



January 2024

The Roxborough Retirement Residence



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Tuck Shop Open: 12:30-1:30pm (TS) 1 Happy New Years! (BW) 10:30 Wii Bowling (T) 1:30 Knotty Knitters Group (DL) 2:00 Cards and Games (C) 6:30 Bid Euchre Night (C) 7:00 Residents Choice Movie Night (T)</p>	<p>9:00 Fitness Class with Tarang (MP) 2 10:00 Java Music (RB) 10:30 Go4Life Walking Club (DL) 11:00 Computer Help (ISA) 2:00 Live Artfull Workshop: Snowy Creek (MP) 3:00 Fit Minds Program (RB) 6:30 Cribbage Night (C) 6:30 Learn to Play Euchre (CK) 7:00 Funny Movie Night - Larry Crowne (T)</p>	<p>Beautiful You Hair & Esthetics (HS) 3 Tuck Shop Open: 12:30-1:30pm (TS) 10:30 Fitness Class with Deanna (MP) 1:30 Bid Euchre (C) 1:30 Go4Life Walking Club (DL) 2:00 St. Pauls Anglican Church Service In-Person (T) 2:00 Meet me at the MOMA Lecture - Stan Douglas - Canada (MP) 3:00 Live Music with Becky and William Duo "Music Box" (RB) 7:00 Learn to Play Bridge Night (CK) 7:00 Classic Movie Night - Murder, She Wrote - South By Southwest (T) 7:00 Loonie a Card Jackpot Bingo! (MP)</p>	<p>9:00 Fitness Class with Tarang (MP) 4 10:00 Morning Meditation (T) 10:30 Wii Bowling (T) 10:30 Tea & Talk (RB) 1:30 Go4Life Walking Club (DL) 1:30 Outing: Upper Canada Mall (ML) 2:00 Drum Fit Exercise (MP) 3:15 Toonie Bingo (MP) 7:00 Musical Movie Night - Andre Rieu (T)</p>	<p>Living Loving Local Dinner Featuring- Carrots (D) 5 10:00 Dance and Movement Therapy with Ayana (MP) 1:30 Toonie Bingo (MP) 2:00 Cards and Games (C) 3:00 1/2 Priced Happy Hour Game: Shuffleboard (RB) 6:30 Euchre & Bid Euchre Night (C) 7:00 Popcorn & A Movie - The Cider House Rules (T)</p>	<p>9:30 Fall Prevention Fitness with Betty (MP) 6 10:30 Wii Bowling (T) 1:30 Cards & Games (C) 2:00 Movie Matinee - Documentary "Sly" Featuring Sylvester Stallone (T) 6:30 Rummikub (C) 7:00 New Release Movie Night Family Switch (T)</p>
<p>New Puzzles at Reception! (ML) 7 9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T) 10:00 Receive the Eucharist (T) 2:00 Bridge (C) 2:00 TV Show: The Crown Season 6 Episode 5 "Gelnite" (T) 3:00 Snooker (B) 6:30 Cards & Games (C) 7:00 Feel Good Movie Night: 23 Walks (T)</p>	<p>Tuck Shop Open: 12:30-1:30pm (TS) 8 Elvis Day - Wear Bling! (BW) 9:30 Breakfast Club - Fresh Pancakes (RB) 10:30 Wii Bowling (T) 10:30 Fitness Class - Strength Training (MP) 1:30 Knotty Knitters Group (DL) 1:30 Go4Life Walking Club (DL) 2:00 Fit Minds Program (RB) 2:00 Cards and Games (C) 3:00 New Happy Hour Game- Xtreme Music Bingo & Wine - Elvis Edition (Free Play) (RB) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 6:30 Bid Euchre Night (C) 7:00 Movie Night - Elvis (2022) (T)</p>	<p>9:00 Fitness Class with Tarang (MP) 9 10:00 Java Music (RB) 11:00 Computer Help (ISA) 1:30 Outing: Aurora Walmart Supercenter (ML) 2:00 Artfull Enrichment Presentation - Global Sculptors (MP) 3:15 Toonie Bingo (MP) 6:30 Cribbage