



INSPIRED SENIOR LIVING

July 2023

The Roxborough Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Happy Canada Day! Wear Red and White (BW) **1**

10:00 Seated Tai Chi (MP)

10:30 Wii Bowling (T)

10:30 Patio Game: Horse Shoes (P)

1:30 Cards & Games (C)

1:30 Toonie Bingo (MP)

2:30 Ice Cream & Canada Day Entertainment with The Sparklettes (P)

6:30 Rummikub (C)

7:00 Canadian Movie Night- Cool Runnings (T)

2

New Puzzles at Reception! (ML)

9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T)

10:00 Receive the Eucharist (T)

2:00 Bridge (C)

2:00 National Culinary Arts Month Matinee "A Tale of Two Kitchen's" (T)

2:00 Popsicles on the Patio (P)

3:00 Snooker (B)

3:00 Seated Water Balloon Toss (P)

6:30 Cards & Games (C)

7:00 Action Movie Night - Die another Day 007 (T)

3

Tuck Shop Open: 12:30-1:30pm (TS)

10:30 Wii Bowling (T)

1:30 Knotty Knitters Group (DL)

1:30 Bridge (C)

2:00 Canadian Documentary Matinee: A Documentary About Canada, Our Provinces (T)

3:00 Rummikub (C)

4:00 St. John Therapy Dog Visit with Laura and Aerial (DL)

6:30 Bid Euchre Night (C)

7:00 Canadian Movie Night - The Great Outdoors (John Candy) (T)

4

"Bijous Treasure by Inga" Vendor Sale 11am-3:00pm (DL)

9:30 Drum Fit Exercise (MP)

10:00 Java Music (RB)

11:00 Computer Help (ISA)

1:30 Outing: 404 Plaza (ML)

3:00 Daniel Aonso Presents: Woodstock Festival (T)

6:30 Cribbage Night (C)

7:00 Comedy Movie Night- Going Berserk (T)

5

Beautiful You Hair & Esthetics (HS)

Tuck Shop Open: 12:30-1:30pm (TS)

10:45 Fitness Class with Zorina (MP)

1:30 Bid Euchre (C)

1:30 Go4Life Walking Club (DL)

2:00 St. Pauls Anglican Church Service In-Person (T)

2:00 Living Loving Local Cooking Demonstration: Cherries (RB)

3:00 Fit Minds Program (RB)

7:00 Bridge Night (C)

7:00 Canadian Movie Night: Call Of The Wild (T)

6

World Chocolate Day (BW)

9:30 Morning Meditation for Mental Health (MP)

10:00 Chair Yoga with Lori (MP)

10:30 Wii Bowling (T)

1:30 Go4Life Walking Club (DL)

2:00 Meet me at the MOMA Lecture - Marie Laurencin (MP)

3:00 Roxy Hour- 2 v 2 Shuffleboard & Chocolate (RB)

6:45 Poker Night- Free (MP)

7:00 Musical Movie Night - Gordon Lightfoot Live in Concert (1971) (T)

7

Beautiful You Hair & Esthetics (HS)

Window Cleaning- Weather Permitting (BW)

10:00 Seated Tai Chi (MP)

10:45 Ted Talk "A 3-Step Guide to Believing in Yourself" (T)

1:30 Bridge (C)

1:30 Go4Life Walking Club (DL)

2:00 Artfull Minds: Abstract Art Trivia (T)

3:00 Across the Pond Duo Performs "Thank Abba for the Music" (P)

4:15 Living Loving Local Dinner Featuring- Cherry (D)

6:30 Bid Euchre Night (C)

7:00 Popcorn & A Movie - One For The Money (T)

8

10:30 Wii Bowling (T)

1:30 Cards & Games (C)

2:00 Afternoon Sports Movie "Back of the Net" (T)

6:30 Rummikub (C)

7:00 New Release Movie Night "The Out-Laws" (T)

9

New Puzzles at Reception! (ML)

11:00 Yorkminster Park Baptist Church Service- Live Stream (T)

2:00 Bridge (C)

