</p>	<p><b>14</b></p> <p>Tuck Shop Open: 12:30-1:30pm (TS)</p> <p>Beautiful You Hair &amp; Esthetics (HS)</p> <p>Crafts by Anne Vendor Sale 11:00am - 3:00pm (DL)</p> <p>8:30 Ladies Breakfast - Sign up at Reception (D)</p> <p>10:00 Indigenous Canadian Creation Stories (T)</p> <p>10:45 Fitness Class with Zorina (MP)</p> <p>1:30 Go4Life Walking Club (DL)</p> <p>1:30 Bid Euchre (C)</p> <p>2:00 Meet me at the MoMA Painting - Emil Nolde (MP)</p> <p>3:00 Strawberry Social with Entertainment by Jay Vazquez and Alicia Santos (RB)</p> <p>7:00 Bridge Night (C)</p> <p>7:00 Action Movie Night - Bait (T)</p> <p>7:00 Board Game Night With Lori (MP)</p>	<p><b>15</b></p> <p>8:30 Men's Breakfast - Sign up at Reception (D)</p> <p>10:00 Fitness Class - Strength Training (MP)</p> <p>10:30 Wii Bowling (T)</p> <p>11:00 Go4Life Walking Club (DL)</p> <p>1:30 Outing: Magna Community Pool Swim (ML)</p> <p>6:45 Poker Night- Free (MP)</p> <p>7:00 Musical Movie Night - Matilda The Musical (T)</p>	<p><b>16</b></p> <p>Beautiful You Hair &amp; Esthetics (HS)</p> <p>Wear a Tacky Tie (BW)</p> <p>10:00 Fitness Class- Stretching (MP)</p> <p>10:30 Patio Game: Croquet (P)</p> <p>1:30 Bridge (C)</p> <p>1:30 Toonie Bingo (MP)</p> <p>2:00 Men's Club Scotch Tasting- Father's Day Edition (RB)</p> <p>3:00 Father's Day Entertainment by The Coyotes (P)</p> <p>6:30 Bid Euchre Night (C)</p> <p>7:00 Popcorn &amp; A Movie - The Cobbler (T)</p>	<p><b>17</b></p> <p>10:30 Wii Bowling (T)</p> <p>1:30 Cards &amp; Games (C)</p> <p>2:00 Movie Matinee - Documentary "Call Me Kate" (T)</p> <p>3:00 Ice Cream on the Patio (P)</p> <p>6:30 Rummikub (C)</p> <p>7:00 New Release Movie Night "The Mother" (T)</p>