Night (C) 6:30 Learn to Play Euchre (CK) 7:00 Funny Movie Night: Night At The Museum (T)</p>	<p>Beautiful You Hair & Esthetics (HS) 10 Tuck Shop Open: 12:30-1:30pm (TS) 10:30 Fitness Class with Deanna (MP) 1:30 Bid Euchre (C) 1:30 Go4Life Walking Club (DL) 2:00 Meet me at the MoMA Painting - Stan Douglas - Canada (MP) 3:00 Happy Hour Games: Cornhole (RB) 5:30 Pub Night with Live Music by Anthony Clayton (RB) 7:00 Learn to Play Bridge Night (CK) 7:00 Classic Movie Night - Murder, She Wrote - A Story To Die For (T)</p>	<p>9:00 Fitness Class with Tarang (MP) 11 10:00 Morning Meditation (T) 10:30 Wii Bowling (T) 10:30 Tea & Talk (RB) 1:30 Go4Life Walking Club (DL) 2:00 Drum Fit Exercise (MP) 3:00 Live Music with Tony the Entertainer (RB) 7:00 Musical Movie Night - Andre Rieu (T)</p>	<p>9:15 Seated Exercise with Lori (MP) 12 10:00 Arm Chair Travel Experience: Spain (T) 1:30 Toonie Bingo (MP) 2:00 Cards and Games (C) 3:00 1/2 Priced Happy Hour Game: Shuffleboard (RB) 6:30 Euchre & Bid Euchre Night (C) 7:00 Popcorn & A Movie - Sommersby (T)</p>	<p>9:30 Fall Prevention Fitness with Betty (MP) 13 10:00 Morning Smoothies And Current Events Chat (RB) 10:30 Wii Bowling (T) 1:30 Cards & Games (C) 1:30 Baking: Chocolate Chip Cookies (MP) 2:00 Movie Matinee - Documentary "Chasing Coral" (T) 3:00 Happy Hour Competitive Team Game with Prizes (RB) 6:30 Rummikub (C) 7:00 New Release Movie Night "The Miracle Club" (T)</p>
<p>New Puzzles at Reception! (ML) 14 9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T) 2:00 Bridge (C) 2:00 TV Show: The Crown Season 6 Episode 6 "Scientia Potentia Est" (T) 3:00 Snooker (B) 6:30 Cards & Games (C) 7:00 Feel Good Movie Night: Miss Potter (T)</p>	<p>Tuck Shop Open: 12:30-1:30pm (TS) 15 Last Day to Sign up for Brunch at Reception! (ML) 10:00 Fitness Class - Strength Training (MP) 10:30 Wii Bowling (T) 10:30 Go4Life Walking Club (DL) 12:30 Davis Drive Construction Viewing (DL) 1:30 Knotty Knitters Group (DL) 2:00 Fit Minds Program (RB) 2:00 Cards and Games (C) 3:00 Happy Hour Game: 5 in 15 (RB) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 6:30 Bid Euchre Night (C) 7:00 Residents Choice Movie Night (T)</p>	<p>Vendor Sale - Classy Jewellery by Maria (from 11:00pm-3:00pm) (DL) 16 9:00 Fitness Class with Tarang (MP) 10:00 Java Music (RB) 11:00 Computer Help (ISA) 2:00 Live Artful Workshop: The Milky Way Mountains (MP) 3:00 All Things Carrot Social Feat. Signature Cocktail: Carrot Apple Sangria (RB) 3:15 Toonie Bingo (MP) 6:30 Cribbage Night (C) 6:30 Learn to Play Euchre (CK) 7:00 Funny Movie Night: Night At The Museum - Battle Of The Smithsonian (T)</p>	<p>Beautiful You Hair & Esthetics (HS) 17 Tuck Shop Open: 12:30-1:30pm (TS) 10:30 Fitness Class with Deanna (MP) 1:30 Bid Euchre (C) 1:30 Go4Life Walking Club (DL) 2:00 Meet me at the MoMA Lecture Jean-Paul Riopelle - Canada (T) 3:00 Live Music with Manvir Rai (Acoustic Guitar and