2:00 National Culinary Arts Month Matinee "Flavorful Origins" (T)

3:00 Snooker (B)

6:30 Cards & Games (C)

7:00 Action Movies: Starsky And Hutch (T)

10

Tuck Shop Open: 12:30-1:30pm (TS)

10:00 Fitness Class- Strength Training (MP)

10:30 Wii Bowling (T)

10:30 Patio Game: Outdoor Darts (P)

11:00 Go4Life Walking Club (DL)

12:30 Davis Drive Construction Viewing (DL)

1:30 Knotty Knitters Group (DL)

1:30 Bridge (C)

2:00 Help Mobility Presents "Falls Prevention Education and Workshop" (T)

2:00 Fit Minds Program (RB)

3:00 Ice Cream Sandwiches (P)

4:00 St. John Therapy Dog Visit with Laura and Aerial (DL)

6:30 Bid Euchre Night (C)

7:00 Classic Movie Night - Lean On Me (T)

11

9:30 Drum Fit Exercise (MP)

10:00 Java Music (RB)

10:30 Morning Patio Game: Horseshoes (P)

11:00 Computer Help (ISA)

1:30 Outing: Old Firehall Confectionary and Main Street Exploring, Unionville (ML)

2:00 Clay Art With Lori (MP)

3:00 Chicken Soup For the Soul Stories (T)

6:30 Cribbage Night (C)

7:00 Comedy Movie Night - The Wedding Planer (T)

12

Beautiful You Hair & Esthetics (HS)

Tuck Shop Open: 12:30-1:30pm (TS)

8:30 Ladies Breakfast - Sign up at Reception (D)

10:00 Morning Patio Game: Croquet (P)

10:45 Fitness Class with Zorina (MP)

1:30 Bid Euchre (C)

1:30 Go4Life Walking Club (DL)

1:30 Toonie Bingo (MP)

2:00 Walk to Kawartha Dairy for Ice Cream with Deanna (ML)

3:00 Roxy Hour- Darts (RB)

3:00 Artfull Workshop: Sunflower Painting (MP)

7:00 Bridge Night (C)

7:00 Patio Paint Night With Lori (MP)

7:00 Canadian Movie Night: Falcon Lake (T)

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8:30 Men's Breakfast - Sign up at Reception (D)

9:30 Morning Meditation for Mental Health (MP)

10:00 Chair Yoga with Lori (MP)

10:30 Wii Bowling (T)

10:30 Morning Patio Game: Bean Bag Toss (P)

11:00 Go4Life Walking Club (DL)

1:30 Garden Club Meeting (P)

2:00 Meet me at the MoMA Painting - Marie Laurencin (MP)

3:00 Patio Entertainment: Guitar and Vocals by Zack Wojtala (P)

6:45 Poker Night- Free (MP)

7:00 Musical Movie Night - Michael Jackson This Is It (T)

14

Beautiful You Hair & Esthetics (HS)

9:30 Fitness Class- Cardio (MP)

10:00 Arm Chair Travel Experience: France (T)

1:30 Bridge (C)

1:30 Toonie Bingo (MP)

3:00 Roxy Hour- 2 v 2 Shuffleboard (RB)

4:15 French Themed Dinner- Regular Seating Times Apply (D)

6:30 Bid Euchre Night (C)

7:00 Popcorn & A Movie - The Good The Bad And The Ugly (T)

15

9:30 Seated Tai Chi (MP)

10:00 My Legacy, My Story Workshop (MP)

10:30 Wii Bowling (T)

1:30 Cards & Games (C)

2:00 Tie Dye Workshop: Tote Bag, Pillow Case, or Bring-Your-Own Item! (MP)

3:00 Ice Cream Patio Social (P)

6:30 Rummikub (C)