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# June 2023

## The Roxborough Retirement Residence

THE ROXBOROUGH  
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>18</b></p> <p>New Puzzles at Reception! (ML) Happy Father's Day! (BW)</p> <p>9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T)</p> <p>10:00 Receive the Eucharist (T)</p> <p>11:15 Father's Day Outdoor BBQ Lunch - Regular Seating Times (D)</p> <p>2:00 Bridge (C)</p> <p>2:00 Afternoon Sports Movie - Happy Gilmore (T)</p> <p>3:00 Snooker (B)</p> <p>6:30 Cards &amp; Games (C)</p> <p>7:00 Father's Day Movie "Fatherhood" (T)</p>	<p><b>19</b></p> <p>9:30 Morning Meditation (MP)</p> <p>10:00 Chair Yoga with Lori (MP)</p> <p>10:30 Wii Bowling (T)</p> <p>11:00 Go4Life Walking Club (DL)</p> <p>1:30 Bridge (C)</p> <p>1:30 Knotty Knitters Group (DL)</p> <p>2:00 Spot The Difference Games (MP)</p> <p>2:00 Bible Study &amp; Bible Character Drama Film with Robin May (T)</p> <p>3:00 St. John Therapy Dog Visit with Laura and Aerial (DL)</p> <p>3:00 Fit Minds Program (RB)</p> <p>6:30 Bid Euchre Night (C)</p> <p>7:00 Classic Movie Night - The Age Of Innocence (T)</p>	<p><b>20</b></p> <p>10:00 Java Music (RB)</p> <p>10:00 Drum Fit Exercise (MP)</p> <p>11:00 Computer Help (ISA)</p> <p>11:00 Outing: Port Perry Lunch at "The Pub" and Queen St. Walk &amp; Shop (ML)</p> <p>2:00 Live Artfull Workshop: Thomson's Sunset (MP)</p> <p>3:15 Toonie Bingo (MP)</p> <p>6:30 Cribbage Night (C)</p> <p>7:00 Comedy Movie Night - The Man From Toronto (T)</p>	<p><b>21</b></p> <p>Tuck Shop Open: 12:30-1:30pm (TS)</p> <p>Beautiful You Hair &amp; Esthetics (HS)</p> <p>Canada's National Indigenous Peoples Day (BW)</p> <p>10:00 TED Talk "The Intergenerational Wisdom Woven into Indigenous Stories" (T)</p> <p>10:30 Patio Game: Ladder Golf (P)</p> <p>10:45 Fitness Class with Zorina (MP)</p> <p>1:30 Go4Life Walking Club (DL)</p> <p>1:30 Bid Euchre (C)</p> <p>2:00 Meet me at the MoMA Lecture - Walter Osborne (T)</p> <p>3:00 Flamingo Party with Cara Chisholm (P)</p> <p>7:00 Bridge Night (C)</p> <p>7:00 Clay Art With Lori (MP)</p> <p>7:00 Indigenous Movie - Indian Horse (T)</p>	<p><b>22</b></p> <p>9:30 Morning Meditation (MP)</p> <p>10:00 Chair Yoga with Lori (MP)</p> <p>10:30 Wii Bowling (T)</p> <p>10:30 Patio Game: Horse Shoes (P)</p> <p>11:00 Brunch - Sign up at Reception (D)</p> <p>1:30 Go4Life Walking Club (DL)</p> <p>1:30 Salvation Army In-person Church Service (T)</p> <p>1:30 Garden Club Meeting (P)</p> <p>2:00 Ice-Cream And Puzzles (P)</p> <p>3:00 Indoor Mini Putt and Lemonade (DL)</p> <p>6:45 Poker Night- Free (MP)</p> <p>7:00 Musical Movie Night - Andre Rieu (T)</p>	<p><b>23</b></p> <p>Beautiful You Hair &amp; Esthetics (HS)</p> <p>10:00 Arm Chair Travel Experience: Morocco (T)</p> <p>1:30 Bridge (C)</p> <p>1:30 Toonie Bingo (MP)</p> <p>3:00 Roxy Hour- 2 v 2 Shuffleboard (RB)</p> <p>6:30 Bid Euchre Night (C)</p> <p>7:00 Toronto Blue Jays vs. Oakland Athletics (T)</p>	<p><b>24</b></p> <p>9:00 Morning Meditation (MP)</p> <p>9:30 Chair Yoga with Lori (MP)</p> <p>10:00 My Legacy, My Story Workshop (MP)</p> <p>10:30 Wii Bowling (T)</p> <p>1:30 Cards &amp; Games (C)</p> <p>2:00 Virtual Indigenous Pow-wow Dance Video (T)</p> <p>3:00 Water Balloon Toss and Pink Lemonade (P)</p> <p>6:30 Rummikub (C)</p> <p>7:00 New Release Movie Night "The Diplomat" (T)</p>