Vocals) (RB) 7:00 Learn to Play Bridge Night (CK) 7:00 Classic Movie Night - Murder, She Wrote - The Last Free Man (T) 7:00 Sip and Paint Night With Lori - Watercolour (MP)</p>	<p>9:00 Fitness Class with Tarang (MP) 18 10:00 Morning Meditation (T) 10:30 Wii Bowling (T) 10:30 Tea & Talk (RB) 1:30 Go4Life Walking Club (DL) 2:00 Drum Fit Exercise (MP) 2:00 Bible Study & Bible Character Drama Film with Robin May (T) 3:00 Learn the Macarena Dance & Margaritas (RB) 7:00 Musical Movie Night - Andre Rieu (T) 7:30 Outing: Theatre Aurora Production - Murder on the Orient Express (ML)</p>	<p>National Popcorn Day (BW) 19 9:15 Fitness Class - Cardio (MP) 10:00 Arm Chair Travel Experience: Netherlands (T) 1:30 Toonie Bingo (MP) 2:00 Cards and Games (C) 2:00 Just Popped! Popcorn Tasting Social (RB) 3:00 1/2 Priced Happy Hour Game: Shuffleboard (RB) 6:30 Euchre & Bid Euchre Night (C) 7:00 Popcorn & A Movie - The Marriage Fool (T)</p>	<p>9:30 Fall Prevention Fitness with Betty (MP) 20 10:30 Wii Bowling (T) 1:30 Cards & Games (C) 2:00 Movie Matinee - Documentary "Becoming" (T) 6:30 Rummikub (C) 7:00 New Release Movie Night "Money Heist Berlin" (T)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 New Puzzles at Reception! (ML) Sunday Brunch - Sign up at Reception (D) 9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T) 10:00 Receive the Eucharist (T) 2:00 Bridge (C) 2:00 TV Show: The Crown Season 6 Episode 8 "Pride & Joy" (T) 3:00 Snooker (B) 3:00 Bible Study & Bible Character Drama Film with Robin May (T) 6:30 Cards & Games (C) 7:00 Feel Good Movie Night "Julie & Julia" Featuring Meryl Streep (T)	22 Tuck Shop Open: 12:30-1:30pm (TS) 9:30 Breakfast Club With Fresh Waffles (RB) 10:30 Wii Bowling (T) 10:30 Go4Life Walking Club (DL) 10:30 Fitness Class - Strength Training (MP) 1:30 Knotty Knitters Group (DL) 2:00 Fit Minds Program (RB) 2:00 Cards and Games (C) 3:00 Lianne Harris Presents: Turkish Harem (T) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 6:30 Bid Euchre Night (C) 7:00 Residents Choice Movie Night (T)	23 9:00 Fitness Class with Tarang (MP) 10:00 Java Music (RB) 11:00 Computer Help (ISA) 1:30 Outing: Giant Tiger Plaza (ML) 2:00 Live Artfull Workshop: Northern Lights (MP) 3:15 Toonie Bingo (MP) 6:30 Cribbage Night (C) 7:00 Learn to Play Euchre (CK) 7:00 Funny Movie Night: Night At The Museum - Secret Of The Tomb (T)	24 Beautiful You Hair & Esthetics (HS) Tuck Shop Open: 12:30-1:30pm (TS) 10:30 Fitness Class with Deanna (MP) 1:30 Bid Euchre (C) 1:30 Go4Life Walking Club (DL) 2:00 Meet me at the MoMA Painting - Jean-Paul Riopelle - Canada (MP) 3:00 Sing-Along with David Pilkey (Piano & Vocals) (RB) 6:30 1/2 Price Happy Hour - Cards and games with Lori (RB) 7:00 Learn to Play Bridge Night (CK) 7:00 Classic Movie Night - Murder, She Wrote - The Celtic Riddle (T)	25 Wear Plaid for Robbie Burns Day (BW) Scottish Dinner - Regular Seating Times Apply (4:15pm-6:15pm) (D) 