7:00 New Release Movie Night "The Lake House" (T)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p>New Puzzles at Reception! (ML) 9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T) 10:00 Receive the Eucharist (T) 2:00 Bridge (C) 2:00 National Culinary Arts Month Matinee "Chef's Table: Pizza" (T) 3:00 Snooker (B) 6:30 Cards & Games (C) 7:00 Action Movies: Lethal Weapon (T)</p>	<p>17</p> <p>Tuck Shop Open: 12:30-1:30pm (TS) 10:00 Fitness Class - Strength Training (MP) 10:30 Wii Bowling (T) 11:00 Go4Life Walking Club (DL) 12:30 Davis Drive Construction Viewing (DL) 1:30 Knotty Knitters Group (DL) 1:30 Bridge (C) 2:00 Fit Minds Program (RB) 3:00 James Kekanovich Presents: "Music in the Musicals" (T) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 6:30 Bid Euchre Night (C) 7:00 Classic Movie Night - Grease (T)</p>	<p>18</p> <p>9:30 Drum Fit Exercise (MP) 10:00 Java Music (RB) 11:00 Computer Help (ISA) 2:00 Meet me at the MoMA Lecture - Vic Muniz (T) 3:15 Toonie Bingo (MP) 6:30 Cribbage Night (C) 7:00 Comedy Movie Night - Honeymoon In Vegas (T)</p>	<p>19</p> <p>Beautiful You Hair & Esthetics (HS) Tuck Shop Open: 12:30-1:30pm (TS) 10:30 Morning Patio Game- Bocce (P) 10:45 Fitness Class with Zorina (MP) 1:30 Bid Euchre (C) 1:30 Go4Life Walking Club (DL) 2:00 Live Artfull Workshop: Swan Drawing And Watercolor Painting (MP) 3:00 July Birthday Party with Entertainment by Kelly Davies (RB) 7:00 Bridge Night (C) 7:00 Canadian Movie Night: Still Mine (T) 7:00 Loonie-A-Card Jackpot Bingo! (MP)</p>	<p>20</p> <p>9:30 Morning Meditation for Mental Health (MP) 10:00 Chair Yoga with Lori (MP) 10:30 Wii Bowling (T) 10:30 Morning Patio Game: Ring Toss (P) 1:30 Go4Life Walking Club (DL) 1:30 Outing: Giant Tiger Plaza (ML) 2:00 Chicken Soup For the Soul Stories (T) 3:00 Root Beer Floats (P) 6:45 Poker Night- Free (MP) 7:00 Musical Movie Night - Andre Rieu (T)</p>	<p>21</p> <p>Beautiful You Hair & Esthetics (HS) 10:00 Fitness Class- Cardio (MP) 10:30 Ted Talk "How to Discover Your Authentic Self - At Any Age" (T) 11:15 Outdoor BBQ Lunch - Regular Seating Times (D) 1:30 Bridge (C) 1:30 Toonie Bingo (MP) 3:00 Roxy Hour- 2 v 2 Shuffleboard (RB) 6:30 Bid Euchre Night (C) 7:00 Popcorn & A Movie - Gemini Man (T)</p>	<p>22</p> <p>9:30 Seated Tai Chi (MP) 10:00 My Legacy, My Story Workshop (MP) 10:30 Wii Bowling (T) 1:30 Cards & Games (C) 2:00 Ice Cream Cone Patio Social (P) 3:00 Seated Water Balloon Toss (P) 6:30 Rummikub (C) 7:00 New Release Movie Night "Dreamgirls" (T)</p>
<p>23</p> <p>New Puzzles at Reception! (ML) 11:00 Yorkminster Park Baptist Church Service- Live Stream (T) 2:00 Bridge (C) 2:00 National Culinary Arts Month Matinee "Street Food: USA" (T) 3:00 Snooker (B) 6:30 Cards & Games (C) 7:00 Action Movies: Top Gun (T)</p>	<p>24</p> <p>Tuck Shop Open: 12:30-1:30pm (TS) 10:00 Fitness Class- Strength Training (MP) 10:30 Wii Bowling (T) 11:00 Go4Life Walking Club (DL) 12:30 Davis Drive Construction Viewing (DL) 