<p><b>25</b></p> <p>New Puzzles at Reception! (ML)</p> <p>11:00 Yorkminster Park Baptist Church Service- Live Stream (T)</p> <p>2:00 Bridge (C)</p> <p>2:00 Afternoon Sports Movie - When the Game Stands Tall (T)</p> <p>3:00 Snooker (B)</p> <p>6:30 Cards &amp; Games (C)</p> <p>7:00 Summer Movies : 42 (T)</p>	<p><b>26</b></p> <p>10:00 Fitness Class - Strength Training (MP)</p> <p>10:30 Wii Bowling (T)</p> <p>11:00 Go4Life Walking Club (DL)</p> <p>1:30 Bridge (C)</p> <p>1:30 Knotty Knitters Group (DL)</p> <p>2:00 Fit Minds Program (RB)</p> <p>3:00 St. John Therapy Dog Visit with Laura and Aerial (DL)</p> <p>3:00 Ryan Uytendewilligen Presents: To Kill a Mocking Bird (T)</p> <p>6:30 Bid Euchre Night (C)</p> <p>7:00 Classic Movie Night - To Kill a Mocking Bird (T)</p>	<p><b>27</b></p> <p>10:00 Java Music (RB)</p> <p>10:00 Drum Fit Exercise (MP)</p> <p>11:00 Computer Help (ISA)</p> <p>1:30 Go4Life Walking Club (DL)</p> <p>2:00 Live Artfull Workshop: Fireworks (MP)</p> <p>2:00 York Regional Police Present: Fraud Safety and Tips (T)</p> <p>3:00 Dream Catcher Workshop (MP)</p> <p>6:30 Cribbage Night (C)</p> <p>7:00 Toronto Blue Jays vs. San Francisco Giants (T)</p>	<p><b>28</b></p> <p>Tuck Shop Open: 12:30-1:30pm (TS)</p> <p>Beautiful You Hair &amp; Esthetics (HS)</p> <p>Walker/Wheelchair Tune-ups 1:00pm-2:00pm (MRC)</p> <p>9:00 Blood Pressure &amp; Weight Clinic (MP)</p> <p>10:30 Patio Game: Bocce (P)</p> <p>10:45 Fitness Class with Zorina (MP)</p> <p>1:30 Go4Life Walking Club (DL)</p> <p>1:30 Bid Euchre (C)</p> <p>2:00 Meet me at the MoMA Painting - Walter Osborne (MP)</p> <p>3:00 June Birthday Party with Guitar and Singing by Marcus Schwan (RB)</p> <p>7:00 Bridge Night (C)</p> <p>7:00 Board Game Night With Lori (CK)</p> <p>7:00 Roxy Hour - Blue Jays Pub Night (RB)</p>	<p><b>29</b></p> <p>9:30 Morning Meditation (MP)</p> <p>10:00 Chair Yoga with Lori (MP)</p> <p>10:30 Wii Bowling (T)</p> <p>10:30 Patio Game: Bean Bag Toss (P)</p> <p>1:30 Go4Life Walking Club (DL)</p> <p>2:00 Book Club Meeting "Sister Mother Warrior" (L)</p> <p>2:00 Ice Cream Cone Patio Social (P)</p> <p>3:00 Resident Council Meeting (T)</p> <p>6:45 Poker Night- Free (MP)</p> <p>7:00 Musical Movie Night - A Jazzman's Blues (T)</p>	<p><b>30</b></p> <p>Beautiful You Hair &amp; Esthetics (HS)</p> <p>9:30 Fitness Class- Stretching (MP)</p> <p>10:00 Creative Coloring With Lori (MP)</p> <p>10:00 TED Talk "The 3 A's of Awesome" (T)</p> <p>1:30 Bridge (C)</p> <p>1:30 Toonie Bingo (MP)</p> <p>3:00 Roxy Hour- Manager Shuffleboard Social (RB)</p> <p>6:30 Bid Euchre Night (C)</p> <p>7:00 Popcorn &amp; A Movie - The Butterfly Effect (T)</p>	



WEDNESDAY  
JUN  
21

Canada's National Indigenous People's Day



Locations Legend

- Roxy Theatre (T)
- Multi Purpose Room (MP)
- Cards & Games Room (C)
- Dietrich Lounge (DL)
- Roxy Bar (RB)
- Patio (P)
- Hair Salon (HS)
- Main Lobby (ML)
- Dining Room (D)
- Building Wide (BW)
- Billiards Room (B)
- In Suite Activity (ISA)
- Tuck Shop (TS)
- Meeting Room/Chapel (MRC)
- Country Kitchen (CK)
- Niven Library (L)

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local
- Signature Program