9:00 Fitness Class with Tarang (MP) 10:00 Scotland Travelogue (T) 10:30 Wii Bowling (T) 12:00 Piping and Address to the Haggis (D) 1:30 Go4Life Walking Club (DL) 2:00 Drum Fit Exercise (MP) 3:00 Scotch Whiskey Highball Cocktail in Celebration of Robbie Burns (RB) 7:00 Musical Movie Night - Andre Rieu (T)	26 10:00 Dance and Movement Therapy with Ayana (MP) 10:30 Lianne Harris Presents: Roaring 20's (T) 1:30 Toonie Bingo (MP) 2:00 Cards and Games (C) 2:00 Wine & Cheese Social (RB) 3:00 Happy Hour Game: Shuffleboard (RB) 6:30 Euchre & Bid Euchre Night (C) 7:00 Popcorn & A Movie -The Big Stone Gap (T)	27 9:30 Fall Prevention Fitness with Betty (MP) 10:00 Morning Smoothies And Current Events Chat (RB) 10:30 Wii Bowling (T) 1:30 Cards & Games (C) 1:30 Baking: Carrot Muffins (MP) 2:00 Movie Matinee - Documentary "The Short Game" (T) 3:00 Happy Hour Game: Who Wants to Be a Millionaire (RB) 6:30 Rummikub (C) 7:00 New Release Movie Night "Hypnotic" Starring Ben Affleck (T)
28 New Puzzles at Reception! (ML) 9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T) 2:00 Bridge (C) 2:00 TV Show: The Crown Season 6 Episode 9 "Assassins" (T) 3:00 Snooker (B) 3:00 Bible Study & Bible Character Drama Film with Robin May (T) 6:30 Cards & Games (C) 7:00 Feel Good Movie Night: Just Like Heaven (T)	29 Tuck Shop Open: 12:30-1:30pm (TS) 10:00 Fitness Class - Strength Training (MP) 10:30 Wii Bowling (T) 10:30 Go4Life Walking Club (DL) 1:30 Knotty Knitters Group (DL) 2:00 Fit Minds Program (RB) 2:00 Cards and Games (C) 3:15 Toonie Bingo (MP) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 6:30 Bid Euchre Night (C) 7:00 Residents Choice Movie Night (T)	30 9:00 Fitness Class with Tarang (MP) 10:00 Java Music (RB) 11:00 Computer Help (ISA) 2:00 Meet me at the Moma - BYO (Bring Your Own) Painting to finish (MP) 3:00 Resident Activity Meeting (T) 6:30 Cribbage Night (C) 6:30 Learn to Play Euchre (CK) 7:00 Funny Movie Night: Coming To America With Eddie Murphy (T)	31 Beautiful You Hair & Esthetics (HS) Tuck Shop Open: 12:30-1:30pm (TS) National Hot Chocolate Day (BW) 10:00 Blood Pressure & Weight Clinic (MP) 10:30 Fitness Class with Deanna (MP) 1:30 Bid Euchre (C) 1:30 Go4Life Walking Club (DL) 1:30 Book Club Meeting: The Golden Son (L) 2:00 Live Artfull Workshop: Winter Birches (MP) 2:30 Live Music with the 4 String Uke Band (Ukulele) (RB) 6:30 Night Cap Cocktail: Spiked Peppermint Hot Chocolate (RB) 7:00 Learn to Play Bridge Night (CK) 7:00 Classic Movie Night - Top Hat with Fred Astaire And Ginger Rogers (T)			



Be your best self

Locations Legend	
Roxy Theatre (T)	Main Lobby (ML)
Multi Purpose Room (MP)	Building Wide (BW)
Cards & Games Room (C)	In Suite Activity (ISA)
Roxy Bar (RB)	Hair Salon (HS)
Dietrich Lounge (DL)	Dining Room (D)
Tuck Shop (TS)	Billiards Room (B)
Country Kitchen (CK)	Niven Library (L)

Calendar Legend
Outing
Special Program
Living, Loving, Local
Signature Program