1:30 Knotty Knitters Group (DL) 1:30 Bridge (C) 2:00 Fit Minds Program (RB) 2:00 Popsicles on the Patio (P) 3:00 Brain Teasers and Lemonade (P) 3:00 Roxy Hour- Wheel of Fortune (RB) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 6:30 Bid Euchre Night (C) 7:00 Classic Movie Night - Cary Grant And Audrey Hepburn in - Charade (T)</p>	<p>25</p> <p>10:00 Java Music (RB) 10:00 Drum Fit Exercise (MP) 11:00 Computer Help (ISA) 1:30 Outing: Upper Canada Mall (ML) 2:00 Live Artfull Workshop: Cloudy Telephone (MP) 3:15 Toonie Bingo (MP) 6:30 Cribbage Night (C) 7:00 Comedy Movie Night - Malibu Rescue (T)</p>	<p>26</p> <p>Beautiful You Hair & Esthetics (HS) Tuck Shop Open: 12:30-1:30pm (TS) Walker/Wheelchair Tune-ups 1:00pm-2:00pm (MRC) 9:00 Blood Pressure & Weight Clinic (MP) 10:30 Morning Patio Game- Bocce (P) 10:45 Fitness Class with Zorina (MP) 1:30 Bid Euchre (C) 1:30 Go4Life Walking Club (DL) 2:00 Book Club Meeting: Mad Honey (L) 2:00 Meet me at the MoMA Painting - Vic Muniz (MP) 3:00 Roxy Hour- Biker Bar Social with Temporary Tattoos (RB) 7:00 Bridge Night (C) 7:00 Canadian Movie Night: Saint Ralph (T) 7:30 Sing Along Songs with Lori (P)</p>	<p>27</p> <p>9:30 Morning Meditation for Mental Health (MP) 10:00 Chair Yoga with Lori (MP) 10:30 Wii Bowling (T) 1:30 Go4Life Walking Club (DL) 1:30 Creative Colouring With Lori (MP) 3:00 Roxy Hour with Tony Puglisi Performing Variety Show (RB) 6:45 Poker Night- Free (MP) 7:00 Musical Movie Night - Frank Sinatra (Concert For The Americas) (T)</p>	<p>28</p> <p>Beautiful You Hair & Esthetics (HS) 9:30 Fitness Class- Cardio (MP) 10:00 Arm Chair Travel Experience: Poland (T) 1:30 Bridge (C) 1:30 Toonie Bingo (MP) 3:00 Roxy Hour- 2 v 2 Shuffleboard (RB) 6:30 Bid Euchre Night (C) 7:00 Popcorn & A Movie - Georgetown (T)</p>	<p>29</p> <p>10:30 Wii Bowling (T) 1:30 Cards & Games (C) 2:00 Afternoon Sports Movie "Space Jam" (T) 6:30 Rummikub (C) 7:00 New Release Movie Night "King Richard" (T)</p>
<p>30</p> <p>New Puzzles at Reception! (ML) 2:00 Bridge (C) 2:00 National Culinary Arts Month Matinee "Fresh, Fried & Crispy" (T) 3:00 Snooker (B) 6:30 Cards & Games (C) 7:00 Action Movies: The Mask Of Zorro (T)</p>	<p>31</p> <p>Tuck Shop Open: 12:30-1:30pm (TS) 10:00 Fitness Class - Strength Training (MP) 10:30 Wii Bowling (T) 10:30 Morning Patio Game: Croquet (P) 11:00 Go4Life Walking Club (DL) 12:30 Davis Drive Construction Viewing (DL) 1:30 Knotty Knitters Group (DL) 1:30 Bridge (C) 2:00 Fit Minds Program (RB) 2:00 Creative Colouring With Lori (MP) 3:00 Paper Mache Lantern Craft (MP) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 6:30 Bid Euchre Night (C) 7:00 Classic Movie Night - Cary Grant (His Girl Friday) (T)</p>			<p>Locations Legend</p> <p>Roxy Theatre (T) Multi Purpose Room (MP) Cards & Games Room (C) Dietrich Lounge (DL) Patio (P) Roxy Bar (RB) Main Lobby (ML) Tuck Shop (TS)</p>	<p>Calendar Legend</p> <p>Outing Special Program Living, Loving, Local Signature Program</p>	